

## Aging in North Carolina

- In 2010, North Carolina ranked nationally 10<sup>th</sup> in the size of the total population, 9<sup>th</sup> in the size of population 60 and over, 9<sup>th</sup> in the size of population 65 and over, 10<sup>th</sup> in the size of the population 85 and over [1]
- 24.8% of the total population were baby boomers (46-64 years), 2010 [2]
- 18.6% of the total population was 60 and over, 2010 [2]
- 12.9% of the total population was 65 and over, 2010 [2]
- 1.5% of the total population was 85 and over, 2010 [2]
- There were 1,404 centenarians in the state, 2010 [2]
- Women represented 57.5% of the 65 and over age group and 70% of the 85 and over age group, 2010 [2]
- In the state, 43 counties had more people 60 and over [2]
- The median age of the state increased from 35.3 in 2000 to 37.4 in 2010. Altogether 78 counties had a higher median age than the state [3]
- 19.9% of people 60 and over were of ethnic minority groups. 16.4% were African Americans, 1.5% were Hispanic or Latinos, 0.9% were American Indian or Alaska Native and 1.1% were Asians, 2010 [4-7]
- 79.9% of people 65 and over owned their homes in the state, 2010 [8]
- 68.6% of householders 65 and over lived in family households and 31.4% lived in nonfamily households, 2010 [9]
- Of the population 65 and over, 96.5% lived in households (family and nonfamily) and 3.5% lived in group quarters, 2010 [10]
- 11% of people ages 65 and over reported their health as poor, 2010 [11]
- The state ranked 7<sup>th</sup> in the number of grandparents raising grandchildren under 18 years of age and responsible for their care, 2006-2010 [12]
- There were 95,027 grandparents responsible for one or more grandchildren living with them under 18 years and 32,189 (32.0%) of them were 60 and over, 2006-2010 [12]
- There were 266,565 veterans who were 65 years and over and accounted for 23% of total persons age 65 and over in the state, 2006-2010 [13]
- 60.4% of population 65 and over had high school or less education. 19% of people 65 and over had a bachelor's degree or higher education, 2006-2010 [14]
- 10.7% of people 65 and over lived below poverty and another 23% of them lived between 100%-199% of poverty. 13.0% of people 75 and over lived below poverty and 29.7% of them lived between 100%-199% of poverty, 2006-2010 [15]
- The median household income for householder 65 and over was \$31,025, 2006-2010 [16]
- 14.9% of people 65 and over were in labor force, 2006-2010 [17]
- 62% of people 65 and over had no disabilities in the state. 16.3% of them had one type of disability and 22.1% had two or more types of disabilities, 2010 [18]

- North Carolinians who were age 60 in 2010 could be expected to live, on average, an additional 22.7 years to almost 83 years old [19]
- Heart disease was the leading cause of death among people 65 and over with cancer and stroke, coming second and third on the list, 2010 [20]

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## REFERENCES

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