

**North Carolina Division of Aging and Adult Services**

**Aging Services County Fact Sheet**

Last Updated: October 13, 2006

**Cumberland County, Region M**

	<b>Number, 65+</b>	<b>Percent, 65+</b>
<b>2005</b>	25,803	8.2%
<b>2015</b>	34,234	9.9%
<b>2025</b>	48,305	12.9%

**Aging Services Providers [\*Key contact for Information & Assistance]**

CAPE FEAR ADULT DAY HEALTH CARE (Adult Day Health) 910-323-4424	LEGAL AID OF NORTH CAROLINA (Legal Services) 910-483-0400
<b>*CUMBERLAND COUNTY COORDINATING COUNCIL ON OLDER ADULTS</b> (Housing and Home Improvement, In-Home Aide Services, Congregate Nutrition and Home Delivered Meals) 910-484-0111	MID-CAROLINA COUNCIL OF GOVERNMENTS (Care Management, Disease Prevention/Health Promotion and Medication Management) 910-323-4191
CITY OF FAYETTEVILLE (Senior Center Operation) 910-433-1574	CUMBERLAND COMMUNITY TRANSPORTATION (Transportation-General and Transportation-Medical) 910-678-7624
CUMBERLAND COUNTY DSS (In-Home Aide Services) 910-677-2318	TOWN OF SPRING LAKE (Disease Prevention/Health Promotion and Senior Center Operation) 919-497-7700
HOPE MILLS SUNSHINE CENTER (Senior Center Operation and Transportation) 910-425-6707	

[**Note:** Please contact the Area Agency on Aging in your area for information about services under the Family Caregiver Support and Long-Term Care Ombudsmen Programs.]

**Lead Planning Agency for the Home and Community Care Block Grant**

Mid-Carolina Council of Governments, Area Agency on Aging

**Senior Center(s)**

<p>Hope Mills Sunshine Center (opened in 1980) 3226 Davis Street Hope Mills, NC 28348-3229 910-425-6707</p>	<p>Spring Lake Senior Center (opened in 1985) 204 South 4th Street Spring Lake, NC 28390-0617 910-497-7700 or 0454</p>
<p>Fayetteville Senior Center (opened in 1980) 739 Blue Street Fayetteville, NC 28301-4525 910-433-1574</p>	

**Adult Day Care (ADC) and Adult Day Health (ADH) Center(s)**

<p>Bethel Adult Day Health Care Center (ADC and ADH, certified for 28) 1065 Progress Street Fayetteville, NC 28306 910-484-8727</p>	<p>Humans United Giving Greater Services(HUGGS) (ADC and AIDS, certified for 10) 201 Moore Street Fayetteville, NC 28301 910-223-0911</p>
<p>Cape Fear Adult Day Health Center (ADC and ADH, certified for 29) 920 Stamper Road Fayetteville, NC 28303 910-323-4424</p>	