

North Carolina Division of Aging and Adult Services

**Aging Services County Fact Sheet**

Last Updated: February 27, 2007

**Wake County, Region J**

	<b>Number, 65+</b>	<b>Percent, 65+</b>
<b>2005</b>	54,428	7.3%
<b>2015</b>	89,459	9.1%
<b>2025</b>	149,591	12.1%

**Aging Services Providers [\*Key contact for Information & Assistance]**

<b>*RESOURCES FOR SENIORS</b> (Adult Day Care, Adult Day Health, Disease Prevention/Health Promotion, Housing & Home Improvement, In-Home Aide Services, Information & Assistance, Legal Services, Institutional Respite, Senior Center Operation, Transportation—General) 919-872-7933	MEALS ON WHEELS OF WAKE COUNTY (Congregate Nutrition Meals, Home Delivered Meals) 919-833-1749
CARY SENIOR CENTER (Senior Center) 919-469-4081	GARNER SENIOR CENTER (Senior Center) 919-779-0122

[**Note:** Please contact the Area Agency on Aging in your area for information about services under the Long-Term Care Ombudsmen Program.]

**Lead Planning Agency for the Home and Community Care Block Grant**

Resources for Seniors

**Senior Center(s)**

<p>Cary Senior Center (opened in 1993)  P.O. Box 8005  Cary, NC 27512-8005  919-460-4970</p>	<p>Northern Wake Senior Center (opened in 1994)  [CENTER OF EXCELLENCE]  235 E. Holding Street  Wake Forest, NC 27587-2927  919-554-4111</p>
<p>Eastern Wake Senior Center (opened in 1988)  [CENTER OF EXCELLENCE]  323 Lake Drive  Wendell, NC 27591-9492  919-365-4248</p>	<p>Whitaker Mill Senior Center (opened in 1981)  [CENTER OF EXCELLENCE]  401 E. Whitaker Mill Road  Raleigh, NC 27608  919-856-6444</p>
<p>Garner Senior Center (opened in 1990)  205 East Garner Road  Garner, NC 27529-3311  919-779-0122</p>	

**Adult Day Care (ADC) and Adult Day Health (ADH) Center(s)**

<p>Cary Total Life Center at Bond Park  (ADC and ADH, certified for 29)  110 Maury O'Dell  Cary, NC 27510  919-460-9008</p>	<p>Family Care Elder Care (ADC and ADH,  certified for 12)  820 W. Garner Road  Garner, NC 27529  919-773-1115</p>
<p>Ruth Sheets Adult Day Care Center  (ADC, certified for 16)  228 W. Edenton Street  Raleigh, NC 27603  919-832-7227</p>	<p>Resources for Seniors Total Life Center-  Creedmoor Road (ADC, certified for 41)  6612 Creedmoor Road  Raleigh, NC 27613  919-676-5858</p>

<p>Southeastern Wake ADC Center (ADC and ADH, certified for 40)  2034 New Bern Avenue  Raleigh, NC 27610  919-231-2245</p>	<p>Resources for Seniors Total Life Center-Cary (ADC, certified for 30)  200 High Meadow Road  Cary, NC 27511  919-467-6906</p>
<p>The Darius House (ADC, certified for 5)  604 Rush Street  Raleigh, NC 27610  919-821-1491</p>	<p>Resources for Seniors Total Life Center-Eastern Wake (ADC and ADH, certified for 25)  323 Lake Drive  Wendell, NC 27591  919-713-1534</p>
<p>Resources for Seniors Total Life Center-Departure Drive (ADC and ADH, certified for 91)  5124 Departure Drive, Suite 101  Raleigh, NC 27616  919-873-1870</p>	<p>Resources for Seniors Total Life Center-Garner (ADC, certified for 41)  201 Methodist Drive  Garner, NC 27529  919-773-3790</p>
<p>The Glade at Glenaire (ADC, certified for 21)  4000 Glenhope Court  Cary, NC 27511  919-460-8095</p>	