

Community Support Follow-Up

**Joint Legislative Oversight Committee on
Mental Health, Developmental Disabilities,
and Substance Abuse Services
October 14, 2009**



Alternatives to CS for Children

Services Currently Available in Community Support Service Definition	Alternative Services Available Based upon Consumer's Medical Needs:					
	Intensive In-Home, MST, SAIOP	Day Tx., Partial Hospital.	Case Management	Evidence-based Outpatient Services	Mobile Crisis, Facility Based Crisis	Education and Training CPT Code
Case Management Functions:						
1) Assessing needs of the individual	X		X	X		
2) Linking/referral to appropriate services	X		X	X		
3) Facilitating Person Centered Planning	X		X			
4) Monitoring effectiveness of services	X		X			
Therapeutic interventions per goals of PCP	X	X		X		
Psycho-education re: self-management of medications and symptoms	X	X		X		X
24/7/365 First Responder responsibilities	X				X	
Psycho-education for families and caregivers re: consumers illness, symptoms, etc.	X			X		
Coordination of natural and community supports	X	X	X	X		
Skill building to foster recovery and independence	X	X		X		X
Skill building in specific areas depending upon consumer's illness: behavioral skills and anger management, relapse prevention, etc.	X	X		X		X
Rehabilitation of skills related to daily and community living	X	X		X		X

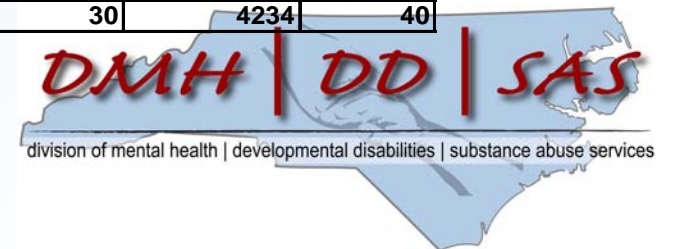
Alternatives to CS for Adults

Services Currently Available in Community Support Service Definition	Alternative Services Available Based upon Consumer's Medical Needs:						
	Community Support Team, ACTT, SAIOP, SACOT	PSR, Partial Hospital., SA Medically Monitored and Non-Medically Monitored Residential	Case Management	Evidence-based Outpatient Services	Mobile Crisis, Facility Based Crisis	Peer Support	Education and Training CPT Code
Case Management Functions:							
1) Assessing needs of the individual	X		X	X			
2) Linking/referral to appropriate services	X		X	X			
3) Facilitating Person Centered Planning	X		X				
4) Monitoring effectiveness of services	X		X				
Therapeutic interventions per goals of PCP	X	X		X			
Psycho-education re: self-management of	X	X		X		X	X
24/7/365 First Responder responsibilities	X				X		
Psycho-education for families and caregivers re: consumers illness, symptoms, etc.	X			X			
Coordination of natural and community supports	X	X	X	X			
Skill building to foster recovery and independence	X	X		X		X	X
Skill building in specific areas depending upon consumer's illness: behavioral skills and anger	X	X		X			X
Rehabilitation of skills related to daily and community	X	X		X		X	X

Availability of Alternative Services

	Adults			Children		Either	
	Assertive Community Treatment Team (ACTT)	Community Support Team (CST)	Psycho-Social Rehabilitation (PSR)	Intensive In-Home	Multi- Systemic Therapy (MST)	Licensed Outpatient Clinicians	Mobile Crisis
Alamance-Caswell	4	4	3	14	0	78	1
Albemarle	0	9	3	24	1	53	2
Beacon Center	2	12	3	21	1	63	1
Centerpoint	3	14	4	13	0	142	1
Crossroads	3	5	4	6	0	93	2
Cumberland	3	7	1	26	0	153	1
Durham	2	33	1	31	1	210	1
Eastpointe	5	17	6	25	0	120	3
ECBH	2	16	5	35	3	247	6
Five County	2	19	2	16	0	87	1
Guilford	4	21	3	28	1	231	1
Johnston	0	1	2	3	0	41	
Mecklenburg	1	22	2	46	5	317	1
Mental Health Partners	2	4	4	4	1	139	1
Onslow-Carteret	0	7	3	4	1	82	1
Orange-Person-Chatham	2	6	2	3	1	151	1
Pathways	1	11	3	15	1	145	1
Piedmont*	0	0	0	4	1	105	0
Sandhills	3	15	10	33	1	163	2
Smoky Mountain	8	10	9	22	1	352	7
Southeastern	3	13	2	17	2	270	1
Southeastern Regional	3	16	8	34	5	78	1
Wake	4	22	5	24	3	561	1
Western Highlands	8	14	3	14	1	353	3
Total	65	298	88	462	30	4234	40

* Data comes from paid claims and, due to waiver, incomplete data available from PBH



Timing

- Case Management and Peer Support service definitions require a Medicaid State Plan Amendment (SPA).
 - Anticipate January 1, 2010 effective date for CM
 - Anticipate July 1, 2010 effective date for PS
- All other alternative services already available or can be added without State Plan changes (educational CPT code.)
- Training should not be a problem
 - Lots of providers currently perform CM functions within other service definitions and are very familiar with those requirements.
 - Currently have in place a process for training and certifying Peer Support Specialists and are currently reimbursing for their services within ACTT and CST and with state funds.

