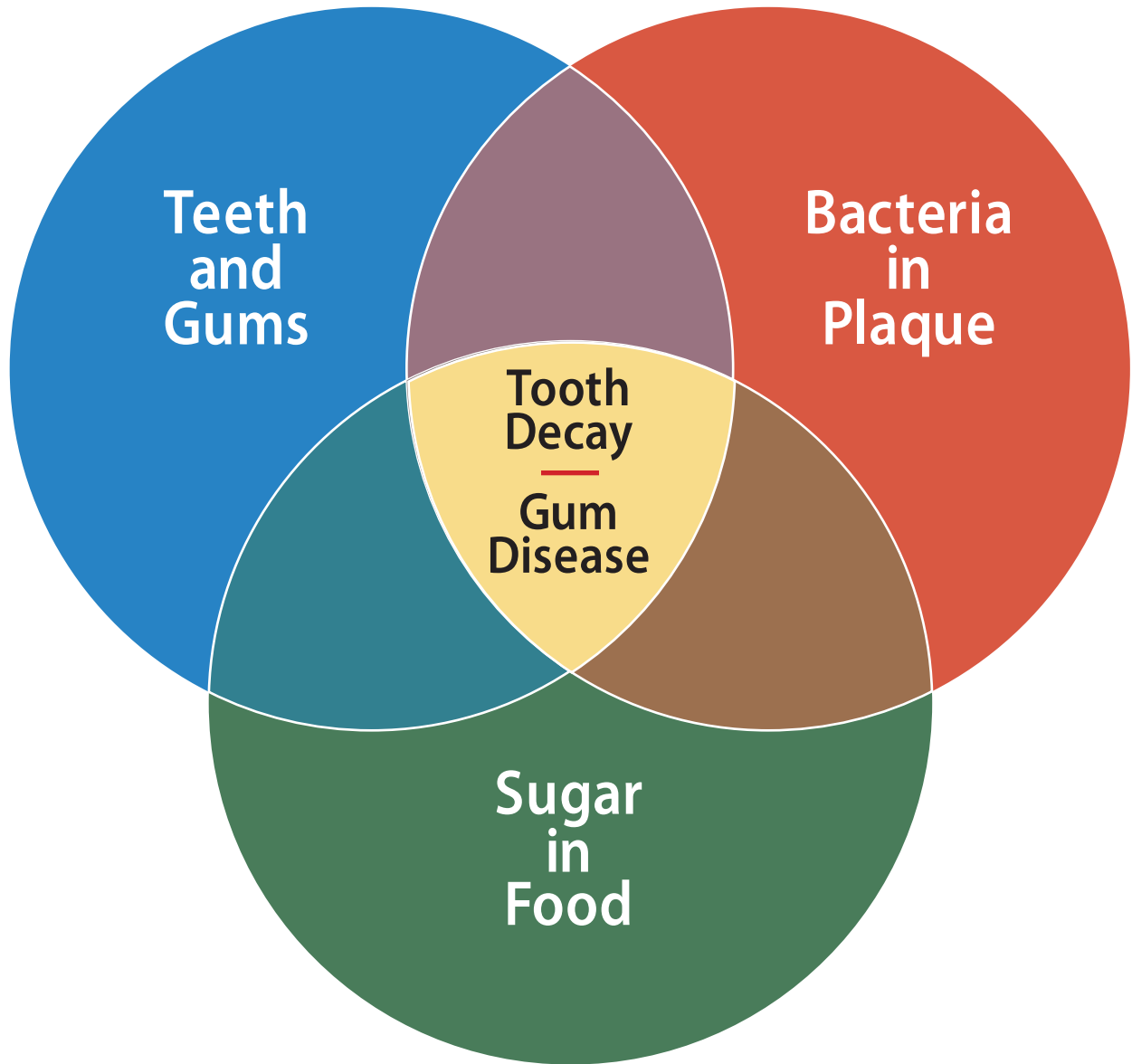


Factors That Cause Tooth Decay and Gum Disease



When **sugars** and carbohydrates in food feed the bacteria that are growing in **plaque**, on the surface of a **tooth**, acid is formed.

This acid causes tooth decay and leads to gum disease.