

## Transition Services

Are you a high school student who is blind or has a visual impairment?  
Do you have both a vision and hearing loss?

If so, TRANSITION SERVICES are available to you through the Division of Services for the Blind (DSB). As you plan your move from school to work or post secondary training, DSB Vocational Rehabilitation Counselors provide the specialized transition services to assist you to go to work in the job or training of your choice. Transition Services can begin at age 14 as you explore your interests, skills and abilities. A DSB Vocational Rehabilitation Counselor will work closely with you, your teachers, your guidance counselor and your parents.

DSB Transition Services for High School Students can include:

- Career interest assessment
- Social skills, advocacy and daily living skills training
- Summer & after-school work experiences
- Financial assistance for training
- Assistive technology assessment
- Job placement assistance and follow-up
- Work site assessments and Modifications
- Summer Transition Programs

### Summer Transition Programs

#### Youth in Transition

A four-week program designed to assist you in developing the skills and confidence for greater independence. Some of the skill areas include basic living skills, social development, vocational and study skills, and independent living skills. Included in the independent living skills training are cooking, techniques of daily living, mobility, assistive technology and Braille. The classes you take will target your specific needs.

#### Transition to University Living & Learning

This is a program designed for high school seniors who have been accepted into a college transfer or university program. This four-week program is designed to help college-bound students like you to prepare for life after high school.

## College Prep

... for more of what you need to SUCCEED  
Sessions are individualized and may include areas, such as the following:

- Note taking
- Determining your best study style
- Improve your computer skills
- Managing your time
- Polishing your social skills
- Demonstrations in technology
- Handling Test Anxiety
- Managing Money
- Advocating for Yourself

## World of Work (WOW)

This four-week internship program is designed to prepare you for success in the world of work and adult living. You will learn work ethics and work behaviors through paid internship experiences. You can increase your communication skills and interpersonal skills while building confidence and self-reliance. You will receive a stipend for the work you perform.

For information on DSB School Transition Services in your local school district, contact:

State of North Carolina Department of Health and Human Services

Division of Services for the Blind  
319 Ashe Avenue  
Raleigh, NC 27606-2102  
(919) 733-9700  
1 (866) 222-1546

Visit the DSB website at: [www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb)

## How to Reach Us

**ASHEVILLE**  
(828) 251-6732  
Voice/TTY: 1-800-422-1881

**CHARLOTTE**  
(704) 563-4168  
Voice/TTY: 1-800-422-1895

**FAYETTEVILLE**  
(910) 486-1582  
Voice/TTY: 1-800-422-1897

**GREENVILLE**  
(252) 355-9016  
Voice/TTY: 1-800-422-1877

**RALEIGH**  
(919) 733-4234  
Voice/TTY: 1-800-422-1871

**WILMINGTON**  
(910) 251-5743  
Voice/TTY: 1-800-422-1884

**WINSTON-SALEM**  
(336) 896-2227  
TTY (336) 896-7047  
Voice: 1-800-422-0373

**DSB ADMINISTRATION OFFICE**  
(919) 733-9822  
Voice: 1-866-222-1546  
In Spanish: 1-800-662-7030



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