



NC-TOPPS SNAPSHOT

SFY 2010 North Carolina Alcohol and Drug Abuse Treatment Centers (ADATC) Consumers

The NC Alcohol and Drug Abuse Treatment Centers (ADATCs), the Division of State Operated Healthcare Facilities, developed NC-TOPPS interviews to gather data on its consumers. This Snapshot displays SFY 2010 data for 1,978 ADATC consumers who had matching Initial and Episode Completion interviews. All the percentages below are based on 1,978, except for the Harmful Behaviors chart that is based on 1,769 consumers who had an in-person Episode Completion interview.

Consumer Demographics. Almost two-thirds, 62%, of ADATC consumers were male, and 72% were white. Eighty-three percent were between the ages of 21 to 50. Seventy-one percent received services and supports for co-occurring substance abuse and mental health diagnoses.

Diagnoses. In addition to the expected substance abuse diagnoses, the top three identified mental health diagnoses were major depression (28%), anxiety disorder (19%) and bipolar disorder (17%).

Self-Report Substance Use. About two-thirds reported heavy alcohol use the year before admission. Over half reported cocaine and slightly less than half (44%) used marijuana.

Harmful Behaviors. Almost half of ADATC consumers have experienced domestic violence. About 6 in 10 have had suicidal thoughts and almost one third have hurt or caused themselves pain.

Special Populations at Admission. Almost one quarter of the consumers were homeless at admission. Approximately one fifth were in the criminal justice system and another fifth were injection drug users.

Cigarette Smoking. Eighty-five percent reported smoking any cigarettes the month before admission. Nine percent reported smoking a pack or more a day.

ADATC Consumers at Discharge

- 62% male
- 25% African American
- 72% White
- 1% Hispanic
- 3% 18 to 20 years old; 27% 21–30; 26% 31–40; 30% 41–50; and 14% 51 and older
- 71% received services for co-occurring substance abuse and mental health diagnoses

Diagnoses at Discharge

- 67% drug dependence
- 61% alcohol dependence
- 17% drug abuse
- 11% alcohol abuse
- 28% major depression
- 19% anxiety disorder
- 17% bipolar disorder
- 12% post traumatic stress disorder
- 5% schizophrenia
- 3% personality disorder

Self-Report Substance Use Year Before Admission

- 68% heavy alcohol
- 52% cocaine
- 44% marijuana
- 25% other opiates
- 19% benzodiazepine
- 17% oxycontin
- 12% heroin
- 5% methamphetamines
- 2% over-the-counter

Special Populations at Admission

- 23% homeless
- 21% criminal justice
- 18% injection drug use
- 9% SSI/SSDI
- 4% methadone
- 4% pregnant
- 2% HIV
- 1% mom with child

Cigarette Smoking Month Before Admission

- 85% smoked any cigarettes
- 9% smoked a pack or more a day

Harmful Behaviors

- 30% hurt/cause self pain
- 58% suicidal thoughts
- 20% homicidal thoughts
- 25% experienced childhood sexual abuse
- 49% experienced domestic violence

Type of Discharge. Most (86%) consumers were discharged at completion of the program. Six percent left against medical advice, 3% had therapeutic discharges and 5% were discharged for other or unknown reasons.

Length of Stay. The largest group of consumers stayed in treatment for 15-21 days (37%), followed by 14 day stays (20%), and less than 14 day stays (18%). Another 16% stayed 22-28 days and 9% stayed longer than 28 days.

