

APPENDIX B

Allocations to Family Support/Family Resource Centers/ Community Based Family Resource and Support Programs

State Funded Family Resource Center Grant Programs

| <u>County</u> | <u>Contracting Agency</u> | <u>Funding Amount</u> |
|---------------|---|-----------------------|
| Alleghany | Alleghany County Partnership for Children | \$ 77,500 |
| Ashe | Ashe County Partnership for Children | \$ 77,500 |
| Brunswick | Communities in Schools of Brunswick County | \$ 77,500 |
| Carteret | East Carolina Community Development | \$ 77,500 |
| Cleveland | Communities in Schools of Cleveland County | \$ 77,500 |
| Davidson | Fairgrove Elementary School | \$ 77,500 |
| Gates | Gates County Extension Service | \$ 77,500 |
| Lenoir | Young Women's Outreach Center | \$ 77,500 |
| McDowell | McPals Endowment Fund | \$ 77,500 |
| Moore | Northern Moore Family Resource Center | \$ 77,500 |
| Northhampton | Choanoke Area Development Association | \$ 77,500 |
| Orange | Chapel Hill Training Outreach Project, Inc. | \$ 77,500 |
| Richmond | Richmond County Community Support | \$202,500 |
| Vance | Franklin-Vance-Warren Opportunities | \$202,500 |
| Wayne | Wayne Uplift Resource Association | <u>\$202,500</u> |
| | TOTAL | \$1,537,500 |

Federal Funded Community Based Family Resource & Support – CBFRS

| <u>County</u> | <u>Contracting Agency</u> | <u>Funding Amount</u> |
|---------------|---|-----------------------|
| Bertie | Bertie County Board of Education | \$ 58,125 |
| Brunswick | Brunswick County Partnership for Children | \$ 77,500 |
| Buncombe | Family Services Center of Buncombe County, Inc. | \$ 58,125 |
| Orange | Chapel Hill Training Outreach Center | \$ 77,500 |
| Wayne | Wayne Uplift Resource Association, Inc. | <u>\$ 26,625</u> |
| | TOTAL: | \$297,875 |

Federally Funded Family Support/Family Resource Centers

| <u>County</u> | <u>Contracting Agency</u> | <u>Funding Amount</u> |
|----------------|--|-----------------------|
| Bertie | Bertie County Board of Education | \$ 77,500 |
| Bladen | Bladen County Schools | \$ 77,500 |
| Buncombe | Children's First of Buncombe County | \$ 77,500 |
| *Caldwell | Caldwell County Department of Social Services | \$ 18,750 |
| *Cherokee | Cherokee County Department of Social Services | \$ 77,500 |
| *Clay | Clay County Department of Social Services | \$ 77,500 |
| *Cleveland | The Cleveland Center | \$ 77,500 |
| Columbus | Columbus County Family CHAMPIONS | \$ 77,500 |
| Cumberland | Multicultural Community Development Services | \$ 77,500 |
| Durham | NC Cooperative Extension Services – Durham County | \$ 77,500 |
| Edgecombe/Nash | Down East Partnership for Children | \$155,000 |
| *Forsyth | Youth Opportunities, Inc. | \$ 77,500 |
| Graham | Graham County Schools | \$ 77,500 |
| *Haywood | Haywood County Department of Social Services | \$ 77,500 |
| Hoke | Methodist Home for Children | \$ 77,500 |
| **Hyde | Hyde County Schools | \$ 77,500 |
| *Jackson | Jackson County Department of Social Services | \$ 77,500 |
| *Macon | Macon County Department of Social Services | \$ 77,500 |
| Martin | Martin, Tyrrell, Washington District Health Department – (M) | \$ 77,500 |
| McDowell | Foothills Area Program | \$ 77,500 |
| Mecklenburg | Mecklenburg County Department of Social Services | \$ 77,500 |
| New Hanover | Bottom Neighborhood Association | \$ 77,500 |
| Pitt | Martin County Community Action | \$ 77,500 |
| Robeson | Robeson County Health Department | \$ 77,500 |
| Rowan | Paul L. Dunbar Family Resource Center | \$ 77,500 |
| Sampson | Methodist Home for Children | \$ 77,500 |
| Swain | Swain County Government | \$ 77,500 |
| Transylvania | The Family Center of Transylvania County | \$ 77,500 |
| Tyrrell | Martin, Tyrrell, Washington District Health Department – (T) | \$ 77,500 |
| Warren | Warren Family Institute | \$ 77,500 |
| Wake | Garner Road YMCA | \$ 77,500 |
| Wayne | Wayne Uplift Resource Association | \$ 35,000 |
| Wayne | W.A.G.E.S. | <u>\$ 77,500</u> |
| | TOTAL | 2,533,750 |

***These programs are not fully funded Family Support programs. A large portion of the funding is designated for Family Preservation Services and Family Preservation outcomes for measured in the Family Preservation report.**

****This agency did not provide services during SFY' 1998-99.**

APPENDIX C

Family Support Outcome Scale

Family Support – Outcome Scale Form

Type: Intake Intermediate Closure

Client's Name: _____

Date: ____/____/____

Activity Name: _____

Staff Member: _____

This questionnaire addresses issues that may be important in supporting families. It is to be completed at least twice—once before the intervention begins and once after it ends—**by the same staff member**. It is very important that the same staff member fill this assessment for the same family so the success of the intervention or service can be measured. Consider each item below in terms of the family's current situation. Rate each item on the **10-point continuum** below, ranging from 0 (the item is "Not a Strength" for the family or community) to 5 (Moderate Strength) to 10 (Clear Strength). N/A means Not Applicable for the family or community. N/A can be the appropriate response for many items. To complete the Scale, circle the appropriate number to the right of each item.

| A. Overall Child Functioning | Not a Strength | | | | | Moderate Strength | | | | | Clear Strength | | | | |
|---|-----------------------|---|---|---|---|--------------------------|---|---|---|---|-----------------------|--|--|--|--|
| 1. Child's developmental status (social, cognitive, etc.) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 2. Child's physical health | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 3. Child's mental health | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 4. Child's behavior | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 5. Child's school performance | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 6. Teenager's movement towards self-sufficiency | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |

| B. Overall Parent Functioning | Not a Strength | | | | | Moderate Strength | | | | | Clear Strength | | | | |
|---|-----------------------|---|---|---|---|--------------------------|---|---|---|---|-----------------------|--|--|--|--|
| 1. Parenting skills, knowledge, and attitudes | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 2. Parent's sense of support | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 3. Parent's physical/mental health | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 4. Parent's educational attainment | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 5. Parent's leadership skills | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 6. Participation in community groups and activities | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |

| C. Overall Family Functioning | Not a Strength | | | | | Moderate Strength | | | | | Clear Strength | | | | |
|--|-----------------------|---|---|---|---|--------------------------|---|---|---|---|-----------------------|--|--|--|--|
| 1. Parent-child interactions, parent-child relationship | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 2. Family communication | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 3. Family cohesiveness, mutual support | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 4. Physical, learning, emotional environments in home | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 5. Informal social support (from friends, extended family) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 6. Family economic self-sufficiency | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 7. Ability to meet basic economic needs | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |
| 8. Ability to solve family disputes without violence | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | |

D. Overall Community Functioning

| | Not a Strength | | | | Moderate Strength | | | | Clear Strength | | | |
|--|----------------|---|---|---|-------------------|---|---|---|----------------|---|----|--|
| 1. Accessibility of human services in the community | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 2. Family's knowledge of available human services | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 3. Linkages between families and human services | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 4. Relations between families and human services staff | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 5. Support for Family Support program volunteers | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 6. Family's participation in FS program governance | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 7. Number of community leaders in area | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 8. Number of organized communities in the area | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 9. Cultural and recreational opportunities in the area | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 10. Cooperation, trust "we feeling" in the community | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |

E. Overall Individual Functioning

| | Not a Strength | | | | Moderate Strength | | | | Clear Strength | | | |
|---|----------------|---|---|---|-------------------|---|---|---|----------------|---|----|--|
| 1. Individual's skills, knowledge, and attitudes | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 2. Individual's sense of support | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 3. Individual's physical/mental health | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 4. Individual's educational attainment | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 5. Individual's leadership skills | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 6. Participation in community groups and activities | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |

APPENDIX D

North Carolina Family Support Outcomes Scale (NCFSOS): A User's Guide

Introduction

The North Carolina Family Support Outcomes Scale (NCFSOS) is an assessment tool for Family Support programs begun under the federal government's Family Preservation/ Family Support initiative of 1993. It is the product of the Family Preservation/Family Support Evaluation Team. Although there is a wide array of Family Support programs across the state, and therefore a wide array of different outcomes that these programs are interested in measuring, we tried to address as many of the programs' stated outcome goals as possible in the NCFSOS. All of these outcomes should be tied to the state goals and outcomes. Family Support literature helped us in summarizing the individual items on the NCFSOS into five domains.

The NCFSOS will be included as part of North Carolina's statewide Family Support Management Information System (MIS), an information system designed to track program data from all FS programs from across the state. Since the NCFSOS was designed as the program outcomes part of the MIS, it is a global measure. Each item addresses a very complex issue in a single global phrase. For instance, item B. I ("Parenting skills, knowledge, and attitudes") addresses a range of possible outcome goals stated by parent education programs across the state: increasing positive child discipline techniques, increasing parents' knowledge of appropriate developmental behavior, improving parents' attitudes towards child-rearing and their children, and so on. All of these outcome goals, each of which can be broken down into several factors or issues, have been integrated into the global, general phrase "Parenting skills, knowledge, and attitudes." This global approach, which is necessary to keep the MIS as brief as possible, necessarily results in a lack of precision or rigor within each individual item. This lack of precision is the trade-off for making the MIS brief and manageable for both workers and state evaluators.

The purposes of the NCFSOS are as follows:

- to provide before-and-after information about the families that receive family support services through the FP / FS initiative;
- to enhance the programs' outcome goals by specifying changes or progress in child, parent, family, and community functioning;
- to present a framework for addressing the strengths of each family for services planning and intervention;
- to provide a tool for family support workers and families to sit down and discuss the similarities and differences in their ratings on the domains in the measure; and
- to provide a uniform data base to complement the family tracking information system that will be created as part of the FS evaluation.

The NC Family Support Outcomes Scale is organized around five broad domains intended to cover the range of Family Support interventions. These domains are adopted from the literature on Family Support interventions (especially Weiss & Jacobs, 1988). The five domains are as follows:

- Overall Child Functioning
- Overall Parent Functioning
- Overall Family Functioning
- Overall Community Functioning
- Overall Individual Functioning

Instructions for completing the NCFSES:

1. The NCFSES is to be filled out by the Family Support Worker for families participating in Family Support interventions.
2. The NCFSES is to be completed at least twice, once **before the intervention has** begun (or soon after it has begun), and once after it **has ended** (or soon before it ends).
3. The same two people--the same Family Support Worker and the same family member--should complete the NCFSES both before and after the intervention.
4. To complete the four versions of the NCFSES, workers and family members will detach the appropriate version from the NCFSES packet and complete it as indicated. For most interventions, "N/A" will be a frequently circled response. The NCFSES is designed to be extremely broad -- to cover as much as possible of what Family Support Programs in North Carolina are actually doing in their programs, and to cover as many of the programs' stated outcomes as possible. Since it is so broad, we are not expecting any single program to address all, or even very many, of these outcomes. Indeed, it may be that a particular program addresses only one or two items, and the rest are "N/A" (Not Applicable). If that is the case, complete the measure for those one or two items, and leave the rest of the items blank. As noted in the instructions, blank items will be coded as "N/A" in the statewide data set.
5. A note on the 0 - 10 scale: Another way to think about this scale, other than a range from Not a Strength to Moderate Strength to Clear Strength, is to think of it in terms of percentages. Respondents might think of the percent of time that each item is a strength. For instance, if a behavior is a strength about half the time, respondents can circle "5".
6. It is possible to use the NCFSES more frequently than twice, to document progress or change over time in more detail than a before-and-after assessment allows.

Administration of the NCFSES

In an ongoing program, the NCFSES should be completed within 1 - 2 weeks of a family's first contact with the Family Support (FS) program, and then again within 1 - 2 weeks of a family's last contact. Since it is often families who decide the duration of involvement in FS programs, however, programs may want to fill out the NCFSES periodically (i.e., biweekly, monthly, bimonthly) as seems appropriate given the intensity and / or duration of each particular FS program. This way both workers and families would have an ongoing

record of the areas in which improvement is occurring, and the areas in which improvement is more challenging.

The NCFSES will probably work less well for one-time or "one-shot" Family Support (FS) programs. In such programs, the NCFSES should not be used as a pre post or before-and-after measure. For one-time activities, programs should use the single event reporting form.

By completing the NCFSES on the same family over time, families, workers, administrators, and state evaluators will have crucial information about the progress of individual families and of Family Support programs as a whole.

Overall Meaning of Scores

The 10-point scale is explained below:

0 = Not a Strength: there are no positive characteristics in a particular item or overall domain that have a positive effect on the family or community.

1
2
3
4

5 = Moderate Strength: there are positive but moderate characteristics in a particular item or overall domain that have a strengthening effect on the family.

6
7
8
9

10 = Clear Strength: there are positive and strong characteristics in a particular item or overall domain that have a strengthening effect on the family.