

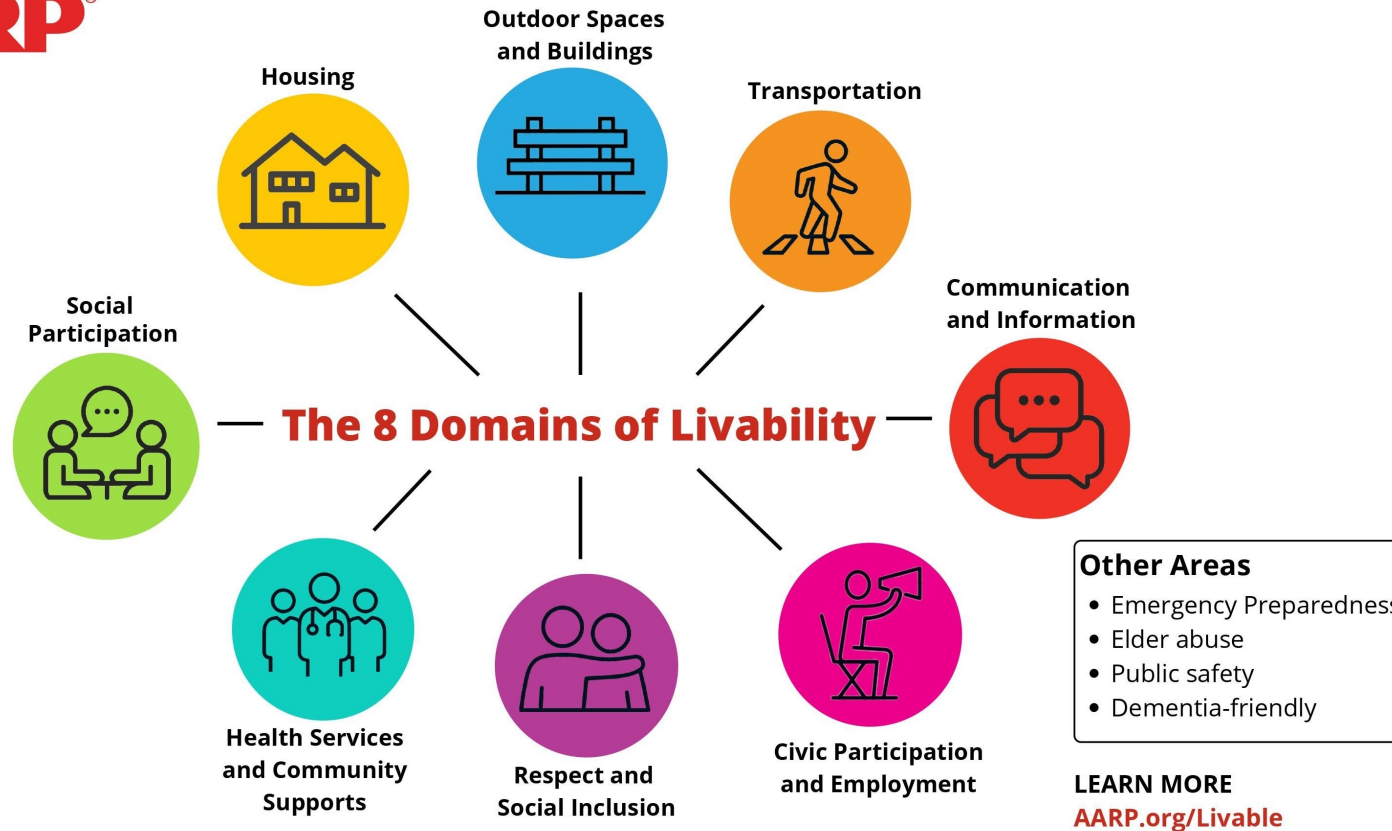
LIVABILITY DOMAINS REPORT - FACILITATED TABLE DISCUSSION

Age My Way NC Planning Committee



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EIGHT DOMAINS OF LIVABILITY & OTHER AREAS



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Age my way!

AARP Domains of Livability: Guiding Questions

What does this domain mean to you?

What are some examples of best practices?

What are some gaps?

What is needed now and in the future?



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

AARP
North Carolina

**HOMETOWN
STRONG**
COMMUNITY FOCUSED PARTNERSHIPS

GUIDING QUESTIONS



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HOUSING

What does this domain mean?



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HOUSING

- Best Practices: surveying community needs, committed planners, data, infrastructure and growth preparedness, design standards, age-friendly developers, strategic leasing, locally owned land-acquisition programs, sustainable homes, retirement communities, tiny homes, & mixed/integrated communities
- Gaps/Barriers: public participation, strategic planning, affordability/funding, equity, mobility, zoning of communities, age-consciousness in new housing, housing types (1 level), permit requirements lacking design aspects to keep all safe, & accurate information
- Current/Future Needs: reassessment of affordability, simplifying process, more investments in repair and preservation, more public participation and engagement, & changes in beginning of building processes



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OUTDOOR SPACES & BUILDINGS

What does this domain mean?

sidewalks
connectedness
trails parks
nature
active built environment
placemaking equitable
connectivity
benches
bikelanes
inviting
accessible



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OUTDOOR SPACES & BUILDINGS

- Best Practices: trail assets and gaps to inform a trail inventory, needs assessments, data on park usage, connecting trails to tourism, advertising trails based on user, accessible trails, placemaking, & age-friendly practices/adaptations
- Gaps/Barriers: information, design of parks, directions/signs, maintenance, equitable opportunities for trails, wheelchair accessible trails, handicap accessible doors, & seating *within* stores
- Current/Future Needs: conversations that include multiple sectors, messaging targeting older adults, integration of age-friendly features for commercial development & state investments to supplement funding in rural areas



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TRANSPORTATION

What does this domain mean?

walking
independence delivery
biking access
engagement driving
options pedestrians safety
microtransit technology location
services supportive routes
buses reliability proximity
connectedness cars



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TRANSPORTATION

- Best Practices: consumer direction, micro transit, & escort service for people with disabilities on transit
- Gaps/Barriers: policies for changing needs, drivers/workforce, availability of services, routes that extend outside city limits, reliability, education on resources, costs/funding coordination, independence with options, & supportive services for language/cultural barriers
- Current/Future Needs: technology usage that connects resources for transportation, more on demand in rural areas, autonomous cars, education for municipalities and HOA's about maintenance of sidewalk, lightings, big signs, and infrastructure for mobility



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COMMUNICATION AND INFORMATION

What does this domain mean?

technology timeliness
signers services openness
communication access advocacy
awareness support training
education resources
connecting preparedness regulations
availability broadband standards
policies newsletters intergenerational
inclusivity literacy print consistency
outreach media sources
understanding messaging



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COMMUNICATION AND INFORMATION

- Best Practices: Neighborhood associations, newsletters, social media, intergenerational support, & trainings
- Gaps/Barriers: access to broadband (particularly in rural areas), language barriers, vulnerability to scams, misinformation, reluctance to use technology, & social isolation
- Current/Future Needs: accurate/timely/consistent information, computer/smart phone trainings, intergenerational connections, AARP digital literacy, signers for hearing impairments, alternative broad technologies, & continue advocacy



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CIVIC PARTICIPATION AND EMPLOYMENT



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RESPECT AND SOCIAL INCLUSION

What does this domain mean?



heard valued
multi-generational
accessible connectedness
understood
stability participate
open aging included recognized
place dignity intergenerational
representation seen
inclusive



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RESPECT AND SOCIAL INCLUSION

- Best Practices: Ensuring people can see themselves as part of the Master Aging Plan, “extra efforts” to reach a representative group of older adults in the survey, “Hope NC” – inclusive and accessible housing for older adults & IDD, UNC Partnership for Aging, grandparents raising grandchildren, & improved planning and zoning practices
- Gaps/Barriers: weak leadership, not reaching the right people, & affordability of accommodations
- Current/Future Needs: Reach into State/Federal government retiree association for intergenerational connections, campaigns to promote multi-generational living, remove stigma, & reevaluate resources to assure equity in allocation of public resources

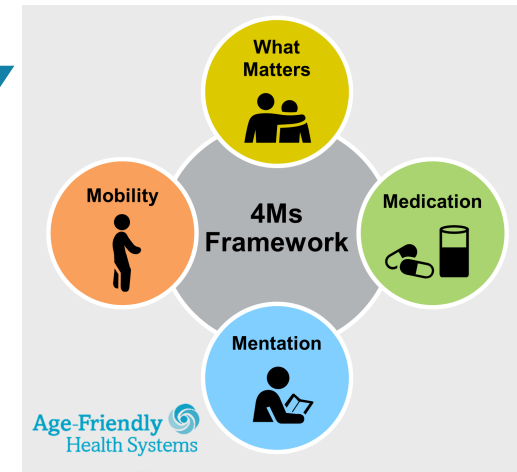


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HEALTH SERVICES & COMMUNITY SUPPORTS

What does this domain mean?

insurance medicaid communication ageism
chronic medicare training technology
wages coordination silos independence support
responsive care availability gaps
deserts sensitivity disparities providers
team-based involvement systems continuity
services affordability awareness reform
referrals competency accessibility
person-centered aging lists place
collaboration barriers consumer-directed
sustainability prevention caregivers
complex fqhc



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HEALTH SERVICES & COMMUNITY SUPPORTS

- Best Practices: dedicated funding to highest priorities, living wage for essential workers, programs to support caregivers, sensitivity training, social workers to replace law enforcement response, incentives to rural medical professionals, investments into preventative measures, & age-friendly hospitals
- Gaps/Barriers: society does not value support for this phase of life, ageism, disparities in urban vs. rural, flexibility in grant requirements, distribution of funding, locations that do not accept Medicare, navigating complex systems, waiting list, & language barriers
- Current/Future Needs: intergenerational support and considerations, education at younger ages, breaking down silos, more cross-sector collaboration, bridging gap between community-based services and clinical services, community focus, continuity of care, higher wages for healthcare workers, support for unpaid caregivers, & insurance reform, funding/sustainability within funding sources



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SOCIAL PARTICIPATION

What does this domain mean?

activities integration
family mental connections
faith-based transportation
senior visibility calls centers health
outreach check-ins phone caregiving
homebound collaboration engagement
inclusion accessible resources
communication well-being isolation
friendship distance programs
volunteering



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SOCIAL PARTICIPATION

- Best Practices: Senior Centers, evidence-based programs, faith-based programs, phone calls for homebound, & transportation services
- Gaps/Barriers: distance in rural areas, lack of resources to provide services, waitlists, lack of broadband, & accessible transportation
- Current/Future Needs: transportation solutions, expand broadband, communication about opportunities for engagement, engage younger generations, volunteerism to help older adults, & caregiving workforce



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EMERGENCY PREPAREDNESS

What does this domain mean?



services
organization information preparedness emergency relief
planning standards support
volunteers utility regulations
health communication
programs drills transportation
centers access



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EMERGENCY PREPAREDNESS

- Best Practices: Emergency drills, DSS, emergency operation centers, task force, access to equipment, mutual aid, & Hurricane expo for information
- Gaps/Barriers: not all places have standards and regulations, volunteers to staff emergency shelters, transportation, access to shelters, communication, & broadband access
- Current/Future Needs: continue having programs of affordable broadband, continue communication with older adults, & new roadways and superstreet planning



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ELDER ABUSE

What does this domain mean?

risk
advocacy signs
violence isolation
hurt scams aps tired
prevention services frustrated
fraud ombudsman exploitation
help awareness warnings
neglect protective



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ELDER ABUSE

- Best Practices: advocacy in long-term care, ombudsman, & community education
- Gaps/Barriers: not enough caregivers/healthcare works, case management, comfortability in recognizing elder abuse, not reported, unspoken abuse from frustrated caregivers, & social isolation
- Current/Future Needs: changes to the statute & resources to both caregivers and care recipient



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PUBLIC SAFETY



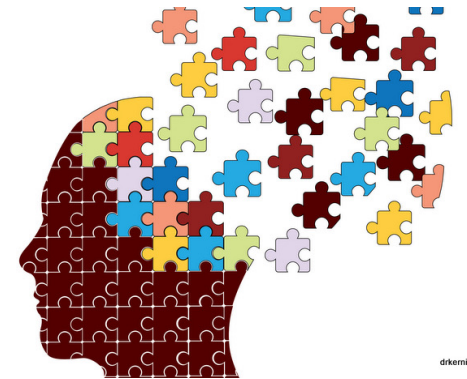
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DEMENTIA-FRIENDLY

What does this domain mean?



resources
home
caregiving
awareness
housing
training support
communication
stigma
advocacy
education
modification
mental
health
brain
safety



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DEMENTIA-FRIENDLY

- Best Practices: training/sensitivity, NCCARE360, dementia care units, support groups, memory binder, informal and well-equipped advocates, training entire staff, business training programs, hands-on activities, technology-based services, & social interaction
- Gaps/Barriers: financial barriers, community caregiver support/respite, & accessibility of support and education
- Current/Future Needs: education to community, better Mental Health services, redefine dementia, leveraging different groups, dementia training modules, & prioritizing funding



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TAKEAWAY/COMMON THEMES ACROSS ALL DOMAINS

- Reassess affordability and prioritizing funding
- Communication: Education/Training/Awareness
- Cross-sector collaboration and breaking down silos
- Public participation & increased engagement
 - Intergenerational and multi-generational approaches
 - Community-focused approaches
- Equity
 - Rural vs Urban
 - Disparities: racial/Ethnic populations
 - Redefining Aging and reframe messaging
- Streamlining processes and infrastructures
 - Implementing changes earlier in the process



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