

Accessing Intellectual and Developmental Disabilities Services

What do I need to know?

- You MUST have established residency in NC
- Documentation regarding I/DD or TBI diagnosis is REQUIRED (i.e., psychological)
- Individuals diagnosed with a brain injury by the age of 21 may be eligible for I/DD services
- NC has a Registry of Unmet Needs for the <u>Innovations Waiver</u>

Who do I contact?

- For information about I/DD services available in your area, contact your respective LME-MCO
- For Disability Benefits, find and contact your <u>county's Social Security Administration</u> and/or <u>Apply for</u> <u>Disability Benefits through SSA online</u>
- For other benefits (NC Medicaid, assistance programs, etc.) find and contact your <u>county's Department</u> of Social Services or Apply Online

Where can I find more information?

- Ages 0-5 Children's Developmental Services Agencies
- Ages 0-20 Children and Youth with Special Health Care Needs
- Ages 0-21 with Medicaid EPSDT
- Medicaid Programs and Services
- Services for People who do not have Medicaid

What if I have more questions?

- Contact your respective LME-MCO for guestions about I/DD Services
- For <u>State Operated Healthcare Facilities</u> contact <u>Niki.Ashmont@dhhs.nc.gov</u>
- For Medicaid specific questions, contact Medicaid's Ombudsman
- For all other community services and/or trouble contacting an LME-MCO, contact the Customer Service and Community Rights Team at 984-236-5300 or email dmh.advocacy@dhhs.nc.gov.

All bolded and underlined items are hyperlinks to websites to locate agencies and gather information

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Additional Resources

Ages 0-21 with Medicaid

Additional Medicaid Programs and Services

Additional Resources

• Early Periodic Screening Diagnostic and Treatment (EPSDT)

➤ <u>Personal Care Services</u> can be requested under EPSDT for those with Medicaid aged 21 and under with a physician's referral

Community Alternatives Program for Children (CAP/C)

➤ Ages 0-20

• For Research Based-Behavioral Health Treatment eligibility, <u>Contact your respective Local Management</u> <u>Entity-Managed Care Organization (LME-MCO)</u>

- Behavioral Health Services Community Alternatives Program for Disabled Adults (CAP/DA)
- Home Health Services
- Personal Care Services (PCS)
- Private Duty Nursing
- Tailored Care Management
- Contact your respective LME-MCO or Care Manager/Care Coordinator for 1915(i) Services
- For additional Medicaid services eligibility (1915(i), B3 Services, In Lieu of Services, ICF-IID),

Contact your respective LME-MCO

- Contact your respective LME-MCO for available services in your area
- Autism Society of North Carolina First In Families of North Carolina

The Arc of North Carolina

Brain Injury Association of North Carolina

- Hope4NC
- Customer Service and Community Rights Team
- Community Empowerment and Engagement