



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

Accessing Intellectual and Developmental Disabilities Services

What do I need to know?

- You **MUST** have established residency in NC
- Documentation regarding I/DD or TBI diagnosis is **REQUIRED** (i.e., psychological)
- Individuals diagnosed with a brain injury by the age of 21 may be eligible for I/DD services
- NC has a Registry of Unmet Needs for the **Innovations Waiver**

Who do I contact?

- For information about I/DD services available in your area, **contact your respective LME-MCO**
- For Disability Benefits, find and contact your **county's Social Security Administration** and/or **Apply for Disability Benefits through SSA online**
- For other benefits (NC Medicaid, assistance programs, etc.) find and contact your **county's Department of Social Services** or **Apply Online**

Where can I find more information?

- Ages 0-5 **Children's Developmental Services Agencies**
- Ages 0-20 **Children and Youth with Special Health Care Needs**
- Ages 0-21 with Medicaid **EPSDT**
- **Medicaid Programs and Services**
- **Services for People who do not have Medicaid**

What if I have more questions?

- **Contact your respective LME-MCO** for questions about I/DD Services
- For **State Operated Healthcare Facilities** contact **Niki.Ashmont@dhhs.nc.gov**
- For Medicaid specific questions, contact **Medicaid's Ombudsman**
- For all other community services and/or trouble contacting an LME-MCO, contact the Customer Service and Community Rights Team at 984-236-5300 or email **dmh.advocacy@dhhs.nc.gov**.

