

FY22 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of all women* with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)*).

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2019
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	20,519	20.03%	28,815	28.13%	50,000	48.81%	3,108	3.03%	102,442
Alamance	361	22.39%	394	24.44%	753	46.71%	104	6.45%	1,612
Alexander	73	23.17%	84	26.67%	155	49.21%	3	0.95%	315
Alleghany	13	19.40%	24	35.82%	27	40.30%	3	4.48%	67
Anson	42	19.72%	52	24.41%	118	55.40%	1	0.47%	213
Ashe	45	25.28%	44	24.72%	87	48.88%	2	1.12%	178
Avery	24	21.24%	36	31.86%	51	45.13%	2	1.77%	113
Beaufort	83	23.25%	104	29.13%	166	46.50%	4	1.12%	357
Bertie	35	26.92%	32	24.62%	63	48.46%	0	0.00%	130
Bladen	74	24.92%	66	22.22%	136	45.79%	21	7.07%	297
Brunswick	151	16.89%	228	25.50%	512	57.27%	3	0.34%	894
Buncombe	385	18.09%	611	28.71%	967	45.44%	165	7.75%	2,128
Burke	193	25.39%	212	27.89%	353	46.45%	2	0.26%	760
Cabarrus	424	19.32%	658	29.98%	1,079	49.16%	34	1.55%	2,195
Caldwell	201	26.87%	186	24.87%	361	48.26%	0	0.00%	748
Camden	18	20.45%	22	25.00%	48	54.55%	0	0.00%	88
Carteret	93	19.70%	132	27.97%	245	51.91%	2	0.42%	472
Caswell	34	19.21%	53	29.94%	77	43.50%	13	7.34%	177
Catawba	315	21.71%	399	27.50%	727	50.10%	10	0.69%	1,451
Chatham	74	14.18%	141	27.01%	245	46.93%	62	11.88%	522
Cherokee	49	23.44%	45	21.53%	111	53.11%	4	1.91%	209
Chowan	28	29.47%	25	26.32%	42	44.21%	0	0.00%	95
Clay	10	12.66%	21	26.58%	48	60.76%	0	0.00%	79

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Statewide Total	20,519	20.03%	28,815	28.13%	50,000	48.81%	3,108	3.03%	102,442
Cleveland	228	22.89%	281	28.21%	474	47.59%	13	1.31%	996
Columbus	131	27.87%	135	28.72%	199	42.34%	5	1.06%	470
Craven	251	21.83%	303	26.35%	593	51.57%	3	0.26%	1,150
Cumberland	1,038	22.49%	1,225	26.54%	2,332	50.53%	20	0.43%	4,615
Currituck	36	16.07%	72	32.14%	113	50.45%	3	1.34%	224
Dare	66	24.44%	73	27.04%	127	47.04%	4	1.48%	270
Davidson	295	19.29%	387	25.31%	792	51.80%	55	3.60%	1,529
Davie	77	22.38%	87	25.29%	161	46.80%	19	5.52%	344
Duplin	141	23.08%	170	27.82%	297	48.61%	3	0.49%	611
Durham	681	18.72%	1,031	28.34%	1,733	47.64%	193	5.31%	3,638
Edgecombe	122	25.15%	118	24.33%	242	49.90%	3	0.62%	485
Forsyth	721	19.35%	963	25.85%	1,680	45.09%	362	9.72%	3,726
Franklin	139	20.59%	178	26.37%	321	47.56%	37	5.48%	675
Gaston	414	18.57%	632	28.34%	1,167	52.33%	17	0.76%	2,230
Gates	18	20.22%	26	29.21%	45	50.56%	0	0.00%	89
Graham	19	24.68%	21	27.27%	33	42.86%	4	5.19%	77
Granville	114	23.12%	121	24.54%	239	48.48%	19	3.85%	493
Greene	42	21.32%	51	25.89%	104	52.79%	0	0.00%	197
Guilford	1,122	21.59%	1,443	27.77%	2,495	48.01%	137	2.64%	5,197
Halifax	109	25.17%	101	23.33%	221	51.04%	2	0.46%	433
Harnett	333	20.42%	464	28.45%	791	48.50%	43	2.64%	1,631
Haywood	77	17.62%	110	25.17%	232	53.09%	18	4.12%	437

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Statewide Total	20,519	20.03%	28,815	28.13%	50,000	48.81%	3,108	3.03%	102,442
Henderson	174	19.48%	272	30.46%	417	46.70%	30	3.36%	893
Hertford	46	28.40%	42	25.93%	74	45.68%	0	0.00%	162
Hoke	159	21.46%	225	30.36%	351	47.37%	6	0.81%	741
Hyde	8	23.53%	9	26.47%	17	50.00%	0	0.00%	34
Iredell	312	18.84%	506	30.56%	827	49.94%	11	0.66%	1,656
Jackson	63	18.42%	116	33.92%	158	46.20%	5	1.46%	342
Johnston	388	17.35%	632	28.26%	1,182	52.86%	34	1.52%	2,236
Jones	19	23.17%	21	25.61%	41	50.00%	1	1.22%	82
Lee	131	20.18%	174	26.81%	282	43.45%	62	9.55%	649
Lenoir	112	21.83%	149	29.04%	252	49.12%	0	0.00%	513
Lincoln	144	18.85%	217	28.40%	399	52.23%	4	0.52%	764
McDowell	83	23.18%	110	30.73%	164	45.81%	1	0.28%	358
Macon	56	20.51%	67	24.54%	133	48.72%	17	6.23%	273
Madison	31	19.75%	51	32.48%	70	44.59%	5	3.18%	157
Martin	44	23.04%	45	23.56%	102	53.40%	0	0.00%	191
Mecklenburg	2,249	18.21%	3,763	30.46%	6,179	50.02%	162	1.31%	12,353
Mitchell	30	27.52%	33	30.28%	44	40.37%	2	1.83%	109
Montgomery	57	23.75%	67	27.92%	114	47.50%	2	0.83%	240
Moore	184	18.24%	315	31.22%	503	49.85%	7	0.69%	1,009
Nash	220	23.26%	247	26.11%	468	49.47%	11	1.16%	946
New Hanover	323	17.30%	570	30.53%	956	51.21%	18	0.96%	1,867
Northampton	42	30.43%	26	18.84%	70	50.72%	0	0.00%	138

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Statewide Total	20,519	20.03%	28,815	28.13%	50,000	48.81%	3,108	3.03%	102,442
Onslow	633	18.84%	958	28.52%	1,759	52.37%	9	0.27%	3,359
Orange	161	15.65%	293	28.47%	462	44.90%	113	10.98%	1,029
Pamlico	17	25.37%	11	16.42%	39	58.21%	0	0.00%	67
Pasquotank	91	22.52%	134	33.17%	178	44.06%	1	0.25%	404
Pender	105	19.63%	152	28.41%	273	51.03%	5	0.93%	535
Perquimans	22	20.95%	31	29.52%	51	48.57%	1	0.95%	105
Person	79	21.07%	74	19.73%	198	52.80%	24	6.40%	375
Pitt	358	21.03%	494	29.02%	837	49.18%	13	0.76%	1,702
Polk	35	23.49%	44	29.53%	69	46.31%	1	0.67%	149
Randolph	244	18.21%	349	26.04%	680	50.75%	67	5.00%	1,340
Richmond	139	29.76%	109	23.34%	212	45.40%	7	1.50%	467
Robeson	315	21.40%	323	21.94%	538	36.55%	296	20.11%	1,472
Rockingham	175	22.67%	219	28.37%	370	47.93%	8	1.04%	772
Rowan	307	23.60%	371	28.52%	615	47.27%	8	0.61%	1,301
Rutherford	133	22.24%	161	26.92%	288	48.16%	16	2.68%	598
Sampson	150	24.39%	162	26.34%	297	48.29%	6	0.98%	615
Scotland	64	17.11%	97	25.94%	210	56.15%	3	0.80%	374
Stanly	120	20.41%	172	29.25%	294	50.00%	2	0.34%	588
Stokes	58	17.63%	71	21.58%	171	51.98%	29	8.81%	329
Surry	140	21.02%	171	25.68%	322	48.35%	33	4.95%	666
Swain	29	20.00%	45	31.03%	69	47.59%	2	1.38%	145
Transylvania	39	17.89%	71	32.57%	98	44.95%	10	4.59%	218

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Statewide Total	20,519	20.03%	28,815	28.13%	50,000	48.81%	3,108	3.03%	102,442
Tyrrell	7	25.93%	3	11.11%	16	59.26%	1	3.70%	27
Union	379	18.86%	608	30.25%	1,014	50.45%	9	0.45%	2,010
Vance	133	27.54%	120	24.84%	217	44.93%	13	2.69%	483
Wake	1,970	17.51%	3,337	29.67%	5,343	47.50%	598	5.32%	11,248
Warren	34	27.64%	27	21.95%	61	49.59%	1	0.81%	123
Washington	36	36.36%	22	22.22%	41	41.41%	0	0.00%	99
Watauga	56	19.72%	82	28.87%	145	51.06%	1	0.35%	284
Wayne	314	22.77%	394	28.57%	664	48.15%	7	0.51%	1,379
Wilkes	128	22.57%	144	25.40%	283	49.91%	12	2.12%	567
Wilson	192	23.62%	216	26.57%	397	48.83%	8	0.98%	813
Yadkin	57	17.98%	87	27.44%	153	48.26%	20	6.31%	317
Yancey	25	16.45%	45	29.61%	71	46.71%	11	7.24%	152

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