

FY 2025-26 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **pregnata women on WIC*** with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)*).

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women on WIC Giving Births during CY2023
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	8,781	22.99%	9,822	25.71%	18,753	49.09%	845	2.21%	38,201
Alamance	166	22.13%	174	23.20%	358	47.73%	52	6.93%	750
Alexander	22	17.74%	32	25.81%	69	55.65%	1	0.81%	124
Alleghany	9	20.93%	15	34.88%	19	44.19%	0	0.00%	43
Anson	29	24.17%	41	34.17%	50	41.67%	0	0.00%	120
Ashe	17	20.73%	23	28.05%	42	51.22%	0	0.00%	82
Avery	10	18.52%	20	37.04%	24	44.44%	0	0.00%	54
Beaufort	55	28.95%	35	18.42%	98	51.58%	2	1.05%	190
Bertie	16	24.24%	17	25.76%	31	46.97%	2	3.03%	66
Bladen	55	29.89%	42	22.83%	76	41.30%	11	5.98%	184
Brunswick	105	22.93%	121	26.42%	232	50.66%	0	0.00%	458
Buncombe	133	18.29%	209	28.75%	384	52.82%	1	0.14%	727
Burke	99	29.12%	100	29.41%	141	41.47%	0	0.00%	340
Cabarrus	150	23.77%	167	26.47%	305	48.34%	9	1.43%	631
Caldwell	82	23.16%	100	28.25%	172	48.59%	0	0.00%	354
Camden	6	31.58%	3	15.79%	9	47.37%	1	5.26%	19
Carteret	52	29.71%	36	20.57%	87	49.71%	0	0.00%	175
Caswell	21	22.34%	21	22.34%	45	47.87%	7	7.45%	94
Catawba	142	22.94%	161	26.01%	316	51.05%	0	0.00%	619
Chatham	35	16.75%	54	25.84%	107	51.20%	13	6.22%	209
Cherokee	12	15.19%	16	20.25%	48	60.76%	3	3.80%	79

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Statewide Total	8,781	22.99%	9,822	25.71%	18,753	49.09%	845	2.21%	38,201
Chowan	15	34.88%	9	20.93%	19	44.19%	0	0.00%	43
Clay	3	8.57%	11	31.43%	20	57.14%	1	2.86%	35
Cleveland	115	22.91%	140	27.89%	244	48.61%	3	0.60%	502
Columbus	91	34.73%	56	21.37%	115	43.89%	0	0.00%	262
Craven	108	22.22%	138	28.40%	238	48.97%	2	0.41%	486
Cumberland	397	23.14%	410	23.89%	902	52.56%	7	0.41%	1,716
Currituck	13	26.00%	14	28.00%	23	46.00%	0	0.00%	50
Dare	14	20.00%	20	28.57%	36	51.43%	0	0.00%	70
Davidson	166	24.34%	162	23.75%	352	51.61%	2	0.29%	682
Davie	24	24.00%	30	30.00%	46	46.00%	0	0.00%	100
Duplin	108	28.13%	109	28.39%	164	42.71%	3	0.78%	384
Durham	305	26.11%	292	25.00%	436	37.33%	135	11.56%	1,168
Edgecombe	68	26.15%	75	28.85%	114	43.85%	3	1.15%	260
Forsyth	344	22.78%	387	25.63%	756	50.07%	23	1.52%	1,510
Franklin	42	21.00%	57	28.50%	91	45.50%	10	5.00%	200
Gaston	165	20.83%	208	26.26%	390	49.24%	29	3.66%	792
Gates	9	36.00%	8	32.00%	8	32.00%	0	0.00%	25
Graham	10	23.26%	11	25.58%	20	46.51%	2	4.65%	43
Granville	51	27.87%	48	26.23%	73	39.89%	11	6.01%	183
Greene	19	23.75%	22	27.50%	38	47.50%	1	1.25%	80

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Statewide Total	8,781	22.99%	9,822	25.71%	18,753	49.09%	845	2.21%	38,201
Guilford	443	20.87%	525	24.73%	1,048	49.36%	107	5.04%	2,123
Halifax	88	35.34%	52	20.88%	108	43.37%	1	0.40%	249
Harnett	118	20.74%	147	25.83%	292	51.32%	12	2.11%	569
Haywood	26	15.12%	47	27.33%	98	56.98%	1	0.58%	172
Henderson	74	24.34%	85	27.96%	145	47.70%	0	0.00%	304
Hertford	23	23.00%	27	27.00%	48	48.00%	2	2.00%	100
Hoke	83	30.07%	64	23.19%	128	46.38%	1	0.36%	276
Hyde	3	16.67%	6	33.33%	9	50.00%	0	0.00%	18
Iredell	97	20.29%	134	28.03%	244	51.05%	3	0.63%	478
Jackson	29	18.83%	40	25.97%	85	55.19%	0	0.00%	154
Johnston	148	18.55%	173	21.68%	466	58.40%	11	1.38%	798
Jones	6	14.63%	17	41.46%	17	41.46%	1	2.44%	41
Lee	69	22.04%	82	26.20%	150	47.92%	12	3.83%	313
Lenoir	87	29.00%	85	28.33%	127	42.33%	1	0.33%	300
Lincoln	45	19.31%	59	25.32%	129	55.36%	0	0.00%	233
McDowell	31	19.50%	50	31.45%	78	49.06%	0	0.00%	159
Macon	27	17.88%	46	30.46%	78	51.66%	0	0.00%	151
Madison	11	15.71%	19	27.14%	40	57.14%	0	0.00%	70
Martin	29	28.43%	24	23.53%	47	46.08%	2	1.96%	102
Mecklenburg	807	21.35%	1,023	27.07%	1,917	50.73%	32	0.85%	3,779

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Statewide Total	8,781	22.99%	9,822	25.71%	18,753	49.09%	845	2.21%	38,201
Mitchell	5	12.20%	13	31.71%	23	56.10%	0	0.00%	41
Montgomery	48	34.29%	32	22.86%	59	42.14%	1	0.71%	140
Moore	54	21.95%	58	23.58%	129	52.44%	5	2.03%	246
Nash	93	22.41%	105	25.30%	213	51.33%	4	0.96%	415
New Hanover	147	23.52%	155	24.80%	317	50.72%	6	0.96%	625
Northampton	25	35.71%	21	30.00%	24	34.29%	0	0.00%	70
Onslow	218	20.09%	305	28.11%	561	51.71%	1	0.09%	1,085
Orange	63	21.58%	69	23.63%	131	44.86%	29	9.93%	292
Pamlico	10	21.28%	12	25.53%	25	53.19%	0	0.00%	47
Pasquotank	34	21.94%	35	22.58%	86	55.48%	0	0.00%	155
Pender	38	20.11%	57	30.16%	91	48.15%	3	1.59%	189
Perquimans	13	32.50%	10	25.00%	17	42.50%	0	0.00%	40
Person	33	21.57%	29	18.95%	84	54.90%	7	4.58%	153
Pitt	178	23.58%	171	22.65%	399	52.85%	7	0.93%	755
Polk	8	21.05%	10	26.32%	20	52.63%	0	0.00%	38
Randolph	123	19.74%	167	26.81%	310	49.76%	23	3.69%	623
Richmond	113	33.93%	80	24.02%	132	39.64%	8	2.40%	333
Robeson	214	27.33%	200	25.54%	332	42.40%	37	4.73%	783
Rockingham	93	23.91%	72	18.51%	218	56.04%	6	1.54%	389
Rowan	123	23.79%	139	26.89%	252	48.74%	3	0.58%	517

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Statewide Total	8,781	22.99%	9,822	25.71%	18,753	49.09%	845	2.21%	38,201
Rutherford	56	22.58%	91	36.69%	101	40.73%	0	0.00%	248
Sampson	98	23.90%	104	25.37%	200	48.78%	8	1.95%	410
Scotland	65	31.86%	42	20.59%	96	47.06%	1	0.49%	204
Stanly	63	22.83%	78	28.26%	135	48.91%	0	0.00%	276
Stokes	21	18.10%	29	25.00%	65	56.03%	1	0.86%	116
Surry	73	26.55%	69	25.09%	132	48.00%	1	0.36%	275
Swain	7	11.11%	16	25.40%	40	63.49%	0	0.00%	63
Transylvania	8	10.53%	22	28.95%	45	59.21%	1	1.32%	76
Tyrrell	8	38.10%	7	33.33%	6	28.57%	0	0.00%	21
Union	142	25.68%	162	29.29%	248	44.85%	1	0.18%	553
Vance	63	22.99%	57	20.80%	139	50.73%	15	5.47%	274
Wake	542	20.73%	643	24.60%	1,284	49.12%	145	5.55%	2,614
Warren	23	27.06%	12	14.12%	47	55.29%	3	3.53%	85
Washington	15	26.32%	12	21.05%	30	52.63%	0	0.00%	57
Watauga	18	23.38%	19	24.68%	40	51.95%	0	0.00%	77
Wayne	207	25.88%	223	27.88%	368	46.00%	2	0.25%	800
Wilkes	64	25.10%	65	25.49%	124	48.63%	2	0.78%	255
Wilson	98	25.59%	88	22.98%	193	50.39%	4	1.04%	383
Yadkin	38	29.69%	28	21.88%	62	48.44%	0	0.00%	128
Yancey	12	23.08%	16	30.77%	23	44.23%	1	1.92%	52

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