

# All Ages, All Stages NC

A Roadmap for Aging and Living Well

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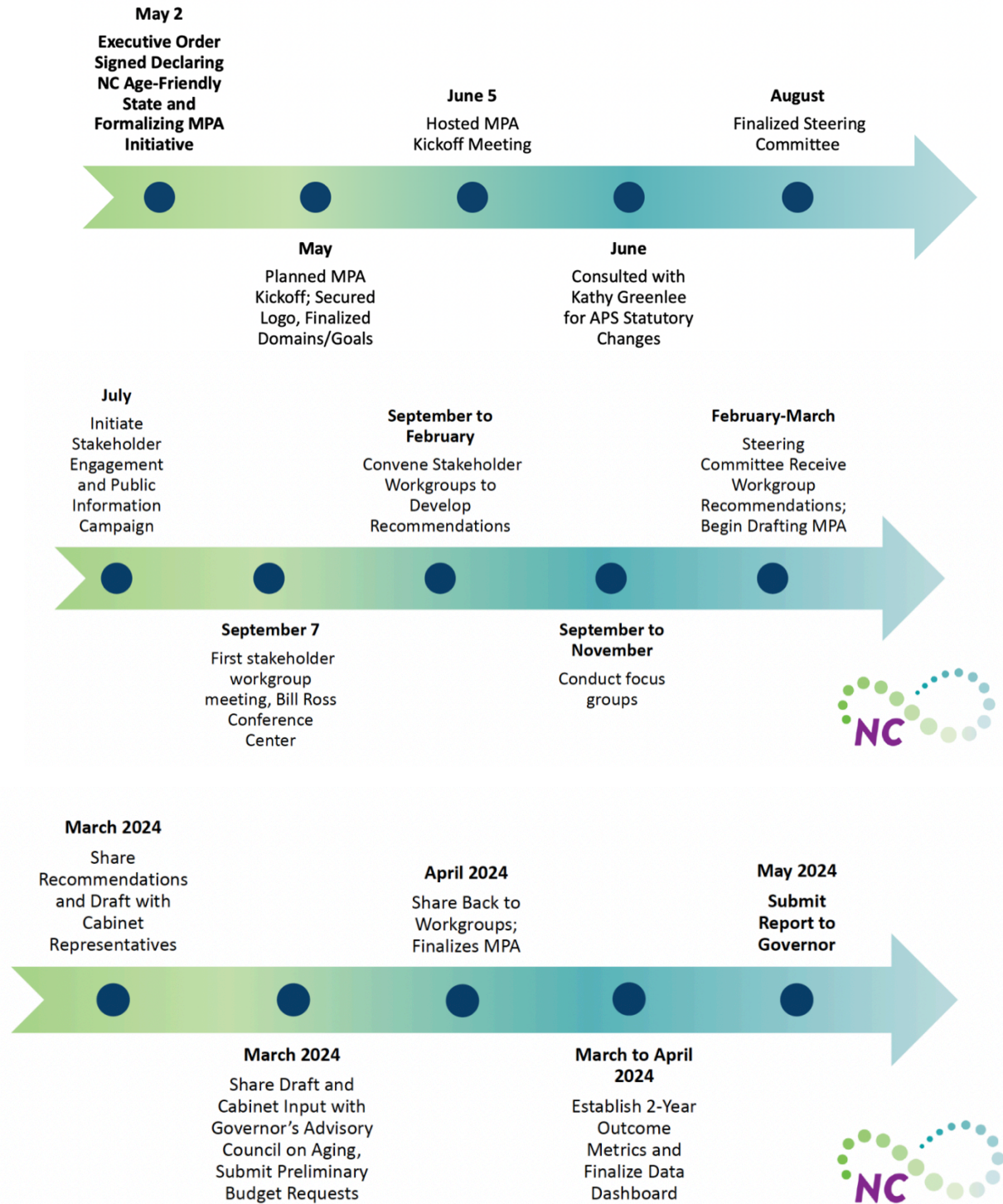


A Roadmap for Aging and Living Well



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North Carolinians will have the means to effectively plan for their later stages of life, ensuring sufficient and sustainable financial provisions, fostering avenues for personal growth and advancement, and actively contributing their knowledge and expertise to the betterment of their communities.

The Affording Aging workgroup addresses financial planning, personal growth opportunities, and community engagement for aging individuals.

**Possible focus areas:**



- **Inclusion and Equity**: Focusing on ensuring equal opportunities, access, and representation for aging individuals from diverse backgrounds and marginalized communities.
- **Financial Preparation**: Emphasizing retirement planning, saving options, and income assistance programs to support financial stability during the aging process.
- **Workforce Opportunities**: Addressing both paid and unpaid work options for older adults, including employment retraining programs, flexible work arrangements, and promoting age-friendly workplaces.
- **Lifelong Learning**: Promoting educational resources and lifelong learning initiatives that enable continuous personal and professional development for aging individuals.
- **Intergenerational Engagement**: Encouraging volunteerism, engagement opportunities, and collaboration between different generations to foster social connections, mutual support, and knowledge-sharing.
- **Leadership Development**: Supporting the development of leadership skills among older adults, enabling them to contribute actively in decision-making processes and take on leadership roles in various spheres of society.
- **Sustainability of Public Services**: Addressing the sustainability of the service expansion and innovations made possible during the pandemic and recovery period via temporary federal American Rescue Plan Act funding.

## **Affording Aging: Guide to Existing Efforts & Recommendations**

This guide will highlight essential recommendations and goals drawn from current initiatives that align with the Affording Aging domain of the All Ages, All Stages NC Multisector Plan for Aging (MPA) Initiative. These recommendations/goals have been categorized into potential focus areas, providing a clear and concise overview of the key strategies for addressing the challenges and opportunities within this domain.

### **Inclusion and Equity:**

- [DHHS Strategic Plan](#)\*: Build an innovative, whole person— physical, mental, and social health.
- DHHS Strategic Plan: Advance health equity by reducing disparities for historically marginalized populations.
- DHHS Strategic Plan: Support disabled and older adults in leading safe, healthy, and fulfilling lives.
- [Olmstead Plan](#): System Strengths, Gaps, and Challenges in Supporting Individuals with Disabilities.
- [State Housing Plan](#): Increase the supply of affordable and accessible housing.
- NCIOM Recommendation 2: Ensure safe and affordable housing for older adults: Summit, use of HCCBG Funds, and home modification programs.
- 2022 GAC Report: Strengthen and expand options for older people in need of care.

### **Financial Preparation:**

- NCIOM Recommendation 1. Help older adults retain more financial and material resources to support healthy aging/pre-retirement education and paycheck deductions for retirement.

### **Workforce Opportunities:**

- Olmstead Plan: transition to employment.
- STHL Priorities: Strengthen long-term care staffing standards.
- NCIOM: Recommendation 9 - Ensure an Adequate Aging Services Workforce for the Future.
- 2022 GAC Report: Increase funding for Home and Community Care Block Grant provider agencies.
- STHL Priorities: Allocate an additional \$1.5M in recurring funds for 11 additional long-term care ombudsmen.
- STHL Priorities: Allocate an additional \$8M in recurring funds for Adult Protective Services (APS) to address staff shortages.
- 2022 GAC Report: Increase funding for Adult Protective Services (APS) staff.

**Intergenerational Engagement:**

- DHHS Strategic Plan\*: Build an innovative, whole person— physical, mental, and social health.

**Sustainability Planning/Other:**

- STHL Priorities: Allocate an additional \$8M in recurring funds for the Home and Community Care Block Grant.
- STHL Priorities: Increase the Senior Center General Purpose appropriation by \$1,265,316 in recurring funds.
- NCIOM Recommendation 6 - Strengthen Existing Programs and Services: Senior Centers, increase funding, increase access to All-Inclusive Care (PACE), conduct further research to increase access, strengthen Adult Protective Services.
- 2022 GAC Report: Integrate health and human services organizations in a value-based payment system.



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

**NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES (NC DHHS)**

**All Ages, All Stages NC (MPA)**

**Optimizing Health and Well-Being**

**Stakeholder Workgroup Charter**

***September 7, 2023***

**Purpose:**

The purpose of the Multisector Plan for Aging (MPA) is to provide a blueprint for state government, local government, private sector, and philanthropy to implement strategies and partnerships that promote aging with optimal health, choice, and dignity, and build an age-friendly State for all North Carolinians. The purpose of the stakeholder workgroups (SW) is to contribute expertise and insights, sharing perspectives on aging and disabilities.

**Objectives:**

The objectives of the stakeholder workgroups are:

- **To understand existing related initiatives and recommendations.**
- **To provide expertise and input regarding what is needed to advance the overall goals of the domain they represent.**
- **To develop recommendations relevant to their workgroup's focus areas.**

**Membership:**

Membership reflects a broad array of stakeholders and professionals with an interest and expertise. The MPA SW is facilitated by the two co-leads and champion(s) from the steering committee.

**Guiding Principles:**

1. **Diversity, Equity, and Inclusion**: The work of the MPA will be guided by principles of diversity, equity, and inclusion. The development of goals and strategies within the plan will be shaped by these principles. Additionally, equity considerations will be integrated into the evaluation efforts, ensuring that the impact of the plan is assessed across diverse populations.
2. **Collaboration and Openness**: SW meetings will foster a collegial and open environment that promotes collaboration. All members of the SW will be encouraged to express their diverse and innovative points of view. The value of knowledge and expertise from every team member will be acknowledged and respected, creating an inclusive space for contributions.
3. **Transparency and Open Communication**: SW meetings will prioritize transparency by promoting open communication among all participants. Information sharing, updates, and discussions will be conducted in a transparent manner, ensuring that all relevant stakeholders have access to the necessary information and are engaged in the decision-making process.
4. **Person-Centered, Data-Driven Approach**: SW meetings will adopt a person-centered, data-driven approach, aligning with the values of the Administration and reflecting the principles of the NC DHHS. Decision-making will be guided by reliable data and evidence, ensuring that actions are based on accurate information and assessment.

## Operating Principles:

1. **Frequency of SW Meetings**: The SW convene twice a month between September 2023 and February 2024. The specific dates and times will be determined in advance and communicated to all SW members.
2. **Meeting Agendas**: The co-leads and champions will work together with a project staff in preparing and distributing meeting agendas for each SW meeting. The agendas will be shared with SW members at least 3 days prior to the scheduled meeting. SW members are encouraged to suggest agenda items to ensure all relevant topics are addressed.
3. **Meeting Facilitation**: Each SW meeting will be facilitated by co-leads, with support from a champion. Subject matter experts and cabinet agency representatives may be consulted or invited to attend the meeting as needed, based on the agenda items to provide additional insights or guidance.
4. **Meeting Minutes**: Minutes for each SW meeting will be prepared and distributed within 3 days after the meeting by the assigned project staff, in collaboration with the co-leads and champions. The minutes will include a summary of decisions made, accomplishments achieved, agreed-upon actions, and any issues tabled for future discussion.

## SW Member Responsibilities:

1. **Meeting Attendance**: SW members are expected to prioritize meeting attendance.
2. **Active Participation**: SW members are encouraged to engage actively in meetings by contributing to discussions, sharing their perspectives, and providing input on relevant topics. Active participation ensures a diverse range of viewpoints and promotes effective decision-making.
3. **Review and Feedback**: SW members are responsible for reviewing materials provided before and during SW meetings. These materials may include agendas, reports, documents, proposals, or other relevant information. Members should take the time to review these materials and provide feedback as needed.
4. **Consistent Presentation Materials**: SC members are expected to maintain consistent messaging when providing outreach or sharing information to the public to foster professionalism and clarity in communication. Materials presented should maintain a standardized format. Members can obtain materials from the Project Manager to use for all formal presentations, reports, and documents.
5. **Travel Accommodations**: If travel is necessary for SW meetings or related activities, SW members are responsible for arranging their own accommodations and covering related costs.