



SAVE THE DATE

Oct 7, 2023 is Ageism Awareness Day

Join the NC Department of Health and Human Services and the Division of Aging and Adult Services, and others across North Carolina on **October 5 at 10 a.m.** and help bring attention to the existence and impact of ageism in our society. Learn how we can reframe aging in our communities. To learn more, **click here**.

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THURSDAY, OCTOBER 5, 2023
Starts at 10:00 A.M.

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[CLICK HERE TO JOIN US ON ZOOM](#)

#TALKABOUTAGEISM #AGEISMAWARENESSDAY