

Side by Side with DMH/DD/SUS

Improving our system together.

Kelly Crosbie, MSW, LCSW Director

NC DHHS Division of Mental Health,
Developmental Disabilities, and Substance Use Services

August 5, 2024



Housekeeping

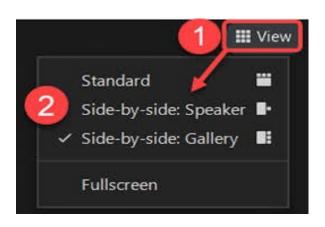
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- Please make sure you are using a computer or smart phone connected to the internet, and the audio function is on, and the volume is turned up.
- Please make sure your microphone is muted for the duration of the call unless you are speaking or asking questions.
- Questions can be submitted any time during the presentation using the "Q&A" box located on your control panel, and we will answer as many questions as time allows after the presentation.



Housekeeping





- American Sign Language (ASL) Interpreters and Closed-Captioning
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 - For closed-captioning options select the "Closed Caption" feature located on your control panel.

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Habrá intérpretes de ASL y opciones de subtítulos disponibles para el evento de hoy. Para opciones de subtítulos, seleccione la función "Subtítulos" ubicada en su panel de control.

- Adjusting Video Layout and Screen View
- Select the "View" feature located in the top-right hand corner of your screen.

Agenda

- 1. Introductions
- 2. MH/SU/IDD/TBI System Announcements & Updates
- 3. Behavioral Health Workforce Overview
- 4. Peer Workforce
- 5. Direct Support Professional Workforce
- 6. Licensed Professionals Panel Discussion
- 7. Q&A

Kelly Crosbie, MSW, LCSW, DMHDDSUS Director



- 30 years in MH/SU/IDD Field
- 13 years in DHHS
- DMHDDSUS since Dec 2022
- Licensed Clinical Social Worker (LCSW)
- Person with lived experience

DMHDDSUS Guest Speakers

Ann Marie Webb

Peer Support Program Manager, DMHDDSUS



- 14 years in MH/SU/IDD/Justice field
- 1.5 years at NCDHHS
- DMHDDSUS since 2022
- Person with lived experience

Tina Barrett, MA, LPA, HSP-PA

Intellectual and Developmental Disability Team Lead, IDD, TBI & Olmstead Section, DMHDDSUS

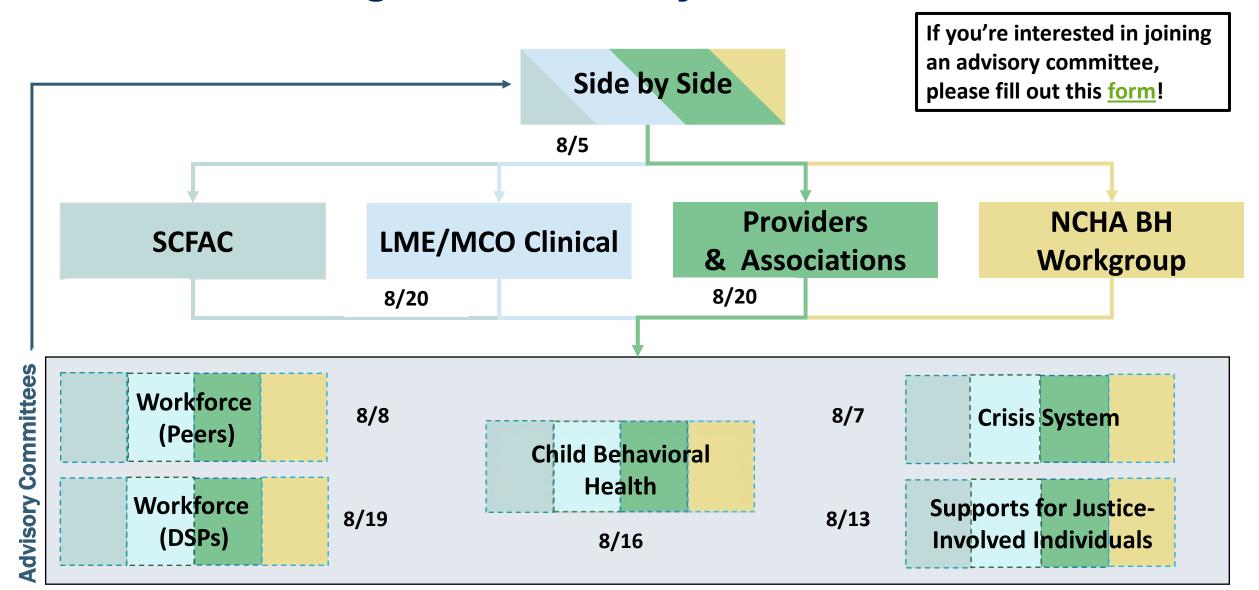


- MA in Psychology
- Licensed Psychological Associate
- More than 30 years of experience providing clinical & administrative services to people with IDD
- DMHDDSUS since 2023

MH/SU/IDD/TBI System Announcements & Updates



August Community Collaboration



OVERDOSE AWARENESS WEEK



Overdose Awareness Day is August 31st

- We recognize and mourn with the families and friends of those who have lost loved ones to overdose.¹
- A time to get familiar with the signs of overdose.²
- Recent statistics:
 - Rising Numbers: In 2021, North Carolina witnessed its highest number of overdose deaths on record, with 4,041 individuals losing their lives—a 22% increase from the previous year.³
 - Fentanyl's Impact: The surge in overdose deaths has been significantly driven by fentanyl, which was involved in over 77% of all overdose deaths in our state in 2021.⁴
 - Daily Tragedies: On average, nine North
 Carolinians died each day from drug overdoses in
 2020, reflecting a 40% increase from the
 previous year.⁵

DMHDDSUS visited Green Tree Peer Center on July 31!



930 South Broad Street Winston Salem, NC

https://www.greentreepeersupport.org/

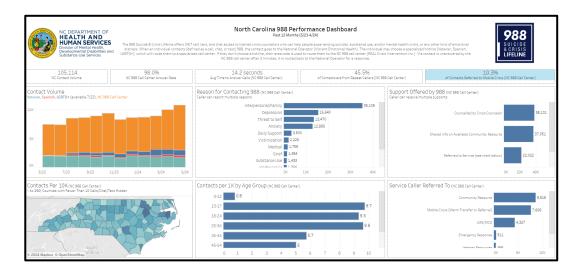




DMHDDSUS visited the 988 Center in honor of the 2-Year Anniversary!

- Nearly 190,000 callers since July 2022!
- Average time to answer calls is 14.2 seconds compared to national average of 33 seconds
- 98% NC 988 call center answer rate compared to 90% national average





You can access the 988 <u>dashboard</u> on the DMHDDSUS website and the <u>press release</u> on the DHHS website.

Order Free Mental and Behavioral Health Materials For The 2024-2025 School Year Now

NCDHHS has free bilingual educational print materials from <u>988</u> and <u>Open to Care</u> for non-profits, houses of worship, community organizations, NC schools and state and local governments to distribute in their communities.

- Sign up today for these flyers, stickers, bookmarks and magnets for the 2024-2025 school year.
- Order materials by August 30, 2024 Materials will be shipped directly to you

To order your materials, please fill out this form:

https://share.hsforms.com/1xssMZoOYRFmeWHeyqYJ7ZQ5bzii

















DMHDDSUS received an "honorary ball" at the Durham Bulls

Game!

Inclusion Works Advisory Committee Announcement

The Inclusion Works Advisory Committee (formerly Work Together NC Employment Advisory Committee) is changing its name to reflect the commitment to the Inclusion Works Initiative.

Committee Member Responsibilities:



Provide feedback on the development of a new Strategic Plan for Competitive Integrated Employment in NC



Review materials and approach for Employment Assessments and Informed Choice Process



Build a communication strategy to share Inclusion Works updates with target audiences

If you're interested in getting involved:

- Meeting 3rd Tuesday of the month, from 11:00 12:00
- To sign up, complete the form here!

Meeting Owner

NCDHHS

Co-Facilitators

Work Together NC

Participants

- Individuals with Lived Experience
- Employment Service Providers
- LMEs
- Community Advocates
- Supported Employment Professionals
- EIPD Program Specialists

Inclusion Works CIE Incentives Program

WEBINAR

DATE/TIME: **TUES. AUG. 13 11:00 A.M. – 12:00 P.M.**

Join NCDHHS for an overview of a new **Competitive Integrated Employment** (CIE) Incentive Program as part of Inclusion Works.

Providers of Adult Day Vocational Programs (ADVPs)/ Long Term

Community Supports (LTCS) with members working in non-CIE settings will be eligible to receive payments for individuals who find and maintain a job in a competitive, integrated setting.

The program will run from July 1, 2024 to June 30, 2025.

Register for the webinar





Inclusion Works

LUNCH & LEARN

DATE/TIME: **WED. AUG. 21 12:00 - 1:00 P.M.**

Join us to learn about best practices to support individuals with intellectual and developmental disabilities (I/DD) and Traumatic Brain Injury (TBI) on their path to achieving Competitive Integrated Employment (CIE).

Guest Speaker: Gwen Sherrod, Program Manager, Tailored Care Management, NC Medicaid

Register for the webinar





Request For Funding: Capacity Building for Diversion and Reentry Programs

Date/Time: Thursday, August 29, 2024

9:00-10:00 a.m.

Description: Join DMH/DD/SUS to learn more about an upcoming **funding opportunity** to support capacity building for diversion and reentry programs.

This webinar will explore the rationale and vision for improving the lives of North Carolinians through this initiative and provide details on next steps.

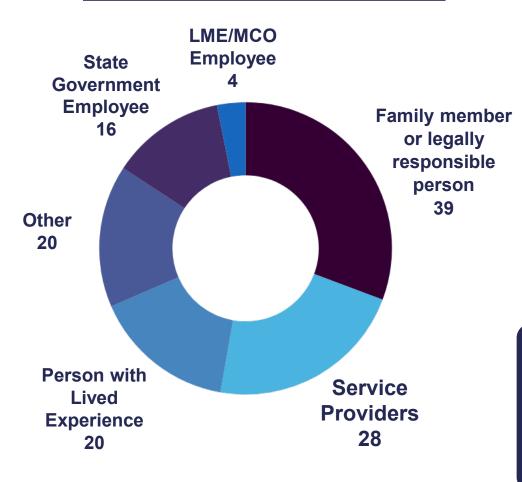


Click **here** to register for the webinar!

Strategic Plan Public Comment

Thank you for the 128 comments submitted on the DMH/DD/SUS Strategic Plan for 2024-2029!

Stakeholder Representation:



Most frequent themes of comments:



Including consumer-directed care in workforce initiatives and grant programs



Reducing ED wait times and improving crisis response times



Increasing wages and benefits for Direct Support Professionals

Next Steps:

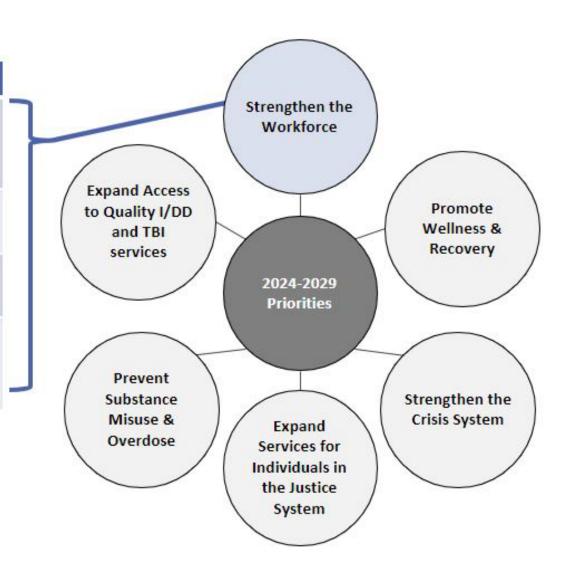
- August: Issue final Strategic Plan, which will include priorities, goals, measures, and initiatives.
- Early Fall: Publish Strategic Plan dashboard

Behavioral Health Workforce Overview

Strengthen the Workforce

Goals to Strengthen the Workforce

- Strengthen the Peer Workforce. Build a well-trained and well-utilized peer workforce whose work leverages lived experience.
- Strengthen the DSP Workforce. Build a well-trained and supported DSP workforce.
- Increase Licensed Providers. Increase the number of licensed providers entering the public workforce.
- Increase Supports for Providers. Increase training and support for unlicensed professionals providing services to people using the public system.



Investments to Strengthen the Behavioral Health & I/DD Workforce











Peer Workforce

Expanding High-Quality Peer Services

- Vision: Robust recovery-based peer infrastructure in each community
- Expanded Recovery/Respite Centers & peer-led services (braiding in MHBG)
- Standardized statewide Peer Designation programs:
 - People with IDD/TBI
 - Older Adults
 - Adults with Justice Experience
 - Youth
 - Family Peers
- Ongoing support for Peers and Providers
 - Peers are better utilized





Implementing Peer Initiatives

DMH/DD/SUS will take a phased approach to implementing initiatives, focusing on developing the foundation for a strong certification in the first year, and then implementing the workforce and funding initiatives in Year 2 and beyond.

Initiative	Implementation Timeline					
Strengthening the Workforce						
Two-Step Certification Curriculum	July 2025					
Certification Course Scholarships	Accepting Applications Now					
Certification Exam	January 2025					
Continuing Education for Specialization & Professional Advancement	Spring/Summer 2025					
Supervision Requirements & Employer Technical Assistance	Fall 2025					
Expanding Access to Peer Supports in Communities Across the State						
Establishing Peer Funding Priorities	Summer 2025					
Updated Medicaid Scope of Coverage & Payment Policies	Beginning phases happening now					
Amplifying Peer Voices						
Engagement Efforts	Ongoing					
Peer Support Leadership Within DMH/DD/SUS	Year 1					

Peer Workforce: Initiatives In Progress

Initiatives

- Standardized Curriculum Committee 16 CPSS from all 3 regions and the Entire State to help create the curriculum first meeting was July 22. Launch date set for July 2025
- Offering scholarships for peers to take current certification courses at no cost
- Update Qualified Professional definition to clarify CPSS can supervise other peers
- Working with all Community Colleges to build new Peer Workforce Preparation Classes such as: Employment Skills 101, Resume Building, Navigating the Healthcare System, and more
- Peer to Peer Mentoring Application to launch in the next two weeks



Peer Workforce: Future Initiatives

Future Initiatives

- Define peer support **designations for additional populations and settings**, including Caregiver, Youth, Justice-Involved, Reentry, Crisis, Forensic, Emergency Departments, LGBTQ+
- Fall 2024 begin meeting with DHHS IDD and TBI providers and Subject Matter Experts to discuss an IDD and TBI curriculum
- Spring 2025 begin meeting with IDD and TBI community
 providers to discuss Peer requirements to build a Peer curriculum
- Development of a Peer Supervisor Training
- UNC-BHS to offer job search supports in partnership with Community Colleges to Peer Workforce Preparation Classes



Direct Support Professional (DSP) Workforce

DSP Workforce Plan

A comprehensive, multi-year strategy to help address the critical shortage of DSPs in North Carolina, enhancing service quality, and availability for individuals with Intellectual/Developmental Disabilities (I/DD).

Key Components:

- 1. Plan Development: Guided by the Behavioral Health Investment Funds from the General Assembly and the Samantha R. Consent Order.
- **2. Focus Areas:** Improved DSP retention, strategic recruitment, and enhanced training programs.
- **3. Stakeholder Engagement:** Incorporates feedback from individuals with disabilities, family members, community partners, and DSPs.



A full copy of the plan can be found on the Inclusion Connect Website: Inclusion Connects | NCDHHS

Engagement with Direct Support Professionals

DMH/DD/SUS is engaging directly with DSPs to inform future investments to improve DSP job quality. In April 2024, DMH/DD/SUS fielded a survey of DSPs to begin to gather feedback on training and job satisfaction.

DSP Survey Results Overview

- The DSP survey had over 1,200 responses.
- Surveyed DSPs were disproportionately people of color, over the age of 50, and had less than a bachelors degree.
- Most respondents have been a DSP for 3+ years.
- 40% of DSPs learned about the role from family or friends.
- 71% of DSPs are interested in additional training.
- 91% of DSPs would recommend the job to someone else.
- DSPs shared that dependent care obligations, other work commitments, and a lack of opportunity prevent DSPs from working more.

Like DSPs nationwide, wages and benefits are the leading factors impacting whether a DSP will stay in their role.

Rank	Options	First choice	• • •	 Last choice
1	Wages			
2	Employee Benefits			
3	Employer Support			
4	Career Advancement			
5	Scheduling Predictability			
6	Training/Skill Development			
7	Recognition			

Sources: <u>IDD State of the Workforce Report</u>, <u>National Core Indicators Staff Stability Article</u>.

DSP Workforce Strategy

The Department is creating a comprehensive, multi-year strategy to address the critical shortage of DSPs in North Carolina, enhancing service quality, and availability for I/DD.

DSP Workforce Activities

Current Focus Areas

- Develop a DSP Workforce Plan outlining specific interventions
- Community College Recruitment and Training Pilot Program:
 - 1. Awareness and Recruitment
 - 2. Core Competency
 - 3. DSP Certificate Program
- DSP Directory Program
- Recruitment and Retention Grants

Target Outcomes

- Increased Community Living Support (CLS) utilization rate*
- Decreased wait time for services due to DSP availability
- Decreased DSP turnover
- Reduced DSP Onboarding time

^{*} An increase in CLS utilization rate is correlated to increased access to DSPs

DSP Workforce: Initiatives In Progress

Initiatives

- **DSP Engagement:** Survey complete with ~1,200 responses, results informed focus groups
- Partnering with NC Community College System: to develop high quality DSP training using the core competencies in statute and Innovation Waiver at no cost to providers or DSPs
- Recruitment & Retention Grants: for both providerled and self-directed individuals based on survey results
- DSP Recruitment Platform: website designed to bring together DSPs and allow job-matching with providers looking to hire



DSP Workforce: Future Initiatives

Future Initiatives

- DSP Advanced Training Development with community college system to create career ladder for DSPs
- Development of DSP credentialing process to professionalize DSPs
- Coordinate with the proposed federal changes which would create a separate occupational class for DSPs



Licensed Professionals Panel Discussion

DMHDDSUS Partnership Overview

- Phase 1: Understand Data Availability, Quality and Gaps for the North Carolina Behavioral Health Workforce
- ❖ Phase 2: Describe the Current State of the Behavioral Health Workforce in North Carolina, and identify behavioral health settings and professions needed to address gaps in the NC Behavioral Health System
- Phase 3: Identify Educational Pathways and Estimate Future Growth of the Behavioral Health Workforce in North Carolina
- Phase 4: Identify Mechanisms to Train, Retain, and Sustain the Behavioral Health Workforce
- ❖ Phase 5: Convene Experts to Use Data to Move toward Actions to Train, Retain, and Sustain the Behavioral Health Workforce



RECRUIT TRAIN RETAIN

SHEPS HEALTH WORKFORCE NC



What do we mean by "Working in the Public MH/SUD/IDD/TBI System?"

- Provide services to Medicaid-eligible or uninsured individuals
- Work at a state operated facility (eg: State Hospital, State Developmental Center)

Guest Panelists



Chassity Clapp

MSW, LCSWA

Behavioral Health Director

RHA Health Services



Ryan Estes
MSW, MBA, LCSW, LCAS, CCS
CCS Chief Operating Officer
Coastal Horizons Center, Inc.



Jenny Gadd

MSW, LCSW

Chief Compliance Officer, Clinical Director
Alberta Professional Services











Daymark Recovery Services, Inc.

Thank You!





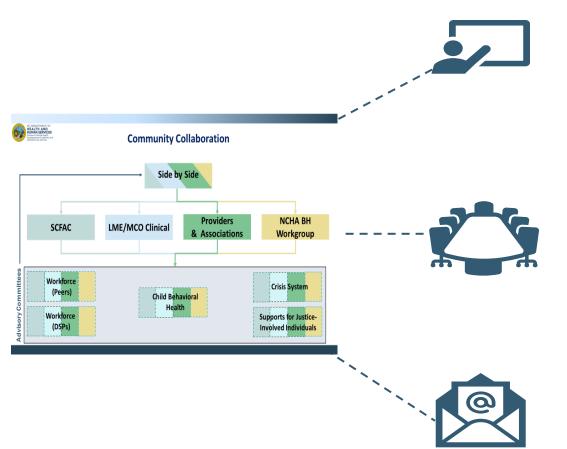
Questions and feedback are welcome at BHIDD.HelpCenter@dhhs.nc.gov.

The recording and presentation slides for this webinar will be posted to the <u>Community</u>
<u>Engagement & Training</u> webpage.

Appendix



Stay Connected with DMHDDSUS



Join our Side by Side Webinars



• Join our Advisory Committees



• Join our Mailing List



Crisis to Care Updates

NCDHHS is investing in behavioral health services that get people the right care, at the right time, in the right setting









