



Division of Mental Health, Developmental Disabilities and Substance Use Services

DMH/DD/SUS Advisory Committee: Peer Support Workforce

August 22, 2024

Guidelines for Engagement

DMHDDSUS is committed to transparency in our work and creating shared spaces to engage in constructive dialogue.

We acknowledge that these topics may be difficult, based on personal experiences and identities, and we honor your willingness to share valuable insight.

- If you have a question, wish to express an idea, or share a concern, please use the raise hand feature or the chat function.
- We ask that you are mindful of time to ensure as many members as possible have a chance to provide input and share their thoughts.
- We may interrupt dialogue to keep the space constructive. One of our staff members will connect you with our DMHDDSUS team for additional conversation offline.

Overview of Today's Topics

Review of last year Topics and Goals:

- Hiring two Peers at DMH/DD/SUS to work on Peer Workforce Initiatives
- Peer Support Scholarship Program
- Standardized Curriculum Committee
- Peer-to-Peer Mentoring App
- DMH/DD/SUS Peer Support Webpage

Future Work for Peer Supports and the Committee:

- RFA for Peer Respite and Living Rooms
- Timeline for Standardized Curriculum
- Designations and Future Trainings
- IDD and TBI Certified Peer Support Curriculum
- Workforce Development Courses in partnership with NC CCS

Hiring Peers at DMH/DD/SUS

Hiring Peer Supports

Hiring two individuals who are Peer Supports

- Fatina Muslimani began working August 12
- Second position will be hired within the next couple of weeks

We are very excited to welcome them to the Team and are excited for you to meet them when they begin working.

Peer Support Scholarship Update

Scholarship Update

DMH/DD/SUS is providing scholarships for Peer Support Certification
Applications Submission via the the UNC-BHS [website](#)

Application Requirements:

- Must be at least one-year into their recovery
- Must complete their additional 20-hours of training prior to applying
- Must have two letters of reference

NCCPSS Approved Course Training Sessions Going on Now..

[Home](#) / [NCCPSS Approved Course Training Sessions Going on Now..](#)

DISCLAIMER (updated 12/2020) - The list below of trainings and trainers is presented as a resource only and in order to register you will need to contact the trainer directly. This list is not intended as a recommendation, referral, or endorsement of any trainers or training. At this time, the Division of Mental Health, Developmental Disabilities and Substance Abuse Services along with Behavioral Health Springboard are responsible solely for approving the course content as was first presented by the course owners. **Course owners are responsible for setting training guidelines (pricing, location, etc.), hiring, and supervising the training processes and their approved trainers as outlined in the [NCCPSS Program Training Policies and Procedures](#), [NCCPSS Program Trainer Policies](#), and [NCCPSS Program Course Owners Code of Ethics](#).** Applicants are encouraged to use their discretion when considering the trainers' services and report any issues with the trainers directly to the course owners as listed on the [Approved Courses](#) page.

[If interested in the approved training Scholarship please start certification application now.](#)

[Only trainings occurring 180 days into the future will display.](#)



Standardized Peer Support Certification Curriculum

Standardized Curriculum Committee

Received **over 200** applications to be on the committee. THANK YOU! To everyone for all the support, time, passion, and amazing responses during the application process.

- 16 individuals were chosen all are Certified Peer Support Specialists in North Carolina
- 4 individuals who work in each region (Eastern, Central, and Western)
- 4 individuals who work throughout the entire State

Current Status of Committee:

- Meeting bi-weekly as a large group with DMHDDSUS and UNC-BHS
- Have their own small group meetings as often as needed
- Assigned online chapters to complete (9 chapters total)

Peer-to-Peer Mentoring App

Connections App

Free Peer-to-Peer Mentoring Application for all North Carolina Certified Peer Support Specialists

- CPSS will be able to talk for free with any other CPSS across the State of North Carolina
- Will have access to resources from across different providers
- Able to access the crisis services through the Connections App
- Referrals to 988 and the Peer Warmline can also be made through the application
- Within the first week had over 200 Peers signup for the application
- Received positive feedback from CPSS during the first week



Welcome to Connections.

A free recovery-focused app with 24/7 peer support, a supportive recovery community, and tools to help you track and celebrate milestones!

Scan to enroll:



Or, text 610-488-2461 with the following information to receive a link for the Connections App download:

Full name, date of birth and provider name

Technical difficulties? Get in touch: onboarding@chess.health

Future Initiatives within DMHDDSUS and the Committee

RFA for Peer Respite and Living Rooms

RFAs for more Peer Living Rooms and Respite

DMHDDSUS is providing funding for Peer Support Services throughout the State:

- Working with Promise Resource Network to open a Respite in Wake County in Winter 2024/2025
- RFA released on August 15, 2024 closing September 20, 2024 for TWO Peer Respite and Living Room Models
 - Total Funding up to \$2,000,000
 - Must be able to provide both a Respite and a Living Room Model
 - Goal is to expand services into each Region

Can be found at this link: [NC DHHS: Mental Health, Developmental Disabilities and Substance Use Services Grant Opportunities](#)

Designation and Future Trainings

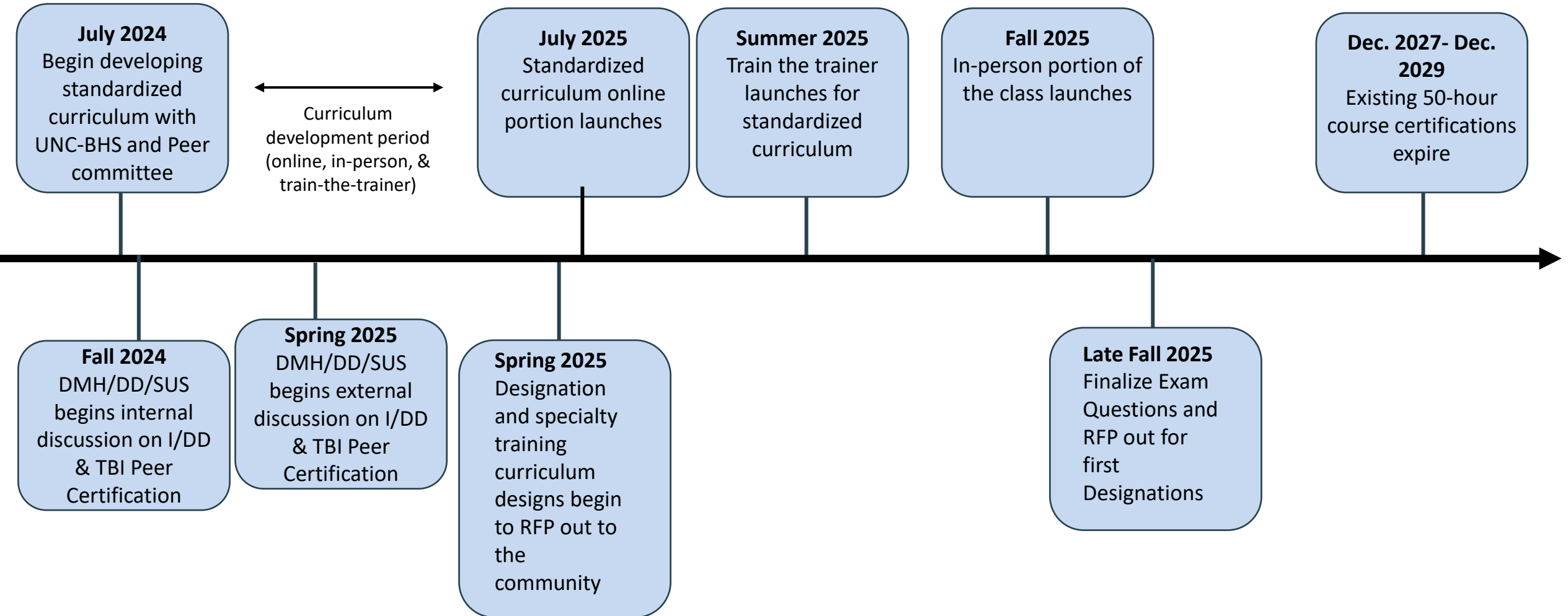
Future Trainings and Designations

Creating designations to provide additional specialized education for Peers to become more effective and better prepared for their jobs.

- Standardized across the State
- Will include:
 - Forensic/Re-entry for youth and adults
 - Crisis
 - Hospital/Emergency Departments
 - LGBTQ+
 - And many more

Standardized Curriculum and Designation Timelines

Timeline for Standardized Curriculum and additional Specialty Trainings



IDD and TBI Curriculum

IDD and TBI Standardized Curriculum

October/November 2024:

- Begin meeting with internal partners
- Discussing needs for IDD & TBI at an internal level
- Discuss external partners to meet with

February/March 2025:

- Begin meeting with external partners and peer mentors to discuss community needs

During this time will also be reviewing other State's curriculums and IDD & TBI billing practices for Peers.

Workforce Development

Furthering in the Developing the Peer Workforce

Partnering with UNC-BHS and the NC CCS to help Peers build general job skills and job matching

Community College Systems will offer classes such as:

- Employment 101
- Resume Building
- Navigating the Health Care System in North Carolina
- And more

UNC-BHS will offer job help:

- Send out job listings to individuals in the region
- Send out job listings to individuals who match the needs of the job
- Potentially contract or hire an individual to help build a job matching program within UNC-BHS

Questions?