

**NCDHHS Division of Aging and Adult Services** announces a 2-part training series aimed at addressing social isolation, loneliness, and elevated suicide risk (SILES) among older adults.

**Part 1: B.E. Training** (3 hours, virtual)

**Part 2: Applied Suicide Intervention Skills Training (ASIST)** (2 days, in-person)

Space is limited and registration is required.

**click on the options below to pre-register**

(Register for one ASIST and one B.E. training. See below.)

Registration ends **Friday, August 4th**.

The **B.E.** **Training** builds skills related to belonging and empathy and complements more intensive interventions (e.g., ASIST). It was developed as part of a federally supported clinical trial to measure the effectiveness of prevention within the aging services network.

**ASIST** is an interactive workshop in suicide first aid which teaches participants to recognize when someone may have thoughts of suicide and how to work with them to create a plan that will support their immediate safety. ASIST helps participants become more willing and able to intervene when someone is at risk of suicide.

**Testimonial Higlighting Impact of the Training**:

*“This training has equipped me to feel comfortable enough to be able to recognize if someone is contemplating suicide, how to talk to them about suicide, create a safe plan for now and to move forward with a focus on quality of life.”*

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| pre-REgistration links | Step 1 Select ASIST DATE |  | Step 2 Select B.E. Training Date |
| [Option # 1](https://forms.office.com/g/qqyCzGGwM6)Kernersville | **ASIST**August 21-22 8:00-5:00 PM  |  | **B.E. Training**August 11, 9-11:30 AMor August 14, 1-3:30 PM |
| [Option # 2](https://forms.office.com/g/bdN1VuNWh1)Wake Forest | **ASIST** August 24-25 8:00-5:00 PM  |  | **B.E. Training**August 16, 9-11:30 AMor August 15, 1-3:30 PM |

***We are committed to creating inclusive and accessible events, fostering full engagement for individuals of all abilities, including those with disabilities. For accommodation requests or inquiries regarding accessibility, please reach out to us at the provided email address. This training program is made possible through funding from the Administration for Community Living, under the CARES Act.***