

Caregiving in the Latino Community



Latino caregivers are likely to be female (74%) and live with children or grandchildren



25% are caring for someone with dementia

Latino elders tend to live with relatives



Almost 10% need help from another person for personal care

40% of working Latino caregivers reported they needed to take a leave of absence, change jobs, cut back hours or stop work entirely to take care of their loved one.



Latinos live longer than non-Latino whites, but their health tends to be worse.

Good News



88% feel fulfilled in their caregiving role

49% are very satisfied with their social life

82% have family who share the caregiving

Facts taken from Evercare. (2008). Hispanic family caregiving in the U.S.: Findings from a national study. Bethesda: National Alliance for Caregiving.



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