Child Menu

Institution Name:

CACFP Agreement Number

Month and Year:

Food Group			Monday	Tuesday	Wednesday	Thursday	Friday
		Date:					
Fluid Milk[1]	Breakfast						
Vegetable /Fruit[2]							
Grains[3]							
Meat/MeatAlternates (Optional substitute for grains ≤3x/week)							
Fluid Milk[1]	Lunch						
Vegetable[2]							
Vegetable /Fruit[2]							
Grains[3]							
Meat/ Meat Alternates							
Fluid Milk[1]	Snack	p.m.					
Vegetable[2]							
Fruit[2]		a.m.					
Grains[3]							
Meat/ Meat Alternates							

Choose Two Food Groups for Snack

[1]**Fluid Milk: 1 year old:** Unflavored whole milk; **2-5 years old:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk; **6 years and older:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk, flavored fat-free (skim) or low-fat (1%) milk. **Breastmilk** may substitute for cow's milk at any age. **Non-dairy beverages** may be served with appropriate documentation.

[2]**Juice**, if served, is pasteurized full-strength (100%) juice.

[3]**WG, WW, and WGR** indicate whole grain-rich foods.

This institution is an equal opportunity provider.

Child Menu

Food Group			Monday	Tuesday	Wednesday	Thursday	Friday
Choose Two Food Groups for Snacks	Fluid Milk[1]	Snack / p.m. / a.m.					
	Vegetable[2]						
	Fruit[2]						
	Grains[3]						
	Meat/ Meat Alternates						
	Fluid Milk[1]	Supper					
	Vegetable[2]						
	Vegetable /Fruit[2]						
	Grains[3]						
	Meat/ Meat Alternates						
Choose Two Food Groups for Snack	Fluid Milk[1]	Late Snack					
	Vegetable[2]						
	Fruit[2]						
	Grains[3]						
	Meat/ Meat Alternates						

Month, Year

CACFP

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