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**ABC Lub Khoos Kas Nthav Qhia txog Kev Cuam Tshuam Pab**

**Daim Foos Kev Tso Tawm**

Lub       (lub npe ntawm lub khoos kas/qhov kev pab) nyob rau ntawm/nrog rau      (lub chaw sawv cev/lub chaw hauj lwm) pab cov niam txiv thiab cov me nyuam los ntawm kev muab kev cuam tshuam pab kev ua leej niam leej txiv uas tsim los txhim kho tus me nyuam txoj kev ruaj ntseg rau kev sib ncawg thiab lub peev xwm ua kom lawv tus kheej nsiab txias. Peb lub luag hauj lwm yog los ua kom ntseeg tau tias qhov kev cob qhia no yog siv tau rau koj thiab rau lwm tus niam txiv.

Koj yuav raug suav nkag rau hauv qhov kev cob qhia hauv Kev Cuam Tshuam Pab Fab Kev Sib Ncawg thiab Kev Soj Qab Tus Cwj Pwm Fab Roj Ntsha (Attachment and Biobehavioral Catch-up, ABC). Peb tab tom thov kom koj muab kev tso cai pom zoo zwm vis dis aus txog cov kev sib tham no cia. Kev zwm vis dis aus yuav zwm tseg siv rau cov hom phiaj hauv qab no:

* Muab kev saib xyuas rau kev cob qhia niam txiv txog kev nqis tes siv qhov kev cuam tshuam pab yam muaj txiaj ntsig zoo.
* Kev zwm vis dis aus yuav zwm tseg siv rau kev ntaus nqi xyuas los pab txiav txim txog qhov ua siv tau hauj lwm zoo ntawm lub khoos kas.

Nyob rau ntawm no, kuv thov muab txoj cai thiab kev tso cai rau:

* Faib qhia cov kev sib tham uas zwm vis dis aus nrog       (lub chaw sawv cev/lub chaw hauj lwm) rau lub hom phiaj kev saib xyuas thiab kev ntaus nqi xyuas lub khoos kas.

Kuv tau nyeem cov ntaub ntawv saum toj no thiab kuv nkag siab txog qhov kev tso tawm no txhij txhua lawm. Tsis tas li xwb, kuv kuj tseem nkag siab tias qhov kev tso tawm no tseem yuav siv tau rau lub sij hawm uas xav tau los ua kom tiav nws lub hom phiaj mus txog ib xyoos los sis yog tias kuv thim qhov kev tso tawm no los ntawm kev ua kom tiav nqe hais txog kev thim rov qab uas nyob hauv qab kawg ntawm daim foos no. Kuv nkag siab ntxiv tias txhua yam kev nqis tes ua raws li qhov kev tso tawm no ua ntej lub hnub tim thim rov qab yog raug cai lij choj thiab tuaj yeem siv tau.

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| Tus Me Nyuam Lub Npe | | | | | MI | Lub Xeem | | | Hnub Yug | | | |  | |
| Niam Txiv/Tus Saib Xyuas Kos Npe: | | | |  | | | Hnub Tim: | | | |  | | |  |
| Chaw Nyob: | |  | | | | | | | | | | |  | |
| Lub Nroog/Lub Lav/Tus Zauv Zip: | | |  | | | | | | | | | |  | |
| Tus Tim Khawv: |  | | | | | | Hnub Tim: | | | |  |  | | |
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| **NQE HAIS TXOG KEV THIM ROV QAB** | | | | |
| Kuv thov kom muab qhov kev tso tawm no thim rov qab, uas yog pib nyob rau | | |  |  |
|  | | | *(Hnub Tim)* |  |
| Niam Txiv/Tus Saib Xyuas Kos Npe: |  | | |  |
| Hnub Tim: |  |  | |  |
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