

# Central Regional Hospital

## Practical Matters for Patients

### What to Bring

- Five days of clothing.
- Up to \$35.00 may be kept in your possession for personal use. Any more than that will be deposited into an account for later use.
- Toiletry items.
- List of all current prescriptions. (Must be the actual script, a list from the pharmacy or the actual medications). Any medications brought in at admission will be sent directly to the pharmacy for safekeeping and returned upon discharge, if appropriate.
- Medicaid and/or Medicare card (or statement of Medicaid application status) if applicable and/or private insurance card.

Do **not** bring any of the following:

- Alcoholic beverages or illegal drugs
- Aerosol cans
- Sharp or dangerous objects, such as knives, razors, lighters, matches or glass
- Corded electronics/cell phone
- Food or drink
- Cameras
- Cigarettes

When you are admitted, you will be asked to change into hospital-provided clothing and your belongings will be searched. After that, you may wear your personal clothes and sleeping garments and use your toiletries, unless otherwise indicated.

Personal electrical items, such as radios and hair dryers, will be safety-checked. If they are found to be unsafe, they will be stored until you are discharged; or you may ask someone in your family to take them home for you.

To reduce potential conflict and confusion, you may not lend, sell, borrow or trade any belongings.

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### **Telephone Calls**

For adults, pay phones are located on each patient care unit. You must pay for your own phone calls; however, you can make collect calls from the pay phones. Please check with your unit's guidelines regarding when to use the pay phones; there are designated times. Please limit your phone calls to 10-15 minutes at a time so that everyone has an opportunity to use the phones.

If you are a minor, ask for permission to use a telephone. You also may ask for help making phone calls.

Telephones in the unit interview rooms may be used for personal calls under certain circumstances. Each unit has its procedure for making personal calls. The Nursing staff on your patient care unit will explain this to you.

### **Identification Pictures and Wristbands**

When you are admitted, your picture will be taken for identification purposes. The pictures are to help staff become familiar with new patients and for safety during treatment. Each patient will also be given a wristband with your name and other identification information. Please keep this wristband on at all times. Staff will refer to it whenever they administer medications or conduct other treatments or procedures. If your wristband is lost or damaged, please let staff know so that we can provide you with another one.