

NC Therapeutic Family Foster Parent Pre-Licensure Training Curriculum

Prior to the beginning of training, Licensing Staff should:

Show parent how to access the self-assessment and have them complete it. It will be referenced in the first session, so it is important that they complete it in preparation for training

Training Structure:

-Training is based on 40 hours - up to 3 hours of which can be self-guided modules.

-Note – Trainings can be done in-person, virtually or hybrid. Post test to be completed after each theme, can be completed electronically, must be provided to the trainer and submitted to the state to Cynthia.ogle@dhhs.nc.gov.

Fidelity forms are filled out by trainer after the delivery of the themes and submitted to the state

Cynthia.ogle@dhhs.nc.gov.

-Instructor facilitated pre-licensure training can be completed in increments of 7, 10, 14, etc. sessions at the agency discretion. All training hours must be completed in the order listed below.

	Module/ Course	Hr s.	NC Regulation
	INTRODUCTION AND WELCOME (NTDC Classroom Based Training)	1.5	
Online Theme	EXPANDING YOUR PARENTING PARADIGM (NTDC "Online Theme")	1	
Online Theme	OVERVIEW OF CHILD WELFARE SYSTEM (NTDC "Online Theme")	1	10A NCAC 70E .1117(1)(a) General orientation to foster care adoption process 10A NCAC 70E .1117(1)(c) Understanding dynamics of foster care
	FOSTER CARE: A MEANS TO SUPPORT FAMILIES (NTDC Classroom Based Training)	1.5	
	MAINTAINING CHILDREN'S CONNECTIONS (NTDC Classroom Based Training) and LIFEBOOKS (agency developed training)	1.5	10A NCAC 70E .1117(1)(h) Working with birth families and maintaining connections 10A NCAC 70E .1117(1)(i) Lifebook preparation
Right-Time Training	FAMILY DYNAMICS	1	10A NCAC 70E .1117(1)(k) Impact of placement on foster/ adoptive families
Right-Time Training	PREPARING FOR AND MANAGING VISITATION –	1	
	REUNIFICATION AS THE PRIMARY PERMANENCY GOAL (NTDC Classroom Based Training)	1.5	10A NCAC 70E .1117(1)(l) Teamwork to achieve permanence
	CHILD DEVELOPMENT (NTDC Classroom Based Training)	1.5	10A NCAC 70E .1117(1)(f) Child and adolescent development
Right-Time Training	MANAGING PLACEMENT TRANSITIONS	1	10A NCAC 70E .1117(1)(j) Planned moves and the impact of disruption
	EFFECTIVE COMMUNICATION (NTDC Classroom Based Training)	1	10A NCAC 70E .1117(1)(b) Communication skills
	PREPARING FOR AND MANAGING INTRUSIVE QUESTIONS (NTDC Classroom Based Training)	1	10A NCAC 70E .1117(1)(n) Confidentiality
Right-Time Training	BUILDING CHILDREN'S RESILIENCE	1	
	SEPERATION, GRIEF AND LOSS (NTDC Classroom Based Training)	2	10A NCAC 70E .1117(1)(d) Separation and loss
	ATTACHMENT (NTDC Classroom Based Training)	2	10A NCAC 70E .1117(1)(e) Attachment and trust
	TRAUMA RELATED BEHAVIOR (NTDC Classroom Based Training)	2	10A NCAC 70E .1117(1)(g) Behavior management

	TRAUMA INFORMED PARENTING (NTDC Classroom Based Training)	2	10A NCAC 70E .1117(1)(p) Trauma informed care
	PARENTING RACIALLY & CULTURALLY DIVERSE FAMILIES (NTDC Classroom Based Training)	1.5	10A NCAC 70E .1117(1)(m) Cultural sensitivity
	IMPACT OF SUBSTANCE USE (NTDC Classroom Based Training)	1.5	
	PARENTING A CHILD WITH A HISTORY OF SEXUAL TRAUMA (NTDC Classroom Based Training)	1.5	
	CREATING STABLE, NURTURING & SAFE HOME ENVIRONMENT (NTDC Classroom Based Training)	2	10A NCAC 70E .1117(1)(o) Health and safety 10A NCAC 70E .1117(1)(q) Reasonable and Prudent Parent Standard
	Additional training listed below for Therapeutic licensing (10 Hours)		
Right-Time Training	SEXUAL DEVELOPMENT AND IDENTITY Must be taught as an instructor facilitated group training session	1.5	
Right Time Training	Sexual Trauma Must be taught as an instructor facilitated group training session	1.5	
Right-Time Training	BUILDING PARENTAL RESILIENCE Must be taught as an instructor facilitated group training session	1.5	
	MENTAL HEALTH CONSIDERATIONS (NTDC Classroom Based Training)	1	
Right-Time Training	RESPONDING TO CHILDREN IN CRISIS Must be taught as an instructor facilitated group training session	1.5	
Right-Time Training	EDUCATION Must be taught as an instructor facilitated group training session	1.5	
Right-Time Training	ACCESSING SERVICES AND SUPPORTS Must be taught as an instructor facilitated group training session	1.5	