

FREE HEALTH INSURANCE

Full Medicaid Coverage Is Available for Most Young Adults Who Aged Out of Foster Care

What is Medicaid?

- Medicaid is health insurance.
- Health Insurance helps pay for the costs of your healthcare. This includes yearly check-ups, sick visits, dental care, vision care, mental health services, and more.
- Many young adults who aged out of foster care qualify for full coverage Medicaid benefits.
- There are multiple types and categories of Medicaid.
- The important thing is to get a type of Medicaid with full coverage.

WHAT DO YOU NEED TO DO TO KEEP YOUR MEDICAID ACTIVE?

- It's important to tell the Medicaid caseworker about your status as an aged out foster youth.. Don't assume the worker has this information available.
- Keep your contact information (phone number, address) up to date with your Medicaid caseworker at the Medicaid office.
- Medicaid sends information by mail informing you of program changes or things you need to do.
- You must connect with the Medicaid office yearly to keep your Medicaid.

For more information:



www.ncped.org/fosteringhealthnc

ENSURING HEALTH FOR YOUNG ADULTS FORMERLY IN FOSTER CARE

*Are you between 18 and 26 years old?

*Did you age out of foster care at the age of 18?

*Did you have Medicaid when you aged out?

If you answered yes to all 3 of these questions, you may still be eligible for Medicaid

WHO COULD YOU CALL FOR HELP?

Your Foster Care, LINKS, or 18 to 21 Social Worker at Department of Social Services

The Child Welfare Department at DSS if your SW is no longer working there

The Case Worker in the Medicaid office at your local/county DSS

NC Medicaid Contact Center
888-245-0179

WHAT YOU COULD SAY WHEN YOU CALL:

"I was in foster care when I turned 18. I think I might qualify for Medicaid insurance."

What else should you know about Medicaid?

- Medicaid coverage for those who aged out of foster care ends when you turn 26
- Prior to your 26th birthday, the Medicaid office should reach out to you to determine if you can get another type of Medicaid. You can also contact them to ask for help before the coverage ends.