

North Carolina Division of Social Services – Child Welfare

Approved Resource Parent Preservice Curriculum

Curriculum	Description	Curriculum Rights
Trauma Informed Partnering for Safety and Permanence: Model Approach to Partnerships in Parenting (TIPS MAPP)	A 10-week preparation and selection program for prospective foster and adoptive parents. Each component of TIPS-MAPP is designed to assist participants to develop essential skills to promote the safety, wellbeing, and permanence. The curriculum is also designed to assess the prospective foster and adoptive parents' willingness and readiness to assume the role. Curriculum is available in Spanish.	Children's Alliance of Kansas <a href="http://www.childally.org">www.childally.org</a>
Deciding Together	A one-on-one version of preparation and selection program. The curriculum was designed for prospective foster and adoptive parents who are unable to attend the TIPS-MAPP training. <b>A trainer must be certified in TIPS-MAPP before being certified to train Deciding Together.</b>	Children's Alliance of Kansas <a href="http://www.childally.org">www.childally.org</a>
Caring For Our Own	A 27-hour support group and training for kinship caregivers to assist with working in partnership with the helping network, the children, and the birth parents of the children. <b>If the kinship provider wants to pursue licensure, an additional 3 hours of training must be completed to meet preservice requirements.</b>	Children's Alliance of Kansas <a href="http://www.childally.org">www.childally.org</a>
Pressley Ridge's Treatment Foster Care Pre-Service Curriculum	A curriculum for prospective therapeutic foster parents. The goals of the training are to enhance knowledge and insight regarding treatment foster care, child development, trauma-informed care, and behavior management techniques. Develop parenting skills to assist in working with youth experiencing behavioral and emotional challenges and improve their ability and commitment to succeed in the role of a therapeutic foster parent. Curriculum is available in Spanish and achieved evidenced-based status from the California Evidence-Based Clearinghouse.	Pressley Ridge <a href="http://www.pressleyridge.org">www.pressleyridge.org</a>
PRIDE Model of Practice (Parent Resources for Information, Development, and Education)	A competency-based model of practice designed to strengthen the quality of family foster care and adoption services by developing and supporting foster and adoptive families. The model is based on protecting and nurturing children (safety outcome), meet, and address the development needs (well-being outcome), support relationships between children and their families (permanency outcome), and work as a member of the professional team which is essential to achieve the other four outcomes. Curriculum is available in Spanish.	Child Welfare League of American (CWLA) <a href="http://www.cwla.org/pride-training/">www.cwla.org/pride-training/</a>
CARE (Children and Residential Experiences: Creating Conditions for Change) for Foster Carers	A trauma informed, evidence-based program model provides a set of evidence informed principles that emphasize building developmental relationships, maintaining trauma sensitive environments, and working effectively with biological families. Provides foster parents a framework for care with clear objectives for daily routines, leisure activities, and foster parent/child interactions. This allows the foster parents to focus on helping the children achieve the competencies necessary to manage life events successfully. Without a clear framework for providing care, there are lost opportunities throughout the day to use normal routines, foster parent/child interactions, and recreational activities to help children achieve developmental and treatment goals. A framework for practice based on a valid theory of how children change, grow, and develop that is consistent with the needs of the children, motivates both children and foster parents to adhere to routines, structures, and minimizes the potential for interpersonal conflict.	Cornell University <a href="http://www.rccp.cornell.edu">www.rccp.cornell.edu</a>

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Becoming a Therapeutic Foster Parent	This curriculum provides the additional 10 hours of pre-service training for therapeutic foster parents. Consists of five-2-hour modules that focuses on the role of a therapeutic foster parent, safe planning, and behavior management techniques.	North Carolina Division of Social Services  <a href="http://www.ncswLearn.org">www.ncswLearn.org</a>
<b>IN SERVICE TRAINING</b>		
Together Facing the Challenge	A therapeutic in-service training to improve practice in treatment foster care. The goal of the curriculum is to assist therapeutic foster parents to build therapeutic relationships, perform and teach cooperation skills, implement effective parenting techniques (communication, set expectations, reinforced positive behavior, avoid power struggles), prepare youth for their future by teaching independent living skills and create a positive home environment, and improve outcomes for youth served in therapeutic settings. Curriculum available in Spanish and achieved evidence-based status on the California Evidence-Based Clearinghouse.	Duke University  <a href="http://www.sites.duke.edu">www.sites.duke.edu</a>
Resource Parent Curriculum	A <b>recommended</b> in-service training for foster, adoptive, and kinship caregivers. The curriculum is designed to educate resource parents on the effects of trauma on the children/youth in their care. The activities are designed for caregivers to apply the concerns learned to a child/youth currently placed in their home. The content is centered around recognizing trauma’s impact, understanding, and providing physical and psychological safety, understanding, and managing difficult behaviors and emotions, respecting, and promoting relationships, developing a strengths-based life story, practicing advocacy, promoting trauma-informed services, and practicing parent self-care. Curriculum available in Spanish.	National Center for Child Traumatic Stress  <a href="http://www.nctsn.org">www.nctsn.org</a>