

FY23 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **pregnata women on WIC*** with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2020
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	7,856	21.54%	9,305	25.52%	18,109	49.66%	1,195	3.28%	36,465
Alamance	147	21.84%	144	21.40%	315	46.81%	67	9.96%	673
Alexander	17	14.91%	30	26.32%	67	58.77%	0	0.00%	114
Alleghany	12	28.57%	6	14.29%	24	57.14%	0	0.00%	42
Anson	37	29.13%	28	22.05%	62	48.82%	0	0.00%	127
Ashe	17	17.35%	39	39.80%	42	42.86%	0	0.00%	98
Avery	9	18.37%	14	28.57%	26	53.06%	0	0.00%	49
Beaufort	50	24.51%	57	27.94%	96	47.06%	1	0.49%	204
Bertie	25	31.65%	17	21.52%	37	46.84%	0	0.00%	79
Bladen	48	29.09%	49	29.70%	58	35.15%	10	6.06%	165
Brunswick	67	18.16%	92	24.93%	209	56.64%	1	0.27%	369
Buncombe	108	16.05%	160	23.77%	329	48.89%	76	11.29%	673
Burke	86	24.78%	103	29.68%	155	44.67%	3	0.86%	347
Cabarrus	127	23.65%	146	27.19%	251	46.74%	13	2.42%	537
Caldwell	57	18.51%	74	24.03%	176	57.14%	1	0.32%	308
Camden	1	4.35%	7	30.43%	15	65.22%	0	0.00%	23
Carteret	30	18.75%	47	29.38%	82	51.25%	1	0.63%	160
Caswell	15	21.43%	20	28.57%	30	42.86%	5	7.14%	70
Catawba	94	17.97%	136	26.00%	293	56.02%	0	0.00%	523
Chatham	29	14.95%	39	20.10%	75	38.66%	51	26.29%	194
Cherokee	17	17.35%	25	25.51%	50	51.02%	6	6.12%	98

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Statewide Total	7,856	21.54%	9,305	25.52%	18,109	49.66%	1,195	3.28%	36,465
Chowan	12	24.00%	21	42.00%	17	34.00%	0	0.00%	50
Clay	13	30.95%	8	19.05%	19	45.24%	2	4.76%	42
Cleveland	97	21.27%	105	23.03%	247	54.17%	7	1.54%	456
Columbus	84	28.67%	71	24.23%	132	45.05%	6	2.05%	293
Craven	134	28.82%	111	23.87%	218	46.88%	2	0.43%	465
Cumberland	408	23.76%	416	24.23%	883	51.43%	10	0.58%	1,717
Currituck	10	17.54%	15	26.32%	31	54.39%	1	1.75%	57
Dare	15	20.00%	20	26.67%	40	53.33%	0	0.00%	75
Davidson	134	20.97%	149	23.32%	346	54.15%	10	1.56%	639
Davie	36	26.87%	34	25.37%	62	46.27%	2	1.49%	134
Duplin	77	23.26%	106	32.02%	145	43.81%	3	0.91%	331
Durham	193	19.46%	251	25.30%	489	49.29%	59	5.95%	992
Edgecombe	65	21.45%	74	24.42%	163	53.80%	1	0.33%	303
Forsyth	287	19.93%	379	26.32%	747	51.88%	27	1.88%	1,440
Franklin	39	18.57%	44	20.95%	106	50.48%	21	10.00%	210
Gaston	127	18.14%	166	23.71%	401	57.29%	6	0.86%	700
Gates	8	25.81%	9	29.03%	13	41.94%	1	3.23%	31
Graham	9	20.00%	8	17.78%	27	60.00%	1	2.22%	45
Granville	44	23.28%	44	23.28%	84	44.44%	17	8.99%	189
Greene	29	29.29%	22	22.22%	45	45.45%	3	3.03%	99

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Statewide Total	7,856	21.54%	9,305	25.52%	18,109	49.66%	1,195	3.28%	36,465
Guilford	504	23.24%	576	26.56%	1,033	47.63%	56	2.58%	2,169
Halifax	69	23.71%	85	29.21%	133	45.70%	4	1.37%	291
Harnett	129	22.55%	147	25.70%	278	48.60%	18	3.15%	572
Haywood	31	18.24%	46	27.06%	88	51.76%	5	2.94%	170
Henderson	46	15.03%	93	30.39%	154	50.33%	13	4.25%	306
Hertford	21	25.30%	27	32.53%	34	40.96%	1	1.20%	83
Hoke	67	28.15%	58	24.37%	110	46.22%	3	1.26%	238
Hyde	6	37.50%	5	31.25%	5	31.25%	0	0.00%	16
Iredell	117	23.40%	151	30.20%	232	46.40%	0	0.00%	500
Jackson	25	20.66%	28	23.14%	67	55.37%	1	0.83%	121
Johnston	130	18.54%	174	24.82%	387	55.21%	10	1.43%	701
Jones	7	18.42%	9	23.68%	22	57.89%	0	0.00%	38
Lee	55	17.52%	85	27.07%	125	39.81%	49	15.61%	314
Lenoir	83	26.10%	84	26.42%	150	47.17%	1	0.31%	318
Lincoln	43	19.11%	48	21.33%	134	59.56%	0	0.00%	225
McDowell	32	23.36%	36	26.28%	67	48.91%	2	1.46%	137
Macon	26	18.71%	40	28.78%	69	49.64%	4	2.88%	139
Madison	9	14.52%	16	25.81%	31	50.00%	6	9.68%	62
Martin	22	20.18%	30	27.52%	57	52.29%	0	0.00%	109
Mecklenburg	607	18.56%	903	27.61%	1,736	53.07%	25	0.76%	3,271

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Mitchell	8	14.55%	12	21.82%	33	60.00%	2	3.64%	55
Montgomery	43	28.48%	43	28.48%	64	42.38%	1	0.66%	151
Moore	70	25.27%	71	25.63%	132	47.65%	4	1.44%	277
Nash	121	26.54%	108	23.68%	221	48.46%	6	1.32%	456
New Hanover	115	19.69%	150	25.68%	313	53.60%	6	1.03%	584
Northampton	21	25.00%	17	20.24%	46	54.76%	0	0.00%	84
Onslow	214	21.68%	275	27.86%	496	50.25%	2	0.20%	987
Orange	45	16.92%	56	21.05%	101	37.97%	64	24.06%	266
Pamlico	12	25.53%	12	25.53%	23	48.94%	0	0.00%	47
Pasquotank	31	18.34%	46	27.22%	91	53.85%	1	0.59%	169
Pender	46	23.00%	53	26.50%	99	49.50%	2	1.00%	200
Perquimans	8	24.24%	7	21.21%	17	51.52%	1	3.03%	33
Person	34	21.94%	28	18.06%	79	50.97%	14	9.03%	155
Pitt	157	19.70%	216	27.10%	417	52.32%	7	0.88%	797
Polk	6	20.00%	6	20.00%	17	56.67%	1	3.33%	30
Randolph	107	18.14%	132	22.37%	311	52.71%	40	6.78%	590
Richmond	106	29.86%	74	20.85%	168	47.32%	7	1.97%	355
Robeson	154	20.53%	143	19.07%	278	37.07%	175	23.33%	750
Rockingham	74	19.95%	102	27.49%	190	51.21%	5	1.35%	371
Rowan	97	19.76%	127	25.87%	264	53.77%	3	0.61%	491

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Statewide Total	7,856	21.54%	9,305	25.52%	18,109	49.66%	1,195	3.28%	36,465
Rutherford	62	23.66%	75	28.63%	123	46.95%	2	0.76%	262
Sampson	95	26.99%	92	26.14%	163	46.31%	2	0.57%	352
Scotland	57	25.91%	57	25.91%	103	46.82%	3	1.36%	220
Stanly	50	21.46%	80	34.33%	101	43.35%	2	0.86%	233
Stokes	20	17.39%	24	20.87%	69	60.00%	2	1.74%	115
Surry	59	22.69%	65	25.00%	134	51.54%	2	0.77%	260
Swain	5	12.20%	12	29.27%	22	53.66%	2	4.88%	41
Transylvania	16	23.88%	11	16.42%	36	53.73%	4	5.97%	67
Tyrrell	2	14.29%	6	42.86%	6	42.86%	0	0.00%	14
Union	92	19.96%	147	31.89%	221	47.94%	1	0.22%	461
Vance	71	26.89%	58	21.97%	121	45.83%	14	5.30%	264
Wake	575	21.34%	625	23.20%	1,303	48.37%	191	7.09%	2,694
Warren	19	20.65%	29	31.52%	41	44.57%	3	3.26%	92
Washington	25	36.23%	18	26.09%	26	37.68%	0	0.00%	69
Watauga	18	26.87%	20	29.85%	29	43.28%	0	0.00%	67
Wayne	160	23.53%	178	26.18%	338	49.71%	4	0.59%	680
Wilkes	74	25.61%	75	25.95%	140	48.44%	0	0.00%	289
Wilson	103	28.07%	88	23.98%	172	46.87%	4	1.09%	367
Yadkin	34	29.57%	24	20.87%	55	47.83%	2	1.74%	115
Yancey	7	12.96%	16	29.63%	27	50.00%	4	7.41%	54

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