

FY24 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **All NC prenatal women* with live, term singleton births** who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2021
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	20,401	19.59%	28,353	27.23%	52,664	50.57%	2,719	2.61%	104,137
Alamance	304	18.46%	387	23.50%	802	48.69%	154	9.35%	1,647
Alexander	68	20.80%	86	26.30%	172	52.60%	1	0.31%	327
Alleghany	22	22.45%	17	17.35%	58	59.18%	1	1.02%	98
Anson	44	20.66%	69	32.39%	98	46.01%	2	0.94%	213
Ashe	35	19.66%	59	33.15%	84	47.19%	0	0.00%	178
Avery	27	22.50%	39	32.50%	54	45.00%	0	0.00%	120
Beaufort	89	23.61%	93	24.67%	193	51.19%	2	0.53%	377
Bertie	36	27.91%	36	27.91%	57	44.19%	0	0.00%	129
Bladen	90	31.58%	61	21.40%	117	41.05%	17	5.96%	285
Brunswick	196	20.33%	250	25.93%	511	53.01%	7	0.73%	964
Buncombe	359	16.86%	725	34.05%	1,028	48.29%	17	0.80%	2,129
Burke	191	25.13%	211	27.76%	352	46.32%	6	0.79%	760
Cabarrus	454	19.79%	636	27.72%	1,169	50.96%	35	1.53%	2,294
Caldwell	133	22.17%	158	26.33%	307	51.17%	2	0.33%	600
Camden	11	14.86%	25	33.78%	38	51.35%	0	0.00%	74
Carteret	67	15.80%	132	31.13%	222	52.36%	3	0.71%	424
Caswell	30	19.87%	36	23.84%	66	43.71%	19	12.58%	151
Catawba	246	16.99%	410	28.31%	785	54.21%	7	0.48%	1,448
Chatham	91	15.69%	158	27.24%	268	46.21%	63	10.86%	580
Cherokee	35	17.68%	54	27.27%	95	47.98%	14	7.07%	198

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Statewide Total	20,401	19.59%	28,353	27.23%	52,664	50.57%	2,719	2.61%	104,137
Chowan	36	30.25%	34	28.57%	48	40.34%	1	0.84%	119
Clay	13	20.31%	15	23.44%	31	48.44%	5	7.81%	64
Cleveland	226	22.20%	271	26.62%	517	50.79%	4	0.39%	1,018
Columbus	141	28.20%	118	23.60%	238	47.60%	3	0.60%	500
Craven	212	20.25%	298	28.46%	530	50.62%	7	0.67%	1,047
Cumberland	924	20.63%	1,152	25.71%	2,378	53.08%	26	0.58%	4,480
Currituck	32	10.70%	77	25.75%	189	63.21%	1	0.33%	299
Dare	54	20.93%	84	32.56%	114	44.19%	6	2.33%	258
Davidson	288	19.35%	379	25.47%	801	53.83%	20	1.34%	1,488
Davie	76	21.47%	82	23.16%	196	55.37%	0	0.00%	354
Duplin	130	21.35%	169	27.75%	307	50.41%	3	0.49%	609
Durham	742	20.14%	985	26.74%	1,738	47.18%	219	5.94%	3,684
Edgecombe	128	25.65%	133	26.65%	233	46.69%	5	1.00%	499
Forsyth	779	20.43%	1,030	27.01%	1,965	51.53%	39	1.02%	3,813
Franklin	131	18.85%	166	23.88%	364	52.37%	34	4.89%	695
Gaston	432	18.94%	571	25.03%	1,250	54.80%	28	1.23%	2,281
Gates	16	18.82%	30	35.29%	37	43.53%	2	2.35%	85
Graham	20	25.00%	25	31.25%	35	43.75%	0	0.00%	80
Granville	134	23.43%	143	25.00%	265	46.33%	30	5.24%	572
Greene	31	19.75%	40	25.48%	82	52.23%	4	2.55%	157

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Statewide Total	20,401	19.59%	28,353	27.23%	52,664	50.57%	2,719	2.61%	104,137
Guilford	916	18.50%	1,322	26.70%	2,570	51.90%	144	2.91%	4,952
Halifax	113	25.22%	123	27.46%	207	46.21%	5	1.12%	448
Harnett	315	18.90%	417	25.01%	894	53.63%	41	2.46%	1,667
Haywood	60	13.13%	126	27.57%	270	59.08%	1	0.22%	457
Henderson	150	17.44%	294	34.19%	407	47.33%	9	1.05%	860
Hertford	31	23.31%	39	29.32%	62	46.62%	1	0.75%	133
Hoke	178	21.19%	223	26.55%	435	51.79%	4	0.48%	840
Hyde	8	26.67%	9	30.00%	12	40.00%	1	3.33%	30
Iredell	387	23.09%	474	28.28%	808	48.21%	7	0.42%	1,676
Jackson	56	19.93%	79	28.11%	142	50.53%	4	1.42%	281
Johnston	424	17.43%	623	25.61%	1,292	53.10%	94	3.86%	2,433
Jones	13	19.70%	15	22.73%	38	57.58%	0	0.00%	66
Lee	114	17.17%	185	27.86%	312	46.99%	53	7.98%	664
Lenoir	155	27.53%	128	22.74%	276	49.02%	4	0.71%	563
Lincoln	135	17.40%	197	25.39%	431	55.54%	13	1.68%	776
McDowell	77	21.75%	101	28.53%	176	49.72%	0	0.00%	354
Macon	41	15.47%	80	30.19%	143	53.96%	1	0.38%	265
Madison	28	17.07%	48	29.27%	85	51.83%	3	1.83%	164
Martin	35	19.34%	41	22.65%	104	57.46%	1	0.55%	181
Mecklenburg	2,365	18.07%	3,818	29.17%	6,657	50.86%	248	1.89%	13,088

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Mitchell	18	16.51%	30	27.52%	61	55.96%	0	0.00%	109
Montgomery	49	24.50%	50	25.00%	101	50.50%	0	0.00%	200
Moore	213	19.63%	284	26.18%	566	52.17%	22	2.03%	1,085
Nash	237	26.33%	197	21.89%	458	50.89%	8	0.89%	900
New Hanover	329	17.59%	559	29.89%	973	52.03%	9	0.48%	1,870
Northampton	30	22.22%	35	25.93%	69	51.11%	1	0.74%	135
Onslow	680	19.88%	929	27.16%	1,807	52.82%	5	0.15%	3,421
Orange	157	15.10%	295	28.37%	468	45.00%	120	11.54%	1,040
Pamlico	17	22.08%	17	22.08%	42	54.55%	1	1.30%	77
Pasquotank	68	17.00%	97	24.25%	235	58.75%	0	0.00%	400
Pender	99	17.34%	177	31.00%	291	50.96%	4	0.70%	571
Perquimans	20	18.52%	31	28.70%	57	52.78%	0	0.00%	108
Person	84	21.65%	80	20.62%	204	52.58%	20	5.15%	388
Pitt	397	22.18%	488	27.26%	892	49.83%	13	0.73%	1,790
Polk	20	15.27%	43	32.82%	68	51.91%	0	0.00%	131
Randolph	259	19.91%	334	25.67%	662	50.88%	46	3.54%	1,301
Richmond	131	29.11%	92	20.44%	216	48.00%	11	2.44%	450
Robeson	397	25.63%	374	24.14%	599	38.67%	179	11.56%	1,549
Rockingham	157	20.93%	187	24.93%	393	52.40%	13	1.73%	750
Rowan	301	21.35%	383	27.16%	718	50.92%	8	0.57%	1,410

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Statewide Total	20,401	19.59%	28,353	27.23%	52,664	50.57%	2,719	2.61%	104,137
Rutherford	111	20.40%	152	27.94%	281	51.65%	0	0.00%	544
Sampson	140	20.56%	187	27.46%	347	50.95%	7	1.03%	681
Scotland	103	30.56%	88	26.11%	146	43.32%	0	0.00%	337
Stanly	134	22.26%	158	26.25%	309	51.33%	1	0.17%	602
Stokes	73	20.17%	76	20.99%	211	58.29%	2	0.55%	362
Surry	153	24.36%	180	28.66%	294	46.82%	1	0.16%	628
Swain	21	13.64%	36	23.38%	96	62.34%	1	0.65%	154
Transylvania	35	15.49%	74	32.74%	113	50.00%	4	1.77%	226
Tyrrell	10	27.78%	10	27.78%	16	44.44%	0	0.00%	36
Union	376	17.68%	621	29.20%	1,116	52.47%	14	0.66%	2,127
Vance	111	23.47%	113	23.89%	236	49.89%	13	2.75%	473
Wake	1,968	16.84%	3,251	27.82%	5,698	48.76%	769	6.58%	11,686
Warren	31	23.31%	27	20.30%	72	54.14%	3	2.26%	133
Washington	23	25.56%	28	31.11%	39	43.33%	0	0.00%	90
Watauga	53	19.63%	85	31.48%	131	48.52%	1	0.37%	270
Wayne	290	21.32%	357	26.25%	705	51.84%	8	0.59%	1,360
Wilkes	134	23.47%	160	28.02%	275	48.16%	2	0.35%	571
Wilson	175	23.97%	168	23.01%	377	51.64%	10	1.37%	730
Yadkin	87	29.39%	74	25.00%	134	45.27%	1	0.34%	296
Yancey	36	24.00%	40	26.67%	73	48.67%	1	0.67%	150

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