

FY24 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of **pregnata women on WIC*** with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

| County | Inadequate Weight Gain | | Adequate or Recommended Weight Gain | | Excessive Weight Gain | | Unknown Weight Gain | | Number of Women Giving Births during CY2021 |
|------------------------|------------------------|---------------|-------------------------------------|---------------|-----------------------|---------------|---------------------|--------------|---|
| | Number | Percent | Number | Percent | Number | Percent | Number | Percent | |
| Statewide Total | 8,401 | 22.81% | 9,197 | 24.97% | 18,278 | 49.63% | 954 | 2.59% | 36,830 |
| Alamance | 140 | 20.77% | 144 | 21.36% | 312 | 46.29% | 78 | 11.57% | 674 |
| Alexander | 24 | 22.64% | 25 | 23.58% | 56 | 52.83% | 1 | 0.94% | 106 |
| Alleghany | 12 | 23.08% | 8 | 15.38% | 32 | 61.54% | 0 | 0.00% | 52 |
| Anson | 27 | 22.13% | 37 | 30.33% | 58 | 47.54% | 0 | 0.00% | 122 |
| Ashe | 16 | 22.54% | 25 | 35.21% | 30 | 42.25% | 0 | 0.00% | 71 |
| Avery | 16 | 27.59% | 16 | 27.59% | 26 | 44.83% | 0 | 0.00% | 58 |
| Beaufort | 64 | 29.36% | 54 | 24.77% | 100 | 45.87% | 0 | 0.00% | 218 |
| Bertie | 24 | 31.17% | 21 | 27.27% | 32 | 41.56% | 0 | 0.00% | 77 |
| Bladen | 62 | 33.70% | 36 | 19.57% | 73 | 39.67% | 13 | 7.07% | 184 |
| Brunswick | 91 | 23.76% | 84 | 21.93% | 206 | 53.79% | 2 | 0.52% | 383 |
| Buncombe | 116 | 17.74% | 169 | 25.84% | 361 | 55.20% | 8 | 1.22% | 654 |
| Burke | 108 | 30.86% | 90 | 25.71% | 150 | 42.86% | 2 | 0.57% | 350 |
| Cabarrus | 109 | 21.29% | 136 | 26.56% | 259 | 50.59% | 8 | 1.56% | 512 |
| Caldwell | 49 | 19.07% | 72 | 28.02% | 134 | 52.14% | 2 | 0.78% | 257 |
| Camden | 2 | 12.50% | 4 | 25.00% | 10 | 62.50% | 0 | 0.00% | 16 |
| Carteret | 32 | 20.13% | 44 | 27.67% | 81 | 50.94% | 2 | 1.26% | 159 |
| Caswell | 14 | 17.72% | 19 | 24.05% | 32 | 40.51% | 14 | 17.72% | 79 |
| Catawba | 102 | 17.99% | 163 | 28.75% | 300 | 52.91% | 2 | 0.35% | 567 |
| Chatham | 35 | 21.08% | 37 | 22.29% | 61 | 36.75% | 33 | 19.88% | 166 |
| Cherokee | 23 | 23.96% | 29 | 30.21% | 40 | 41.67% | 4 | 4.17% | 96 |

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| County | Inadequate Weight Gain | | Adequate or Recommended Weight Gain | | Excessive Weight Gain | | Unknown Weight Gain | | Number of Women Giving Births during CY2021 |
|------------------------|------------------------|---------------|-------------------------------------|---------------|-----------------------|---------------|---------------------|--------------|---|
| | Number | Percent | Number | Percent | Number | Percent | Number | Percent | |
| Statewide Total | 8,401 | 22.81% | 9,197 | 24.97% | 18,278 | 49.63% | 954 | 2.59% | 36,830 |
| Chowan | 18 | 35.29% | 18 | 35.29% | 15 | 29.41% | 0 | 0.00% | 51 |
| Clay | 8 | 26.67% | 3 | 10.00% | 16 | 53.33% | 3 | 10.00% | 30 |
| Cleveland | 134 | 25.97% | 132 | 25.58% | 249 | 48.26% | 1 | 0.19% | 516 |
| Columbus | 97 | 31.60% | 69 | 22.48% | 139 | 45.28% | 2 | 0.65% | 307 |
| Craven | 108 | 25.06% | 115 | 26.68% | 205 | 47.56% | 3 | 0.70% | 431 |
| Cumberland | 415 | 24.43% | 382 | 22.48% | 895 | 52.68% | 7 | 0.41% | 1,699 |
| Currituck | 8 | 15.38% | 11 | 21.15% | 33 | 63.46% | 0 | 0.00% | 52 |
| Dare | 23 | 32.39% | 19 | 26.76% | 29 | 40.85% | 0 | 0.00% | 71 |
| Davidson | 125 | 20.83% | 152 | 25.33% | 317 | 52.83% | 6 | 1.00% | 600 |
| Davie | 27 | 23.28% | 33 | 28.45% | 56 | 48.28% | 0 | 0.00% | 116 |
| Duplin | 76 | 20.77% | 102 | 27.87% | 187 | 51.09% | 1 | 0.27% | 366 |
| Durham | 270 | 26.87% | 230 | 22.89% | 440 | 43.78% | 65 | 6.47% | 1,005 |
| Edgecombe | 81 | 26.91% | 73 | 24.25% | 143 | 47.51% | 4 | 1.33% | 301 |
| Forsyth | 334 | 23.37% | 350 | 24.49% | 725 | 50.73% | 20 | 1.40% | 1,429 |
| Franklin | 43 | 21.94% | 45 | 22.96% | 102 | 52.04% | 6 | 3.06% | 196 |
| Gaston | 144 | 19.38% | 175 | 23.55% | 417 | 56.12% | 7 | 0.94% | 743 |
| Gates | 5 | 17.24% | 12 | 41.38% | 12 | 41.38% | 0 | 0.00% | 29 |
| Graham | 15 | 27.78% | 15 | 27.78% | 24 | 44.44% | 0 | 0.00% | 54 |
| Granville | 56 | 27.18% | 46 | 22.33% | 96 | 46.60% | 8 | 3.88% | 206 |
| Greene | 21 | 23.33% | 24 | 26.67% | 42 | 46.67% | 3 | 3.33% | 90 |

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| | Number | Percent | Number | Percent | Number | Percent | Number | Percent | |
| Statewide Total | 8,401 | 22.81% | 9,197 | 24.97% | 18,278 | 49.63% | 954 | 2.59% | 36,830 |
| Guilford | 438 | 21.08% | 544 | 26.18% | 1,023 | 49.23% | 73 | 3.51% | 2,078 |
| Halifax | 75 | 26.04% | 78 | 27.08% | 133 | 46.18% | 2 | 0.69% | 288 |
| Harnett | 132 | 22.00% | 142 | 23.67% | 310 | 51.67% | 16 | 2.67% | 600 |
| Haywood | 25 | 14.79% | 42 | 24.85% | 101 | 59.76% | 1 | 0.59% | 169 |
| Henderson | 52 | 21.49% | 77 | 31.82% | 111 | 45.87% | 2 | 0.83% | 242 |
| Hertford | 20 | 28.17% | 22 | 30.99% | 29 | 40.85% | 0 | 0.00% | 71 |
| Hoke | 72 | 24.08% | 66 | 22.07% | 159 | 53.18% | 2 | 0.67% | 299 |
| Hyde | 0 | 0.00% | 3 | 42.86% | 4 | 57.14% | 0 | 0.00% | 7 |
| Iredell | 137 | 27.57% | 123 | 24.75% | 235 | 47.28% | 2 | 0.40% | 497 |
| Jackson | 32 | 21.62% | 39 | 26.35% | 74 | 50.00% | 3 | 2.03% | 148 |
| Johnston | 156 | 20.63% | 199 | 26.32% | 387 | 51.19% | 14 | 1.85% | 756 |
| Jones | 6 | 19.35% | 6 | 19.35% | 19 | 61.29% | 0 | 0.00% | 31 |
| Lee | 53 | 17.15% | 73 | 23.62% | 144 | 46.60% | 39 | 12.62% | 309 |
| Lenoir | 97 | 28.45% | 82 | 24.05% | 161 | 47.21% | 1 | 0.29% | 341 |
| Lincoln | 46 | 21.80% | 54 | 25.59% | 110 | 52.13% | 1 | 0.47% | 211 |
| McDowell | 48 | 25.81% | 49 | 26.34% | 89 | 47.85% | 0 | 0.00% | 186 |
| Macon | 21 | 17.07% | 30 | 24.39% | 72 | 58.54% | 0 | 0.00% | 123 |
| Madison | 8 | 14.55% | 15 | 27.27% | 30 | 54.55% | 2 | 3.64% | 55 |
| Martin | 25 | 23.15% | 23 | 21.30% | 60 | 55.56% | 0 | 0.00% | 108 |
| Mecklenburg | 654 | 20.04% | 846 | 25.93% | 1,724 | 52.83% | 39 | 1.20% | 3,263 |

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| Statewide Total | 8,401 | 22.81% | 9,197 | 24.97% | 18,278 | 49.63% | 954 | 2.59% | 36,830 |
| Mitchell | 9 | 15.79% | 13 | 22.81% | 35 | 61.40% | 0 | 0.00% | 57 |
| Montgomery | 36 | 27.27% | 32 | 24.24% | 64 | 48.48% | 0 | 0.00% | 132 |
| Moore | 80 | 28.67% | 57 | 20.43% | 134 | 48.03% | 8 | 2.87% | 279 |
| Nash | 126 | 29.51% | 85 | 19.91% | 213 | 49.88% | 3 | 0.70% | 427 |
| New Hanover | 140 | 21.67% | 162 | 25.08% | 342 | 52.94% | 2 | 0.31% | 646 |
| Northampton | 16 | 19.51% | 21 | 25.61% | 44 | 53.66% | 1 | 1.22% | 82 |
| Onslow | 223 | 22.17% | 272 | 27.04% | 510 | 50.70% | 1 | 0.10% | 1,006 |
| Orange | 46 | 16.03% | 71 | 24.74% | 111 | 38.68% | 59 | 20.56% | 287 |
| Pamlico | 11 | 25.00% | 9 | 20.45% | 24 | 54.55% | 0 | 0.00% | 44 |
| Pasquotank | 34 | 20.48% | 41 | 24.70% | 91 | 54.82% | 0 | 0.00% | 166 |
| Pender | 44 | 20.56% | 63 | 29.44% | 105 | 49.07% | 2 | 0.93% | 214 |
| Perquimans | 5 | 12.20% | 12 | 29.27% | 24 | 58.54% | 0 | 0.00% | 41 |
| Person | 41 | 23.43% | 39 | 22.29% | 89 | 50.86% | 6 | 3.43% | 175 |
| Pitt | 198 | 24.29% | 204 | 25.03% | 407 | 49.94% | 6 | 0.74% | 815 |
| Polk | 5 | 12.20% | 10 | 24.39% | 26 | 63.41% | 0 | 0.00% | 41 |
| Randolph | 133 | 21.77% | 159 | 26.02% | 287 | 46.97% | 32 | 5.24% | 611 |
| Richmond | 106 | 31.55% | 70 | 20.83% | 152 | 45.24% | 8 | 2.38% | 336 |
| Robeson | 232 | 26.58% | 216 | 24.74% | 337 | 38.60% | 88 | 10.08% | 873 |
| Rockingham | 84 | 25.15% | 96 | 28.74% | 149 | 44.61% | 5 | 1.50% | 334 |
| Rowan | 129 | 24.20% | 138 | 25.89% | 263 | 49.34% | 3 | 0.56% | 533 |

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| Statewide Total | 8,401 | 22.81% | 9,197 | 24.97% | 18,278 | 49.63% | 954 | 2.59% | 36,830 |
| Rutherford | 44 | 17.05% | 80 | 31.01% | 134 | 51.94% | 0 | 0.00% | 258 |
| Sampson | 80 | 21.45% | 110 | 29.49% | 179 | 47.99% | 4 | 1.07% | 373 |
| Scotland | 69 | 31.94% | 58 | 26.85% | 89 | 41.20% | 0 | 0.00% | 216 |
| Stanly | 59 | 23.98% | 64 | 26.02% | 123 | 50.00% | 0 | 0.00% | 246 |
| Stokes | 26 | 20.47% | 22 | 17.32% | 77 | 60.63% | 2 | 1.57% | 127 |
| Surry | 66 | 26.94% | 63 | 25.71% | 115 | 46.94% | 1 | 0.41% | 245 |
| Swain | 15 | 14.42% | 22 | 21.15% | 66 | 63.46% | 1 | 0.96% | 104 |
| Transylvania | 11 | 15.07% | 20 | 27.40% | 39 | 53.42% | 3 | 4.11% | 73 |
| Tyrrell | 8 | 44.44% | 2 | 11.11% | 8 | 44.44% | 0 | 0.00% | 18 |
| Union | 100 | 21.10% | 131 | 27.64% | 238 | 50.21% | 5 | 1.05% | 474 |
| Vance | 75 | 24.43% | 71 | 23.13% | 153 | 49.84% | 8 | 2.61% | 307 |
| Wake | 553 | 20.62% | 619 | 23.08% | 1,318 | 49.14% | 192 | 7.16% | 2,682 |
| Warren | 19 | 24.05% | 15 | 18.99% | 43 | 54.43% | 2 | 2.53% | 79 |
| Washington | 19 | 33.93% | 15 | 26.79% | 22 | 39.29% | 0 | 0.00% | 56 |
| Watauga | 15 | 18.52% | 19 | 23.46% | 46 | 56.79% | 1 | 1.23% | 81 |
| Wayne | 176 | 22.98% | 210 | 27.42% | 376 | 49.09% | 4 | 0.52% | 766 |
| Wilkes | 50 | 21.10% | 67 | 28.27% | 119 | 50.21% | 1 | 0.42% | 237 |
| Wilson | 88 | 26.19% | 71 | 21.13% | 174 | 51.79% | 3 | 0.89% | 336 |
| Yadkin | 39 | 32.23% | 24 | 19.83% | 57 | 47.11% | 1 | 0.83% | 121 |
| Yancey | 20 | 35.09% | 12 | 21.05% | 25 | 43.86% | 0 | 0.00% | 57 |

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