

## FY19 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of all women\* with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

| County                 | Inadequate Weight Gain |               | Adequate or Recommended Weight Gain |               | Excessive Weight Gain |               | Unknown Weight Gain |              | Number of Women Giving Births during CY2016 |
|------------------------|------------------------|---------------|-------------------------------------|---------------|-----------------------|---------------|---------------------|--------------|---|
|                        | Number                 | Percent       | Number                              | Percent       | Number                | Percent       | Number              | Percent      |   |
| <b>Statewide Total</b> | <b>20,548</b>          | <b>19.68%</b> | <b>29,951</b>                       | <b>28.69%</b> | <b>50,710</b>         | <b>48.58%</b> | <b>3,183</b>        | <b>3.05%</b> | <b>104,392</b>                              |
| Alamance               | 352                    | 21.95%        | 420                                 | 26.18%        | 765                   | 47.69%        | 67                  | 4.18%        | 1,604                                       |
| Alexander              | 59                     | 19.34%        | 92                                  | 30.16%        | 154                   | 50.49%        | 0                   | 0.00%        | 305   |
| Alleghany              | 15                     | 18.07%        | 26                                  | 31.33%        | 41                    | 49.40%        | 1                   | 1.20%        | 83  |
| Anson                  | 38                     | 17.04%        | 72                                  | 32.29%        | 111                   | 49.78%        | 2                   | 0.90%        | 223   |
| Ashe                   | 38                     | 21.35%        | 54                                  | 30.34%        | 85                    | 47.75%        | 1                   | 0.56%        | 178   |
| Avery                  | 27                     | 22.50%        | 34                                  | 28.33%        | 56                    | 46.67%        | 3                   | 2.50%        | 120   |
| Beaufort               | 86                     | 22.57%        | 110                                 | 28.87%        | 184                   | 48.29%        | 1                   | 0.26%        | 381   |
| Bertie                 | 44                     | 27.16%        | 53                                  | 32.72%        | 65                    | 40.12%        | 0                   | 0.00%        | 162   |
| Bladen                 | 73                     | 26.74%        | 78                                  | 28.57%        | 122                   | 44.69%        | 0                   | 0.00%        | 273   |
| Brunswick              | 162                    | 19.61%        | 209                                 | 25.30%        | 451                   | 54.60%        | 4                   | 0.48%        | 826   |
| Buncombe               | 419                    | 18.49%        | 614                                 | 27.10%        | 874                   | 38.57%        | 359                 | 15.84%       | 2,266                                       |
| Burke                  | 207                    | 26.81%        | 229                                 | 29.66%        | 314                   | 40.67%        | 22                  | 2.85%        | 772   |
| Cabarrus               | 401                    | 18.83%        | 564                                 | 26.48%        | 1,130                 | 53.05%        | 35                  | 1.64%        | 2,130                                       |
| Caldwell               | 165                    | 23.04%        | 198                                 | 27.65%        | 347                   | 48.46%        | 6                   | 0.84%        | 716   |
| Camden                 | 17                     | 20.99%        | 19                                  | 23.46%        | 44                    | 54.32%        | 1                   | 1.23%        | 81  |
| Carteret               | 86                     | 17.77%        | 168                                 | 34.71%        | 227                   | 46.90%        | 3                   | 0.62%        | 484   |
| Caswell                | 46                     | 26.44%        | 40                                  | 22.99%        | 79                    | 45.40%        | 9                   | 5.17%        | 174   |
| Catawba                | 274                    | 19.00%        | 422                                 | 29.26%        | 732                   | 50.76%        | 14                  | 0.97%        | 1,442                                       |
| Chatham                | 103                    | 18.63%        | 142                                 | 25.68%        | 259                   | 46.84%        | 49                  | 8.86%        | 553   |
| Cherokee               | 50                     | 22.62%        | 71                                  | 32.13%        | 99                    | 44.80%        | 1                   | 0.45%        | 221   |
| Chowan                 | 19                     | 20.65%        | 29                                  | 31.52%        | 44                    | 47.83%        | 0                   | 0.00%        | 92  |
| Clay                   | 14                     | 16.67%        | 25                                  | 29.76%        | 45                    | 53.57%        | 0                   | 0.00%        | 84  |

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| County                 | Inadequate Weight Gain |               | Adequate or Recommended Weight Gain |               | Excessive Weight Gain |               | Unknown Weight Gain |              | Number of Women Giving Births during CY2016 |
|------------------------|------------------------|---------------|-------------------------------------|---------------|-----------------------|---------------|---------------------|--------------|---|
|                        | Number                 | Percent       | Number                              | Percent       | Number                | Percent       | Number              | Percent      |   |
| <b>Statewide Total</b> | <b>20,548</b>          | <b>19.68%</b> | <b>29,951</b>                       | <b>28.69%</b> | <b>50,710</b>         | <b>48.58%</b> | <b>3,183</b>        | <b>3.05%</b> | <b>104,392</b>                              |
| Cleveland              | 196                    | 21.40%        | 241                                 | 26.31%        | 473                   | 51.64%        | 6                   | 0.66%        | 916   |
| Columbus               | 137                    | 27.02%        | 132                                 | 26.04%        | 234                   | 46.15%        | 4                   | 0.79%        | 507   |
| Craven                 | 247                    | 19.56%        | 367                                 | 29.06%        | 640                   | 50.67%        | 9                   | 0.71%        | 1,263                                       |
| Cumberland             | 881                    | 19.07%        | 1,291                               | 27.94%        | 2,429                 | 52.56%        | 20                  | 0.43%        | 4,621                                       |
| Currituck              | 36                     | 15.32%        | 77                                  | 32.77%        | 118                   | 50.21%        | 4                   | 1.70%        | 235   |
| Dare                   | 66                     | 23.83%        | 81                                  | 29.24%        | 124                   | 44.77%        | 6                   | 2.17%        | 277   |
| Davidson               | 316                    | 20.64%        | 444                                 | 29.00%        | 732                   | 47.81%        | 39                  | 2.55%        | 1,531                                       |
| Davie                  | 65                     | 17.66%        | 89                                  | 24.18%        | 198                   | 53.80%        | 16                  | 4.35%        | 368   |
| Duplin                 | 150                    | 24.92%        | 171                                 | 28.41%        | 279                   | 46.35%        | 2                   | 0.33%        | 602   |
| Durham                 | 727                    | 19.16%        | 1,057                               | 27.85%        | 1,741                 | 45.88%        | 270                 | 7.11%        | 3,795                                       |
| Edgecombe              | 114                    | 24.52%        | 104                                 | 22.37%        | 247                   | 53.12%        | 0                   | 0.00%        | 465   |
| Forsyth                | 629                    | 16.52%        | 1,007                               | 26.45%        | 1,888                 | 49.59%        | 283                 | 7.43%        | 3,807                                       |
| Franklin               | 114                    | 19.59%        | 161                                 | 27.66%        | 283                   | 48.63%        | 24                  | 4.12%        | 582   |
| Gaston                 | 390                    | 18.01%        | 616                                 | 28.45%        | 1,116                 | 51.55%        | 43                  | 1.99%        | 2,165                                       |
| Gates                  | 21                     | 22.11%        | 25                                  | 26.32%        | 46                    | 48.42%        | 3                   | 3.16%        | 95  |
| Graham                 | 7                      | 10.29%        | 31                                  | 45.59%        | 29                    | 42.65%        | 1                   | 1.47%        | 68  |
| Granville              | 122                    | 25.21%        | 126                                 | 26.03%        | 220                   | 45.45%        | 16                  | 3.31%        | 484   |
| Greene                 | 40                     | 23.81%        | 39                                  | 23.21%        | 88                    | 52.38%        | 1                   | 0.60%        | 168   |
| Guilford               | 1,056                  | 19.47%        | 1,574                               | 29.01%        | 2,590                 | 47.74%        | 205                 | 3.78%        | 5,425                                       |
| Halifax                | 97                     | 21.18%        | 120                                 | 26.20%        | 240                   | 52.40%        | 1                   | 0.22%        | 458   |
| Harnett                | 325                    | 20.57%        | 491                                 | 31.08%        | 747                   | 47.28%        | 17                  | 1.08%        | 1,580                                       |
| Haywood                | 95                     | 18.10%        | 134                                 | 25.52%        | 256                   | 48.76%        | 40                  | 7.62%        | 525   |

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|------------------------|------------------------|---------------|-------------------------------------|---------------|-----------------------|---------------|---------------------|--------------|---|
|                        | Number                 | Percent       | Number                              | Percent       | Number                | Percent       | Number              | Percent      |   |
| <b>Statewide Total</b> | <b>20,548</b>          | <b>19.68%</b> | <b>29,951</b>                       | <b>28.69%</b> | <b>50,710</b>         | <b>48.58%</b> | <b>3,183</b>        | <b>3.05%</b> | <b>104,392</b>                              |
| Henderson              | 185                    | 19.74%        | 290                                 | 30.95%        | 402                   | 42.90%        | 60                  | 6.40%        | 937   |
| Hertford               | 59                     | 30.26%        | 51                                  | 26.15%        | 82                    | 42.05%        | 3                   | 1.54%        | 195   |
| Hoke                   | 156                    | 19.97%        | 202                                 | 25.86%        | 419                   | 53.65%        | 4                   | 0.51%        | 781   |
| Hyde                   | 3                      | 8.33%         | 10                                  | 27.78%        | 23                    | 63.89%        | 0                   | 0.00%        | 36  |
| Iredell                | 331                    | 19.64%        | 517                                 | 30.68%        | 831                   | 49.32%        | 6                   | 0.36%        | 1,685                                       |
| Jackson                | 70                     | 21.15%        | 105                                 | 31.72%        | 143                   | 43.20%        | 13                  | 3.93%        | 331   |
| Johnston               | 386                    | 18.39%        | 559                                 | 26.63%        | 1,122                 | 53.45%        | 32                  | 1.52%        | 2,099                                       |
| Jones                  | 13                     | 18.57%        | 23                                  | 32.86%        | 33                    | 47.14%        | 1                   | 1.43%        | 70  |
| Lee                    | 150                    | 21.19%        | 196                                 | 27.68%        | 317                   | 44.77%        | 45                  | 6.36%        | 708   |
| Lenoir                 | 107                    | 19.45%        | 149                                 | 27.09%        | 284                   | 51.64%        | 10                  | 1.82%        | 550   |
| Lincoln                | 121                    | 17.34%        | 219                                 | 31.38%        | 355                   | 50.86%        | 3                   | 0.43%        | 698   |
| McDowell               | 80                     | 21.11%        | 97                                  | 25.59%        | 183                   | 48.28%        | 19                  | 5.01%        | 379   |
| Macon                  | 52                     | 18.25%        | 97                                  | 34.04%        | 132                   | 46.32%        | 4                   | 1.40%        | 285   |
| Madison                | 42                     | 24.85%        | 40                                  | 23.67%        | 61                    | 36.09%        | 26                  | 15.38%       | 169   |
| Martin                 | 53                     | 26.63%        | 55                                  | 27.64%        | 91                    | 45.73%        | 0                   | 0.00%        | 199   |
| Mecklenburg            | 2,494                  | 19.41%        | 4,001                               | 31.14%        | 6,003                 | 46.72%        | 352                 | 2.74%        | 12,850                                      |
| Mitchell               | 31                     | 26.05%        | 24                                  | 20.17%        | 58                    | 48.74%        | 6                   | 5.04%        | 119   |
| Montgomery             | 69                     | 26.85%        | 65                                  | 25.29%        | 120                   | 46.69%        | 3                   | 1.17%        | 257   |
| Moore                  | 173                    | 17.73%        | 309                                 | 31.66%        | 488                   | 50.00%        | 6                   | 0.61%        | 976   |
| Nash                   | 181                    | 20.66%        | 221                                 | 25.23%        | 467                   | 53.31%        | 7                   | 0.80%        | 876   |
| New Hanover            | 318                    | 16.31%        | 582                                 | 29.85%        | 1,040                 | 53.33%        | 10                  | 0.51%        | 1,950                                       |
| Northampton            | 43                     | 26.06%        | 53                                  | 32.12%        | 69                    | 41.82%        | 0                   | 0.00%        | 165   |

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| Onslow                 | 584                    | 16.42%        | 1,035                               | 29.10%        | 1,914                 | 53.81%        | 24                  | 0.67%        | 3,557                                       |
| Orange                 | 177                    | 17.04%        | 321                                 | 30.90%        | 439                   | 42.25%        | 102                 | 9.82%        | 1,039                                       |
| Pamlico                | 16                     | 19.05%        | 19                                  | 22.62%        | 49                    | 58.33%        | 0                   | 0.00%        | 84  |
| Pasquotank             | 99                     | 23.68%        | 116                                 | 27.75%        | 200                   | 47.85%        | 3                   | 0.72%        | 418   |
| Pender                 | 95                     | 17.43%        | 165                                 | 30.28%        | 282                   | 51.74%        | 3                   | 0.55%        | 545   |
| Perquimans             | 22                     | 21.36%        | 31                                  | 30.10%        | 50                    | 48.54%        | 0                   | 0.00%        | 103   |
| Person                 | 71                     | 20.29%        | 78                                  | 22.29%        | 184                   | 52.57%        | 17                  | 4.86%        | 350   |
| Pitt                   | 341                    | 20.07%        | 448                                 | 26.37%        | 901                   | 53.03%        | 9                   | 0.53%        | 1,699                                       |
| Polk                   | 17                     | 14.05%        | 43                                  | 35.54%        | 60                    | 49.59%        | 1                   | 0.83%        | 121   |
| Randolph               | 276                    | 19.73%        | 353                                 | 25.23%        | 712                   | 50.89%        | 58                  | 4.15%        | 1,399                                       |
| Richmond               | 96                     | 21.87%        | 111                                 | 25.28%        | 226                   | 51.48%        | 6                   | 1.37%        | 439   |
| Robeson                | 442                    | 30.13%        | 385                                 | 26.24%        | 623                   | 42.47%        | 17                  | 1.16%        | 1,467                                       |
| Rockingham             | 178                    | 22.17%        | 210                                 | 26.15%        | 403                   | 50.19%        | 12                  | 1.49%        | 803   |
| Rowan                  | 312                    | 22.19%        | 381                                 | 27.10%        | 705                   | 50.14%        | 8                   | 0.57%        | 1,406                                       |
| Rutherford             | 112                    | 19.75%        | 143                                 | 25.22%        | 305                   | 53.79%        | 7                   | 1.23%        | 567   |
| Sampson                | 166                    | 23.15%        | 191                                 | 26.64%        | 350                   | 48.81%        | 10                  | 1.39%        | 717   |
| Scotland               | 57                     | 14.96%        | 57                                  | 14.96%        | 265                   | 69.55%        | 2                   | 0.52%        | 381   |
| Stanly                 | 122                    | 20.93%        | 160                                 | 27.44%        | 294                   | 50.43%        | 7                   | 1.20%        | 583   |
| Stokes                 | 56                     | 16.42%        | 80                                  | 23.46%        | 186                   | 54.55%        | 19                  | 5.57%        | 341   |
| Surry                  | 133                    | 20.94%        | 185                                 | 29.13%        | 298                   | 46.93%        | 19                  | 2.99%        | 635   |
| Swain                  | 28                     | 19.86%        | 25                                  | 17.73%        | 81                    | 57.45%        | 7                   | 4.96%        | 141   |
| Transylvania           | 50                     | 21.65%        | 58                                  | 25.11%        | 103                   | 44.59%        | 20                  | 8.66%        | 231   |

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| Tyrrell                | 12                     | 24.49%        | 18                                  | 36.73%        | 18                    | 36.73%        | 1                   | 2.04%        | 49  |
| Union                  | 360                    | 17.03%        | 608                                 | 28.76%        | 1,126                 | 53.26%        | 20                  | 0.95%        | 2,114                                       |
| Vance                  | 132                    | 29.86%        | 126                                 | 28.51%        | 175                   | 39.59%        | 9                   | 2.04%        | 442   |
| Wake                   | 2,011                  | 17.53%        | 3,592                               | 31.32%        | 5,310                 | 46.29%        | 557                 | 4.86%        | 11,470                                      |
| Warren                 | 49                     | 34.51%        | 39                                  | 27.46%        | 51                    | 35.92%        | 3                   | 2.11%        | 142   |
| Washington             | 31                     | 30.10%        | 28                                  | 27.18%        | 43                    | 41.75%        | 1                   | 0.97%        | 103   |
| Watauga                | 69                     | 21.70%        | 100                                 | 31.45%        | 145                   | 45.60%        | 4                   | 1.26%        | 318   |
| Wayne                  | 337                    | 23.63%        | 423                                 | 29.66%        | 657                   | 46.07%        | 9                   | 0.63%        | 1,426                                       |
| Wilkes                 | 138                    | 22.92%        | 179                                 | 29.73%        | 281                   | 46.68%        | 4                   | 0.66%        | 602   |
| Wilson                 | 213                    | 26.49%        | 194                                 | 24.13%        | 391                   | 48.63%        | 6                   | 0.75%        | 804   |
| Yadkin                 | 74                     | 21.76%        | 103                                 | 30.29%        | 150                   | 44.12%        | 13                  | 3.82%        | 340   |
| Yancey                 | 29                     | 21.64%        | 34                                  | 25.37%        | 64                    | 47.76%        | 7                   | 5.22%        | 134   |

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