

FY21 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of all women* with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2018
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	20,139	19.57%	29,264	28.44%	50,425	49.00%	3,081	2.99%	102,909
Alamance	352	20.98%	437	26.04%	774	46.13%	115	6.85%	1,678
Alexander	69	22.55%	91	29.74%	143	46.73%	3	0.98%	306
Alleghany	17	22.67%	20	26.67%	38	50.67%	0	0.00%	75
Anson	42	19.91%	62	29.38%	104	49.29%	3	1.42%	211
Ashe	46	25.84%	47	26.40%	85	47.75%	0	0.00%	178
Avery	28	20.44%	43	31.39%	64	46.72%	2	1.46%	137
Beaufort	75	20.89%	100	27.86%	181	50.42%	3	0.84%	359
Bertie	39	26.53%	39	26.53%	69	46.94%	0	0.00%	147
Bladen	82	26.97%	85	27.96%	118	38.82%	19	6.25%	304
Brunswick	161	19.08%	238	28.20%	433	51.30%	12	1.42%	844
Buncombe	396	18.38%	648	30.08%	979	45.45%	131	6.08%	2,154
Burke	196	26.13%	220	29.33%	323	43.07%	11	1.47%	750
Cabarrus	472	22.00%	642	29.93%	985	45.92%	46	2.14%	2,145
Caldwell	132	19.41%	204	30.00%	340	50.00%	4	0.59%	680
Camden	10	10.99%	30	32.97%	51	56.04%	0	0.00%	91
Carteret	79	17.75%	127	28.54%	236	53.03%	3	0.67%	445
Caswell	28	15.38%	49	26.92%	84	46.15%	21	11.54%	182
Catawba	256	17.15%	414	27.73%	814	54.52%	9	0.60%	1,493
Chatham	102	17.89%	143	25.09%	257	45.09%	68	11.93%	570
Cherokee	55	24.44%	66	29.33%	103	45.78%	1	0.44%	225

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Statewide Total	20,139	19.57%	29,264	28.44%	50,425	49.00%	3,081	2.99%	102,909
Chowan	25	21.55%	37	31.90%	53	45.69%	1	0.86%	116
Clay	10	13.51%	21	28.38%	43	58.11%	0	0.00%	74
Cleveland	210	21.08%	284	28.51%	497	49.90%	5	0.50%	996
Columbus	130	26.80%	142	29.28%	205	42.27%	8	1.65%	485
Craven	244	21.27%	310	27.03%	590	51.44%	3	0.26%	1,147
Cumberland	954	20.66%	1,263	27.36%	2,376	51.46%	24	0.52%	4,617
Currituck	37	15.95%	71	30.60%	121	52.16%	3	1.29%	232
Dare	64	22.61%	78	27.56%	137	48.41%	4	1.41%	283
Davidson	309	20.06%	434	28.18%	761	49.42%	36	2.34%	1,540
Davie	62	17.71%	101	28.86%	173	49.43%	14	4.00%	350
Duplin	153	24.96%	155	25.29%	303	49.43%	2	0.33%	613
Durham	684	18.91%	1,012	27.98%	1,716	47.44%	205	5.67%	3,617
Edgecombe	118	23.55%	131	26.15%	250	49.90%	2	0.40%	501
Forsyth	632	17.09%	1,066	28.83%	1,825	49.35%	175	4.73%	3,698
Franklin	122	20.85%	155	26.50%	283	48.38%	25	4.27%	585
Gaston	387	17.72%	621	28.43%	1,135	51.97%	41	1.88%	2,184
Gates	11	14.29%	29	37.66%	37	48.05%	0	0.00%	77
Graham	12	16.90%	24	33.80%	33	46.48%	2	2.82%	71
Granville	116	23.02%	137	27.18%	225	44.64%	26	5.16%	504
Greene	44	26.67%	51	30.91%	67	40.61%	3	1.82%	165

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Guilford	1,164	22.05%	1,507	28.55%	2,468	46.76%	139	2.63%	5,278
Halifax	99	22.71%	101	23.17%	234	53.67%	2	0.46%	436
Harnett	303	19.09%	458	28.86%	791	49.84%	35	2.21%	1,587
Haywood	108	22.78%	137	28.90%	219	46.20%	10	2.11%	474
Henderson	172	18.32%	281	29.93%	465	49.52%	21	2.24%	939
Hertford	56	28.00%	51	25.50%	92	46.00%	1	0.50%	200
Hoke	159	21.29%	212	28.38%	371	49.67%	5	0.67%	747
Hyde	6	20.00%	12	40.00%	12	40.00%	0	0.00%	30
Iredell	306	18.37%	522	31.33%	827	49.64%	11	0.66%	1,666
Jackson	61	19.00%	107	33.33%	151	47.04%	2	0.62%	321
Johnston	331	16.21%	598	29.29%	1,081	52.94%	32	1.57%	2,042
Jones	14	18.92%	13	17.57%	45	60.81%	2	2.70%	74
Lee	127	18.90%	158	23.51%	342	50.89%	45	6.70%	672
Lenoir	116	22.39%	128	24.71%	267	51.54%	7	1.35%	518
Lincoln	122	16.60%	201	27.35%	404	54.97%	8	1.09%	735
McDowell	79	23.17%	94	27.57%	163	47.80%	5	1.47%	341
Macon	56	19.86%	88	31.21%	128	45.39%	10	3.55%	282
Madison	39	19.80%	67	34.01%	85	43.15%	6	3.05%	197
Martin	34	16.67%	52	25.49%	116	56.86%	2	0.98%	204
Mecklenburg	2,341	18.49%	3,820	30.17%	6,085	48.05%	417	3.29%	12,663

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Mitchell	28	21.21%	36	27.27%	64	48.48%	4	3.03%	132
Montgomery	63	26.14%	58	24.07%	116	48.13%	4	1.66%	241
Moore	180	17.89%	311	30.91%	504	50.10%	11	1.09%	1,006
Nash	199	22.26%	216	24.16%	471	52.68%	8	0.89%	894
New Hanover	310	16.73%	559	30.17%	970	52.35%	14	0.76%	1,853
Northampton	35	23.33%	38	25.33%	77	51.33%	0	0.00%	150
Onslow	616	17.54%	993	28.27%	1,878	53.47%	25	0.71%	3,512
Orange	160	15.89%	314	31.18%	413	41.01%	120	11.92%	1,007
Pamlico	15	19.23%	25	32.05%	37	47.44%	1	1.28%	78
Pasquotank	75	18.80%	120	30.08%	198	49.62%	6	1.50%	399
Pender	95	17.63%	174	32.28%	264	48.98%	6	1.11%	539
Perquimans	21	19.27%	32	29.36%	56	51.38%	0	0.00%	109
Person	74	21.70%	80	23.46%	163	47.80%	24	7.04%	341
Pitt	350	20.55%	442	25.95%	901	52.91%	10	0.59%	1,703
Polk	20	15.63%	44	34.38%	62	48.44%	2	1.56%	128
Randolph	250	18.62%	359	26.73%	673	50.11%	61	4.54%	1,343
Richmond	130	28.02%	101	21.77%	229	49.35%	4	0.86%	464
Robeson	264	18.57%	288	20.25%	547	38.47%	323	22.71%	1,422
Rockingham	164	21.03%	212	27.18%	400	51.28%	4	0.51%	780
Rowan	322	23.76%	381	28.12%	636	46.94%	16	1.18%	1,355

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Statewide Total	20,139	19.57%	29,264	28.44%	50,425	49.00%	3,081	2.99%	102,909
Rutherford	131	23.27%	158	28.06%	266	47.25%	8	1.42%	563
Sampson	157	21.90%	185	25.80%	362	50.49%	13	1.81%	717
Scotland	57	15.62%	69	18.90%	234	64.11%	5	1.37%	365
Stanly	118	20.77%	169	29.75%	270	47.54%	11	1.94%	568
Stokes	62	17.92%	89	25.72%	181	52.31%	14	4.05%	346
Surry	125	19.23%	180	27.69%	331	50.92%	14	2.15%	650
Swain	19	15.97%	33	27.73%	63	52.94%	4	3.36%	119
Transylvania	56	22.95%	79	32.38%	92	37.70%	17	6.97%	244
Tyrrell	2	7.41%	7	25.93%	18	66.67%	0	0.00%	27
Union	396	18.32%	612	28.31%	1,116	51.62%	38	1.76%	2,162
Vance	127	27.91%	99	21.76%	216	47.47%	13	2.86%	455
Wake	1,962	17.64%	3,324	29.88%	5,378	48.34%	461	4.14%	11,125
Warren	40	29.20%	34	24.82%	57	41.61%	6	4.38%	137
Washington	35	32.11%	32	29.36%	42	38.53%	0	0.00%	109
Watauga	52	17.51%	98	33.00%	143	48.15%	4	1.35%	297
Wayne	323	22.41%	372	25.82%	739	51.28%	7	0.49%	1,441
Wilkes	128	21.02%	174	28.57%	302	49.59%	5	0.82%	609
Wilson	233	28.48%	194	23.72%	382	46.70%	9	1.10%	818
Yadkin	61	19.37%	94	29.84%	150	47.62%	10	3.17%	315
Yancey	30	19.87%	45	29.80%	67	44.37%	9	5.96%	151

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