FCSP ARMS Codes; Version:6/24/2020

Category	ARMS Code	Revision 2020 Service Name	Description	Type/Examples	DAAS 101 Required?	Unit Definition
Category I *Information*	811	Community and Program Planning	This code represents the administrative functions associated with providing information and program promotion. This is often where funding for program staff salaries are reflected.	Community/program planning, development, administration; administrative time needed to complete activities in this category including data entry, accounting, monitoring, quality assurance, etc.	No	Non-unit; budget required
	812	Information/ EducationProgram/ Community Events	This code represents a one-time event (not a series) that has been organized by the FCSP.	Information/educational programs, participation in community events; includes health fairs, senior resource fairs, community outreach events	No	1 event # of audience
	814	ProgramPromotion and Public Information	This code represents distribution of marketing materials on behalf of the FCSP.	Program promotion/public information PSA/radio announcements, social media posts, radio interviews	No	1 activity
	871	FC-Caregiver Information COVID	This code will capture outreach and program promotion related to disaster relief/COVID-19 pandemic.	Examples of things included in this category will include participation in community resource panels on the pandemic, social media posts about caregiver resources specific to disaster related issues, etc.	No	No rate calculation; 1 event or 1 post
Category II *Assistance with Access*	821	Community and Program Planning	This represents administrative time required to carry out FCSP information & assistance, caregiver options planning, and developing caregiver emergency plans. This is where salary and travel costs associated with this category are assigned in ARMS.	Community/program planning.; data entry, accounting, quality assurance, monitoring, maintaining contact logs, copying resource documents, etc.	No	Non-unit; budget required
	822	Information & Assistance (unregistered)	This code represents individual caregiver contacts by phone, email, and social media.	Individual caregiver contacts—each phone call, email, social media interaction can be counted—even when there are multiple interactions made on behalf of the same caregiver.	No	# of contacts
	823	Caregiver Resource Consultation	This code represents a formal consultation session held with a caregiver by the FCSP.	Caregiver resource consultation; includes options counseling sessions, caregiver assessments, caregiver activities such as home visits, care plan implementation support	Yes	1 session
	824	Develop Caregiver Emergency Plan	This code captures a care consultation session specific to preparing for an emergency or natural disaster.	Strategizing with caregiver to develop plan for long-term needs; identify backup supports and resources in the event of acute accident or natural disaster	Yes	1 session
	829	WellnessCalls-COVID	This code captures telephone reassurance and caregiver well-checks specifically related to COVID-19.	Phone calls to assess caregiver well-being and identify needs specific to COVID-19.	No	# of contacts
	872	FC-Information COVIDCARES	This code will capture efforts to support caregivers as they navigate resources and accessing services related to the COVID-19 pandemic. These items are specific to CARES Act funding.	Examples of things included in this category are question/answer consultations between FCSP representatives and caregivers; developing care management and emergency preparedness plans.	No	No rate calculation. **# of sessions # of contacts**

	Code	Service	Description	Examples	Rate Calc?	Unit
Category III *Counseling, Training, and Support Groups*	831	Community and Program Administration	This code represents administrative time required to carry out functions associated with the FCSP's caregiver training, support groups, and counseling services.	FCSP representative time and salary associated with this category of service.	No	Non-unit Budget required.
	832	Caregiver Counseling	This code represents screening and referral for therapy services.	Traditional mental health counseling, grief counseling; stress management; meditation; services provided by a professional mental health provider	Yes	1 session
	833	Support Groups	This code represents group support sessions.	Caregiver support groups, grief groups, disease specific groups, peer support groups	Yes *Sections I, III, VII*	1 Session
	835	Caregiver Training Programs	This category encompasses caregiver training and education programs.	Evidence based health promotion classes for caregivers such as Powerful Tools for Caregivers, Parenting a Second Time Around, Building Better Caregivers. This can also be programs that FCSP representatives develop themselves on disease specific topics or caregiver issues	Yes *Sections I, III, VII*	1 class session
	839	FC-Virtual Support Group COVID	This code represents support groups that are being facilitated virtually, as opposed to traditional in-person support groups due to COVID-19.	Virtual support groups.	*See previous guidance.*	# of sessions # of attendees
	873	FC-Counseling/Training/ Support-COVIDCARES	This code will capture effort to support caregiver's wellbeing and develop coping tools to continue to meet their caregiver needs during the COVID-19 pandemic. *Additional tracking will be required on III-E COVID-CARES Tracking Spreadsheet to detail the support provided.*	Examples of things included in this category are virtual support groups, referrals to mental health professionals, and training classes on issues like social isolation, infection control, and other issues specific to the public health disaster of 2020.	Yes	No rate calculation # of participants AND # of sessions
Category IV *Respite Services*	841	Community and Program Administration	This code represents the administrative time required to carry out function's associated with respite programs.	FCSP representative salary, time required to process respite vouchers; time spent completing respite documentation with caregiver and/or agency staff; etc.	No	Non-unit Budget required.
	842	In-Home Respite	Respite services administered in a care recipients' or caregiver's home to allow the primary caregiver needed temporary relief from caregiving duties	Personal care services; homemaker assistance; home chore service; senior companion/in-home visitor service	Yes	1 hour
	843	Community Respite	Respite services administered in a group setting to allow the primary caregiver needed temporary relief from caregiving duties	Adult day care center; group respite programs; "caregiver day out" programs	Yes	1 day
	844	Caregiver Directed Vouchers	Respite services that allow a primary caregiver to make choices about their care recipient's respite service delivery method to allow needed temporary relief from caregiving duties	Caregiver selects and hires individual of their choice or contracted agency of choice	Yes	No Voucher Based
	846	Residential Facility Respite	Respite services administered in a residential care facility for a set period to allow the caregiver needed temporary relief from caregiving duties	Respite administered in a nursing home or assisted living facility	Yes	1 day

Category IV *Respite Services (Continued)*	847	Older Relative Caregiver Respite (Day)	Respite services provided in a group setting to allow the primary older relative caregiver the needed temporary relief from caregiving duties	Summer camps; after hour school programs; day care services	Yes	1 day
	848	Older Relative Caregiver Respite (Hourly)	Respite services provided in the home to allow the primary older relative caregiver the needed temporary relief from caregiving duties	In-home care	Yes	1 hour
	849	Other Respite Approved by DAAS	Respite services provided through an alternative arrangement not previously categorized	DAAS Approval Required; reviewed on a case by case basis	Yes	N/A
	874	FC-Respite COVIDCARES	This code will capture respite care provided to caregivers during the COVID-19 pandemic. All respite types paid for through CARES Act funding should be coded under this category. *Additional tracking will be required on III-E COVID-CARES Tracking Spreadsheet to identify the type of respite provided.*	Respite services provided to eligible caregivers that is connected to COVID-19 pandemic relief.	Yes	No rate calculation # of hours
Category V *Supplemental Services*	851	Community and Program Administration	This code represents the administrative time required to carry out function's associated with supplemental services.	FCSP representative salary; time spent coordinating supplemental services	No	Non-unit Budget required.
	853	Handy-man Service/Yardwork	Services provided to modify the outside environment or access to dwelling that allows caregiver to continue providing care.	Removal of building/sheds; caulking windows; repairing floors; other issues that present safety concerns if left unaddressed	Yes	1 job
	854	Assistive Technology	Any item, piece of equipment, or product that is used to increase, maintain, or improve functional capabilities of an individual with a disability.	Animatronic pet; adapted spoons; color readers; tablet-type devices for communication; etc.	Yes	1 device
	855	Home Modification/Accessibility	Item or device that modifies home environment for enhanced safety or mobility	Ramps, grab bars, lift device, etc.	Yes	1 modification
	856	Personal Emergency Response Alarm System	One-time installation fee associated with a monitoring system	Life Alert systems; fall sensors; Nest or other system that provides safety monitoring	Yes	1 installation
	857	Incontinence Supplies	Supplies associated with health and hygiene related to incontinence needs	Adult briefs, wipes, bed pads, gloves, etc.	Yes	1 package
	859	Liquid Nutritional Supplements	Items that promote care recipients' nutritional needs; intended to offset cost for caregiver	Boost, Ensure, nutritional shakes; thickener packets	Yes	2 cans/bottles; 1 serving of thickener
	860	Home Delivered Meals (Temporary)	Meals delivered to the home and provided by FCSP for a limited period of time for specific reason	Limited basis to meet specific need	Yes	1 meal
	861	Legal Assistance	Consultation by legal professional to address legal need associated with caregiving	Guardianship issues; custody issues	Yes	1 session
	862	Other Supplemental Approved by DAAS	Necessary supplemental services that are not captured through any other existing code	DAAS Approval required; reviewed on a case by case basis	Yes	N/A
	863	Transportation	Transportation provided by FCSP for a limited period of time for a specific reason	See description.	Yes	1 Way Trip

Category V *Supplemental Services (Continued)*	869	Other Disaster Support- COVID	This code represents miscellaneous caregiver needs associated with COVID-19. ***Additional tracking required on 869-Other Disaster Support Tracking Sheet***	Essential supplies for caregiver related to the COVID-19 pandemic including cleaning products, errands, delivery fees, and other unique items that allow a caregiver to continue providing care at home	Yes	1 item
	875	FC-Supplemental Services- COVIDCARES	This code represents disaster related items that allow a caregiver to continue safely caring for the care recipient at home during the COVID-19 pandemic. *Additional tracking will be required on III-E COVID-CARES Tracking Spreadsheet to identify the item details of supplemental services received.*	Consumable supplies (PPE, cleaning supplies), assistive technologies, safety/DME equipment, and emergency response systems	Yes	# of items