



Umugambi witaho abana batoyi muri Leta ya Carolina y'ubururuko

Kare niwamanya, bokura ni bokura wa

Uko umwana agenda arakura

Abana barakura, bakiga kandi bakagenda batera intambwe mu gukura kwabo mu butandukanye. Hari uwushobora gutambuka uwundi ataragera no guhaguruka nk'uko hari uwushobora kumenya kuvuga uwundi agihoha. Urutonde rw'ibi vyanditse aha musuradufasha kubona nimba vy'ukuri umwana ariko arakura ku murindi mwiza utegekanijwe mu kiringo c'imyaka itatu ya mbere. Aha mwomenya ko umwana wese ari ukwiye atawusa n'uwundi. Ukaba ufise ingorane canke imyitwarariko ku bijanye n'ingene umwana wawe akanura, yumva, yiyunguruza, yakira ubumenyi bushasha, ingene akina canke ingene agiriranira imigenderanire n'abandi, murashobora kwegera umuganga w'abana abegereye canke mukitura ikigo kijejwe gukurikirana uko umwana agenda arakura coba kiri mu micungararo y'aho mubaye(CDSA). Kugira umwana wawe akure neza ndetse no mu bwenge birava no ku VYO WAGIYE URAMUKORERA HAKIRI KARE mu gihe wavyitwararitse.

Ku kwezi 1: Aravyura umutwe iyo aryamye yubitse inda
Araraba kandi akihweza uwumureze mu maso
Habaye induru, arakanguka

Ku kwezi 2: Aba atanguye kuza arasohora ijwi
Hagize ikintu kimuca imbere aragukurikiza amaso
Izosi riraguma akanya gato
Arashobora kubona ibiganza vyiwe



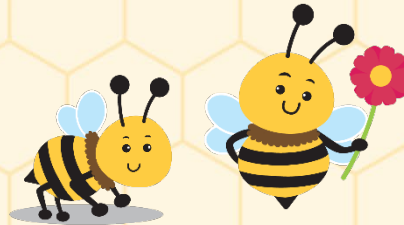
Ku kwezi 3: Aba atanguye kumenya amasura y'abantu
Izosi riraguma umutwe ukaguma uruhande rumwe
Atangura kuza aramwenyurira abantu
Iyo ibirenge vyafashe neza hasi ariteragura iyo hari umuntu amufashe
Arakurikirana ibikinsho iyo bigiye kugira abifate

Ku kwezi 4: Aramwenyura, agatwenga, kandi akaguma ahoha
Arihindukiza yari agaramye ugasanga yubitse
Aravura kugira ashikire ibintu akaza aranabikubita
Aratahura ijwi ry'umuvyeyi ndetse n'iyi amukozeko

Ku Kwezi 5: Aravura agashikira ibintu akabifata ashira mu kanwa
Aba azi gutanga amaboko kugira bamuterure
Arakina atora ibintu yongera abita hasi
Akinisha amaguru n'amaboko

Ku kwezi 6: Aricara akongera agahagurukira ku kintu
Aguma yihindukiza impande zose
Arahindukira kuraba iyo urwamo ruvugiye
Arigana amajwi

Ku kwezi 7: Arikiriza umuntu amweretse ko amwishimiye
Akoresha intoke mu kwiheza ibintu mu kubikorakora
Arahora nk'uwurimwo aravuga



Ku kwezi 8: Arakura ikintu mu kuboko akagishira mu kundi
Arivana hasi akihagurutsa
Atangura gukwega ibintu canke abisunika

Ku kwezi 9: Aravuga indome "Ma-ma" canke "Da-da" abwira abavyeyi biwe
Arakwishura mu bimenyetso (mu kumwenyura)
Arahoha canke agafatanya indome
Aritaba izina ryiwe

Ku kwezi 10: Arasezera akoresheje ibimenyetso
Aravura neza ku maboko no ku mavi
Aranywera mu gikombe iyo bakimufatiye

Ku kwezi 11: Aravuga "Ma-ma" na "Da-da" abwira umuvyeyi wiwe bwite
Aratambukira ku bikoresho vyo mu nzu
Aranywera mu gikombe kandi agaterura n'utu duto duto tutaremye

Ku kwezi 12: Arasohora amajwi akagira n'ibimenyetso bisanzwe
Akoresha n'imiburuburi amajambo atatu
Arakwerekana ico yakunze n'ico yanse





Kare niwamanya, bokura ni bokura wa

Uko umwana agenda arakura

Ku kwezi 13: Arahagarara neza

Arunama gutora ibintu kandi agashobora gushingura

Ku kwezi 14: Arigana ivyo abandi barimwo barakora

Arakinisha udukinisho dutandukanye nk'ibipupe utuduga, ibitabu n'ibindi

Ibikoresho bigaragara

Ku kwezi 15: Arakinisha umupira

Aritambukira neza kandi agashobora kwihagarika we nyene

Arakurikirana iyo uriko umubwira udukuru

Arashobora kwerekana ibihimba vy'umubiri wiwe

Ku kwezi 16: Arugurura igitabu araba amashusho

Aritaho igikinisho cuzuye canke ikindi kintu

Arashobora kuraka iyo habaye ikimubabaza

Ku kwezi 17: Aba atanguye kumenya ingene abantu bakoresha

ibikoresho basanzwe bakenera nka terefone

Arakunda kwishiramwo

Imikino yo kunyonga ivyuma

Ku kwezi 18: Arashobora kuvuga amajambo ari hagati ya 10 na 20

Arashobora gusaba ubufasha

Akoresha ijamba rimwe rimwe mu

kuvuga ico akeneye

Arandikisha ikaramu y'igiti

Arerekana urukundo, arasomana

Arumva amabwirizwa yoroshe

Arashobora gutambuka asubiza umugongo inyuma



Ku kwezi 19: Ararisha ikiyiko canke ikanya

Arashobora kwiruka

Aratera umupira yerekeza kugema ikintu

Araryoherwa no gufasha mu dukorwa hafi y'inzu

Ku kwezi 20: Arashobora kwikura impuzu

Arashobora gutahura amajambo ashika ku 200

Ku kwezi 21: Arakoresha urukurikirane rw'amajambo nka

"shaka mbumbu" canke "genda, bayi"

Arashobora kwiyuriza ingazi intambwe imwe imwe

Ariha gushitsa intumbero zoroshe nk'aho

yipfuzwa gushira ibikinisho

Ku kwezi 22: Aratera umupira awerekeza amaja imbere

Arakurikirana iyo asabwe gukora ibintu biri icarimwe nk'akarorero "Tora ico gikombe ukinzanire"

Ku kwezi 23: Arashobora gutahura amashusho yoroshe

ari mu gitabu

Arazi kwiyerekezako akoresheje amajambo "jewe/yanje"

Arashobora kwigura akabati n'udusandugu

Arakoresha "yambu", "bayi", hamwe na "nyabuna" iyo yavyibutse

Ku kwezi 24: Arishura utubazo tworoshe nk'akarorero

"iki ni igiki?"

Aravugaga mu mazina ibihimba vy'umubiri wiwe bishika bitandatu

Arashobora gukoresha amajambo abiri canke arenga mu guserura icyumviro

Aratera umupira akoresheje amaguru

Arurira ingazi akongera akayimanuka buke buke

Arahana n'abandi iyo ariko akina n'abandi bana



Ku myaka ibiri, abana bato bagenda barushiriza mu kumenya kuvuga mu gukoresha amajambo abiri canke arenga mu kuvuga ico ashaka nk'akarorero "yandi mazi." Amajambo bafise kandi bashobora gukoresha ari hagati ya 50 n'100 hanyuma bagashobora gutahura amajambo ari hagati ya 250 na 300. Barashobora kwirisha bo nyene kandi bagashobora kwigurura akabati n'udusandugu biba vyugaye. Barakunda gusambagura ibintu, bagerageza kumenya ibiri aho baherereye, kandi bakigana ivyo abavyeyi babo hamwe n'abandi bana bakora. Ico ahurirako n'abandi bantu ni umuco wo kwerekana inyifato igaragaza urukundo, gukina yisanzuye, no kugira isoni nyishi iyo ari ahantu hari abantu atazi. Abana bageze kuri iyi myaka barashobora guhitamwo uko ibintu vyabo bikorwa kandi bagashobora no gushavura iyo bitagenze uko bashaka.

Ashikanye imyaka itatu, aha umwana arashobora kwumva ko yigenga cane. Ku bijanye n'ubushobozi bw'umubiri, barashobora kugendagenda bakaduga ingazi canke bakayimanuka eka bakiyambika n'ibirato. Kubijanye n'ubushobozi bwo kuvuga ibintu akoresheje iryungane rigizwe n'amajambo hagati y'atatu n'atanu, barashobora gusuramwo imvugo rusangi abantu bakuze basanzwe bakoresha, baratahura amajambo menshi bashoboka, kandi bakaba bashobora kuvuga amazina hamwe n'imyaka vyabo. Abana bamaze iyo myaka bavutse barashobora kugira imyimenyerezo yo kwiyumvira kugira batore ayandi majambo yerekeye ibikinisho, ibikoko hamwe n'abanru. Barashobora gukina imikino yoroshe hamwe n'abandi bana, kumenya kuvuga neza ibara n'imiburuburi rimwe muri menshi aba abona imbere yiwe, hamwe no kugendesha agakinga k'amapine atatu. Abana bageze kuri iyo myaka baratandukanye mu buryo bagaragaza urukundo n'ibigumbagumba.

Mu buzima dusanzwe tubayemwo, turashobora gusanga izi ntambuko zidasa ku bana bose, ariko zirashobora kubafasha mu gihe muriko murakurikirana abana banyu ingene bariko barakura canke batera intambwe mu bwenge.