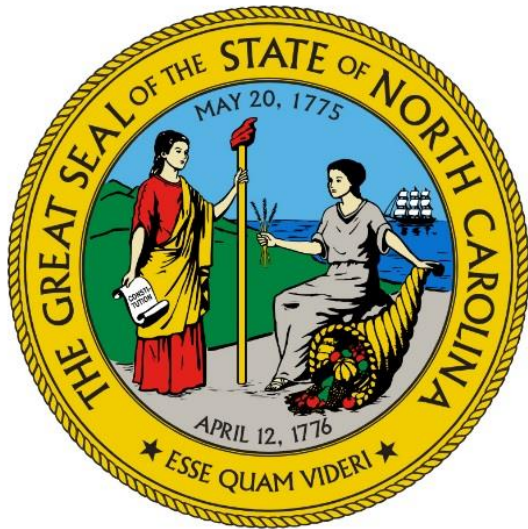




NC Department of Health and Human Services



DHHS Secretarial & Tailored Plan Update

Monday, March 14, 2022

Recover Stronger

*These priorities and our work across the department are grounded in **whole-person health**, driven by **equity**, and responsive to the lessons learned responding to the greatest health crisis in more than a generation.*

Behavioral Health & Resilience



We need to offer services further upstream to build resiliency, invest in coordinated systems of care that **make mental health services easy to access** when and where they are needed and **reduce the stigma** around accessing these services.

Child & Family Wellbeing



We will work to ensure that North Carolina's children grow up safe, healthy and thriving in nurturing and resilient families and communities. **Investing in families and children's healthy development builds more resilient families, better educational outcomes and, in the long term, a stronger society.**

Strong & Inclusive Workforce



We will work to strengthen the **workforce that supports early learning, health and wellness by delivering services** to North Carolina. And we will take action to be an equitable workplace that lives its values and ensure that all people have the opportunity to be fully included members of their communities.

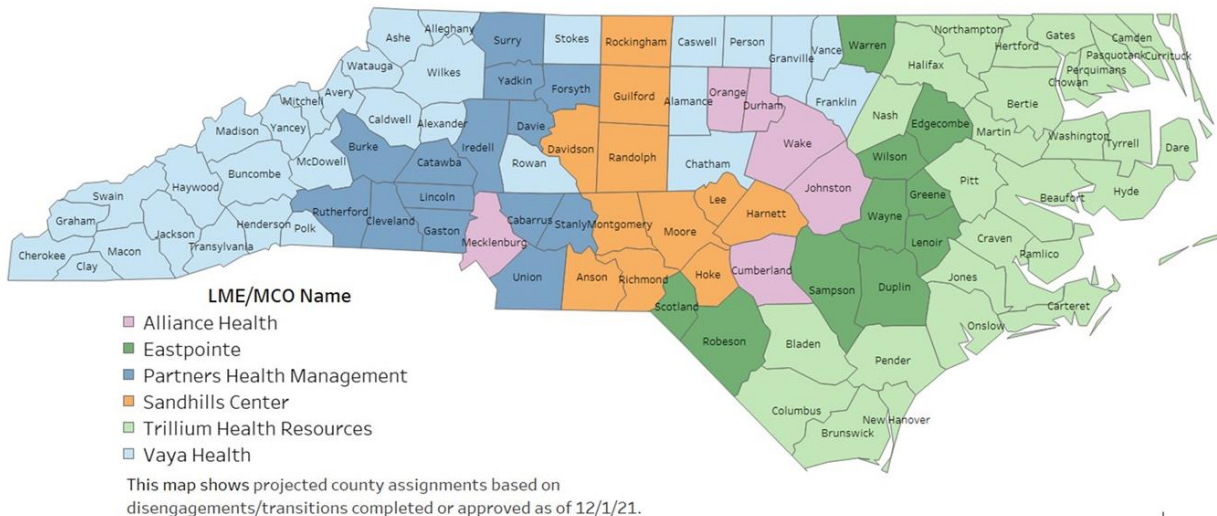
The health insurance coverage gap coupled with insufficient access to affordable care disproportionately impacts Historically Marginalized Populations who have also experienced worse outcomes than others under COVID-19. Medicaid expansion would help close the health insurance coverage gap.

Behavioral Health I/DD Tailored Plans

- **Launching December 2022**
 - Plans will provide the same services as Standard Plans, as well as additional specialized services for individuals with significant mental health and substance use disorders, Intellectual and Developmental Disabilities (I/DDs) and traumatic brain injury (TBI), as well as people using state-funded and waiver services
 - Fully integrated, whole person, physical and behavioral health care
- An estimated 175,000 individuals will enroll in Tailored Plans
- State and Regional Consumer and Family Advisory Committees (CFAC) retain role in advising Tailored Plans and NCDHHS

Why Behavioral Health/IDD Tailored Plans?

Regional Behavioral Health and Intellectual/Developmental Disability Tailored Plans -
Projected County Alignments at Tailored Plan Launch for December 1, 2022



- **Whole person care for those most in need**
- **Community based/Local approach**
 - Local Oversight Boards and CFACs
 - Local Care Management
- **Build upon existing foundation**
 - Leverage existing legislative authority
 - Leverage experience and infrastructure of LME-MCOs
 - Leverage existing behavioral health provider network

Transition to Behavioral Health I/DD Tailored Plan

The transition of NC Medicaid & NC Health Choice programs from predominantly fee-for-service to managed care will drive continued access and improve delivery of care.

Area	Current State LME/MCO Model	Tailored Plan Model
Scope	Behavioral Health Model – Behavioral Health, I/DD and TBI	Integrated Model: Physical Health, Behavioral Health, I/DD, TBI, Pharmacy and LTSS
Entity	Pre-paid Inpatient Health Plan	Prepaid Health Plan
Covered Populations	State-Funded Recipients and NC Medicaid Direct Beneficiaries with full benefits. <i>Excluding: Ages 0-3, Refugees, Health Choice and Legal Aliens.</i>	Serious mental illness, serious emotional disturbance, severe substance use disorder, intellectual/developmental disability or traumatic brain injury may be eligible to enroll in a Behavioral Health I/DD Tailored Plan
CMS Authority/Waiver Type	1915(b)(c)	1115
Care management model	Care Coordination	Tailored Care Management
Contract Type	Two contracts (DHB and DMH)	Single contract
Contract Oversight approach	DHB contract managed within Behavioral Health unit by LME/MCO specific contract managers	Matrix approach with TP staff engaging with DHB/DMH equivalent SMEs. TP Plan Oversight team coordinates contract amendments, leadership escalations and issue resolution.

As allowed in SL 2021-62, NCDHHS will contract with the awarded Tailored Plans for the management of behavioral health, intellectual and developmental disability and traumatic brain injury services for any recipients excluded from PHP coverage.

Standard Plan and Tailored Plan Members

Managed care plans available for beneficiaries will be dependent upon:

➔ Managed Care status

➔ Enrollment rules for residential or administrative county

Standard Plan

Standard Plans provide integrated physical health, behavioral health, pharmacy and long-term services and support to most Medicaid beneficiaries, as well as programs and services that address other unmet health-related resource needs.

- Enrollment is based on beneficiary's **residential county** (county where beneficiary lives).
- Depending on residential county, beneficiaries can choose from either four or five Standard Plans.

Behavioral Health I/DD Tailored Plan

Behavioral Health I/DD Tailored Plans will provide the same services as Standard Plans, as well as additional specialized services for individuals with significant mental health needs, SUDs, I/DDs and traumatic brain injury (TBI Waiver), on the Innovations Waiver, as well as people using state-funded services.

- Enrollment is based on the beneficiary's **administrative county** (county that manages the beneficiary's Medicaid case).
- There is only **one** Tailored Plan per county. If a beneficiary's administrative county changes to a different service area they will move to the Tailored Plan that offers services in that county

BH I/DD Tailored Plan Benefits

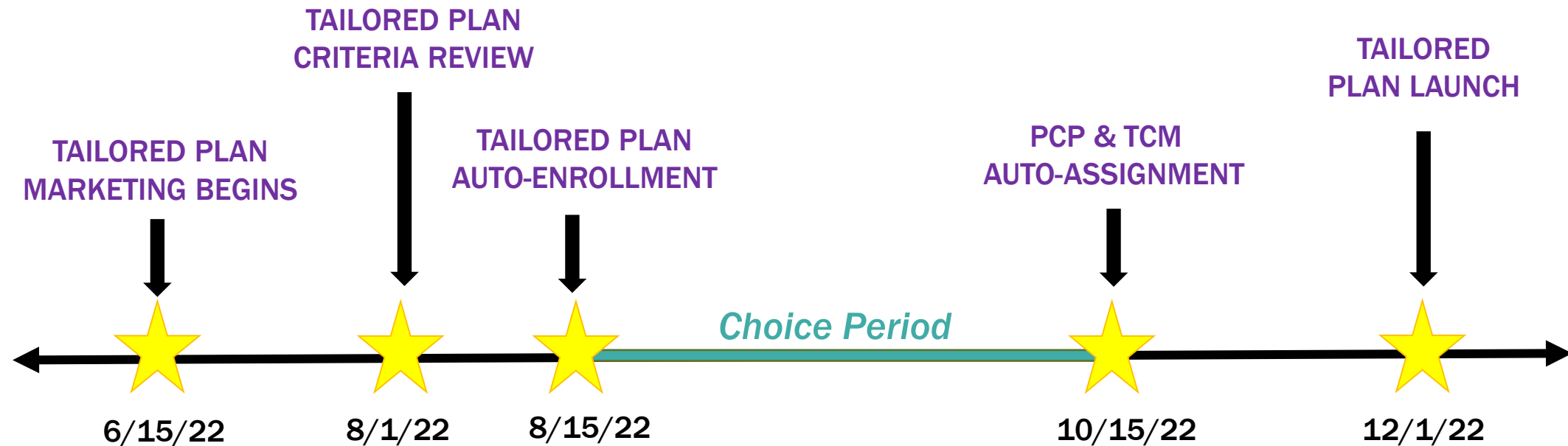
BH I/DD Tailored Plan benefits for individuals with significant behavioral health, intellectual/developmental disabilities and traumatic brain injury needs.

Behavioral Health, I/DD, and TBI Services Covered by Both Standard Plans and BH I/DD Tailored Plan	Behavioral Health, I/DD and TBI Services Covered Exclusively by BH I/DD Tailored Plans (or LME-MCOs Prior To Launch)
<i>Enhanced behavioral health services are italicize</i>	
<p>State Plan Behavioral Health and I/DD Services</p> <ul style="list-style-type: none"> • Inpatient behavioral health services • Outpatient behavioral health emergency room services • Outpatient behavioral health services provided by direct-enrolled providers • <i>Partial hospitalization</i> • <i>Mobile crisis management</i> • <i>Facility-based crisis services for children and adolescents</i> • <i>Professional treatment services in facility-based crisis program</i> • <i>Outpatient opioid treatment</i> • <i>Ambulatory detoxification</i> • <i>Research-based intensive behavioral health treatment</i> • <i>Diagnostic assessment</i> • Early and periodic screening, diagnostic and treatment (EPSDT) services • <i>Non-hospital medical detoxification</i> • <i>Medically supervised or ADATC detoxification crisis stabilization</i> 	<p>State Plan Behavioral Health and I/DD Services</p> <ul style="list-style-type: none"> • Residential treatment facility services for children and adolescents • <i>Child and adolescent day treatment services</i> • <i>Intensive in-home services</i> • <i>Multi-systemic therapy services</i> • <i>Psychiatric residential treatment facilities</i> • <i>Assertive community treatment</i> • <i>Community support team</i> • <i>Psychosocial rehabilitation</i> • <i>Substance abuse non-medical community residential treatment</i> • <i>Substance abuse medically monitored residential treatment</i> • Intermediate care facilities for individuals with intellectual disabilities (ICF/IID) <p>Waiver Services</p> <ul style="list-style-type: none"> • Innovations waiver services • TBI waiver services • 1915(b)(3) services <p>State-Funded behavioral health and I/DD Services State-Funded TBI Services</p>

*DHHS plans to submit a State Plan Amendment to add the following services to the State Plan:

- Peer supports and clinically managed residential withdrawal (to be offered by both Standard Plans and BH I/DD Tailored Plans); and
- Clinically managed low-intensity residential treatment services and clinically managed population-specific high-intensity residential programs (to be offered by BH I/DD Tailored Plans only).

Tailored Plan Timeline and Key Milestones



NOTE: Choice period refers to the time period for members to select a PCP or opt out of their assigned Tailored Plan (if allowed).

- ❑ **Traumatic Brain Injury (TBI) home and community-based services (HCBS) waiver, for individuals who have brain injuries over the age of 18.**
- ❑ **Renewed for 5 years beginning April 1, 2022, through March 31, 2027**
- ❑ **Available in Durham, Johnston and Wake counties**
- ❑ **As result of transition of Orange and Mecklenburg counties, TBI waiver will expand to those counties**
- ❑ **Will expand statewide within this waiver cycle**

Questions and Answers



Comments, questions and feedback are welcome at:

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Medicaid.Transformation@dhhs.nc.gov

Requests for presentations or to provide feedback

Medicaid.NCEngagement@dhhs.nc.gov

General Information

<http://ncmedicaidplans.gov/home>

<https://medicaid.ncdhhs.gov/providers/programs-and-services/behavioral-health-idd/behavioral-health-idd-tailored-plan>