

## NC Senior Tar Heel Athletic Card Distribution Sites

**Directions: Locate your county to determine how to obtain your card**

**Senior Centers only**- If your county is listed below, open the senior center link [here](#) by double-clicking or right-clicking and contacting the senior center located closest to you.  
**Alamance, Alexander, Alleghany, Ashe, Avery, Brunswick, Burke, Caldwell, Carteret, Caswell, Catawba, Columbus, Craven, Davidson, Davie, Duplin, Forsyth, Franklin, Granville, Greene, Guilford, Jones, Lenoir, Montgomery, Mitchell, New Hanover, Onslow, Pamlico, Pender, Person, Randolph, Rockingham, Stokes, Surry, Vance, Warren, Watauga, Wayne, Wilkes, Yadkin, and Yancey**

**Area Agencies on Aging only**- If your county is listed below, contact the organization listed above your county to obtain your card.

### Land of Sky Regional Council

**Buncombe, Henderson, Madison, Transylvania**

339 New Leicester Hwy, Suite 140 | Asheville, NC 28806  
828.251.6622

### Triangle J Council of Governments

**Chatham, Durham, Johnston, Lee, Moore, Orange, Wake**

4307 Emperor Blvd., Suite 110 | Durham, NC 27703  
800.310.9777

### Upper Coastal Plans Council of Governments

**Edgecombe, Halifax, Nash, Northampton, Wilson**

121 W. Nash Street, PO Box 9 | Wilson, NC 27894  
252.234.5952

### Mid-Carolina Council of Governments

**Cumberland, Harnett, Sampson**

6205 Raeford Road, Fayetteville, NC 28304  
910.323.419

### Lumber River Council of Governments

**Bladen, Hoke, Richmond, Robeson, Scotland**

30 CJ Walker Road, COMtech Park | Pembroke, NC 28372  
910.618.5533

**Senior Center or Area Agencies on Aging**- If your county is listed below, contact either the organization listed above your county **or** open the senior center link [here](#) by double-clicking or right-clicking and contacting the senior center located closest to you to obtain your card.

[Southwestern Commission](#)

**Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain**  
125 Bonnie Lane | Sylva, NC 28779  
828.586.1962

[Foothills Regional Commission](#)

**Cleveland, McDowell, Polk, Rutherford**  
PO Box 841 | Rutherfordton, NC 28139  
828.287.2281

[Centralina Regional Council](#)

**Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union**  
9815 David Taylor Drive, Suite 100 | Charlotte, NC 28262  
Call **Austin Canton** at 1-800-508-5777 | email - [aging@centralina.org](mailto:aging@centralina.org)

[Mid-East Commission](#)

**Beaufort, Bertie, Hertford, Martin, Pitt**  
1502 N Market Street, Suite A | Washington, NC 27889  
252.946.8043

[Albemarle Commission](#)

**Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, Washington**  
512 South Church Street, PO Box 646 | Hertford, NC 27944  
252.426.5753