# **REQUEST FOR APPLICATIONS**

Tiered Care Coordination: Governor's Task Force

# North Carolina Department of Health and Human Services

# Division of Mental Health, Developmental Disabilities and Substance Abuse Services REQUEST FOR APPLICATION No. DMH22-001BG-RFA

October 1, 2021 – June 30, 2023 Governor's Task Force Funding

| Application Deadline                                    | 09/10/2021   |              |                            |
|---|--|--------------|----------------------------|
| Funding Title   | Tiered Care Coordination (                               | TCC) Proje   | ect                        |
| Funding Agency  | Division of Mental Health, I<br>Substance Abuse Services | •            |                            |
| Estimated Funding available                             | \$2,200,000 (for up to 4 new approved for funding        | v sites): Up | to 4 applications will be  |
| Catalogue of Federal<br>Domestic Assistance CFDA<br>No. | N/A  |              |                            |
| RFA issuing Agency                                      | DMH/DD/SAS   |              |                            |
| RFA Posted  | 08/13/2021   |              |                            |
| Period of Performance                                   | 10/01/2021 - 06/30/2022                                  |              |                            |
| E-mail Applications and Questions to                    | Petra B. Mozzetti  | Email        | petra.mozzetti@dhhs.nc.gov |

The Request for Application (RFA) announces the availability of funding based on the Legislation and the budget. The RFA includes all the pertinent information and requirements for an applicant to assess their eligibility, competency, and interest in the funding opportunity.

Direct all inquiries to:

NC Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services
RFA.responses@dhhs.nc.gov

#### **TABLE OF CONTENTS**

| Section A - Funding Opportunity   | 3  |
|---|----|
| Section B Application and Submission Specifications   | 9  |
| Section C Programmatic Requirements   | 11 |
| Section D – Application Contents and Instructions   | 15 |
| Attachment A: Line Item Budget and Budget Narrative Sample  | 19 |
| Attachment B: Target Population, Functions, and #'s served for each Tier                            | 20 |
| Attachment C: Cost Estimates of One High Fidelity Wraparound Teams                                  | 22 |
| Attachment D: Continuous Quality Improvement Process  | 24 |
| Attachment E: Training  | 25 |
| Attachment F: Essential Program Elements for High Fidelity Wraparound and Targeted Case  Management | 26 |

#### **Section A - Funding Opportunity**

#### 1. Purpose of Funding Opportunity and Background

NC Division of MH/DD/SAS is seeking up to four (4) Local Managed Entities/Managed Care Organizations (LME/MCOs) to implement successful Child Tiered Care Coordination Pilots. The Child Tiered Care Coordination pilot was developed from the Governor's Task Force on Mental Health. The Tiered Care Coordination model connects two at-risk populations of youth and their families to behavioral health services. Youth and families involved in child welfare and juvenile justice have high rates of exposure to trauma and high behavioral health needs. Assessing, treating, and coordinating their behavioral health and life domain needs can assist social services in maintaining and reunifying youth with their families and can assist juvenile justice in keeping youth from moving deeper into the justice system. This pilot will focus on youth ages 6-21 years of age in two to three judicial districts. The LME/MCO must also subcontract with a Provider who already has a demonstrated record of positive outcomes when serving youth involved with child welfare and/or juvenile justice. Additionally, it is important that the work be family driven and youth guided.

The care coordination pilot will include the following tiers.

- Tier 1: LME/MCO Liaisons and Family Navigator co-located at juvenile justice and child welfare offices.
- Tier 2: Includes Department of Social Services/Juvenile Justice (DSS/JJ) Liaisons and Family Navigator, co-located at juvenile justice and child welfare offices. Applicants can offer additional ideas on how to meet other Care/Coordination/care coordination needs of their child welfare and juvenile justice population in this tier.
- Tier 3: High Fidelity Wraparound (Intensive Care Coordination), an evidence-based planning model with family/ youth support team members for youth entering, currently placed and exiting out-of-home placements—Primary focus population for the pilot

In the pilot site, juvenile justice will continue to use the GAIN Short Screener to identify youth with possible mental health and substance use concerns. The county's department of social services agency will use a screening protocol and tool(s) that are approved by their leadership.

Several critical components for success of the pilot are:

- access to trauma informed comprehensive clinical assessments. Part of the pilot will be training clinicians in provider agencies in conducting a trauma informed comprehensive clinical assessments;
- 2) tracking outcomes and providing data to the university partner and referring interested and eligible families to the evaluation; and
- 3) additional positions at DMH/DD/SAS and through contractors to provide project Coordination and implementation support. These positions will provide the necessary infrastructure for more responsive program development, consultation, and technical assistance in the pilot sites.

The LME/MCO is expected to help achieve the following definable outcomes:

#### **Child Outcomes**

- 1. Improved clinical outcomes
- 2. Engaged in school
- 3. No new legal involvement
- 4. Living at home/community
- 5. Reduced use of crisis services

6. Improved caregiver engagement in services (Local Monitoring Across Agencies)

#### **System Outcomes**

- 1. Shorter times from screening to assessment
- 2. Shorter times from assessment to start of services
- 3. Shorter time from start of service to first Child and Family Team
- 4. Improved rates of completion of services
- 5. Improved connection to community resources

#### 2. Scope of Work

An award based upon successful application for these funds is intended to allow an LME/MCO to develop and implement a child tiered case management model for youth involved with juvenile justice and child welfare. The primary targets are youth involved in juvenile justice and/or child welfare who are entering out-of-home placement, in out-of-home placement or are exiting out-of-home placement and returning to a community-based setting. The LME/MCOs will also connect youth involved with those systems living in the community with assessment and services.

#### **Contractor Duties:**

The LME/MCO will be expected to carefully choose the judicial district/s and to limit its selection of Providers for this service to those who are already have a demonstrated record of positive outcomes when serving youth involved with child welfare and juvenile justice and a willingness to include the culture of the Family workforce. The LME/MCO and its Provider shall adhere to the Tiered Care Coordination structure below and in Attachments B-I.

In the first tier, the LME/MCO will hire (through funding by DMH/DD/SAS) three (3) FTEs per site to serve as Liaisons (2 FTEs) and a Family Navigator (1 FTE) for DSS and JJ involved youth. LME/MCO DSS/JJ Liaisons and Family Navigator will be housed at DSS and Juvenile Justice Offices.

The LME/MCO DSS/Juvenile Justice Liaisons will ensure youth are:

- a. referred to a provider who can complete a clinical assessment or a trauma-informed clinical assessment, and
- b. connected with a provider who will address the needs identified in the assessment. The LME/MCO DSS/JJ Liaisons are typically only involved to connect the young person with appropriate assessment and behavioral health services but can re-engage any time there are concerns the youth is not getting needed behavioral health services. The LME/MCO DSS/JJ Liaisons will work with the Family Navigator who helps engage families in the service system. Family Navigators typically stay involved with families for up to sixty days to ensure families are connected to services and provided support from a family driven perspective.

In the second tier, Targeted Case Management will be explored and may be utilized (making use of Early and Periodic Screening, Diagnostic and Treatment (EPSDT) funding) until the youth is connected to an enhanced service in which case management is embedded. Access to the LME/MCO DSS/JJ Liaisons and Family Navigator is included. In this tier the applicant can also outline other strategies to address the case management/care coordination of youth involved with child welfare and juvenile court who have moderate needs

The third tier is focused on the primary target of this pilot which is youth involved with juvenile justice and/or social services who are exiting or at risk of entering

- a. residential treatment (includes Psychiatric Residential Treatment Facilities (PRTF); Level II,III, IV; or Therapeutic Foster Care)
- b. residential placement with significant functional impairment.

All youth in the third tier will be offered High Fidelity Wraparound which combines service planning across multiple agencies with family and youth peer support. Family and youth peer support will engage youth and caregivers who may be hesitant to participate in services. In addition, family and youth peer support help youth and families learn the skills to navigate service systems and connect families to informal supports in communities. DMH/DD/SAS will provide funding (salary, training, mileage, and technology including data dashboards & reports) for one wraparound team for the initial six (6) months while training and credentialing takes place, and caseloads are built up. Each team can serve up to 48 youth and families. A wraparound team consists of a coach/supervisor, up to four (4) facilitators, up to two (2) family support partners and a youth peer support. One (1) coach/supervisor can supervise four (4) facilitators, two (2) family peer support workers, and one (1) youth peer support worker. Each facilitator can work with 10-12 youth and families so one (1) coach/supervisor can oversee the service planning of 40-48 youth while maintaining a caseload of two (2) youth and families. The provider will maintain a ratio of one (1) facilitator to 10-12 youth/families.

#### Additional Responsibilities of Selected LME/MCO(s)

- 1. Select and subcontract with a Provider for High Fidelity Wraparound and targeted case management.
- 2. Ensure provider HFW staff completes High Fidelity Wraparound training and credentialing process as outlined in the NC High Fidelity Wraparound Training and Credentialing Requirements through the NC High Fidelity Wraparound Training Program as well as other training arranged for this pilot by DMH/DD/SAS Project Staff.
- 3. Ensure provider meets training timeline for HFW credentialing process for each team member within 9-12 months.
- 4. Hire one (1) (each) LME/MCO DSS/Juvenile Liaisons and one Family Navigator. Ensure these staff have foundational training in high fidelity wraparound, recommended five (5) trainings and two (2) electives for Family Partners who navigate by the state family organization and other pilot trainings. Family Navigator should also be a Certified Parent Support Provider (CPSP) or become certified within one (1) year from hire date. Additionally, these staff will be responsible for much of the data collection for the project that will be inputted into the LME/MCO system.
- 5. Involve a local family partner/member from a Family Organization (defined as a non-profit organization that has 51% family and youth board members and an administrator that is a family member), a Certified Parent Support Provider (CPSP), or access support from a family organization, in interview/selection process for Family Navigator and Family and Youth Peer Support positions.
- 6. Use Cross systems approach in working with residential partners to prepare, develop and build capacity for implementation of using of HFW model with youth while in placement.
- 7. Provide training space for all project related trainings.
- 8. Address provider challenges as they arise.
- 9. Seek to develop or adapt services and supports to address the needs of the target population if they do not exist.

- 10. Facilitate delivery of timely trauma informed assessments even if young people are in detention or in other out of home placements. This includes training adequate numbers of clinicians in trauma informed clinical assessments and use of funding mechanisms such as assertive engagement to support timely assessments.
- 11. Provide enhanced rates for trauma informed comprehensive clinical assessments, assessments for youth with problematic sexual behavior, and evidenced based trauma interventions and develop a scope of work to ensure these services, if new, have capacity as a billable service.
- 12. Meet at least monthly with state and local child welfare and juvenile justice staff and state project manager to develop protocols for referral and problem solve local barriers.
- 13. Review or collect baseline and on-going data with provider, DSS, and JJ on the flow of targeted youth through the service system from referral from DSS and Juvenile Justice and for three months after treatment discharge. This may involve the development of a tracking system if one does not exist to track timely connection to assessment, treatment, and coordination of services. Use of the local Juvenile Justice Behavioral Health Partnership's (JJBH) or similar Partnership tracking system can address this requirement.
- 14. Collect program performance data (service counts, costs, outcomes) relating to youth, family, and treatment and ancillary services provided to youth as determined by DMHDDSAS and coordinate data sharing with the university partner. This includes providing a staff member at the LME/MCO who will be responsible for working with the university partner on data collection and data sharing protocols.
- 15. Work in partnership with data collectors, through the University, support completion of youth behavior and family functioning reporting measures within designated time frames.
- 16. Enter (or determine who enters) designated youth and case data (as determined by DMHDDSAS) into an electronic reporting system for aggregation by the LME/MCO for evaluation by the university partner
- 17. Participate with provider, DSS, and JJ in a continuous quality improvement process (client outcomes and system improvement) for the project.
- 18. Share data with DMH/DD/SAS and its evaluation contractor in support of all aspects of the TCC evaluation, including but not limited to Juvenile Justice Substance Abuse Mental Health (JJSAMH) spreadsheets from pilot and comparison counties and service billing data for youth served. Data shared directly with the evaluation contractor shall be subject to data sharing agreements negotiated in good faith between the LME/MCO, DMH/DD/SAS, and the evaluation contractor.
- 19. Be responsible for referring new HFW/TCC youth and families to the University of North Carolina at Greensboro (UNCG) evaluation team within agreed upon timeframe of determination and assist in promoting the evaluation data collection
- 20. Be responsible for directing providers/staff/care coordinators and others involved in service provision and coordination of care to assist UNC-G evaluation team in interviews, focus groups, and other program-level data collection as well as data on cost and administrative work estimates for return on investment analyses

- 21. Submit weekly census updates, monthly reports and invoices, and quarterly project updates to the state project manager and participate as needed (minimally monthly in the initial six months) in conference calls and meetings with DMHDDSAS or the state project manager.
- 22. Ensure the selected provider receives all HFW training, credentialing, and fidelity monitoring through the North Carolina High Fidelity Wraparound Training Program (HFW TP).
- 23. Partner with JJ and DSS to identify an agency provider(s) that will complete assessments for the project. (Agreement with selected provider(s) to be included in the supporting documents section in the application packet)

#### Responsibilities of Provider:

- 1. Hire one High Fidelity Wraparound team (team coach/supervisor, 4 facilitators, 2 family peer support, and 1 youth peer support) following Wraparound staff requirements. See Attachment F for staff requirements for Wraparound.
- 2. Involve family representative from a local Family Organization, Nationally Certified Parent Support Provider (CPSP), or access support from a family organization, in interview/selection process for Family Navigator and HFW Family and Youth Peer Support positions.
- 3. Develop training plan and work closely with High Fidelity Wraparound Implementation Specialist to engage in credentialing process for team members and ongoing coaching with Coaches/Supervisors. See Attachment H for Training and Credentialing processes.
- 4. Meet training timeline for HFW certification process: After attending Foundations Training, the Coach will have up to 12 months to become credentialed. After the first youth and family assignment, a HFW Facilitator, Family Support Partner or Youth Support Partner has up to 12 months to become credentialed.
- 5. Ensure Family Peer Support team member meets the National Certification for Parent Support Provider (CPSP) within 18 months of employment as HFW Team member.
- 6. Ensure Youth Peer Support team member attends Peer2Peer training within one year of employment as HFW Team member.
- 7. Train High Fidelity Wraparound staff following the NC High Fidelity Wraparound Training and Credentialing requirements through the NC High Fidelity Wraparound Training Program. Have senior leadership attend first day of Wraparound training.
  - a. It is imperative that the provider identify a program management or upper leadership staff person to complete HFW foundations training and can function in the role of the Coach in the event that role becomes vacant.
- 8. Complete the chosen outcome tools on youth and families served by the pilot at the expected collection points.
- Collect program performance data (service counts, case outcomes) relating to youth, family, and treatment and ancillary services provided to youth as determined by DMHDDSAS and provide data LME/MCO or designee.
- 10. Complete Wraparound Fidelity Index Short Form (WFI-EZ) according to collection timeframes on HFW Team Planning process. The WFI-EZ is a brief, self-administered survey that measures adherence to the Wraparound principles. Respondents (caregivers, youth, facilitators, and team members) answer questions in three categories: Experiences in Wraparound (25 items), Satisfaction (4 items), and Outcomes (9 items).

Data result in quantitative summaries of Total Fidelity, Key Element Fidelity Scores (Effective Teamwork, Needs-Based, Natural & Community Supports, Strength and Family Driven, and Outcomes-Based), Satisfaction, and Outcomes.

(<a href="https://depts.washington.edu/wrapeval/content/quality-assurance-and-fidelity-monitoring">https://depts.washington.edu/wrapeval/content/quality-assurance-and-fidelity-monitoring</a>)
The WFI-EZ surveys will be entered in to the national WrapTrack data base and evaluated by

11. Meet with state and local stakeholders and the state project manager to develop protocols for referral from both DSS and Juvenile Justice. Supporting documentation should indicate support for this development from both DSS and JJ.

North Carolina's Tiered Case Management evaluator, UNC Greensboro.

- 12. Meet monthly to make adjustments in the protocol, address challenges as they occur, share progress and outcomes from the pilot, and participate in a continuous quality improvement process for the pilot. The provider could use local Juvenile Justice Behavioral Health (JJBH), or a similar Partnership, if this group could meet this requirement. If using JJBH, supporting documentation should indicate that DSS is willing to be engaged with this process with modifications based on DSS definitions.
- 13. Attend local Department of Social Services and Juvenile Court staff meetings as needed to explain pilot program activities (referral, services, discharge).
- 14. Agree to serve youth involved in juvenile justice and child welfare systems who are privately insured and uninsured.

#### Responsibilities of DMHDDSAS:

- 1. Provide funding for one LME/MCO DSS Liaison, and one Juvenile Justice Liaison, one Family Navigator, and one High Fidelity Wraparound Team
- 2. Contract with a project manager to work with provider, trainers, LME/MCOs, juvenile justice, and Division of Social Services to implement and monitor the project.
- 3. Work with the NC Child Treatment Program to convene training and certification process for trauma informed assessments. Conduct monthly (or as needed) conference calls and meetings with LME/MCO staff, provider, and local department of social services and juvenile justice.

#### 3. Eligibility

Eligible applicants are LME/MCOs. LME/MCOs are encouraged to review and consider submission of an application for these funds. LME/MCOs must select a judicial district/s within their catchment area, and LME/MCO's are encouraged to select a judicial district where they already have a foundation of positive relationships with their local department of social services and juvenile justice and where there are providers with a proven record in serving youth involved in these systems.

#### 4. Federal Award Information

o **N/A** 

#### 5. Federal Funding Accountability and Transparency Act (FFATA)

N/A

#### 6. Funding Availability and Duration

DMH/DD/SAS has funding for this pilot for the first year from July 1, 2021 through June 30, 2022. This pilot will be funded for up to 18 months, with potential for extension. Funding for each year is

contingent upon approval by DMH/DD/SAS, as well as continued funding availability. Funding has been made available from an appropriation to support recommendations from the Governor's Task Force on Mental Health and Substance Use. Sustainability will be based on the development of a service definition for High Fidelity Wraparound, a model of intensive care coordination combined with facilitated service and support planning and family and youth support. Successful applicants will either have already submitted an in lieu of service definition for High Fidelity Wraparound to NC Medicaid or applicants agree to submit one within six months of award of these funds.

#### Section B-- Application and Submission Specifications

#### 1. How to Apply

The RFA and instructions can be obtained by going to <a href="https://www.ncdhhs.gov/about/grant-opportunities/mental-health-developmental-disabilities-and-substance-abuse-services-grant-opportunities">https://www.ncdhhs.gov/about/grant-opportunities/mental-health-developmental-disabilities-and-substance-abuse-services-grant-opportunities</a>. Applications must be typed and presented with the same topic headings and in the same order as set forth in Section C of this RFA. All applications must include a cover page. The cover page shall include:

- A. The applicant's name and address
- B. Title of the Project
- C. Title and the number of the RFA
- D. Name and contact information of the authorized official of the agency
- E. The website of the agency (if any)

Applications must be received no later than <u>2:00 p.m. September 10, 2021</u>. Applications received after 2:00 p.m. will be classified as late and will not be considered for funding. Faxed or emailed applications will NOT be accepted. Please send your application via email to: RFA.responses@dhhs.nc.gov.

#### 2. Number of copies required

One (1) complete electronic version of the application, including all attachments is required. The original application must contain the digital signature of an authorized official of the applicant's agency.

#### 3. Written Questions

All inquiries regarding the funding opportunity must be submitted via email to <a href="mailto:RFA.responses@dhhs.nc.gov">RFA.responses@dhhs.nc.gov</a> by <a href="mailto:August 25">August 25</a>, <a href="mailto:2021">2021</a>.

#### 4. Application Selection and Scoring

Scoring chart is provided below:

| TOTAL   | 100 POINTS |
|---|------------|
| F. Supporting Documentation                   | 5 POINTS   |
| E. Budget and Narrative                       | 5 POINTS   |
| D. Project Narrative                          | 10 POINTS  |
| C. Applicants approach to the problem         | 20 POINTS  |
| B. Organization Background and Qualifications | 60 POINTS  |
| A. Application Summary                        | 0 POINTS   |

#### 5. Required Documentation

Upon approval of the application, the following documents will be required:

- A. Proof of non-profit status
- B. Conflict of Interest Policy
- C. Signed State and /or Federal Certifications
- D. Proof of no overdue taxes

# 6. Division of Mental Health, Developmental Disabilities and Substance Abuse Services reserves the right to:

- A. Modify the application and budget after consulting with the applicant. Items that may be modified include, but are not limited to goals, costs, performance and reporting requirements.
- B. Allow or disallow budget amendments during the performance period of the project.
- C. Monitor the program based on the Division's Subrecipient Monitoring plan.
- D. Implement any change or requirement mandated by State or Federal government during the life of the project.

#### 7. Applicant Financial Capacity

Applicants must have the financial capacity to operate without reimbursement for at least 90 days of the project period. Applicant funded through this grant must submit all requests for payment and expenditure reports by the 10<sup>th</sup> of each month following the month of service.

It is further required that the selected provider submit their financial status report to the LME/MCO and to the Division by the 10<sup>th</sup> of each month. The FSR can be submitted to Petra Mozzetti: <a href="mailto:petra.mozzetti@dhhs.nc.gov">petra.mozzetti@dhhs.nc.gov</a>

#### 8. Match Requirement

N/A

#### 9. Period of Performance

Initial allocation period is: 09/01/2021 through 06/30/2022. An additional 6-9 months of funding will be provided with the understanding that funds are not guaranteed.

#### 10. Costs

Allowable and appropriate costs must be reasonable and necessary to provide the services. Funding may be used for start-up costs and for ongoing operational costs related to direct provision of services. For SFY 21, LME/MCOs and service providers could be expected to earn any portion of the dollars allocated toward service provision through new State Service Definitions and standard UCR claims submission and payment processes if the corresponding policies and procedures are in place.

#### 11. Contractual Services

Contractual services are allowed in order to achieve the goals of the project. Contractual service under a subaward is used to procure services and goods. The budget narrative should include justification for the contractual services. The LME/MCO will be expected to carefully choose the judicial district and to limit its selection of Providers for this service to those who already have a demonstrated record of positive outcomes when serving youth involved with child welfare and

juvenile. The LME/MCO and its Provider shall adhere to the tiered care coordination structure below and Attachments B-I.

#### Section C -- Programmatic Requirements

The LME/MCO will be expected to carefully choose the judicial district and to limit its selection of Providers for this service to those who already have a demonstrated record of positive outcomes when serving youth involved with child welfare and juvenile.

#### The LME/MCO will:

- Share data with DMH/DD/SAS and its evaluation contractor in support of all aspects of the TCC evaluation, including but not limited to JJ SAMH spreadsheets from pilot and comparison counties and service billing data for youth served. Data shared directly with the evaluation contractor shall be subject to data sharing agreements negotiated in good faith between the LME/MCO, DMHDDSAS, and the evaluation contractor.
- Be responsible for referring new HFW/TCC youth and families to the UNCG evaluation team within agreed upon timeframe of determination and assist in promoting the evaluation data collection
- Be responsible for directing providers/staff/care coordinators/and others involved in service
  provision and coordination of care to assist UNCG evaluation team in interviews, focus groups,
  and other program-level data collection as well as data on cost and administrative work
  estimates for return on investment analyses

The LME/MCO and its Provider shall adhere to the tiered care coordination structure below.

The LME/MCO will fund (through funding by DMH/DD/SAS) 4 FTEs to serve as: liaisons for DSS and Juvenile Justice Involved youth (2 FTEs); a Family Navigator (1 FTE); a LME/MCO Project Manager (0.5 FTE) and a LME/MCO Data Manager (0.5 FTE). The expectation is that the LME/MCO DSS/Juvenile Justice Liaisons and Family Navigator will be embedded at DSS and Juvenile Justice.

In the first tier, the LME/MCO DSS/Juvenile Justice Liaisons will ensure youth are: 1) referred to a provider who can complete a clinical assessment or a trauma-informed clinical assessment, and 2) connected with a provider who will address the needs identified in the assessment 2) and to coordinate the tracking of above actions/information with the data manager for the tracking spreadsheet. Additionally, Family Navigator support should be family driven and the Family Navigator, DSS and Juvenile Justice will develop protocols to support family driven access. The LME/MCO DSS/Juvenile Justice Liaisons are typically only involved to connect the young person with appropriate assessment and behavioral health services but can re-engage any time there are concerns the youth is not getting needed behavioral health services. The LME/MCO DSS/Juvenile Justice Liaisons will work with the Family Navigator who supports engaging families in the service system. Family Navigators typically stay involved with families for up to sixty days to ensure families are connected to services.

In the second tier, youth involved with juvenile justice or social services who meet the entrance requirements are also eligible for Targeted Case Management through EPSDT funding. The agency provider will have access to the support of the LME/MCO DSS/JJ Liaisons and Family Navigator. In

this tier the applicant can also outline other strategies to address the case management/care coordination of youth involved with child welfare and juvenile court who have moderate needs.

The third tier is focused on the primary target of this pilot which is youth involved with juvenile justice or social services who are 1) entering residential placement, 2) exiting residential placement or release from a Youth Development Center within 60 days and 3) youth at risk of entering residential placement and who also have significant functional impairment. Youth in the third tier will be offered HFW which combines service planning across multiple agencies with family and youth support. HFW is an evidence-based practice driven by the National Wraparound Initiative (NWI). This structured, team-based process uses a nationally recognized model to partner with families using their vision, strengths, and priorities to develop a family-driven planning process that promotes self-advocacy and independence. HFW assures family voice and decision-making drives an integrated, holistic planning process that focuses on helping families achieve their unique, individualized vision and gain the skills and confidence to identify, plan for, and sustain action steps for meeting their future needs. HFW Teams serve youth six (6) through 21 years with serious emotional disturbances (SED).

In addition, HFW emphasizes that Family and Youth Support Partners will engage youth and caregivers who may be hesitant to participate in services. Family and Youth Support Partners help youth and families learn the skills to navigate service systems and connect families to informal supports in communities. DMH/DD/SAS will provide funding (salary, training, mileage, and technology) for up to four (4) wraparound teams. Each team can serve 40 – 48 youth and families. A wraparound team consists of a Coach/Supervisor, Facilitators, Family and Youth Support Partner. One Coach/Supervisor can supervise four (4) Facilitators, two (2) Family Support Partners, and one (1) Youth Support Partner. Each Facilitator can work with 10 – 12 youth and families so one coach/supervisor can oversee the service planning of 40 – 48 youth while maintaining a caseload of two (2) youth and families. The provider will maintain ratio of one (1) facilitator to 10 – 12 youth/families.

#### Additional Responsibilities of Selected LME/MCO(s)

- 1. Select and subcontract with a Provider for HFW and Targeted Care Coordination.
- Conduct Readiness Assessment with Provider Agency to identify strengths and areas of concern that will be targeted early with the HFW implementation team: Assessment should be conducted <u>prior to</u> being awarded the pilot project.
- 3. Ensure provider staff completes HFW training and credentialing process as outlined in the NC HFW Training and Certification Requirements as well as other training arranged for this pilot by DMH/DD/SAS Project Staff.
- 4. Ensure provider meets training timeline for HFW credentialing process as outlined by NC HFW Training program: after attending Foundations Training, the Coach will have up to 12 months to become credentialed. After the first youth and family assignment, a HFW Facilitator, Family Support Partner and Youth Support Partner has up to 12 months to become credentialed.
- 5. Ensures HFW teams are trained, coached, and monitored by the NC HFW Training program.
- 6. Hire one (1) LME/MCO DSS/Juvenile Liaisons and one (1) Family Navigator and appoint a Project Manager and a Data Manager. Ensure these staff attend HFW Foundations training and additional recommended trainings. Family Navigator should also be or

- become a Certified Parent Support Provider (CPSP) or become certified within one year from hire date.
- 7. Involve a local family partner/member from a Family Organization (defined as a non-profit organization that has 51% family and youth board members and an administrator that is a family member), a CPSP, or access support from a family organization, in interview/selection process for Family Navigator.
- 8. Provide or arrange for training space for all project related trainings.
- 9. Address provider challenges as they arise.
- 10. Use cross systems approach while engaging and educating partners around HFW principles to include services that are family driven and youth guided, collaborative, use of natural supports, community based, culturally competent, and strengths based.
- 11. Engage and educate residential providers and the LME/MCO's child Care Coordinators about working with the HFW teams while youth are in placement to focus on reducing length of stays and engaging families while the youth is in placement.
- 12. Seek to develop or adapt services and supports to address the needs of the target population if they do not exist.
- 13. Facilitate delivery of timely trauma informed assessments even if young people are in detention or in other out of home placements. This includes training adequate numbers of clinicians in trauma informed clinical assessments and use of funding mechanisms such as assertive engagement to support timely assessments.
- 14. Provide enhanced rates for trauma informed comprehensive clinical assessments, assessments for youth with problematic sexual behavior, and evidenced based trauma interventions.
- 15. Meet monthly to adjust the protocol, address challenges as they occur, share progress and outcomes from the pilot, and participate in a continuous quality improvement process for the pilot. Local Juvenile Justice Substance Abuse Mental Health Partnerships (JJBH), or similar Partnerships will be accepted, if the partnership(s) will assist the LME/MCO in meeting the RFA requirements. Partnerships with local DSS, JJ, and/or other community stakeholders is strongly encouraged.
- 16. Meet with state and local child welfare and JJ staff and State Project Manager to develop protocols for referral.
- 17. Review or collect baseline and on-going data with provider, DSS, and JJ on the flow of targeted youth through the service system from referral from DSS and JJ and for three (3) months after treatment discharge. This may involve the development of a tracking system if one does not exist to track timely connection to assessment, Family Navigator or HFW Teams, treatment, and coordination of services. Use of the local JJBH, or similar partnership, tracking system can address this requirement.
- 18. Collect program performance data (service counts, costs, outcomes) relating to youth, family, and treatment and ancillary services provided to youth as determined by DMHDDSAS and coordinate data sharing with the university partner. This includes providing a staff member at the LME/MCO who will be responsible for working with the university partner on data collection and data sharing protocols.
- 19. Work in partnership with data collectors, through UNCG, and support completion of youth behavior and family functioning reporting measures at case initiation, at designated (typically three (3) or six (6) month intervals) progress points, at case closure, and three (3) months after closure.

- 20. Enter (or determine who enters) designated youth and case data (as determined by DMH/DD/SAS) into an electronic reporting system for aggregation by the LME/MCO for evaluation by UNCG per data sharing agreement.
- 21. Participate with provider, DSS, and JJ in a continuous quality improvement process (client outcomes and system improvement) for the project.
- 22. Follow protocol recommendations for partnerships between DSS and LME/MCO's as developed by the NC Institute of Medicine and Duke Endowment Project as it relates to this project: (<a href="http://nciom.org/bridging-local-systems-strategies-for-behavioral-health-and-social-services-collaboration-2/">http://nciom.org/bridging-local-systems-strategies-for-behavioral-health-and-social-services-collaboration-2/</a>)
- 24. Attend local DSS and Juvenile Court staff meetings as needed to explain pilot program activities (referral, services, discharge).
- 25. Submit weekly census reports, monthly invoices, monthly project updates, and quarterly reports to the state project manager and participate as needed (at a minimum, on a monthly basis for the first six (6) months) in conference calls and meetings with DMH/DD/SAS or the State Project Manager. Reports should include updates on census trends, trainings and attendees, HFW certification progress, learning collaboratives (Trauma Assessments) plans to address and resolve local barriers.
- 26. At least six (6) months prior to the end of grant funding, determine a process for sustainability with representation from partners and stakeholders and the State.
- 27. LME/MCO will facilitate a contract with their provider and the contract will ensure ongoing training and fidelity monitoring for sustainability with NC HFWTP and a family organization.

#### Responsibilities of Provider:

- a. Hire one (1) Assessor/Targeted Care Manager and one (1) Wraparound team if referrals support needs (team = Coach/Supervisor, four (4) Facilitators, two (2) Family Support Partner, and one (1) Youth Support Partner) following Wraparound staff requirements per NC HFW Training Program. See Attachment F for staff requirements for Wraparound.
- b. Involve Family Representative from a local Family Organization, Nationally CPSP, or access support from a statewide family organization, in interview/selection process for HFW Family and Youth Support Partner positions.
- c. Work closely with NC HFWTP Implementation Specialist to engage in training and credentialing process for team members and ongoing coaching with Coaches/Supervisors. See Attachment H for Training Certification processes.
- d. Meet best practice timeline for HFW certification process: after attending Foundations Training, the Coach will have up to 12 months to become credentialled. After the first youth and family assignment, a HFW Facilitator, Family Support Partner or Youth Support Partner has up to 12 months to become credentialled.
- 4. Ensure Family Support Partner team member meets the National CPSP within one (1) year of employment as HFW Team member.
- 5. Ensure Youth Support Partner team member attends two (2) trainings within one (1) year of employment as HFW Team member.
- 6. Send TCC team members to state level meetings on implementation and fidelity.
- 7. Have senior leadership attend a one (1) day Wraparound training.
- 8. Complete the chosen outcome tools on youth and families served by the pilot.
- 9. Collect program performance data (service counts, care outcomes) relating to youth, family, and treatment and ancillary services provided to youth as determined by DMH/DD/SAS and provide data LME/MCO or designee.

10. Complete WFI-EZ according to collection timeframes as noted in the NC HFWTP protocol titled Continuous Quality Improvement Using the Wraparound Fidelity Index – Short Form (WFI-EZ). According to the Wraparound Evaluation and Research Team website, "the Wraparound Fidelity Index, Short Version (WFI-EZ) is a brief, self-administered survey that measures adherence to the Wraparound principles. Respondents (caregivers, youth, facilitators, and team members) answer questions in three (3) categories: Experiences in Wraparound (25 items), Satisfaction (4 items), and Outcomes (9 items). Data result in quantitative summaries of Total Fidelity, Key Element Fidelity Scores (Effective Teamwork, Needs-Based, Natural & Community Supports, Strength and Family Driven, and Outcomes-Based), Satisfaction, and Outcomes." (<a href="https://depts.washington.edu/wrapeval/content/quality-assurance-and-fidelity-monitoring">https://depts.washington.edu/wrapeval/content/quality-assurance-and-fidelity-monitoring</a>)

The WFI-EZ surveys will be entered in to the national WrapTrack data base and evaluated by North Carolina's Tiered Care Coordination evaluator, UNCG. NC HFWTP Implementation Specialists will also use WFI-EZ data to support and inform HFW Coach and Team member skill development plans.

- 11. Meet with state and local stakeholders and the state project manager to develop protocols for referral from both DSS and JJ. Supporting documentation should indicate support for this development from both DSS and JJ.
- 12. Attend local Department of Social Services and Juvenile Court staff meetings as needed to explain HFW and targeted case management (referral, services, discharge).
- 13. Agree to serve youth involved in juvenile justice and child welfare who are privately insured and uninsured.

#### <u>Section D – Application Contents and Instructions</u>

The application shall include the following list of items:

#### 1. Summary (2 page limit)

The summary encompasses all the key points necessary to communicate the objectives of the project. It is the cornerstone of the application, and the initial impression of the plan. In many cases, the summary is the first part of the application package seen by the agency and can play an important role in the acceptance or the denial of the application.

# 2. Organization Background and Qualifications. (Describe the organization and its qualifications for funding) (Up to 60 points)

- A. Please describe the following (up to 20 points):
  - i. Current array of child/adolescent services including any services targeted for youth involved with child welfare and/or juvenile justice.
  - ii. Current array of child crisis services.
- iii. How this Tiered Care Coordination Pilot would support your LME/MCO's efforts to improve child/adolescent outcomes especially for youth involved with child welfare and iuvenile justice.
- iv. Collaborative efforts with the Department of Social Services and JJ Office(s) in your selected judicial district resulting in the improved outcomes or processes for youth involved in child welfare or juvenile justice.

- v. Efforts to monitor the implementation of child/adolescent evidenced based practices and your LME/MCO's role in fidelity monitoring.
- vi. Capacity for data tracking across the LME/MCO functions (such as care coordination, utilization management, etc.). Also, name the individual(s) at the LME/MCO who will be responsible for monitoring data being inputted for the project, de-identifying the data and providing it to UNG for analyses.
- vii. Summary of other projects or grants which currently exist in this catchment area, especially HFW Teams, or for which an application has been submitted and is pending. Describe how the organization would manage the TCC project with the other awards including managing the necessary data collection processes with TCC, communication to stakeholders and provider about differences in protocols/processes among grants, and quality oversight.
- viii. If you have a PRTF provider(s) or other residential provider(s) that you'd want to work with on this project, please elaborate on this partnership and provide some explanation regarding how TCC will be implemented.
- ix. Capacity to coordinate and promote shorter lengths of stay and HFW delivered in conjunction with residential services to residential providers (PRTFs, residential program levels 3 and 4, foster care placements, etc.)
- x. What will the LME/MCO offer as an enhanced rate to support these Trauma Informed Clinical Assessments for youth involved with child welfare and juvenile court?
- xi. As a LME/MCO, what recommendations or suggestions do you have to enhance this pilot as currently described?
- xii. The selected LME/MCO will need to ensure they can train sufficient numbers of clinicians to conduct Trauma Informed Clinical Assessments. A description of these Trauma Informed Clinical Assessments can be found in Attachment F. Please describe how clinicians will be chosen.
- xiii. The selected LME/MCO will need to serve youth involved in juvenile justice and child welfare who are privately insured and uninsured. Please describe how these youth would have access to your system's array of state funded services. Also, describe how the outcomes of privately insured youth will be tracked.
- xiv. Name of Provider for HFW and TCC.
- xv. Description of capacities of selected provider to meet the needs of the target population:
  a) Please describe and provide examples of (**up to 20 points**):
  - The provider's capacity to address the needs of youth with mental health, SUD and co-occurring intellectual/development disabilities. This includes any documentation of the number of youths involved with child welfare and juvenile justice that have been served by the provider.
  - How will the provider hire and supervise the necessary staff in the required timeframes to ensure the best matched, experienced staff are hired.
  - This provider's past collaborative efforts with your LME/MCO, local department of social services and juvenile justice.
  - Evidenced based or informed practices this provider has successfully implemented. Please note any required use of fidelity measures and provide examples of their tracking systems.
  - How has the provider consistently and innovatively improved the outcomes of youth involved with child welfare and juvenile justice? Attach relevant outcome summaries and examples of continuous quality improvement processes.

- This provider's experience collaborating with residential providers and the ability to educate, communicate and implement the HFW Model to bring youth back to the community and ensure shorter lengths of stay.
- Current involvement with family and youth members at the collaborative level.
  Please include description of roles and responsibilities family members
  provided (i.e. interviewing processes, collaborative team member/partner,
  policy input) Does the provider have a statewide or local presence? Is the
  provider a not for profit organization? Provide the name, position, and contact
  information of the provider Coordination team member who will be directly
  responsible for implementation of this initiative.

#### B. Judicial District (up to 20 points):

- i. What judicial district has been chosen?
- ii. Provide the name, position, and contact information of the Chief Court Counselor who will be directly responsible for implementation of this initiative.
- iii. Provide the name, position, and contact information of the Department of Social Services staff who will be directly responsible for implementation of this initiative.
- iv. Please describe any current or past collaborative efforts that support the care for the selection of this judicial district for launching this TCC pilot.

#### C. Letters of Support (Pass/Fail):

- i. LME/MCO must demonstrate collaboration with their chosen provider as well as the Chief Court Counselor and Department of Social Services Director(s) in the chosen judicial district. Please attach letters from these three collaborators. There is also a page for signatures from the leadership staff reflecting they have reviewed the requirements of this application.
- D. Name of Chosen Provider (Pass/Fail)
- E. Completed Readiness Assessment

#### 3. Applicant's approach to the problem (up to 20 points)

Provides an understanding and description of aligning the goals of the funding and the application. This section should also include the methods of achieving the set goals. Goals, objectives, and outcomes of the project shall be SMART (Specific, Measurable, Achievable, Realistic and Timebound).

- A. **Goals**: A goal is something your organization is planning to achieve through this project. A goal should be realistic and measurable.
- B. **Objectives**: Objectives describe how the goal is going to be achieved. The objectives must be specific, measurable and achievable in a specified time.
- C. **Outcomes**: Outcomes reflect what is the expected result at the end of the performance period.

**Example of Goals, objectives and outcomes** 

| Purpose of          | Goal                    | Objective                  | Outcome           |
|---------------------|-------------------------|----------------------------|-------------------|
| Funding             |                         |                            |                   |
| Improve literacy    | By June 30, 2020, the   | By August 31, 2019, test   | By June 30, 2020, |
| skills for children | after-school program    | the all children's reading | 50% economically  |
| and students from   | will help 200           | level.                     | challenged        |
| 1-12 grade in North | economically            |                            | children in Dare  |
| Carolina.           | unprivileged children   | By September 30, 2019,     | County will be    |
|                     | to read at grade level. | identify children who are  | reading at grade  |
|                     |                         |                            | level.            |

| reading lower than grade level.  |  |
|--|--|
| During October 01,<br>2019 - May 31, 2020,<br>provide individual<br>reading session for 30<br>minutes every day,<br>provide age appropriate<br>books to the children,<br>and assist in |  |
| comprehension.   |  |
| By June 30, 2020 retest and identify children's reading levels.  |  |

#### 4. Narrative

Explains the relevance of the project. It details the tasks and/or services that the applicant will provide. Applicant should include information like the implementation plan, schedule, and the desired outcomes.

#### 5. Budget and Narrative

The RFA line item budget shall constitute the total cost to provide the services. The line items should be necessary, allowable, and reasonable. For example, if setting a salary for a position, check the fair market value for the salary of the similar position in the similar area. The budget should indicate a clear relationship with the project.

Every line item should have a narrative. A budget narrative is the justification of how and why a line item is required to meet the goal of the project.

#### 6. Supporting Documentation

The applicant has an opportunity to provide more information to help the Division understand the services they are proposing to provide. Submission of supporting documentation is not required, this submission is optional. Some example of supporting documentation are:

- An organizational chart identifying the personnel who will be assigned to work on this project.
- A description of how the applicant will staff the project, including the name, resume and qualifications of each of the proposed team members.
- Sustainability (Steps taken to ensure future successes or continuing the project beyond the awarded period, e.g. future financial support, staff requirements, continued community contribution).
- Resolution of Challenges: an analysis of the project's risk and limitations, including how these factors will be addressed or minimized. (regulatory, environmental or other constraints)
- Accomplishments of the agency.

# **Attachment A: Line Item Budget and Budget Narrative Sample**

| CATEGORY                  | ITEM | NARRATIVE | AMOUNT |
|---------------------------|------|-----------|--------|
| SALARY/WAGE (provide a    |      |           |        |
| line for each position)   |      |           |        |
| FRINGE BENEFITS (provide  |      |           |        |
| a line for each position) |      |           |        |
| OTHER                     |      |           |        |
| SUPPLIES MATERIALS        |      |           |        |
| EQUIPMENT                 |      |           |        |
| TRAVEL                    |      |           |        |
| RENT                      |      |           |        |
| UTILITIES                 |      |           |        |
| ADVERTISING               |      |           |        |
| DUES AND                  |      |           |        |
| SUBSCRIPTIONS             |      |           |        |
| STAFF DEVELOPMENT         |      |           |        |
| PROFESSIONAL              |      |           |        |
| SERVICES                  |      |           |        |
| CONTRACTUAL SERVICES      |      |           |        |
|                           |      |           |        |
|                           |      |           |        |
|                           |      |           |        |
|                           |      |           |        |
|                           |      |           |        |

# Attachment B: Target Population, Functions, and #'s served for each Tier

| Tiers   | Location of Position   | Target Population   | Functions  | Training Needed   | #'s Served   |
|---|--|---|--|---|--|
| Tier 1: LME/MCO DSS/Juvenile Justice Liaisons Family Navigators | Embedded in<br>the DSS and<br>JJ offices                                       | Youth who are:  Not connected to a provider and need an assessment  Not able to access service/s recommended in clinical assessment   | <ul> <li>Assist DSS, JJ, and adult corrections staff connect youth to appropriate assessment &amp; treatment</li> <li>Troubleshoot with DSS and JJ staff on problematic situations</li> <li>Short term involvement until youth is successfully connected to appropriate services</li> <li>Feedback to LME/MCO re. service gaps for DSS and justice involved youth as well as any unresolved provider issues</li> <li>Provides routine information to DSS and JJ system partners on service criteria</li> </ul>         | <ul> <li>Orientation to<br/>HFW and On<br/>the Road to<br/>Family Driven<br/>Care</li> <li>All other training<br/>is standard to<br/>LME/MCO care<br/>coordinators</li> </ul>   | Family<br>Navigator stay<br>connected for<br>up to 60 days |
| T   | <u> </u>   |   |  |   | 1 4 00   |
| Tier II: Targeted Care Coordination                             | Provider services primarily provided in the community.  Embedded at JJ and DSS | Youth has:  ■ Mental health or substance use diagnosis. Can have co-occurring IDD  ■ Involvement in child protective/foster care services or juvenile justice  AND  ■ Youth requires coordination between two or more agencies including medical or non-medical providers | <ul> <li>Comprehensive Clinical         Assessment</li> <li>Or other configuration of         staffing to meet local need</li> <li>Person Centered Planning         across all agencies involved         with the family</li> <li>Effective referral and linkage</li> <li>Monitoring and follow-up</li> <li>Addresses transportation         needs which could include         transporting family members         to appointments and         assisting in meeting long-         term transportation needs</li> </ul> | <ul> <li>On the Road to Family Driven Care</li> <li>High Fidelity Wraparound Orientation</li> <li>Information on partner agencies (justice systems, social services, schools)</li> <li>Trauma Informed Care</li> <li>Working with dually diagnosed</li> </ul> | 1:20   |

| ■ Youth is unable to manage his or her symptoms or maintain abstinence (independently or with family/caregiver support), due to at least three unmet needs including safe and adequate housing or food, or legal, educational, vocational, financial, health care, or transportation assistance for necessary services  OR  ■ Youth is in residential or a youth development center setting and | youth with IDD/DD and mental health |
|---|-------------------------------------|
| educational, vocational, financial, health care, or transportation assistance for necessary services  OR  Youth is in residential or  |                                     |
|   |                                     |
| two or more crisis episodes requiring intervention through emergency department, mobile crisis service, psychiatric hospitalization or detox within the last three months   |                                     |

# Attachment C: Cost Estimates of One High Fidelity Wraparound Teams (It is expected that the selected provider will be billing Medicaid if there is an in lieu of service definition in place, thereby reducing salary and fringe costs)

| Component                   | Calculation                                      | Cost      | 6 Month<br>Salary |
|-----------------------------|--|-----------|-------------------|
| One Wraparound Coach        | \$52,000 + 30% benefits                          | \$67,600  | \$33,800          |
| Four Facilitators           | \$42,000 + 30% benefits x 4 facilitators         | \$218,400 | \$109,200         |
| Two Family Support Partners | \$40,000 + 30% benefits x 2 FPS                  | \$104,000 | \$52,000          |
| One Youth Support Partner   | \$40,000 + 30% benefits                          | \$52,000  | \$26,000          |
| Mileage                     | 1500 miles per month x 7 direct staff x 6 months | \$34,650  | \$34,650          |
| Mileage                     | 1000 miles per month x 1 supervisor for 6 months | \$275     | \$275             |
| National NWIC Conference    | \$2,000 x 7 staff:                               | \$14,000  | \$14,000          |
| Communication               | \$100 per phone x 8 staff x 12 months            | \$9,600   | \$9,600           |
| Computers (1-time cost)     | \$1,000 x 8 staff                                | \$8,000   | \$8,000           |
| Training Manuals            | \$58 x 8 staff                                   | \$464     | \$464             |
| Total                       |  | \$508,989 | \$287,989         |

#### Cost Estimate for LME/MCO Project Staff/Training

| Component                          | Calculation  | Cost      |
|------------------------------------|--|-----------|
| Family Navigator                   | \$50,000 + 30% benefits  | \$65,000  |
| Two Liaisons (one JJ, one DSS)     | \$55,000 + 30% benefits  | \$143,000 |
| Mileage                            | 500 miles per month (@ .575/mile) x 3 direct staff x 12 months | \$10,350  |
| .50 Project Manager                | \$32,500 + 30% benefits  | \$42,250  |
| .50 Data Manager                   | \$32,500 + 30% benefits  | \$42,250  |
| National NWIC Conference           | \$2,000 x 2 staff:   | \$4,000   |
| CCFH Trauma Assessment<br>Training | \$75,000   | \$75,000  |

| Administrative Costs | 3.5% of salary costs (\$381,850) | \$13,365  |
|----------------------|----------------------------------|-----------|
| Total                |                                  | \$395,215 |

#### Attachment D: Continuous Quality Improvement Process

#### **Individual Child Outcomes:**

- 1. Improved clinical outcomes
- 2. Engaged in school
- 3. No new legal involvement
- 4. Living at home/community
- 5. Reduced use of crisis services
- 6. Improved caregiver engagement in services (Local monitoring across agencies)

#### System Outcomes (Local monitoring across agencies):

- 1. Shorter times from screening to assessment
- 2. Shorter times from assessment to start of services
- 3. Shorter time from start of service to first Child and Family Team
- 4. Shorter length of stay in residential services
- 5. Improved rates of completion of services
- 6. Improved connection to community resources

#### **State Level Monitoring:**

State Project Director will ensure:

- 1. Provider completes scope of work
- 2. Training contracts are in place and trainings are scheduled
- 3. Challenges with cross system coordination are addressed
- 4. Sustainability plans are in place 6 months before the end of the pilot project

# Attachment E: Training

#### Training arranged by DMH/DD/SAS for Tiers of Care Managers/Care Coordinators

**High Fidelity Wraparound Training** 

| Component | Cost  |
|-----------|-------|
| Manuals   | \$464 |
| Total     | \$464 |

#### Overview of DSS, Juvenile Justice, and CCNC

| Component   | Cost |
|---|------|
| Training by partner agencies: 1-day or 3 x 2-hour trainings |      |
| Family Partner 101 (3 days)                                 |      |
| Family Driven Care (1 day)                                  |      |
| Youth 2 Training (4 days)                                   |      |

# Attachment F: Essential Program Elements for High Fidelity Wraparound and Targeted Case Management

#### 1 High Fidelity Wraparound Staffing Requirements:

One coach/supervisor may supervise the following:

- a. Four facilitators
- b. Two Family Support Partners; and
- c. One Youth Support Partner

Each facilitator may work with 10-12 youth and families

Each coach will carry two cases

In summary, one coach can oversee the care of 40-48 youth.

The provider will maintain a ratio of one facilitator to 10-12 youth/families. See HFW Training and Credentialing

#### 2 Family Driven Care:

The National Federation of Families for Children's Mental Health defines this working definition as "families have a primary decision-making role in the care of their own children as well as the policies and procedures governing care for all children in their community, State, tribe, territory and nation. This includes choosing culturally and linguistically competent supports, services, and providers; setting goals; designing, implementing and evaluating programs; monitoring outcomes; and partnering in funding decisions" (Osher, Osher, & Blau, 2008).

#### 3 Comprehensive Clinical Assessment

A comprehensive and culturally appropriate assessment documents a youth's service needs, strengths, resources, preferences, and goals to develop a Person-Centered Plan (PCP). The care coordinator gathers information regarding all aspects of the young person's life, including medical, physical, and functional, psychosocial, behavioral, financial, social, cultural, environmental, legal, and vocational or educational areas. The care coordinator assessment integrates all current assessments including the comprehensive clinical assessment, strengths/needs/culture discovery, and medical assessments, including assessments and information from CCNC and the primary care physician. The care coordinator assessment includes early identification of conditions and needs for prevention and amelioration. The assessment involves consultation with other natural and paid supports such as family members, medical and behavioral health providers, and educators to form a complete assessment. Through the assessment process the youth and family identify appropriate members of the Child and Family Team. The assessment includes periodic reassessment to determine whether the young person's needs or preferences have changed.

#### 4 Person Centered Treatment Planning:

The goal of person centered planning is to assist the young person to obtain the outcomes, skills, and symptom reduction that they desire. This is accomplished through listening to the young person, the family, and treatment providers, and developing action plans that will assist the young person in moving toward achievement of their goals. A PCP is revised as the young person's needs, preferences, and goals change.

Person centered planning is at the center of self-direction and self-management. All good plans are done in partnership with the young person and their family. The care coordinator,

who knows the requirements for a plan and what must be accomplished, works in concert with the context experts who know the detail of what the plan needs to say. The content experts are the young person, their family, friends, and child serving professionals involved with the family who have lengthy experience with the young person.

Person centered planning is an ongoing process that drives the development and periodic revision of a plan based on the information collected from the young person, their family, other individual supports, and comprehensive clinical assessments or reassessments. The information gathered is translated into goals, outcome statements, and the actions necessary to address the medical, behavioral, social, and other service needs of the young person.

The primary reference documents for person-centered planning and Person-Centered Plans are the Division of Mental Health/Developmental Disabilities/Substance Abuse Services (DMH/DD/SAS) Person-Centered Planning Instruction Manual and the Records Coordination and Documentation Manual. Primary source information on person-centered thinking and person-centered planning are referenced in the Division of Medical Assistance (DMA)/DMH/DD/SAS implementation Update #73, dated June 3, 2010, located at: <a href="http://www.ncdhhs.gov/mhddsas/servicedefinitions/serdefupdates/index.htm">http://www.ncdhhs.gov/mhddsas/servicedefinitions/serdefupdates/index.htm</a>

The Care Manager is required to contact the primary care physician to obtain clinical information pertinent to establishing person-centered goals. For managed care beneficiaries through CCNC, the Care Manager also contacts CCNC to obtain clinical information pertinent to establishing person-centered goals.

#### 5 Referral and Linkage:

Referral and linkage activities connect the young person and their family with medical, behavioral, social and other programs, services, and supports to address identified needs and achieve goals specified in the PCP. Referral and linkage activities include:

- a. Coordinating the delivery of services to reduce fragmentation of care and maximize mutually agreed upon outcomes
- b. Facilitating acce3ss to and connecting the young person and their family to services and supports identified in the PCP
- c. Making referrals to providers for needed services and scheduling appointments with the beneficiary
- d. Assisting the young person and their family as they transition through levels of care
- e. Facilitating communication and collaboration among all service providers and the young person and their family
- f. Assisting the young person in establishing and maintaining a medical home with a CCNC physician or other primary care physician
- g. Assisting the pregnant young person in establishing obstetrician and prenatal care as necessary

#### 6 Monitoring and Follow-Up:

Monitoring and follow up includes activities and contacts that are necessary to ensure that the PCP is effectively implemented and adequately addresses the needs of the young person and their family. Monitoring activities involve the young person, his or her family, his or her supports, providers, and others involved in care delivery. Monitoring activities help determine whether:

a. Services are being provided in accordance with the young person's PCP

- b. Services in the PCP are adequate and effective
- c. There are changes in the needs or status of the young person
- d. The young person is making progress toward his or her goals

The High Fidelity Wraparound Facilitator will as scheduled track progress and ensures the Transition Assets Tool is completed on a set schedule. The targeted case manager will complete the NC TOPPS as scheduled. The duration of services will be based upon medical necessity and the youth and family's willingness to participate in the program.

#### 7 <u>Client Protections</u>:

The provider ensures that the Wraparound Facilitators and Family and Youth Support Partners complete the state required credentialing and training for High Fidelity Wraparound, which ensures application of the HFW evidenced-based practice. Team members must successfully complete skill and competency-based training to provide Wraparound Facilitation, Family Support Partner, and Youth Support Partner as evidenced by completion of the NC HFWTP High Fidelity Wraparound Training and Credentialing Requirements. The provider ensures that all Wraparound supervisory staff complete the NC HFWTP required training and have successfully completed skill and competency-based training to supervise Wraparound Facilitators, Family Support Partners, and Youth Support Partners as evidenced by credentialing as a High Fidelity Wraparound Coach.

Providers must work closely with NC HFWTP Implementation Specialists to complete credentialing and training requirements. Coach credential target date is one year from completion of HFW Foundations Training. Individual team members credential target date is one year from the date of his/her first assigned youth/family. Family Support Partners must also be certified as a National Parent Support Provider within one year from credentialing and the Youth Support Partner must attend Peer2Peer training one year from hire.

Existing sites with a HFW credentialed Coach may submit a plan for coaching and certifying new Facilitators, Family or Youth Support Partners as part of the HFW credentialing process provided by the NC HFWTP.

#### Wraparound Facilitator:

- a. Must meet requirements as a qualified professional
- Must complete Wraparound facilitation training curriculum and be credentialed as a Wraparound Facilitator or complete training and credentialing within twelve months of first youth and family assignment
- c. Completes On-the-Road to Family Driven Care Training
- d. Pass background check, the child and adult abuse registry checks, and motor vehicle screens
- e. Receive ongoing supervision by a master's level mental health professional who is credentialed as a Wraparound Coach (or in process of being credentialed by a Wraparound Coach)
- f. Have received 13 hours of Motivational Interviewing training from a MINT trainer
- g. Juvenile justice, child welfare, and CCNC basis

#### Knowledge in:

- 1. Functional limitations and health problems that may occur in clients with SED, or clients with other disabilities, as well as strategies to reduce limitations and health problems;
- 2. Safety and crisis planning;
- 3. Behavioral health service array including PFTF placement criteria, federal, state, and local resources
- 4. Using assessments (including environmental, psychosocial, health, and functional factors) to develop a Wraparound Plan
- 5. Family driven and youth guided care including the client's and family/caregiver's right to make decisions about all aspects of their child's care
- 6. The principles of human behavior and interpersonal relationships; and
- 7. General principles of record documentation

#### Skills in:

- 1. Negotiating with clients, family/caregivers, and service providers;
- 2. Brainstorming creative interventions based on family priorities and needs;
- 3. Assessing, supporting, observing, recording, and reporting behaviors;
- 4. Identifying, developing, or providing services to clients with SED;
- Facilitating discussions to identify the least restrictive services necessary and identify step downs from residential as preferred by the family and supported by DSS and/or JJ systems, and
- 6. Uncovering natural supports to meet the client's needs and identifying services within the established services system

#### Ability to:

- 1. Report findings of the assessment or onsite visit, either in writing or an alternative format for clients who have visual impairments;
- 2. Demonstrate a positive regard for clients and their families;
- 3. Be persistent and remain objective
- 4. Work independently, performing position duties under general supervision
- 5. Communicate effectively, orally and in writing; and
- 6. Develop rapport and communicate with persons from diverse cultural backgrounds

#### **Family Support Partner:**

- 1. Must have lived experience as a primary caregiver for a child who has/had mental health or substance abuse challenges
- 2. Experience in navigating any of the child and family-serving systems and teaching family members who are involved with the child and family serving systems
- 3. Bachelor's degree in a human services field from an accredited university and one year of experience working with the target population; or associate's degree in a human service field from an accredited school and one year of experience working with children/adolescents/transition-age youth; or a high school diploma or GED and a minimum of two years of experience working with children/adolescents/transition-age youth
- 4. Holds National Certification in Family Support partner or is actively working on completing certification and is on track to complete Family Support Partner certification within one year of Family Support Partner credentialing by the NC HFWTP. Family Partner 101 is part of National Certification Trainings for North Carolina: http://www.ffcmh.org/certification

- 5. Family Support Partner is credentialed in the role of Family Support Partner in High Fidelity Wraparound or completes credentialing process within 1 year of first youth and family assignment.
- 6. Criminal background check presents no health and safety risk to participants
- 7. Not listed in the NC Health Care Abuse Registry
- 8. Possesses a current/valid driver's license and an automobile with proof of auto insurance
- 9. Juvenile justice, child welfare, and CCNC Basics

#### **Youth Support Partner:**

- 1. Must have lived experience as a youth who had mental health or substance abuse challenges
- 2. Experience in navigating any of the child and family-serving organizations
- 3. Bachelor's degree in a human services field from an accredited university and one year of experience working with the target population
- 4. Youth Support Partner Is credentialed in the role of Youth Support Partner in High Fidelity Wraparound or completes credentialing process with 1 year of first youth and family assignment.
- 5. Must attend 2 trainings within 1 year from hire, one of which is Peer2Peer training
- 6. Criminal background check presents no health and safety risk to participants
- 7. Not listed in the NC Health Care Abuse Registry
- 8. Possesses a current/valid driver's license and an automobile with proof of auto insurance
- 9. Juvenile justice, child welfare, and CCNC Basics

#### Service Philosophy:

Wraparound planning process is consistent with a System of Care philosophy that results in an individualized and flexible Person-Centered Plan for the youth and family. In addition, the planning and resultant plan is:

- 1. Family driven and youth guided
- 2. Based on the unique culture, strengths, and assets of the youth and family
- 3. Coordinated across child serving systems including the medical home
- Evidence-based and trauma-informed
- 5. Culturally competent and community-based
- 6. Targeted case management services will also be delivered in a family-driven and youthquided approach

#### Attachment G: How Pilot Addresses Concerns from Child Welfare and Juvenile Justice

#### 1. Confusion in Connecting Youth and Families to Behavioral Health Services:

Posting the LME/MCO DSS/Juvenile Justice Liaisons at Social Services and Juvenile Justice allows:

- The Liaisons to attend meetings for high risk youth and/or staff meetings
- The Liaisons to assist in connecting youth to clinical assessments
- The Liaisons to intervene in problematic situations when youth are not getting the care they need. This is true for all levels of intensity of need and whether or not the young person has a provider
- The LME/MCO to hear directly from a staff member of service gaps or provider challenges experienced by youth involved with child welfare and juvenile justice

#### 2. Problems with Providers:

The LME/MCO in the selected judicial area will agree to proactively troubleshoot provider related challenges.

3. Problems with the Coordination of Services for Youth with Moderate and High Needs: Care Coordination was a top priority in the Governor's Task Force on Mental Health and Substance Use. Youth with complex needs are often involved with multiple child serving agencies and if their care across agencies and services is not coordinated, these young people often are placed in restrictive levels of care and have high use of crisis services while having poor outcomes. A tiered model of care and care coordination services will connect youth early to needed services while responding with the right level of intensity to youth with moderate and high needs for coordination.

#### 4. Inadequate Clinical Assessments:

Departments of Social Services and Juvenile Justice have voiced concerns that the clinical assessments they are receiving are not of a quality to assist their staff in developing plans to meet the youth and families' needs. Because youth involved in child welfare and juvenile justice have high rates of exposure to traumatic events, this pilot would include additional training to providers who will be conducting clinical assessments for youth involved with social services and juvenile justice. The trauma-informed assessments will be modeled on the assessments used in Partnering for Excellence in Rowan County.

5. Lack of Access for Assessments for Youth with Problematic Sexual Behaviors
The project manager will work with juvenile justice, the LME/MCO, and the Center for Child
and Family Health to develop a protocol for assessing the needs of youth with problematic
sexual behavior and developing a training plan to train additional clinicians to complete these
assessments. Funds from the project will be used to train clinicians in the pilot area to
complete the assessments as outlined in the protocol.

# 6. Families and Youth Who are Reluctant to Engage in Mental Health and Substance Use Services

Families involved in child welfare and juvenile justice are often mandated to participate in services. In addition, some families involved with child welfare and juvenile justice have been involved in services previously and may have concerns about the effectiveness of the interventions. This creates a perfect storm where families may be reluctant to engage in mental health and substance use services. The solution is the use of a family navigator of HFW Family and Youth Support Partners. Family and Youth Support Partners have lived experience as a parent raising a child with mental health issues or as a young person who experienced mental health or substance use challenges. This lived experience helps Family and Youth Support Partners in engaging families into services, in helping teach families and young people to navigate these complex systems, and in connecting families to informal community services.

# 7. Challenges Developing Plans for Youth with both Mental Health and Intellectual Disabilities

Division of Social Service and DPS/Juvenile Services has reported challenges with connecting youth who have both mental health and intellectual/developmental disabilities to appropriate services. This pilot provides additional training for all tiers of care coordination as well as

provides access to specialized consultative services which will allow teams and families to put together plans that address all the issues of these youth with multiple challenges.

8. Challenges Accessing Behavioral Health Services when Young People are in Detention Juvenile Justice reports that some young people are staying longer than necessary in detention as they await community and residential treatment services to be put in place. In this pilot, Juvenile Justice staff will have assistance through this tiered care coordination model for youth in detention. The LME/MCO DSS Juvenile Justice Liaison can arrange assessments and treatment as needed. If the young person in detention is from another LME/MCO, a request will be made for timely assistance from the responsible LME/MCO.

#### Attachment H: NC High Fidelity Wraparound Training and Credentialing Requirements

\*\* The below requirements are standard for all sites and teams providing or wanting to provide High Fidelity Wraparound in the State of North Carolina. \*\*

#### Foundation Training:

| Training Description                                    | Timeline to Complete                                  | Training Provided By:                      |
|---|---|--|
| Completion of Foundations Training provided by NC HFWTP | As scheduled/offered by NC HFWTP (at least quarterly) | Implementation<br>Specialist ( <b>IS</b> ) |

#### Coach Training (under development):

| Training Description  | Timeline to Complete  | Training Provided By         |
|---|---|------------------------------|
| Coaches Training (when there are enough participants) or independent learning with assigned exercises depending on needs of the site and/or coach | Independent learning and assigned exercises within 60 days of completion of the Foundations Training; Coaches Training (not a requirement for credentialing activity) | Implementation<br>Specialist |

#### Credentialing of all Staff:

| Timeline to Complete           | Credentialed by  |
|--------------------------------|--|
| Best practice expectation is 9 | Credentialed Coach or Implementation Specialist  |
| months. 12 months maximum      | Note: If coach is credentialed, he/she is able to certify team members without the IS (all completed credentialing tracking tools must be submitted to IS for tracking. Credentialing of any coach is only completed by the IS). |

#### **Training Plans**:

Sometimes HFW Foundations training cannot be provided immediately for a Coach's new staff. The NC HFWTP is working to ensure that the training occurs at least quarterly in the state. In instances where coaches must wait until the training is offered, the Coach must develop an interim training plan to on-board their staff until training is scheduled. This activity is also a credentialing item, meaning the Coach will complete this regardless, but it may take priority in some cases. (See Onboarding/Interim Training credentialing form in Coach Manual for details.)

The coach should submit a plan that will provide the initial onboarding/interim training for new wraparound staff and have reflective discussions with staff on phases, principles, and wraparound specific tasks, until the Foundations Training can be completed by the NC HFWTP.

# <u>Credentialing of Facilitators, Family Support Partners and Youth Support Partners:</u> <u>Credentialed Coaches:</u>

Submit all completed (credentialing) activity score sheets to the IS monthly.

- Provide evidence of debriefing of the results with the team member with a focus on feedforward
- Coach will maintain a tracking form for credentialing completion for all team members and provide updated versions to the IS and team member as activities are completed.

#### Non-Credentialed Coaches:

- Submit all credentialing activities to the IS (either by video, audio, or documentation) within <u>7</u>
   <u>days</u> of completion.
- IS and Coach will individually score each activity and then compare scoring sheets for interrater reliability. IS and Coach will prepare for Coach to debrief the activity and scoring with the team member that was scored. Scores must be completed between IS and Coach before sharing results with team members. These activities/steps should be completed as soon as possible but at least within 2 weeks of the original activity.
- Coach will discuss with IS or submit a brief description of how and when debriefing of the results with the team member occurred (with a focus on feed forward).
- Coach will maintain a tracking form for credentialing completion for all team members and provide updated versions to the IS and team member as activities are completed.

#### **Credentialing of Coaches:**

- IS will work with the coach to develop a timeline of credentialing activities.
- Coach will submit all completed credentialing activities (through video/audio/documentation)
  within <u>7 days</u> of completing the activity to the IS; this step is not necessary if IS is able to
  observe the activity either live or by phone.
- IS will debrief with the Coach within 7 days of receiving the materials or observing an activity.
- IS will update credentialing tracking spreadsheet and provide these updates to the coach.
- Once Coach is credentialed, Coach can continue scoring all team members without direct involvement of IS.

#### Ongoing Training After Staff are Credentialed:

#### Coaches:

- Shadow each staff member (Youth Support Partner, Family Support Partner, and Facilitator) at least once per month and use Wraparound Credentialing Tools for structured scoring/feedback to prevent drift and ongoing skill development.
- Coach will provide evidence of debriefing of the results of activities with the team member (with a focus on feed forward) in their Coach/Supervision records.
- Coaches should attempt to observe different tasks/wraparound skills.

#### Teams:

 Coach will provide ongoing training/boosters on High Fidelity Wraparound principles/phases/TOC/tasks/etc. (these can be Topic Based Group Coaching, Coach led, and/or IS led).

#### **Fidelity Monitoring:**

#### Coach/Supervision Site Audits:

- Bi-annual site audits for teams
- Review includes the following:
  - Review of all team Group Coaching documentation

- o Review of all team member individual coaching/supervision documentation
- o Review of each team member's Professional Development Plan (PDP)
- Review of Team Development Plan
- Review of all training and credentialing plans and tracking spreadsheets
- o Review of all credentialed team member monthly activities conducted to prevent drift
- Review documentation of training and skill development provided to team (may be completed within topic based Group Coaching or other ways)
- IS will provide written and oral feedback to sites after any site review/audit within 7 days.

#### Coaches:

- Credentialed Coaches:
  - IS will observe (phone or in person) quarterly Group Coaching meetings, unless IS and/or Coach feels there is a need for more frequent observations.
  - IS will debrief with Coach and create/update the Coach's Development Plan (as needed) within 7 days of the observation.
  - Coach will maintain an updated Team Development Plan when needed and review with IS at least quarterly during coach call or visit.
- Non-Credentialed Coaches:
  - o IS will observe (phone or in person) monthly group coaching meetings.
  - IS will debrief with coach and create/update the Coach's Development Plan (as needed) within 7 days of the observation.
  - Coach will maintain an updated Team Development Plan when needed and discuss/review with IS at least quarterly during coach call or visit.

#### **Corrective Action Plans:**

- Are implemented due to the following:
  - Ongoing challenges completing training and/or credentialing for team members
  - Failing to submit required documentation in a timely manner (see timelines above)
  - Failing to collect and submit required quality improvement forms/data collection assigned by NC HFWTP
  - Ongoing staff turnover
  - Lack of fidelity to the model
  - Lack of incorporation of IS feedback over 90 days (e.g. coach observation tool, audit, etc.)
  - Consistent unfavorable audit/site review findings
  - A pattern of unsuccessful discharges/higher level of placements
- Plans are created with the specific site (coach, program manager, clinical director), IS, and any other persons agreed upon by site and IS
- Plans are reviewed every 30 days for updates, progress, and barriers
- Typical timeline for a corrective action plan is 90 days