



# NAMI Diversity, Equity, and Inclusion

COMMUNITY ENGAGEMENT & EMPOWERMENT • LUNCH & LEARN

**DATE/TIME: Wednesday, Oct. 26, 2022, 12-1pm**

**JOIN LINK: <https://attendee.gotowebinar.com/register/6663357549574106894>**

**Diversity, Equity and Inclusion (DEI) focuses on how people are treated along multiple dimensions, including race/ethnicity, religion, sexual orientation/gender identity, age and disability.** Diversity looks at the reflection of the outside world in the composition of a group. If you are in a club, you might ask whether its membership looks like America. If not, do you see the face of privilege or an underserved community? Many find support and strength in family and community. On the other hand, being subject to racism, discrimination, or inequity can devastate a person's mental health. Minority communities also face structural barriers to care. **Join Ashish for a deep dive into this important area.** The course will provide foundational knowledge with specific examples and small group exercises. Continuing education hours are available for Certified Peer Support Specialists in North Carolina.

## PRESENTER:

**Ashish George** • Director of Public Policy, Diversity, Equity, and Inclusion Manager with the National Alliance on Mental Illness

*Ashish George, as a disabled child of immigrants, Ashish has developed an intimate acquaintance with systemic injustice and the value of solidarity. He brings that insight to his work, always striving to be aware of the forest rather than just the trees. His journey has taken him to highs and lows of mental health, and he is very frank about the full spectrum of experiences that can come with being an outsider.*

