



**SCFAC  
MEETING MINUTES**

**Date:** 2-10-2016      **Time:** 9am-3pm      **Location:** Dix Campus- Brown Building / conf. room 104

<b>MEETING CALLED BY</b>			Kurtis Taylor / Chair of the State CFAC		
<b>TYPE OF MEETING</b>			State CFAC		
<b>ATTENDEES</b>					
<b>COMMITTEE MEMBERS</b>			<b>STATE STAFF ATTENDEES</b>		
<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>	<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>
Kurtis Taylor	Chair	x	Stacey Harward	CE&E Team	x
Ben Coggins	Vice chair	x	Wes Rider	CE&E Team	x
Mike Martin	Alliance Behavioral Healthcare	x	CJ Lewis	CE&E Team	x
Mark Long	Cardinal Innovations Healthcare		Suzanne Thompson	Supervisor of the CE&E Team	x
LaVern Oxendine	Alliance Behavioral Healthcare	x	Glenda Stokes	Supervisor of the Customer Service & Community Rights Team	x
Doug Wright	Alliance Behavioral Healthcare	x	Ken Schuesselin	Consumer Policy advisor	x
Ronald Rau Jr.	Sandhills Center for MH/DD/SAS	X	Eric Fox	CE&E Team	x
Anna Cunningham	Alliance Behavioral Healthcare	x	<b>GUEST</b>		
Brandon Tankersley	Alliance Behavioral Healthcare		<b>NAME</b>	<b>AFFILIATION</b>	
Dennis Parnell	Alliance Behavioral Healthcare	x	Courtney Cantrell PhD	Director Division of MH/DD/SAS	
Bev Stone	Trillium Health Resources	x	Dee Jones	COO for the Division of Health Benefits	
Catreta Flowers	Trillium Health Resources	x	Dave Richard	Deputy Secretary for the Division of Medical Assistance	
Johnny Johnson	Trillium Health Resources	x	Secretary Rick Brajer	Secretary of the Department of Health and Human Services	
Bonnie Foster	Cardinal Innovations Healthcare	<input type="checkbox"/>	Rhett Melton	CEO of Partners	
Wayne R. Petteway	Trillium Health Resources	x			
John Duncan	Cardinal Innovations Healthcare	X	<b>Dan Orr</b>		
Nancy Carey	Smoky Mountain Center		Misty Martin		
Deborah E. Page	Cardinal Innovations Healthcare	x	Dave Hughes		
Patty D. Schaeffer	Partners Behavioral Health Center	x	Caroline Ambrose	Alliance CFAC Chair	
Benita Purcell	Cardinal Innovations Healthcare	x	Felicia Stroud		
Marie Britt	Eastpointe		Lisa Nesbitt	Disability Rights NC	
			Bob Crayton	Alliance CFAC	

- 1. Agenda topic:** Introduction of new member-Benita Purcell ,Approval of Agenda and Minutes **Presenter(s):**  
Kurtis Taylor

<b>Discussion</b>	<ul style="list-style-type: none"> <li>• Introduction of New Member – Benita Purcell</li> <li>• Approval of Agenda</li> <li>• Approval of Minutes</li> </ul>
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>• Introduction completed</li> </ul>

	<ul style="list-style-type: none"> <li>• Agenda approved</li> <li>• State to Local conference call Minutes approved</li> <li>• SCFAC Minutes approved</li> </ul>		
<b>Action Items</b>		<b>Person(s) Responsible</b>	<b>Deadline</b>
		Chair	April or May SCFAC meeting

**2. Agenda topic:** State Plan Feedback **Presenter(s):** Kurtis Taylor

<b>Discussion</b>	<ul style="list-style-type: none"> <li>• Review of plan</li> </ul>		
<b>Conclusions</b>	Final plan has not been completed at this time		
<b>Action Items</b>		<b>Person(s) Responsible</b>	<b>Deadline</b>
<ul style="list-style-type: none"> <li>• Invite Dawn Johnson back to the State CFAC once document is completed with changes.</li> </ul>		Chair	April or May

**3. Agenda topic:** Update from the Sub committees **Presenter(s):** Chairs from committees

<b>Discussion</b>	Subcommittee's provided updates and projects that they are working on at this time.		
<b>_Conclusions</b>	Subcommittees will recommit them self to the task of the committees		
<b>Action Items</b>		<b>Person(s) Responsible</b>	<b>Deadline</b>
<ul style="list-style-type: none"> <li>○ Brandon Tankersley – discussed the push for consumers and people with lived experience to be on the steering committee for CCBHCs (Certified Community Behavioral Health Clinics)- at this time it is at 17% and the plan is for it to reach 51% - Dr Cantrell's meeting with the LME/MCOs concerning the establishment/ discussion of CCBHC efforts, 24 states are applying for a federal grant for CCBHCs - only 8 will be chosen.</li> <li>○ Patty Schaeffer passed out a resource on family guide book and a terminology poll- concerning name and reference of "consumers" in documentation.</li> <li>○ Kurtis Taylor provided update on Governor's MH/SA Task Force- How do we reduce stigma attached to treatment and recovery. Kurtis is a member of the Opioid Epidemic awareness sub- committee- people are dying from this at an alarming rate. Main overdose is heroin. Sub-committee made several recommendations on being to increase the access to Naloxone.</li> <li>○ John Duncan—listening sessions that the state holds- would like for SCFAC and Local CFACs to have more input in them, assist with time and locations, planning of the listening sessions. – Explained that the Listening sessions are controlled by DMA and that DMH-CE&amp;E team just assisted with locations. Anna Cunningham stated that if there are any communities who are not getting the notifications concerning the listening sessions to notify the state because the information has been out concerning these for several weeks prior to the meetings.</li> <li>○ Brandon Tankersley—Recovery &amp; Self Determination-stated that more efforts be put towards Community Guides for people with I/DD.</li> <li>○ Anna Cunningham- Data Com – working on the Survey for this year, would like to use Survey Monkey for this year, working on getting the kinks out of It., would like to have each task team to turn in at least 2 questions for survey.</li> <li>○ Ben Coggins – State to Local Call – gave brief update regarding the call from January 20, explained about the ELT {Executive Leadership Team} calls that occur on the last</li> </ul>			

<p>Monday of the month at 5:30pm for chairs to discuss the agenda for the next call.</p> <ul style="list-style-type: none"> <li>○ Ron Rau- Veterans task team-has attended advocacy training in Raleigh, Flo Stein suggested that the committee contact the LME/MCO who provide services for the Vets. Announced the new VA healthcare centers that are opening up or has opened. – Charlotte and Kernersville. A new one in Fayetteville has already opened.</li> </ul>		
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**4. Agenda topic: Public Comment**

**Presenter(s): Public**

<p><b>Discussion</b></p>	<ul style="list-style-type: none"> <li>• Dan Orr –             <ol style="list-style-type: none"> <li>1) The letters from SCFAC dated Dec 31 are a significant improvement to the lawful adherence and involvement that the CFAC is required to accomplish.</li> <li>2) Regarding family law and guardianship / limited license legal technician <a href="http://www.wsba.org">www.wsba.org</a></li> <li>3) Please respond to my previous suggestions regarding 122C-171 law revisions.</li> <li>4) Commented that only psychiatrists should be allowed to administer psychotropic medications. Doctors should also be mindful of the amount of dosages they are prescribing. This is leading to addictions.</li> </ol> </li> <li>• Bob Crayton- thanked Ron for taking on leadership of the Veterans sub-committee. He stated that there was a community forum in Alamance County titled “Saving Lives one Dose at a Time” about 100 people were in attendance. He also commented that there are new rules and regulations coming out regarding service animals.</li> </ul>	
<p><b>Conclusions</b></p>	<ul style="list-style-type: none"> <li>•</li> </ul>	
<p><b>Action Items</b></p>	<p><b>Person(s) Responsible</b></p>	<p><b>Deadline</b></p>
<ul style="list-style-type: none"> <li>•</li> </ul>		

**4. Agenda topic: Public Comment**

**Presenter(s): Public**

<p><b>Discussion</b></p>	<ul style="list-style-type: none"> <li>• Public comment / continued</li> </ul>	
<p><b>Conclusions</b></p>	<ul style="list-style-type: none"> <li>•</li> </ul>	
<p><b>Action Items</b></p>	<p><b>Person(s) Responsible</b></p>	<p><b>Deadline</b></p>
<ul style="list-style-type: none"> <li>• Anna Cunningham – would like to bring to the forefront the need for family members as paid support- the new TBI (Traumatic Brain Injury) waiver does not allow for family members to be paid for care. If someone refuses a staff member then it is documented as a refusal of services. She has talked with people who are considering moving out of state since their needs are not being met.</li> </ul>		

**5. Agenda topic: Division update**

**Presenter(s): Dr. Courtney Cantrell**

<p><b>Discussion</b></p>	<ul style="list-style-type: none"> <li>• Provided update on Division</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Conclusions</b></li> </ul>	<ul style="list-style-type: none"> <li>• I/DD listening sessions happening around the state in 9 locations over February and March. At this time feels that they are going well and that they are getting good feedback.</li> <li>• Having Listening Sessions concerning CCBHCs during the day prior to the I/DD listening sessions for providers.</li> <li>• At this time they are working on how to get family and consumers involved in the process of becoming part of the CCBHC steering committee.</li> <li>• Would like to ask for the SCFAC to provide recommendations “What would you like to see in the community”? Make specific recommendations. If needed provide additional documentation to support your recommendations.</li> </ul>	

	<ul style="list-style-type: none"> <li>•</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Conclusions</b></li> </ul>	<ul style="list-style-type: none"> <li>• Had received and read the 3 letters that the State CFAC had sent to him.</li> <li>• Would like to keep communication open and real.</li> <li>• Asked for a brief history of the SCFAC – Kurtis Taylor (chair) provided this to him.</li> <li>• Asked the SCFAC what is not working in the LME/MCO system—</li> <li>• Brandon T. - uninsured not getting the care they need is a major concern.</li> <li>• Wayne P. – Transportation across the state is horrible people have to move where they have transportation so they can get services-in doing this they move away from their family support system.</li> <li>• Kurtis T. --- the \$153M 2<sup>nd</sup> year cuts that have been proposed needs to be stopped. Prior to services having to be cut to help pay for the Legislative cuts. Example of services that could be effected would be Peer Support.</li> <li>• Anna C.—cuts will affect all over services- the current staff will be able to make more money working for fast food restaurants then to continue to work with clients. This will affect the quality of staff that providers will be able to hire. Stability of the system is in jeopardy.</li> <li>• Benita P. stated that local presence is needed to be maintained instead of going to a Private system such as Blue Cross Blue Shield.</li> <li>• Patti S.—there needs to be cohesion in services, staff gets caught up in the paperwork and not in the actually work with the consumer. --- More focus on early intervention such as peer support—should be reimbursable.</li> </ul>	
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>
<p><b>6. Agenda topic:</b> Update from Secretary Richard Brajer  <b>Presenter(s):</b> Secretary R. Brajer</p> <ul style="list-style-type: none"> <li>• We serve many “vulnerable” populations. Secretary Brajer stated that he wanted to listen to what the SCFAC finds as most important from State CFAC’s perspective. Wants to see reality through your eyes.</li> <li>• Kurtis explained how the group exists due to statute and that the composition comes from Secretary appointments, NC County Commissioner appointments, Senate appointments, House appointments, and appointments from the NC Council of Community Programs. The 6 statutory requirements were reviewed and gaps and needs frequently rises to the top of the list.</li> <li>• Brandon T – please provide for the uninsured. People are just being turned away. Medicaid expansion would be very helpful.</li> <li>• Be mindful of people in rural counties – services do not exist.</li> <li>• It was asked as to whether the LME/MCOs have \$862M in reserves.</li> <li>• Patty S. – There needs to be a complete continuum of services. Despite possible relapses there needs to be more focus on earlier intervention.</li> </ul>		
<ul style="list-style-type: none"> <li>• <b>Action Items</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Person(s) Responsible</b></li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>

**7. Dee Jones – COO of the Division of Health Benefits:**

- As per September 23, 2015 legislation, March 1, 2016 is the deadline for a legislative report and draft of the new waiver.

- In October 2015 the process began and there were several stakeholder meetings.
- We have been working with Mercer and now have both a report and a draft of the waiver.
- Come mid-March to mid-April there will be a 30 day period for public comment.
- Again, this is just a preliminary draft. On June 1<sup>st</sup>, 2016 we will submit the waiver to CMS. It is likely to take about 18 months or longer for CMS to approve the waiver. During that time there will be elections. It is a challenge to work on implementation of a waiver that has not yet been approved.
- All feedback including State CFACs top 5 concerns become part of the packet that will be sent to CMS.

#### **8. Dave Richard – Deputy Secretary of the Division of Medical Assistance;**

- Stated that he liked the fact that State CFAC started off with the recommendation for the expansion of Medicaid. This is not part of the 1115 waiver submission however. There is no authority.
- CFACs are legally required to continue in some fashion.
- March 1<sup>st</sup> is the legislative report / covers 14 specific points / a draft of the waiver (referred to as the Swiss cheese version)
- June 1<sup>st</sup>, 2016 an official draft needs to go to CMS.
- Flexibility in spending is a desire.
- There will be another period for public comment / that one will be for 45 days.

#### **9. Rhett Melton – CEO of Partners Behavioral Health**

- 2012 Pathways, Crossroads and Mental Health Partners merged together
- 8 counties / 160,000 Medicaid recipients
- There are 5 goals ---
  - 1) integrated care
  - 2) branding & awareness
  - 3) 350 staff / growth and development of staff
  - 4) reporting on outcomes not outputs
  - 5) positioning Partners in the face of Medicaid reform
- culture of transparency
- Partners has seen an increased value in their CFAC over time
- There is money for fund balance / risk reserves / and b3 services
- \$10 M year 1 cuts / \$14.5M for year 2 cuts for Partners
- It was mentioned that approximately \$2.5M of \$4M is utilized for b3 services.
- State CFAC said that they wanted more clarity on the \$824M that LME/MCOs have in reserves.

#### **10. Announcements**

- Friday, April 22 from 9:30a to 3 or 4 pm will be the next Statewide Collaborative CFAC meeting hosted by Smoky CFAC. It will be in Asheville.
- Please turn in your terminology polls to Patty S.
- Kurtis Taylor / Martha Brock has asked the SCFAC for support to have a memorial established for Dorothea Dix. At this time she has just under 600 signatures and would like to create a national monument in her honor.
- Anna C made a motion to endorse the letter as written with the intent of having a monument / Bev S seconded the motion. All members voted in favor of the motion. Motion passed.
- Anna C and Ron R seconded a motion that an ad-hoc committee of the State CFAC be established in order to draft State CFAC's top 5 recommendations for Courtney. This was unanimously approved. Anna, Benita, Kurtis, Johnny, and Brandon will be the 5 State CFAC members to make up the ad-hoc committee.

**Meeting Adjourned: 3:00 pm**

**Next Meeting: Wednesday, March 9, 2016**