

1 but rather a group of symptoms that may accompany certain diseases or conditions. Symptoms may
2 also include changes in personality, mood and behavior.

3 (15) "Direct Participant Care" means the opportunity for employees, volunteer(s) and/or substitute(s) of
4 the facility or individuals with whom the facility contracts either directly or through an agency to
5 physically interact, with, be in the presence of, and/or supervise participants.

6 (16) "First Aid Kit" means a collection of first aid supplies (such as bandages, tweezers, scissors,
7 disposable nonporous gloves, adhesive tape, antiseptic, micro shield or face mask, liquid soap, cold
8 pack) for treatment of minor injuries or stabilization of major injuries.

9 (17) "Governing Body" means the individual(s), organization, agency, corporation, or other entity that
10 has full legal responsibility for policy, management, administration, operation, and financial liability
11 for the adult day care or adult day health program.

12 ~~(15)~~(18) "Group process" means at least three persons engaged in a common activity.

13 ~~(16)~~(19) "Institution" means a facility that is established to serve a particular purpose and is required by state
14 law to be provided and maintained by the state and any facility defined in federal regulations as an
15 institution. In North Carolina, the list of institutions includes: general hospitals, state psychiatric
16 hospitals, state centers for the mentally ill, skilled nursing facilities, and intermediate care facilities.

17 ~~(17)~~ (20) "Instrumental Activities of Daily Living (IADL)" means meal preparation, medication intake,
18 housekeeping, money management, phone use, laundering, reading, shopping, communication such
19 as speaking, writing, signing, gestures, using communication devices and going to necessary
20 activities.

21 ~~(18)~~(21) "Medication schedule" means a listing of all medications taken by participants with dosages, route
22 of administration, and times medications are to be taken.

23 ~~(19)~~(22) "Mental health disability" means disorders with psychological or behavioral symptoms or
24 impairment in functioning due to a social, psychological, genetic, physical, chemical or biological
25 disturbance.

26 ~~(20)~~ (23) "Modifiable activity" means an activity that can be simplified and adapted as a participant's abilities
27 decline or improve.

28 ~~(21)~~ (24) "Non-ambulatory" means a person who is bedfast.

29 ~~(22)~~ (25) "Nucleus area" means adult day care programs located in a multi-use building and refers to the area
30 not shared by any other programs located in the building but used only by the adult day care
31 program.

32 ~~(23)~~ (26) "Nursing care" means skilled nursing care or intermediate care.

33 ~~(24)~~ (27) "On-site" means the area certified for the day care program.

34 ~~(25)~~ (28) "Owner" means the person, who is responsible for management, operation, and financial liability of
35 a day care home or day health home.

36 ~~(26)~~ (29) "Other special needs disease or condition" means a diagnosis, disease or disability, such as
37 AIDS/HIV, that benefits from monitoring or oversight in a supervised setting.

- 1 ~~(27)~~ (30)"Participant" means a person enrolled in an adult day care program.
- 2 ~~(28)~~ (31)"Personal care" means tasks that range from assistance with basic personal hygiene and grooming,
- 3 feeding, and ambulation, to medical monitoring and other health care related tasks.
- 4 ~~(29)~~ (32)"Physical therapy program" means a series of activities prescribed by a licensed physical therapist
- 5 or activities administered under the supervision of a physical therapist.
- 6 ~~(30)~~ (33)"Program director" means the person responsible for program planning, development and
- 7 implementation in a day care program.
- 8 ~~(31)~~ (34)"Progress notes" means written reports in the participant's file of staff discussions, conferences, or
- 9 consultation with family or other interested parties, for the purpose of evaluation of a participant's
- 10 progress and any other information regarding the participant's situation.
- 11 ~~(32)~~ (35)"Related disorders" means dementia or impaired memory characterized by irreversible memory
- 12 dysfunction.
- 13 ~~(33)~~ (36)"Respite care," as a component of adult day care programs, means a service provided to give
- 14 temporary relief to the family or caregiver. Primarily, respite is provided to families caring for
- 15 children or adults with disabilities or families caring for frail or disabled older adults.
- 16 ~~(34)~~ (37)"Responsible party" means the caretaker with primary day-to-day responsibility for an impaired
- 17 adult.
- 18 ~~(35)~~ (38)"Semi-ambulatory" means a person who needs and uses the assistance of objects such as a
- 19 wheelchair, crutches, walker, or other appliance or the support of another person on a regular and
- 20 continuing basis to move about.
- 21 ~~(36)~~ (39)"Senior center" means a community or neighborhood facility for the organization and provision of
- 22 services including health, social, nutritional and educational services and a facility for recreational
- 23 and group activities for older persons.
- 24 ~~(37)~~ (40)"Special care services" means services by a certified adult day care program that promotes itself as
- 25 providing programming, activities or care specifically designed for persons with Alzheimer's or
- 26 other dementias, or related disorders, mental health disabilities, or other special needs diseases or
- 27 conditions.
- 28 ~~(38)~~ (41)"Supervising agency" means the county department of social services in the county in which the day
- 29 care program is located. The county department is responsible for seeing that certification standards
- 30 are met on an on-going basis and for making a recommendation to the Division of Aging and Adult
- 31 Services regarding certification.

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33 *History Note:* *Authority G.S. 131D-6; 143B-153; S.L. 1999-334;*
34 *Eff. January 1, 1981;*
35 *Amended Eff. July 1, 1990; January 1, 1986; July 1, 1984;*
36 *Temporary Amendment Eff. September 28, 1999;*
37 *Amended Eff. July 1, 2007; July 17, ~~2000~~. 2000;*

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