



Name of Meeting
MEETING MINUTES

Date: 10/29/15 **Time:** 11:00-12:50pm **Location:** McKimmon Conference Center, Raleigh

MEETING CALLED BY			Workgroup on Prescription Opioid Abuse, Heroin Resurgence, & Special Topics		
TYPE OF MEETING			Workgroup meeting of the Task Force		
ATTENDEES					
COMMITTEE MEMBERS			STATE STAFF ATTENDEES		
NAME	AFFILIATION	PRESENT	NAME	AFFILIATION	PRESENT
Brian Ingraham, Co-chair	Smoky Mountain LME	<input checked="" type="checkbox"/>	Flo Stein	NC DMHDDSAS	<input checked="" type="checkbox"/>
Sheriff Asa Buck, Co-chair	Carteret County	<input checked="" type="checkbox"/>	Spencer Clark	NC DMHDDSAS	<input checked="" type="checkbox"/>
Ashwin Patkar, MD	Duke University Medical Center	<input checked="" type="checkbox"/>	Sonya Brown	NC DMHDDSAS	<input checked="" type="checkbox"/>
Kurtis Taylor	Oxford House, Inc.	<input checked="" type="checkbox"/>	Brenda Davis	NC DMHDDSAS	<input checked="" type="checkbox"/>
Associate Justice Samuel J. Ervin, IV	Associate Justice Supreme Court of NC	<input checked="" type="checkbox"/>	Jason Simmons	NC DHHS	<input checked="" type="checkbox"/>
Donald Hall	Pender County	<input type="checkbox"/>			
Rep. Susan Martin	District 8 NC General Assembly	<input type="checkbox"/>	GUEST		
Dave Richard	NC DHHS	<input checked="" type="checkbox"/>	NAME	AFFILIATION	
			Anna Stein	NC Division of Public Health	
			Sara McEwen, MD	Governor's Institute on Substance Abuse	
			Wei Li Fang, Ph.D.	Governor's Institute on Substance Abuse	
			District Court Judge Joseph Buckner	15B Judicial District	

1. Agenda topic: Implement efforts to heighten awareness of dangers of Rx opioid misuse/abuse and provide recommendations.

Presenter(s): Workgroup members

Discussion	<ul style="list-style-type: none"> • Raise awareness about overprescribing and reduce access and availability. • Change the mindset, perception, and behavior of prescribers. • An individual may be ordered by the court to receive treatment while in prison but never receive it due to the long waiting list. 		
Conclusions	<ul style="list-style-type: none"> • Educate primary care physicians and pain management specialists. • Educate consumers through high-quality PSAs (similar to underage drinking PSAs), emphasizing drug safety. • Relook at statutes as current ones were written before the epidemic of prescription drug misuse. 		
Action Items	Person(s) Responsible	Deadline	
	Sheriff Buck	Prior to next workgroup meeting	

2. Agenda topic: Implement efforts to heighten awareness regarding the efficacy of and reduce stigma related to medication-assisted treatment and provide recommendations.

Presenter(s): Workgroup members

Discussion	<ul style="list-style-type: none"> Change attitudes and reduce stigma associated with medication assisted treatment (MAT). Any effective public education campaign must include scientific evidence of effectiveness and personalized success stories. Involve individuals receiving treatment and treatment providers in the development of the public education campaign. Develop memorable slogans. Emphasize that when properly administered, methadone can reduce the transmission of HIV and Hepatitis B and C; can reduce craving of other narcotics; can reduce criminal activity; can enhance productive behavior; can improve global health; is cost effective; and can save lives. Buprenorphine is safer and has less abuse potential than Methadone but is much more costly. Issue of treatment being difficult to access if the individual does not have an insurance plan or Medicaid, with few resources in rural areas. MAT is more effective when coupled with psychosocial treatment. 						
Conclusions	<ul style="list-style-type: none"> Advocate for the elimination of stigma and stigmatizing language. Educate consumers through PSAs and town halls. Educate physicians, providers, and prevention professionals. Conduct training for criminal justice personnel, judges, law enforcement, and first responders. 						
Action Items	<table border="1"> <thead> <tr> <th></th> <th>Person(s) Responsible</th> <th>Deadline</th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> Organize Mr. Taylor's presentation and comments into a written outline or summary document utilizing reporting template to organize information. </td> <td>Mr. Taylor</td> <td>Prior to next workgroup meeting</td> </tr> </tbody> </table>		Person(s) Responsible	Deadline	<ul style="list-style-type: none"> Organize Mr. Taylor's presentation and comments into a written outline or summary document utilizing reporting template to organize information. 	Mr. Taylor	Prior to next workgroup meeting
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3. Agenda topic: Evaluate the use of heroin in NC and provide recommendations on best practices for prevention, treatment, and recovery.

Presenter(s): Workgroup members

Discussion	<ul style="list-style-type: none"> Meeting ended before the Workgroup could address this topic. 						
Conclusions	<ul style="list-style-type: none"> 						
Action Items	<table border="1"> <thead> <tr> <th></th> <th>Person(s) Responsible</th> <th>Deadline</th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> Evaluate the use of heroin in NC and provide recommendations on best practices for prevention, treatment, and recovery. Utilize reporting template to organize information. </td> <td>Dr. Patkar</td> <td>Prior to next workgroup meeting</td> </tr> </tbody> </table>		Person(s) Responsible	Deadline	<ul style="list-style-type: none"> Evaluate the use of heroin in NC and provide recommendations on best practices for prevention, treatment, and recovery. Utilize reporting template to organize information. 	Dr. Patkar	Prior to next workgroup meeting
	Person(s) Responsible	Deadline					
<ul style="list-style-type: none"> Evaluate the use of heroin in NC and provide recommendations on best practices for prevention, treatment, and recovery. Utilize reporting template to organize information. 	Dr. Patkar	Prior to next workgroup meeting					

4. Agenda topic: Review the State Plan to Reduce Prescription Drug Abuse and provide recommendations.

Presenter(s): Workgroup members

Discussion	<ul style="list-style-type: none"> Meeting ended before the Workgroup could address this topic. 						
Conclusions	<ul style="list-style-type: none"> 						
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Background Materials:

- National Conference of State Legislatures. Legisbrief on Methadone and Prescription Drug Overdose, December 2014.
- National Conference of State Legislatures. Legisbrief on Using Prescription Drug Monitoring Programs to Address Drug Abuse, March 2015.
- National Governors Association. Reducing Prescription Drug Abuse: Lessons Learned from an NGA Policy Academy.
<http://www.nga.org/files/live/sites/NGA/files/pdf/2014/1402ReducingPrescriptionDrugAbuse-Paper.pdf>
- National Conference of State Legislatures. The Burden of Prescription Drug Overdoses on Medicaid.
<http://www.ncsl.org/documents/health/PrescriptionDrugOverdoseMedicaid122013.pdf>
- CNA Financial Corporation. 2015 Risk Outlook: Construction. Prescription Opioid Abuse: Risk Factors and Solutions. http://nationalrxdrugabusesummit.org/wp-content/uploads/2015/09/CNA-RC-151_OutlookConstruction.pdf
- Quinton S. How Heroin is Hitting the Foster Care System. HuffPost Politics. October 9, 2015.
http://www.huffingtonpost.com/entry/heroin-foster-care_5617c8f7e4b0e66ad4c75faa

Meeting Adjourned

Next Meeting: Schedule conference call at the beginning of December and beginning of January and meet prior to the Task Force meeting on January 19. (Subsequent to this decision, a face to face meeting was scheduled for workgroup members on December 1 in Pinehurst NC from 5 – 8 pm; meeting logistics contained in separate email from Jill Knight 11-6-15.)