



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

**ROY COOPER** • Governor

**KODY H. KINSLEY** • Secretary

**JOYCE MASSEY-SMITH** • Director  
Division of Aging and Adult Services

**TO:** Persons Requesting North Carolina Adult Day Care and Day Health Services Standards for Certification  
**FROM:** Glenda Artis, Adult Day Services Consultant  
**SUBJECT:** Certification of Adult Day Services

Thank you for your recent inquiry regarding opening an Adult Day Service program. Enclosed you will find the following:

- An Information Fact Sheet providing a step-by-step guide.
- A brief description of the difference between Adult Day Care Homes, Day Care Centers, Day Health Centers, and Combination Centers
- Information about the North Carolina Adult Day Services Association
- A listing of Adult Day Services currently certified in North Carolina
- Information about the Child and Adult Care Food Program; and
- A funding fact sheet
- A copy of the [NC Adult Day Care and Adult Day Health Services Standards for Certification](#)

Please be aware that in the past few years our office has seen several adult day programs closing due to financial difficulties. There has been no increase in the overall amount of funding available in the State Adult Day Care or Home and Community Care Block Grant funds in order to serve additional clients. In most cases, what money is available has been allocated to serve existing clients.

We strongly advise individuals and organizations to consider their ability to operate an adult day care program without State or Federal funding. Many individuals who can afford to pay for this service out-of-pocket are choosing to hire in-home help or enter an assisted living facility. Although there is a need for services to keep our elderly and citizens with disabilities in their homes, there is unfortunately little funding to support this goal.

Consultation, as well as monitoring and initial preparation for certification of adult day care or day health care programs is done through the local county Department of Social Services. Click the link below to access each agency's contact information.

<https://www.ncdhhs.gov/divisions/dss/local-county-social-services-offices>

If you have any additional questions of this office, please visit our website at <http://www.ncdhhs.gov/aging/> or contact me at (919)855-3400.

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF AGING AND ADULT SERVICES**

LOCATION: 693 Palmer Drive, Taylor Hall, Raleigh, NC 27603  
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## **ADULT DAY SERVICES FUNDING FACT SHEET**

The following is a list of possible funding sources for certified programs. This is a general list and all funding sources listed may not apply to your program or be available in your area. Adult day care/day health certification is not a guarantee that a certified program will receive any of the funding sources outlined below.

### **NORTH CAROLINA HOME & COMMUNITY CARE BLOCK GRANT (HCCBG)**

- Older Americans Act funding and other state and local funds are combined into this block grant to support home and community-based services;
- Funding can be used only for participants age 60 and older who meet service specific eligibility requirements
- Administered through the Area Agencies on Aging (AAA);
- Contact the AAA in your region to find out the lead agency for HCCBG in your county.

### **NORTH CAROLINA STATE ADULT DAY CARE FUND**

- Funds allocated to counties by the North Carolina Division of Aging & Adult Services;
- Administered via a vendor agreement through county Departments of Social Services to purchase Adult Day Services for eligible participants;
- Contact your local Department of Social Services for more information.

### **CHILD AND ADULT CARE FOOD PROGRAM (CACFP)**

- This program reimburses non-residential adult day programs designed to meet the needs of the frail elderly and functionally impaired adults for nutritious meals and snacks;
- Facilities can be public or private non-profit organizations;
- The meals and snacks provided must follow to CACFP meal plans
- Program payments are based on individual enrollee eligibility as determined by USDA guidelines;
- Certified Adult Day Programs participating in the CACFP program must also meet the nutrition requirements outlined in the North Carolina Adult Day Care/Day Health Standards for Certification manual in addition to the CACFP program requirements. The two programs are not equivalent.
- Administered by the North Carolina Division of Women's and Children's Health;
- Contact the Special Nutrition Programs Unit at the NC Division of Public Health, 919-707-5799, for more information.

### **PRIVATE PAY/OUT OF POCKET PAYMENTS**

- Set the top fee equal to or greater than the cost of the services;
- Give everyone the opportunity to pay what the service actually costs, allowing for discounts on a case-by-case basis.

### **MEDICAID - COMMUNITY ALTERNATIVES PROGRAM (CAP)**

- Certified Adult Day Programs with the Day HEALTH component are potentially eligible for reimbursement under CAP for Disabled Adults (CAP/DA),
- Administered by the North Carolina Division of Medical Assistance (DMA);
- Contact DMA at 919-855-4100 to find out the local CAP coordinator in your region.

### **MEDICAID – NC INNOVATIONS WAIVER**

- Certified Adult Day Programs are potentially eligible for reimbursement under the Innovations Waiver that serve persons with intellectual developmental disabilities
- Administered by North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services (MH/DD/SAS) and DMA through regional Local Management Entities/Managed Care Organizations (LME/MCO)

- Contact MH/DD/SAS at 919-855-4800 or DMA at 919-855-4100 to find out which LME/MCO coordinates care in your region.

### **VETERANS ADMINISTRATION (VA)**

- Certified Adult Day Programs with the Day HEALTH component are potentially eligible for funding through the VA;
- Administered through area Veterans Administration Hospitals and/or outpatient clinics;
- Contracted reimbursement for qualifying veterans;
- Contact your area VA for more information.

### **MEDICARE PART B**

- Does NOT cover the cost of daily care, but may cover the cost of the following services provided in the day care environment:
  - Out-patient or partial hospitalization mental health services by licensed clinic social workers or psychologists for assessment and psychotherapeutic treatment;
  - Out-patient restorative and functional maintenance rehabilitation by licensed physical therapists, occupational therapists, and/or speech therapists or approved personnel;
  - Psychiatrist and physician visits.

### **UNITED WAY**

- Contact the local agency for specific requirements for obtaining funds and/or becoming a member agency.

### **TITLE V (SR. COMMUNITY SERVICE EMPLOYMENT PROGRAM, SCSEP)**

- This program is designed to address the income and employment needs of economically disadvantaged individuals age 55 and older;
- Title V workers can be employed in an adult day service program as long as the program is not-for-profit;
- Administered by various agencies - contact your regional AAA for more information.

### **GRANTS AND FOUNDATION FUNDING**

- Start up, operating, capital and special projects funding may be obtained through grants and foundation funding;
- For more information, contact The Foundation Center, 79 Fifth Avenue, Dept. MF, New York, NY 10003-3076, (800) 424-9836 -- this organization publishes the National Guide to Funding in Aging;
- Check for a local foundation center or library that may carry other publications on funding opportunities.

### **COMMUNITY DEVELOPMENT BLOCK GRANTS**

- Administered through city governments;
- The Housing and Community Development Act of 1974 authorizes some funding for the construction and improvement of facilities;
- Contact the area field office of the US Department of Housing and Urban Development for more information ([www.hud.gov](http://www.hud.gov)).

### **LOCAL MANAGEMENT ENTITIES/MANAGED CARE ORGANIZATIONS (LME/MCOs)**

- Adult Day programs can possibly contract with LME/MCOs to receive reimbursement to provide adult day services for persons with Intellectual and Developmental Disabilities;
- See <https://www.ncdhs.gov/providers/lme-mco-directory> for local listings

### **CITY/COUNTY GENERAL FUNDS**

- Many localities use discretionary money to fund human service agencies;

- Call your local government office for more information.

#### **FAITH BASED/CIVIC ORGANIZATIONS**

- These organizations may offer sponsorship, space or scholarships for clients.

# Adult Day Services Information Fact Sheet

## A Step-by-Step Guide

### STEP ONE: Conduct a Needs Assessment

This fact-finding exercise is essential to determine if the need and resources are available to support an adult day service program in the area you have in mind. Your local library or Internet can direct you to some excellent resources on the steps to consider when developing a plan to conduct a needs assessment. As a part of your needs assessment, you will want to contact other day care programs in the vicinity, the local department of social services, local aging programs (such as those operating senior centers and meals on wheels services), churches, hospital discharge planners, and home care agencies. Keep in mind that in order for your business to succeed finding participants who are private-pay is crucial.

### STEP TWO: Consider the Finances Involved

Consult your local library for tips on financing a small business, or go on line and look at resources on the web. For instance, the Small Business Association has an on line library (<http://www.sba.gov/library/pubs.html#fm-14>) that provides a useful small business management series.

If you are considering a for profit venture, it is important to realize that studies show that small business start-ups take three years before they turn a profit. Most successful non-profits operate under an umbrella organization that helps provide financial support to sustain the program. The North Carolina Adult Day Services Association estimates an average annual operating budget (excluding start-up costs) to be a minimum of \$150,000 for a center serving between 20 and 25 participants. Start up costs will vary depending on the size of your program, but average between \$80,000 to \$150,000. The enclosed funding fact sheet for certified programs outlines different funding possibilities for adult day care, but none of these are guaranteed. Furthermore, studies conducted by the North Carolina Adult Day Care Association have revealed that the reimbursement amount of most of these funding sources is less than actual program costs.

### STEP THREE: Review the Standards

*The North Carolina Adult Day Care and Day Health Standards for Certification* provides detailed information about the requirements necessary to open and operate your program. Once a location has been secured and furnished, a number of forms and materials are necessary for the initial certification package. A full listing of these is in the *Standards*, on Page 27-39. This list includes, but is not limited to, the following: program policy statement, organizational diagram, job descriptions, documentation showing planned expenditures and resources available to carry out the program of service for a 12 month period; a floor plan of the facility showing measurements, restrooms, and planned use of space. Building, fire, and sanitation inspection reports are also required, however, these inspections are to be completed no more than 30 days prior to the submission of the certification package. Once, you have the necessary information together, the Adult Day Care Coordinator at the local Department of Social Services reviews the information and completes either an Adult Day Care Certification Report or and Adult Day Care/Day Health Report. If during the study it appears that all standards can be met, the application will be completed and submitted to the Division of Aging and Adult Services. Following the State review of the certification package, a pre-certification visit is made by staff from the Division of Aging and Adult Services. If all *Standards* are met, the program is issued an annual certification and can begin operation.

# ADULT DAY SERVICES - -

## Day Care Homes, Day Health Homes, Day Care Centers, Day Health Centers, Combination Centers: What's the Difference?

Adult Day Care services delivered in North Carolina are certified by the North Carolina Division of Aging and Adult Services. As defined by law, all the services must include a variety of program activities, a nutritious meal and snacks, transportation and referral to and assistance in using appropriate community resources. Medical examinations are also required for all persons participating in any type of adult day service.

Reviewing a brief comparison of the choices of certification types will assist in selecting the appropriate setting for the delivery of adult day services. *The comparisons that follow are only intended as a guide for persons interested in opening an adult day center in North Carolina. Although it is based on the North Carolina Adult Day Care and Day Health Standards for Certification, it is not comprehensive of those Standards. Refer to the Standards for more specific information.*

	Adult Day Care Home	Adult Day Health Home	Adult Day Care (Social) Center	Adult Day Health Center	Adult Day Care/Day Health (Combination) Center
<b>Certified by DAAS</b>	√	√	√	√	√
Must comply with ADA requirements for <b>handicap accessibility</b>	√	√	√	√	√
Must comply with <b>Fire Code</b>	√	√	√	√	√
Must comply with <b>Sanitation Code</b>	√	√	√	√	√
Must comply with <b>Building Code</b>	√	√	√	√	√
Must comply with <b>Zoning Laws</b>	√	√	√	√	√
<b>Staff to Participant Ratio</b>	1:6	1:5	1:8	1:5	1:6
Must employ <b>Full-Time Director</b>	√	√	√	√	√
Must employ <b>Health Care Coordinator</b> at least 4 hrs per day		√*		√*	√
<b>Minimum Square Footage</b> per participant excluding hallways, offices, restrooms	40	60	40	60	50
<b>Treatment Room</b>		√		√	√
<b>Quiet space</b> for resting	√	√	√	√	√
Must offer <b>health and personal care services</b>		√		√	√
<b>Notes</b>	Operated in a single family dwelling limited to up to 16 adults	Operated in a single family dwelling limited to up to 16 adults			

\*The Health Care Coordinator of adult day health centers or combination programs with a capacity of ≤ 10 may assume the responsibility of the director provided that the individual meets all the requirements for the director's position.

REC NUM	COUNTY	CENTER	DIRECTOR	ADDRESS	CITY	S T	ZIP	CAPACITY	PHONE	EMAIL ADDRESS/WEBSITE	TYPE
1	Alamance	Friendship Adult Day Services, Inc.	Connie Morse	Mailing: PO Box 3303 Physical:19 46 B Martin Street	Burlington	N C	Mailing: 27215 Physical: 27217	36	(336) 222-7797	<a href="http://friendshipadulday.com">http://friendshipadulday.com</a>	ADC
2	Alamance	Piedmont Health SeniorCare	Bobbi Wicker	1214 Vaughn Road	Burlington	N C	27217	110	(336) 532-0000		ADH
3	Alamance	The Harbor at Twin Lakes Community	Katie Gantos	3810 Heritage Drive	Burlington	N C	27215	12	(336) 585-2393		ADC

4	Ashe	Ashe Services for Aging, Inc. Generations Adult Day Health Center	Cindi Blackburn	180 Chatty Rob Lane	West Jefferson	N C	28694	40	(336) 246-2461	www.asheaging.org	ADC/ADH
5	Brunswick	Woodard's Adult Day Health Center	Sharon Crawford	115 Holden Beach Road	Shalotte	N C	28459	49	(910) 754-9409		ADC/ADH
6	Buncombe	Irene Wortham Adult Day Care	Corey Parker	916 W. Chapel Rd.	Asheville	N C	28803- 2844	75	(828) 274-7518	www.iwcnc.org	ADC, DD
7	Buncombe	Mountain Care Adult Day Services	Elizabeth Williams	68-A Sweeten Creek Rd.	Asheville	N C	28803	82	(828) 277-3399		ADC/ADH



8	Buncombe	CarePartners Rehabilitation Hospital LLLP DBA CarePartners PACE	Kirsten Cone	286 Overlook Road	Asheville	N C	28803	104	(828) 213-8442		ADH
9	Burke	Quaker Meadows Generations Adult Day Services	Kathy Kincaid	800 North Green St.	Morganton	N C	28655	32	(828) 438-6255	www.brcainc.org kkincaid_us@yahoo.com	ADC/ADH
10	Cabarrus	Coltrane L.I.F.E. Center, Inc.	Susan Caudle	321 Corban Ave. SE	Concord	N C	28025	74	(704) 788-1215	www.coltranelifecenter.org info@coltranelifecenter.org	ADC/ADH , ALZ
11	Catawba	Adult Life Programs, Inc. - Conover Center	Mary Katherine Mast	211 2nd Ave. Pl., N.E.	Conover	N C	28613	29	(828) 464-0078	www.adultlifeprograms.com info@adultlifeprograms.com	ADC

12	Catawba	Adult Life Programs, Inc. - Hickory Center	Susan Blizzard	1265-A 21st Street NE	Hickory	N C	28601	60	(828) 324-1313	www.adultlifeprograms.com info@adultlifeprograms.com	ADC/ADH
13	Catawba	Adult Life Programs, Inc. -Maiden	Suzanne Devine	3390 Shepherd Road	Maiden	N C	28650	24	(828) 326-9120	www.adultlifeprograms.com info@adultlifeprograms.com	ADC
14	Catawba	PACE@Home	Emily Jones	1915 Fairgrove Church Road	Newton	N C	28658	125	(828) 468-3980	mroseman@pchev.org	ADH
15	Chatham	Piedmont Health SeniorCare at Pittsboro	Jeffrey Sumpter	163 Chatham Business Drive	Pittsboro	N C	27312	120	(919) 545-7337		ADH

16	Cleveland	Life Enrichment Center of Cleveland County, Inc. Shelby Site	Toni Camp	110 Life Enrichment Blvd.	Shelby	N C	28150	170	(704) 484-0405	www.lifeenrichmentcenter.org toni@lifeenrichmentcenter.org	ADC/ADH
17	Cleveland	Life Enrichment Center of Cleveland County, Inc. Kings Mtn. Site	Toni Camp	222 Kings Mtn. Blvd.	Kings Mountain	N C	28086	100	(704) 739-4858		ADC/ADH
18	Craven	Seniors Choosing to Live at Home	Valerie Phillips	P.O. Box 13186	New Bern	N C	28561	21			ADC
19	Cumberland	Cape Fear Adult Day Health Care Center	Marion Wall	920 Stamper Road	Fayetteville	N C	28303	29	(910) 323-4424		ADC/ADH

20	Cumberland	LIFE St. Joseph of the Pines, Inc.	Joyce Alexander- Hines	4900 Raeford Road	Fayetteville	N C	28304	195	910-483- 4911	dbateman@sjp.org	ADH
21	Cumberland	RDL Senior Care of Fayetteville	Kevin Walker	PO Box 25682 (mailing) 6007 Morganton Road (physical)	Fayetteville	N C	28314 (mailing) 28314 (physical)	20	910-868- 2002	<a href="mailto:kevinwalker@rdltherapeutic.com">kevinwalker@rdltherapeutic.com</a>	ADC/ADH
22	Davidson	The Life Center of Davidson County, Inc.	Elizabeth Rummage	601 West Center Street	Lexington	N C	27292	65	(336) 249-2155	www.lifecenterdavidson.com brummage@lifecenterdavidson.com	ADC/ADH
23	Davidson	Carolina SeniorCare	Thomas Chang	802 East Center Street	Lexington	N C	27292	150	336-746- 3500	areimann@uchas.org	ADH

24	Duplin	Creative Helping Hands	Kim Graham	515 S. Front Street	Warsaw	N C	28398	5	919-293-3067	<a href="mailto:kimgraham@gmail.com">kimgraham@gmail.com</a>	ADC Home
25	Durham	Durham Center for Senior Life	Sharon Conyers	406 Rigsbee Ave.	Durham	N C	27701	60	(919) 682-0215		ADC/ADH
26	Durham	Golden Horizons Adult Day Care, LLC	Van Coleman	1106 Hillandale Road	Durham	N C	27705	28	(919) 286-4489	<a href="mailto:dvancoleman@gmail.com">dvancoleman@gmail.com</a> <a href="http://www.goldenhorizons.net">www.goldenhorizons.net</a>	ADC
27	Durham	VOANS Senior CommUnity Care of North Carolina	Jane Venick	4022 Stirrup Creek Drive Suite 315	Durham	N C	27703	150	(919) 425-3000	koldham@voa.org	ADH

28	Edgecombe	Adult Day Health Activity Center, Inc.	Mary Barnhill	1107 Fairview Road (physical) PO Box 909 (mailing)	Rocky Mount	N C	27801 (physical) 27801 (mailing)	52	(252) 972-4080		ADC/ADH , ALZ, DD
29	Forsyth	Elizabeth and Tab Williams Adult Day Center of Senior Services, Inc.	Sharon Welborn	231 Melrose Street	Winston-Salem	N C	27103	95	(336) 724-2155		ADC/ADH
30	Forsyth	Mount Zion Senior Life Enrichment Center	John Rhinehardt	950 File St.	Winston-Salem	N C	27101	40	(336) 721-1842		ADC
31	Franklin	Franklin County Adult Day Program	Wendy Hunter	279 S. Bickett Blvd.	Louisburg	N C	27549	30	(919) 496-1131		ADC/ADH

32	Gaston	The Center of Gastonia	Karen Creech	900 Roberts Dr. (street) 330 Dr. Martin Luther King Jr. Way (mailing)	Gastonia	N C	28054/28052	33	(704) 862-7667		ADC
33	Gaston	Senior Total Life Care	Cathy Kenzig	1875 Remount Road	Gastonia	N C	28054	184	(704) 874-0600	seniortlc.org rrichards@seniortlc.org	ADH
34	Granville	Harold Sherman Adult Day Center	Gail Barnes-Hall	1038 College Street (physical) PO Box 1006 (mailing)	Oxford	N C	27565	26	(919) 690-3273		ADC/ADH
35	Guilford	Well-Spring Solutions	Anita Brock-Carter	4100 Well Spring Drive (mailing) 2701 Henry Street (physical)	Greensboro	N C	27410 (mailing) 27405 (physical)	108	(336) 274-3559 (336) 373-4301 (center)	www.well-springsolutions.org acarter@well-spring.org	ADC/ADH

36	Guilford	Emmanuel Senior Enrichment Center	Kimberly Miller-McDowell	1401 Heathcliff Road	High Point	N C	27262	40	(336) 882-6613	www.adultdaycarehighpoint.org	ADC/ADH
37	Guilford	After Gateway, Inc.	Jane Maydian	501 South Mendenhall Street	Greensboro	N C	27403	48	(336) 379-7670	aftergateway.org aftergateway@gmail.com	ADH, DD
38	Guilford	PACE of Guilford and Rockingham Counties, Inc.	Ursula Robinson	1471 E. Cone Blvd.	Greensboro	N C	27405	140	(336) 550-4040	ursula.robinson@pacetriad.org	ADH
39	Halifax	Roanoke Valley Adult Day Care Center	Roger Edwards	108 E. First Street PO Box 127	Weldon	N C	27890	58	(252) 536-2070	rogerrvadc@live.com	ADC/ADH



40	Harnett	Walk By Faith Adult Health and Day Care	Marilyn Jackson	1107 Erwin Road	Dunn	N C	28334	24	(910) 891-2770	<a href="mailto:walkbyfaithahdc@gmail.com">walkbyfaithahdc@gmail.com</a>	ADC/ADH
41	Haywood	Maple Leaf Adult Respite	Misti Carver	63 Elmwood Way Suite C100	Waynesville	N C	28786	51	(828) 456-9488		ADC/ADH
42	Henderson	MountainCare-Hendersonville	Nicole Staton	55 N. Hillside Drive	Hendersonville	N C	28791	35	(828) 967-7070	mountaincareservices.org	ADC/ADH
43	Iredell	ElderCenter, Inc.	Tammie Money	P.O. Box 1162 (Mailing) 502 Brevard St. (Phys.)	Statesville	N C	28687	32	(704) 873-0720	<a href="mailto:eldercenterNC@gmail.com">eldercenterNC@gmail.com</a>	ADC

44	Jackson	Jackson County Adult Day Program	Gail Cagle	100 County Services Park	Sylva	N C	28779	29	(828) 586-5441		ADC
45	Johnston	Divine Destiny Adult Care, Inc.	Katrina Boylan	612 Powell Street	Smithfield	N C	27577	20	919-934-7144	katrina@divine-destiny.org www.divine-destiny.org	ADC/ADH
46	Lee	Christian Healthcare Adult Day Care	Wanda Marsh	507 N. Steele Street	Sanford	N C	27330	40	(919) 774-8788 (dir.) (919) 775-5610 (site)		ADC
47	Macon	Care Connection Adult Day Care	Donald (Donny) Chapman	108 Wayah Street	Franklin	N C	28734	36	(828) 349-2236	www.maconcountync.org	ADC, ALZ

48	Mecklenburg	Blessed Assurance Adult Day and Health Care Services, Inc.	Navondria Huggins	13001 Idlewild Road	Matthews	N C	28105	98	(704) 576-4754		ADC/ADH
49	Mecklenburg	University Adult Care, Inc.	Ruby Kumar	1324 John Kirk Drive	Charlotte	N C	28262	61	(704) 510-0030		ADC/ADH
50	Mecklenburg	Loving Touch Adult Day Health Care Center, Inc.	Joyce Freeman	PO Box 16322 (mailing) 1302 Beatties Ford Road (physical)	Charlotte	N C	28297 (mailing) 28216 (physical)	45	(704) 331-0015	www.lovingtouchaduldayhealthcare.com joycedfreeman@aol.com	ADC/ADH , ALZ
51	Mecklenburg	Rae's Playze Adult Day Center	Ruby Works	7516 East Independence Blvd, Suite 115(physical) PO Box 690387 (mailing)	Charlotte	N C	28227 (physical) 28227 (mailing)	40	(704) 563-3334 (Main Number) (980) 200-1186 (After-hours Emergency Number)	raeplayzeadultday.com rworks@raeplayze.com	ADC/ADH

52	Mecklenburg	PACE of the Southern Piedmont	Renee Rizzuti	6133 The Plaza	Charlotte	N C	28215	123	(704) 887-3857		ADH
53	Mecklenburg	Gracious Living ADHCC Corporation	Michelle Allgood	16630 Northcross Drive (physical) PO Box 2425 (mailing)	Huntersville	N C	28078	60	(704) 997-5032	graciouslivingadhcc.com graciousliving@live.com	ADC/ADH
54	Mecklenburg	Cora's Intergenerational Center	Tiketha Collins	3301 Beatties Ford Road	Charlotte	N C	28216	18	(704)391-6670	<a href="http://www.corasigcenter.org">www.corasigcenter.org</a>	ADC/ADH , Alz, Dementia, Parkinsons
55	Nash	The Wright Center, Inc.	Doris Howington	513 W Raleigh Blvd.	Rocky Mount	N C	27803	42	(252) 442-8363		ADC/ADH

56	New Hanover	Elderhaus PACE	Ruth Finch	1320 N. College Road	Wilmington	N C	28405	120	(910) 343-8209		ADH
57	New Hanover	Elderhaus at the Lake	Robbin Nelson	1950 Amphitheater Dr.	Wilmington	N C	28401	60	(910) 251-0660		ADC/ADH
58	Onslow	New Life Enrichment Center	Charmony Clark	4022 Richlands Highway	Jacksonville	N C	28540	24	(910) 989-3007	www.onslowcountync.gov/seniors Ada_Anderson@onslowcountync.gov	ADC
59	Orange	Charles House	Paul Klever	7511 Sunrise Rd.	Chapel Hill	N C	27514	40	(919) 967-7570	www.CharlesHouse.org	ADC

60	Orange	Florence Gray Soltys Adult Day Health Program	Melissa Bryan	105 Meadowlands Drive (physical) PO Box 8181 (mailing)	Hillsborough	N C	27278	29	(919) 245-2017	<a href="http://www.soltysdayhealth.org">www.soltysdayhealth.org</a>	ADC/ADH
61	Pasquotank	Lonnie's Heart of Hope	Annie Spruill	122 Harding Street	Elizabeth City	N C	27909	73	(252) 339-5421	<a href="mailto:spruillannie@yahoo.com">spruillannie@yahoo.com</a>	ADC
62	Pender	Serenity Adult Care	Laverne Johnson	334 Old Thomas Ave.	Watha	N C	28471	6	(910) 285-0300		ADC
63	Person	Generations Adult Day Services	Swayzene Riggsbee	607 Henry St. Mailing address: PO Box 721	Roxboro	N C	27573	20	(336) 599-8870	pcghinc@gmail.com	ADC

64	Person	Generations Adult Day Services Main Street	Swayzene Riggsbee	112 North Main Street Mailing address: PO Box 721	Roxboro	N C	27573	24	(336) 599-0930	pcghinc@gmail.com	ADC
65	Pitt	Creative Living Center	Lisa McLawhorn	4748 Stantonsburg Rd.	Greenville	N C	27834	36	(252) 757-3344	www.creativelivingnc.org creativelivingcenter@yahoo.com	ADC/ADH
66	Randolph	Our Place Adult Day Care Center	Christina Smith	714 Farr St., PO Box 1852	Asheboro	N C	27204-1852	20	(336) 629-3787	www.senioradults.org adultdaycare@asheboro.com	ADC
67	Randolph	StayWell Senior Care	Karen Martin	809 Curry Drive	Asheboro	N C	27204	105	(336) 628-4200	kmartin@staywellseniorcare.org	ADH

68	Rockingham	LEAF Center	Jody Brande	104 North Washington Avenue	Reidsville	N C	27320	75	(336) 347-2328	<a href="mailto:rpennington@adtsrc.org">rpennington@adtsrc.org</a>	ADC/ADH
69	Rowan	Trinity Living Center	Beth Huber	1416-A S. Martin Luther King Jr, Ave.	Salisbury	N C	28144	60	(704) 637-3940	www.Isanc.net	ADC/ADH
70	Rutherford	Rutherford LIFEcare	Glenda Duncan	859 Thunder Road	Spindale	N C	28160	60	(828) 288-1697	www.rutherfordlifeservices.com jjarrett@rutherfordlifeservices.com	ADC/ADH
71	Sampson	Sampson County Adult Day Health Care Center	Cindy Sessoms	210 Fisher Drive	Clinton	N C	28328	42	(910) 592-7787	cssessoms@sampsonnc.com	ADC/ADH



72	Transylvania	TVS Life Skills Adult Day Care	Carla Hill	(physicia) 11 Mt. Industrial Drive (mailing) PO Box 1115	Brevard	N C	28712	21	(828) 435-2850		ADC, DD
73	Union	New Testament Adult Day Center	Cindy Owen	2603 Goldmine Rd.	Monroe	N C	28110	41	(704) 283-5606		ADC
74	Wake	Total Life Center-Raleigh	Stella Ray	5124 Departure Drive Suite 101	Raleigh	N C	27616	88	(919) 873-1870	dtlc@rfsnc.org resourcesforseniors.com	ADC/ADH
75	Wake	Resources For Seniors - Total Life Center - Eastern Wake	James Ray	323 Lake Dr.	Wendell	N C	27591	25	(919) 713-1534	ewtlc@rfsnc.org resourcesforseniors.com	ADC/ADH

76	Wake	Total Life Center at Bond Park	Fredericka Phelps	110 Maury O'Dell Place	Cary	N C	27513	29	(919) 460-9008	bondpark@rfsnc.org resourcesforseniors.com	ADC/ADH
77	Wake	Total Life Center at Garner	Jennifer Best	201 Methodist Drive	Garner	N C	27529-5420	41	(919)773-3790	garnertlc@rfsnc.org resourcesforseniors.com	ADC
78	Wake	Ruth Sheets Adult Day Care Center	Matt Frazier	228 W. Edenton St.	Raleigh	N C	27603	32	(919) 832-7227	<a href="mailto:mfrazier@esumc.org">mfrazier@esumc.org</a>	ADC/ADH
79	Wake	Southeastern Wake Adult Day Health Center	Joan Shepherd	3401 Carl Sandburg Ct.	Raleigh	N C	27620	48	(919) 212-8580	<a href="mailto:kdpharr22@yahoo.com">kdpharr22@yahoo.com</a>	ADC/ADH

80	Wake	Family Circle Elder Care	Jennifer Snipes	820 W Garner Road	Garner	N C	27529	16	(919) 773-1115	www.familycircleeldercare.com familycircleeldercare@gmail.com	ADC/ADH
81	Wake	SarahCare at Lake Boone Trail	Marcia Jarrell	2245 Gateway Access Point Suite 101	Raleigh	N C	27607	51	(919) 746-7050		ADC/ADH
82	Wake	The Glade at Glenaire	Mary Arthur	5000 Glenhope Ct.	Cary	N C	27511	21	(919) 447-4494	kwalker@glenaire.org	ADC
83	Wake	Wake Forest Adult Day Health	Helen Adewunmi	3309 Rogers Road Suite 117	Wake Forest	N C	27587	11	(919) 761-5000	<a href="mailto:hisijola@yahoo.com">hisijola@yahoo.com</a>	ADC/ADH

84	Wilkes	The Ruby Pardue Blackburn Adult Day Health Care Center	Jennifer Snider	1915 West Park Drive Suite 200 PO Box 984	North Wilkesboro	N C	28659	65	(336) 667-2541	www.wilkesadulthoodcare.org executivedirector@wilkesadulthoodcare.org	ADC/ADH
		<p>* Indicates a Provisional Certification.  A Provisional Certification is issued because a program is out of compliance with the Standards for Certification. The Provisional Certification allows a program to operate until the compliance issue is resolved.  Please contact Heather Carter or Glenda Artis should you have any questions regarding Provisional Certification at 919-855-3400 or by email at <a href="mailto:heather.carter@dhhs.nc.gov">heather.carter@dhhs.nc.gov</a> or <a href="mailto:glenda.artis@dhhs.nc.gov">glenda.artis@dhhs.nc.gov</a>.</p>						4856			
	<b>ADC</b>	<p><b>Adult Day Care Programs</b>  2 of these serve Adults with Intellectual Developmental Disabilities</p>							<b>24</b>		
	<b>ADC/ADH</b>	<p><b>Combination Adult Day Care and Adult Day Health Care Programs</b>  1 of these is an ADC/ADH home  3 of these serves Adults with Intellectual Developmental Disabilities  5 of these serve persons with Alzheimer's Disease or Dementia</p>							<b>47</b>		

	<b>ADH</b>	<b>Adult Day Health Programs,</b> 1 of these serve Adults with Intellectual Developmental Disabilities 12 of these are a PACE program	<b>13</b>		
	.	<b>Total Number of Counties with Programs:</b>	<b>47</b>		
	.	<b>Total Number of Centers in North Carolina:</b>	<b>85</b>		
	.	<b>Total Number of Certified Slots:</b>	<b>4856</b>		

**For information on or to become a member of:**

**The North Carolina Association for Adult Day Services**  
[www.NCADSA.org](http://www.NCADSA.org)

**For information on:**

**The Child and Adult Care Food Program** <http://www.nutritionnc.com/snp/cacfp.htm>