



N.C. Department of Health
and Human Services

Mental Health & Substance Use Service Arrays

*Governor's Task Force on Mental
Health & Substance Use*

October 29, 2015



Participating Agencies

- Division of Adult Correction and Juvenile Justice, Department of Public Safety
- Division of Medical Assistance, DHHS
- Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, DHHS
- Division of Social Services, DHHS
- Division of State Operated Healthcare Facilities, DHHS



Information Collected

- Service Name
- Population Served
- Funding Source
- Penetration Rates
- Setting in which Service Delivered
- Authority
- Capacity
- Entrance & Exit Criteria



Adult Correction Services

- Intermediate Substance Abuse Treatment
- Long-Term Substance Abuse Treatment
- Community Residential Treatment
- Recidivism Reduction Services
- Mental Health Services
- Specialized Mental Health Case Loads
- Transitional Housing



Juvenile Justice Services

- Family counseling
- Individual counseling
- Family skill building
- Foster care
- Group care
- Group counseling
- Therapeutic Foster Care
- Restitution

**Services listed vary widely by county*



Juvenile Justice Services (continued)

- Multidimensional Family Therapy
- Psychological assessment/services
- Functional Family Therapy
- Multipurpose Grouphomes
- Residential
- Assessment and Crisis services
- Transitional Living

**Services listed vary widely by county*



Juvenile Justice Services (continued)

- Sex offender evaluation and treatment
- Substance abuse assessment
- Substance abuse counseling/treatment
- Youth empowerment
- Youth enrichment
- Youth interpersonal skills
- Day Treatment
- Multisystemic Therapy (MST)

**Services listed vary widely by county*



Medical Assistance / Medicaid Services

Adult Services

- Assertive Community Treatment Team
- Mobile Crisis Management
- Community Support Team
- Psychosocial Rehabilitation
- Partial Hospitalization



Medical Assistance / Medicaid Services (continued)

Adult Services (continued)

- Facility Based Crisis
- Substance Abuse Intensive Outpatient Treatment
- Substance Abuse Comprehensive Outpatient Treatment
- Ambulatory Detoxification
- Outpatient Opioid Treatment



Medical Assistance / Medicaid Services (continued)

Child Services (Medicaid and Health Choice)

- Intensive In-Home Services
- Multisystemic Therapy
- Child and Adolescent Day Treatment
- Psychiatric Residential Treatment
- Group Home Level III and IV
- Therapeutic Foster Care



Medical Assistance / Medicaid Services (continued)

Adult (Medicaid) and Child Services (Medicaid and Health Choice)

- Diagnostic Assessment
- Inpatient Treatment
- Outpatient Treatment



Medical Assistance / Medicaid Services (continued)

Additional Screening Services

- MH/SA Screenings in Pediatrician/Family Physician Offices
- Adults: Depression, Anxiety, and Substance Use Screening
- MH/SA and Domestic Violence Screenings in Obstetric Practices
- Tobacco Cessation Screening and Treatment in Obstetric Practices
- Medication Safety Registry Provider Participation



DMHDDSAS Services

- Outpatient Treatment
- Behavioral Health Urgent Care (a type of outpatient treatment)
- Assertive Community Treatment (ACT)
- Community Support Team (CST)
- Intensive In-Home Services
- Day Treatment
- Partial Hospitalization



DMHDDSAS Services (continued)

- Multi-Systemic Therapy (MST)
- Opioid Treatment
- Psychosocial Rehabilitation Services
- Substance Abuse Comprehensive Outpatient Treatment Program (SACOT)
- Substance Abuse Intensive Outpatient Program (SAIOP)



DMHDDSAS Services (continued)

- Alternative Services (such as Assertive Engagement, Peer Supports, Hospital Diversion)
- Long Term Vocational Support
- Individual Placement and Support Supported Employment (IPS-SE)
- Family Living
- Supervised Living
- Group Living



DMHDDSAS Services (continued)

- SA Halfway House
- Detox - Social Setting
- Facility Based Crisis Service (FBC)
- Mobile Crisis Management (MCM)
- Non-Hospital Medical Detox
- Inpatient
- Prevention



Social Services

- Clinical Units: Counties of Wilson, Forsyth, Guilford, Chatham and Catawba
 - Comprehensive clinical assessments (CCA)
 - Evidence-based treatments such as Parent Child Interaction Therapy or trauma-focused cognitive behavioral therapy



Social Services (continued)

- Attachment and Bio-Behavioral Catch-up (ABC)
 - Counties of Alamance, Pender, Wilson, Scotland, Craven currently providing services
 - Counties of Buncombe, Edgecombe, Gaston, Guilford, New Hanover and Rockingham currently being trained
- Celebrating Families: Rowan County
- Family Centered Treatment: Henderson County



State Operated Healthcare Facilities Services

- **Longleaf Neuro-Medical Treatment Facility**
- **Inpatient – Alcohol and Drug Abuse Treatment Center**
 - Walter B. Jones ADATC
 - R.J. Blackley ADATC
 - Julian F. Keith ADATC



State Operated Healthcare Facilities Services (continued)

- **Facility Based – State Hospital**
 - Broughton Hospital
 - Central Regional Hospital
 - Cherry Hospital



State Operated Healthcare Facilities Services (continued)

- **Facility Based – State Hospital**
 - Murdoch Developmental Center: STARS Program
 - Caswell Developmental Center: ID/MI Program
- **Facility Based – Whitaker PRTF**
- **Facility Based – Wright School**