



NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**  
Division of Mental Health,  
Developmental Disabilities  
and Substance Abuse Services

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# Community Engagement & Empowerment

The **COMMUNITY**  
**ENGAGEMENT AND**  
**EMPOWERMENT**  
**TEAM (CE&E)**  
provides you the  
**TOOLS** to **ENGAGE**  
with your community  
and **EMPOWER** others  
to do the same.



## OUR TEAM

The Community Engagement and Empowerment Team (CE&E) provides you the tools to engage with your community and empower others to do the same.

Our goals are:

- Keep you, your family members and advocates actively involved in local and state policy
- Ensure your voice, input, and service category representation (Mental Health, Intellectual/Developmental Disabilities and Substance Use Disorders) are included in improving the service system
- Help develop local grass roots advocacy and consumer groups
- Provide support and assistance to state and local Consumer Family Advisory Committees (CFACs) to ensure empowerment



## TRAINING OPPORTUNITIES

### SUBSTANCE USE DISORDER RECOVERY

- Beyond Recovery
- Mental Health and SUD
- Shift Happens

### INTELLECTUAL/DEVELOPMENTAL DISABILITIES

- Choice and Empowerment

### MENTAL HEALTH RECOVERY

- Beyond Recovery
- Reducing Stigma
- Shift Happens
- Mental Health and SUD

### MENTAL HEALTH, INTELLECTUAL/DEVELOPMENTAL DISABILITIES AND SUBSTANCE USE DISORDERS

- Advocacy 101
- An Overview of Wellness
- Who Are You Gonna Call
- Community Engagement

### CFAC TRAINING

### ADULT MENTAL HEALTH FIRST AID

### YOUTH MENTAL HEALTH FIRST AID

## HAVE YOUR VOICE HEARD AND GET INVOLVED

Set by NC §122C-170, Consumer Family Advisory Committees (CFACs) are self-governed groups representing the voice of the MH/DD/SUD community. The CE&E team works with CFACs to ensure your voice is heard.

There are two ways to serve as a CFAC member:

**LOCAL** – Local CFACs advise their local LME/MCO’s Board of Directors on service needs.

**STATE** – State CFAC advises the Secretary of NCDHHS and the NC General Assembly on MH/DD/SAS services and monitors improvement of the State plan.

For CFAC membership opportunities, please contact the person below.

