

# CARES

at the

*Jordan  
Institute  
for  
Families*

presents

## **Ongoing Professional Training**

In collaboration with  
The Adult Services  
Branch,  
North Carolina Division of  
Social Services

CARES, the Center for  
Aging Research and  
Educational Services  
School of Social Work  
CB# 3550

University of North Carolina  
Chapel Hill, NC 27599-3550  
(919) 962-0650

# **Effective Counseling In Adult Services**

**April 23–24, 2001  
Wilson Co. DSS  
100 Gold St.  
Wilson, NC**

## **Objectives**

At the conclusion of this training, participants will be able to:

1. express the importance of the right to privacy, confidentiality, and self-determination in counseling;
2. recognize the importance of nonverbal communication;
3. express the value of supporting, enabling, and empowering adults and their families in the Family Assessment and Change Process;
4. explain and demonstrate basic relationship-building processes;
5. demonstrate empathic listening techniques; and
6. demonstrate counseling approaches to help adults increase coping skills and bring about change.

*Visit the CARES web site for updates on the training calendar,  
<http://ssw.unc.edu/cares/cares.htm>.*

# Effective Counseling in Adult Services

April 23–24, 2001

Wilson Co. DSS

100 Gold St.

Wilson, NC

## Description

This workshop is an opportunity for adult services social workers to learn and enhance counseling skills in a highly participatory two-day curriculum. This training is intended to teach participants the skills of relationship-building, empathic listening, redirection and various counseling approaches, which can be used immediately with adults and their families. Training methods include lecturettes, discussion, and demonstrations. Trainees also participate in pairs in extensive skills practice, with individualized feedback from instructors.

## Audience

Adult services social workers who provide direct services. Previous completion of Effective Social Work Practice in Adult Services: A Core Curriculum is helpful, but not required, for participation in this training.

## Sponsors

The Adult Services Branch of the North Carolina Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this event.

The University of North Carolina at Chapel Hill and the NC Division of Social Services are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

## Registration and Tuition

Enrollment is limited to **20** people. The deadline for registration is **April 9, 2001**. The fee is **\$35.00**, which includes the cost of instruction, program materials, and two breaks each day. Check-in for the workshop is from 8:30 to 9:00 on the first day. Instruction begins at 9:00 and ends at 4:00 each day. Participants are responsible for their own lunches.

Registration forms must be accompanied by a check or an agency payment approval form to be

accepted. Please make checks payable to UNC–Chapel Hill School of Social Work. We cannot accept cash payments. If your agency is paying, you may register by fax, (919) 962-3653, if you include a copy of the agency payment approval form. Registrants will receive a confirmation letter. For agencies paying for several participants with one check, please indicate the participants' names and events for which they have registered.

Full refunds will be made for cancellations on or before the registration deadline. No refund will be made after that date, but you may send a substitute or transfer your registration to a future offering of this curriculum. Substitutes must fill out a registration form. *Please note:* If you register using an agency approval form, do not attend, and do not cancel, you or your agency will be billed for the full amount of the registration fee.

Participants who attend all days of training will receive a certificate, signed by the Director of the Division of Social Services, listing their name and the number of contact hours earned.

## Further Information

For information about registration issues—to cancel, register a substitute, or inquire about cancellation owing to inclement weather—please contact Delores Darby at the Center for Aging Research and Educational Services, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550 or telephone (919) 962-0650. If you need any of the auxiliary aids or services identified in the **Americans with Disabilities Act** in order to attend this program, please contact Delores Darby as early as possible and at least 3 weeks before the program. Every effort will be made to accommodate your needs.

For information about the content of the workshop, contact Linda Rahija at the CARES address or telephone (919) 962-5163.

# Wilson County DSS

100 NE Gold St.

Wilson, NC

(252) 206-4000

## **From Raleigh**

Follow Hwy 264 E into Wilson. Hwy 264 becomes Raleigh Rd. Follow Raleigh Rd. until it intersects with Hines St. Take a right onto Hines St. Follow Hines until it intersects Tarboro St. (Hardee's is on the corner). Take a left onto Tarboro St. Follow Tarboro St. until it intersects w/ Gold St. Go through downtown. Enter DSS parking lot on Gold St.

## **From Kinston or Greenville**

Follow Hwy 264 W into Wilson. Keep straight across Hwy 301 intersection. At the next stoplight, take a right onto Nash St. Follow Nash St. until it intersects Tarboro St. (the street past the courthouse). Take a right onto Tarboro St. Follow Tarboro St. until it intersects with Gold St. Enter DSS parking lot on Gold St.

## **From Rocky Mount**

Follow Hwy 301 until it intersects with Hwy 264. Take a right onto 264. At the next stoplight, take a right onto Nash St. Follow Nash St. until it intersects w/ Tarboro St. Take a right onto Tarboro St. Follow Tarboro St. until it intersects Gold St. (the street past the courthouse). Enter DSS parking lot on Gold St.

## **From Nashville**

Follow Hwy 58 into Wilson. Hwy 58 becomes Nash St. Follow Nash St. until it intersects w/ Tarboro St. (downtown area). Take a left onto Tarboro St. Follow Tarboro St. until it intersects Gold St. Enter DSS parking lot on Gold St.

## **Some national motel chains near the site.**

Best Western La Sammana

(252) 237-8700

Days Inn

(252) 243-5111

Comfort Inn

(252) 291-6400

Hampton Inn

(252) 291-2323

Quality Inn

(252) 243-5165

(These addresses are provided as a convenience to registrants. Listing here is not an endorsement by CARES, the Division of Social Services, or UNC-Chapel Hill.)

# Ongoing Professional Training from CARES, Spring 2001

## Registration Form

Please send one registration form per participant. Each participant may register for more than one event using this form. Be sure to mark the dates for which you wish to register. The last day to cancel registration for any event and receive a refund of the fee is the registration deadline date for that event (shown in parentheses). If your agency is paying the registration fee, you may fax this form with a copy of the agency authorization of payment to Delores Darby at (919) 962-3653. Otherwise, please mail this form to her with your check made out to **UNC School of Social Work** or a copy of your agency authorization. Cash payments cannot be accepted. The address is: Center for Aging Research and Educational Services, Jordan Institute for Families, School of Social Work, CB#3550, University of North Carolina, Chapel Hill, NC 27599-3550.

**Please Print or Type**

Dr.  Mr.  Mrs.  Ms. Name \_\_\_\_\_  
First MI Last

Place of Employment \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Home Phone ( ) \_\_\_\_\_ \*\*SSN \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_ E-mail \_\_\_\_\_

*\*we ask for your home phone in case the training session must be postponed on account of inclement weather*  
*\*\*used for internal record-keeping and required for those programs that issue CEUs*

<b>Education:</b>	
<b>Highest Degree</b> <input type="checkbox"/> HS <input type="checkbox"/> Associate <input type="checkbox"/> Bachelor <input type="checkbox"/> Masters <input type="checkbox"/> Doctorate	<b>Highest Social Work Degree</b> <input type="checkbox"/> BSW <input type="checkbox"/> MSW <input type="checkbox"/> PhD/DSW

<b>Work Type:</b>
<input type="checkbox"/> Direct Client Service <input type="checkbox"/> Line Supervisor <input type="checkbox"/> Staff Development <input type="checkbox"/> Program Manager <input type="checkbox"/> Program/Admin. Support <input type="checkbox"/> Director

<b>Employment Type:</b>
<input type="checkbox"/> Federal <input type="checkbox"/> State <input type="checkbox"/> County DSS <input type="checkbox"/> County Non-DSS <input type="checkbox"/> Public Univ/College Faculty <input type="checkbox"/> Private Univ/College Faculty <input type="checkbox"/> Private Agency <input type="checkbox"/> Volunteer

**Applications in Family Centered Practice with Adults:  
 Next Steps (\$20)**

- Feb. 21, 2001, Albemarle (Feb. 7)
- Mar. 9, 2001, Raleigh (Feb. 23)

**Effective Counseling in Adult Services (\$35)**

- Feb. 12–13, 2001, Charlotte (Jan. 29)
- Feb. 26–27, 2001, Hickory (Feb. 12)
- Mar. 13–14, 2001, Winston-Salem (Feb. 27)
- April 23–24, 2001, Wilson (Apr. 9)

**Effective Social Work Practice in Adult Services:  
 A Core Curriculum (\$50)**

- Feb. 27–Mar. 1 and Mar. 27–29, 2001, Wilson (Feb. 13)
- May 1–3 and 15–17, 2001, Raleigh (Apr. 17)

**Geriatric Mental Health (\$50)**

- Mar. 6–7 and 20–21, 2001, (Feb. 22)

**An Introduction to Aging (\$40)**

- Feb. 5–6, 2001, Winston-Salem (Jan. 22)
- May 7–8, 2001, Wilmington (Apr. 23)

**Working with Clients Who Have Serious Mental Illness:  
 The DSS Perspective (\$35)**

- Apr. 2–3, 2001, Wilson (Mar. 19)

**Effective Supervision and Management in Adult Services (\$25 per module)**

- Module 1, Jan. 22–23, 2001, Raleigh (Jan. 8)
- Module 2, Apr. 5–6, 2001, Charlotte (Mar. 22)
- Module 3, May 10–11, 2001, Chapel Hill (Apr. 25)
- Module 5, Feb. 8–9, 2001, Burlington (Jan. 25)
- I have a Supervisor's Curriculum notebook already.*

**\_\_\_\_ Number of Events for Which You Are Registering**

**Total amount of fees \$ \_\_\_\_\_**

**Payment Options:**

- Check Enclosed
- Agency Authorization of Payment (check pending)

*Please note: Registration forms must be accompanied by a check or an authorization to be accepted.*