

# CARES

at the

*Jordan  
Institute  
for  
Families*

presents

**Ongoing  
Professional  
Training**

In collaboration with  
The Adult Services  
Branch,  
North Carolina Division of  
Social Services

CARES, the Center for  
Aging Research and  
Educational Services  
School of Social Work  
CB# 3550

University of North Carolina  
Chapel Hill, NC 27599-3550  
(919) 962-0650

# Effective Social Work Practice in Adult Services A Core Curriculum

May 1–3 and 15–17, 2001  
Wake Co. Human Services  
220 Swinburne St.  
Raleigh, NC

**Day 1, 8:30–4:00**  
*Registration 8:30–9:00*  
Family Assessment and  
Change Process  
Basic Counseling Skills

**Day 2, 9:00–4:00**  
Screening/Intake  
Emergency and Crisis Inter-  
vention  
Social Assessment

**Day 3, 9:00–4:00**  
Physical Assessment  
ADL/IADL Assessment  
Mental Health Assessment

**Day 4, 9:00–4:00**  
Environmental Assessment  
Economic Assessment  
Checklist for Change

**Day 5, 9:00–4:00**  
Goal Setting

**Day 6, 9:00–4:00**  
Taking Care of Yourself  
Cultural Competency  
Making the Family Plan

Visit the CARES web site for updates on the training calendar,  
<http://ssw.unc.edu/cares/cares.htm>.

# Effective Social Work Practice in Adult Services

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220 Swinburne St.  
Raleigh, NC

## Description

This six-day training, offered in two 3-day sessions, is designed to assist DSS adult services social workers in understanding and integrating the concepts of *A Model for Excellence in Adult Services Administration and Social Work Practice* into their practice. This includes an emphasis on family-centered practice, empowerment of adults and their families, and the importance of cultural differences in work with adults and their families. Participants learn and practice basic skills in counseling, functional assessment, helping adults and their families set goals, emergency and crisis intervention, and service planning and monitoring. Participants also have the opportunity to use a set of tools for case record keeping to support and document their practice. Teaching methods include brief presentations, videotapes, role-plays, large and small group discussion, and extensive skills practice.

## Objectives

At the conclusion of this training, participants will be able to:

1. describe the impact of the aging process on the whole person and the family;
2. understand the common threads of aging while appreciating the diversity of older people;
3. describe life course transitions and their impact on older people and their families;
4. understand the challenges older adults and their families face; and
5. respect and advocate for the older person's autonomy, dignity, and right to make choices.

## Audience

Adult Services social workers and supervisors.

## Sponsors

The Adult Services Branch of the North Carolina Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this event.

The University of North Carolina at Chapel Hill and the NC Division of Social Services are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

## Registration and Tuition

Enrollment is limited to **40** people. The deadline for registration is **April 17, 2001**. The fee is **\$50.00**, which includes the cost of instruction, program materials, and two breaks each day. Check-in for the workshop is from 8:30 to 9:00 on the first day. Instruction begins at 9:00 and ends at 4:00 each day. Participants are responsible for their own lunches.

Registration forms must be accompanied by a check or an agency payment approval form to be accepted. Please make checks payable to UNC–Chapel Hill School of Social Work. We cannot accept cash payments. If your agency is paying, you may register by fax, (919) 962-3653, if you include a copy of the agency payment approval form. Registrants will receive a confirmation letter. For agencies paying for several participants with one check, please indicate the participants' names and events for which they have registered.

Full refunds will be made for cancellations on or before the registration deadline. No refund will be made after that date, but you may send a substitute or transfer your registration to a future offering of this curriculum. Substitutes must fill out a registration form. *Please note:* If you register using an agency approval form, do not attend, and do not cancel, you or your agency will be billed for the full amount of the registration fee.

Participants who attend all days of training will receive a certificate, signed by the Director of the Division of Social Services, listing their name and the number of contact hours earned.

## Further Information

For information about registration issues—to cancel, register a substitute, or inquire about cancellation owing to inclement weather—please contact Delores Darby at the Center for Aging Research and Educational Services, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550 or telephone (919) 962-0650. If you need any of the auxiliary aids or services identified in the **Americans with Disabilities Act** in order to attend this program, please contact Delores Darby as early as possible and at least 3 weeks before the program. Every effort will be made to accommodate your needs.

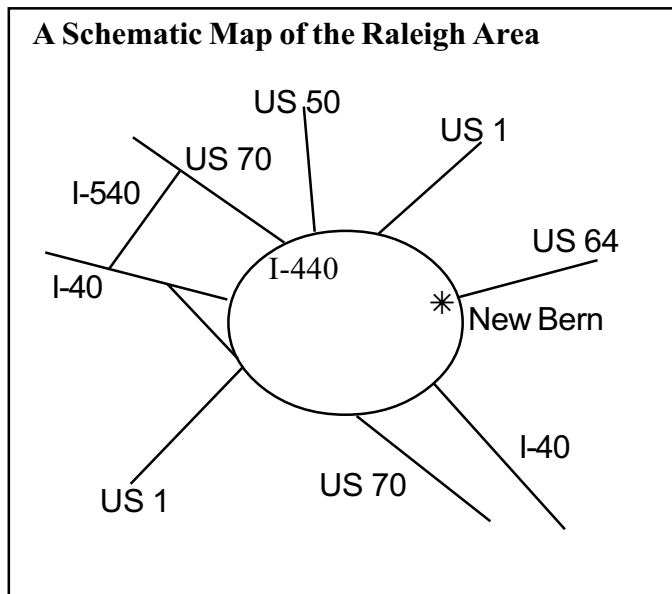
For information about the content of the workshop, contact Jane Armstrong at the CARES address or telephone (919) 962-6419.

# Wake County Human Services

220 Swinburne St.

Raleigh, NC

From I-440, Raleigh's Inner and Outer Beltline, take the New Bern Avenue Exit (Hwy 64; near the eastern-most point of the ring around Raleigh) and turn toward downtown Raleigh. Go less than a mile on New Bern Ave. and turn left onto Sunnybrook Rd., before Wake Medical Center. Turn right onto Falstaff St., and then left onto Swinburne Street; 220 is the five-story brick building located on right side, with ample parking.



## National motel chains within six miles of the site.

Holiday Inn Express-Raleigh

4716 New Bern Ave

1.5 mi.

919-231-2727

Howard Johnson

3120 New Bern Ave

1.5 mi.

919-231-3000

Sheraton Capital Center Hotel

421 S Salisbury St

4.1 mi.

919-834-9900

Best Western Inn

2800 Brentwood Rd

4.2 mi.

919-872-8600

Quality Suites

4400 Capital Blvd

4.9 mi.

919-876-2211

Sundown Inn Of America

3801 Capital Blvd

4.9 mi.

(888) 553-7749

Wingate Inn

2610 Westinghouse Blvd

4.9 mi.

919-821-0888

Hampton Inn

110 Drexmere St (Garner, NC)

5.4 mi.

919-772-6500

(These addresses are provided as a convenience to registrants. Listing here is not an endorsement by CARES, the Division of Social Services, or UNC-Chapel Hill.)

