



North Carolina Department of Health and Human Services
Division of Social Services

2405 Mail Service Center • Raleigh, North Carolina 27699-2405
Courier 56-20-25 Fax 919-715-0023

Michael F. Easley, Governor
Carmen Hooker Buell, Secretary

Pheon E. Beal, Director
(919) 733-3055

September 5, 2002

Dear County Director of Social Services

Attention: Adult Services Social Workers and Supervisors

Subject: Effective Counseling in Adult Services

I am pleased to inform you that Effective Counseling in Adult Services will be offered **October 2-3, 2002 at the High Point University in Winston-Salem; January 23-24, 2003 at the Cumberland County DSS in Fayetteville; February 3-4, 2003 at the Catawba County DSS in Hickory; and May 21-22, 2003 at the Wake County Human Services in Raleigh.** The co-sponsors for this training are the Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute of Families at the UNC-Chapel Hill School of Social Work.

The purpose of this **two-day training** is to enhance the counseling skills of adult services social workers. Effective Counseling in Adult Services is a very participatory, skills-based training. It is intended that participants will be able to immediately use the skills they learn in working with adults and their families. The topics for the training include relationship-building processes, empathic listening techniques, non-verbal communication, cognitive approaches in counseling, and termination.

Registration information for the training is attached and is also available through the **CARES website:** <http://ssw.unc.edu/cares/trmall.htm> Registration is limited to **20** participants to facilitate group discussion and participation. The registration fee for this two-day training is **\$35.00**. The **deadline for registration is: Winston-Salem--September 17th; Fayetteville--January 9th; Hickory--January 20th; and Raleigh--May 6th.**

If you need additional information, you are welcome to contact Suzanne Merrill in the Adult Services Branch at (919) 733-3818, your Adult Programs Representative, Libby Phillips at CARES, (919) 962-0650 or Linda Rahija at CARES, (919) 962-5163.

Sincerely,

A handwritten signature in black ink, appearing to read "John T. Tanner".

John T. Tanner, Chief
Adult and Family Services Section

JTT/ks

Attachment
AFS-13-2002