

# CARES

at the

*Jordan  
Institute  
for  
Families*

presents

**Ongoing  
Professional  
Training**

In collaboration with  
The Adult Services  
Branch,  
North Carolina Division of  
Social Services

CARES, the Center for  
Aging Research and  
Educational Services  
School of Social Work  
CB# 3550  
University of North Carolina  
Chapel Hill, NC 27599-3550  
(919) 962-0650

# Effective Counseling In Adult Services

## Four Dates and Four Locations

October 2–3, 2002, Winston-Salem

January 23–24, 2003, Fayetteville

February 3–4, 2003, Hickory

May 21–22, 2003, Raleigh

## Objectives

At the conclusion of this training, participants will be able to:

1. express the importance of the right to privacy, confidentiality, and self-determination in counseling;
2. recognize the importance of nonverbal communication;
3. express the value of supporting, enabling, and empowering adults and their families in the Family Assessment and Change Process;
4. explain and demonstrate basic relationship-building processes;
5. demonstrate empathic listening techniques; and
6. demonstrate counseling approaches to help adults increase coping skills and bring about change.

Visit the CARES web site for updates on the training calendar,  
<http://ssw.unc.edu/cares/cares.htm>.

# Effective Counseling in Adult Services

October 2–3, 2002, High Point University, Winston-Salem  
January 23–24, 2003, Cumberland County DSS, Fayetteville  
February 3–4, 2003, Catawba County DSS, Hickory  
May 21–22, 2003, Wake County Human Services, Raleigh

## Description

This workshop is an opportunity for adult services social workers to learn and enhance counseling skills in a highly participatory two-day curriculum. This training is intended to teach participants the skills of relationship-building, empathic listening, redirection and various counseling approaches, which can be used immediately with adults and their families. Training methods include lectures, discussion, and demonstrations. Trainees also participate in pairs in extensive skills practice, with individualized feedback from instructors.

## Audience

Adult services social workers who provide direct services. Previous completion of Effective Social Work Practice in Adult Services: A Core Curriculum is helpful, but not required, for participation in this training.

## Sponsors

The Adult Services Branch of the North Carolina Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this event.

The University of North Carolina at Chapel Hill and the NC Division of Social Services are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

## Dates, Locations, Registration Deadlines, and Directions to Sites

October 2–3, 2002, High Point University, Winston-Salem (register by Sept. 17)  
January 23–24, 2003, Cumberland County DSS, 1225 Ramsey St., Fayetteville (Jan. 9)  
February 3–4, 2003, Catawba County DSS, 3030 11th Avenue Dr., SE, Hickory (Jan. 20)  
May 21–22, 2003, Wake County Human Services, 220 Swinburne St., Raleigh (May 6)  
Directions to the site will be included with the confirmation of registration, and they are available through the CARES website, <http://sww.unc.edu/cares/trnall.htm>.

## Registration and Tuition

Enrollment is limited to **20** people. The deadlines for registration for each event are shown above. The fee is **\$35.00**, which includes the cost of instruction, program materials, and two breaks each day. Check-in for the workshop is from 8:30 to 9:00 on the first day. Instruction begins at 9:00 and ends at 4:00 each day. Participants are responsible for their own lunches.

Registration forms must be accompanied by a check or an agency payment approval form to be accepted. Please make checks payable to UNC–Chapel Hill School of Social Work. We cannot accept cash payments. If your agency is paying, you may register by fax, (919) 962-3653, if you include a copy of the agency payment approval form. Registrants will receive a confirmation letter. *For agencies paying for several participants with one check, please indicate the participants' names and events for which they have registered.*

Full refunds will be made for cancellations on or before the registration deadline. No refund will be made after that date, but you may send a substitute or transfer your registration to a future offering of this curriculum. Substitutes must fill out a registration form. *Please note:* If you register using an agency approval form, do not attend, and do not cancel, you or your agency will be billed for the full amount of the registration fee.

Participants who attend all days of training will receive a certificate, signed by the Director of the Division of Social Services, listing their name and the number of contact hours earned.

## Further Information

For information about registration issues—to cancel, register a substitute, or inquire about cancellation owing to inclement weather—please contact Libby Phillips at CARES, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550 or telephone (919) 962-0650. If you need any of the auxiliary aids or services identified in the **Americans with Disabilities Act** in order to attend this program, please contact Ms. Phillips as early as possible and at least 3 weeks before the program. Every effort will be made to accommodate your needs.

For information about the content of the workshop, contact Linda Rahija at the CARES address or telephone (919) 962-5163.

# Ongoing Professional Training from CARES, 2002–2003

Please send one registration form per participant. Each participant may register for more than one event using this form. Be sure to mark the dates for which you wish to register. The last day to cancel registration for any event and receive a refund of the fee is the registration deadline date for that event (shown in parentheses). If your agency is paying the registration fee, you may fax this form with a copy of the agency authorization of payment to CARES at (919) 962-3653. Otherwise, please mail this form to us with your check made out to **UNC School of Social Work** or a copy of your agency authorization. Cash payments cannot be accepted. The address is: Center for Aging Research and Educational Services, Jordan Institute for Families, School of Social Work, CB#3550, University of North Carolina, Chapel Hill, NC 27599-3550.

## Please Print or Type

Dr.  Mr.  Mrs.  Ms. Name \_\_\_\_\_

First MI Last

Place of Employment \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Home Phone ( ) \_\_\_\_\_ \*\*SSN \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_ E-mail \_\_\_\_\_

*\*we ask for your home phone in case the training session must be postponed on account of inclement weather*

*\*\*used for internal record-keeping and required for those programs that issue CEUs*

### Education:

#### Highest Degree

- HS  
 Associate  
 Bachelor  
 Masters  
 Doctorate

#### Highest Social Work Degree

- BSW  
 MSW  
 PhD/DSW

### Work Type:

- Direct Client Service  
 Line Supervisor  
 Staff Development  
 Program Manager  
 Program/Admin. Support  
 Director

### Employment Type:

- Federal  
 State  
 County DSS  
 County Non-DSS  
 Public Univ/College Faculty  
 Private Univ/College Faculty  
 Private Agency  
 Volunteer

### Applications in Family Centered Practice with Adults:

#### Next Steps (\$20)

- October 1, 2002, Chapel Hill (Sept. 16)  
 March 25, 2003, Fayetteville (Mar. 11)  
 March 27, 2003, Hickory (Mar. 13)  
 April 30, 2003, Waynesville (Apr. 13)

#### Effective Counseling in Adult Services (\$35)

- October 2–3, 2002, Winston-Salem (Sept. 17)  
 Jan. 23–24, 2003, Fayetteville (Jan. 9)  
 Feb. 3–4, 2003, Hickory (Jan. 20)  
 May 21–22, 2003, Raleigh (May 6)

#### Effective Social Work Practice in Adult Services:

##### A Core Curriculum (\$50)

- October 15–17 and November 19–21, 2002  
Chapel Hill (Oct. 1)  
 February 18–20 and March 11–13, 2003, Albemarle  
(Feb. 4)  
 April 1–3 and 8–10, 2003, Boone (Mar. 18)

#### Effective Supervision and Management in Adult Services (\$25 per module)

- Module 2, May 8–9, 2003, Raleigh (Apr. 24)  
 Module 3, April 9–10, 2003, Charlotte (Mar. 25)  
 Module 4, Dec. 4–5, 2002, Winston-Salem (Nov. 20)  
 Module 6, Nov. –6–7, 2002, Fayetteville (Oct. 22)

### Geriatric Mental Health (\$50)

You must register through the AHECs for these events.  
December 2–3 and 10–11, 2002, Asheville  
*Through Mountain AHEC; call Bill Barthel, (828) 257-4482, for a registration form.*

February 25–26 and March 4–5, 2003, Greenville  
*Through Eastern AHEC; call Kelly Dickens, (252) 816-5209, for a registration form.*

### An Introduction to Aging (\$40)

- September 26–27, 2002, Fayetteville (Sept. 12)  
 October 8–9, 2002, Hickory (Sept. 24)  
 January 15–16, 2003, Charlotte (Jan. 2)

### Working with Clients Who Have Serious Mental Illness: The DSS Perspective (\$35)

- November 6–7, 2002, Elizabeth City (Oct. 23)  
 April 29–30, 2003, Charlotte (Apr. 15)

\_\_\_\_ Number of Events for Which You Are Registering

Total amount of fees \$ \_\_\_\_\_

#### Payment Options:

- Check Enclosed  
 Agency Authorization of Payment (check pending)

*Please note: Registration forms must be accompanied by a check or an authorization to be accepted.*