

CARES

at the

*Jordan
Institute
for
Families*

presents

Ongoing Professional Training

In collaboration with
The Adult Services
Branch,
North Carolina Division of
Social Services

CARES, the Center for
Aging Research and
Educational Services
School of Social Work
CB# 3550
University of North Carolina
Chapel Hill, NC 27599-3550
(919) 962-0650

Geriatric Mental Health

Two Events and Locations

December 2–3 and
10–11, 2002
Asheville, NC

Register through
Mountain AHEC

Contact Bill Barthel:
(828) 257-4482
501 Biltmore Avenue
Asheville, NC 28801
or billb@mtn.ncahec.org

February 25–26 and
March 4–5, 2003
Greenville, NC

Register through
Eastern AHEC

Contact Kelly Dickens:
(252) 816-5209
P.O. Box 7224
Greenville, NC 27835-7224
or dickensk@mail.ecu.edu

Objectives

At the conclusion of this training, participants will be able to:

1. recognize symptoms of mental disorders in older adults
2. conduct mental health assessments with older people
3. understand the importance of addressing medical, drug, and alcohol issues that cause or exacerbate mental illness
4. incorporate reminiscing and cognitive-behavioral approaches into their counseling with older adults and their families
5. describe how to implement behavioral interventions for older adults with dementia and access resources for them and their families
6. identify legal issues that may confront older adults with mental disorders and their families, and potential remedies for these problems.

Visit the CARES web site for updates on the training calendar,
<http://ssw.unc.edu/cares/cares.htm>.

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Description

This four-day training, offered in two 2-day sessions, is designed to enhance knowledge and skills for effective work with older adults with mental disorders and with their families. The curriculum provides an introduction to normal aging and an overview of mental disorders in older adults. It introduces specialized assessment techniques and presents biopsychosocial treatment approaches including modules on psychotropic medications, behavioral approaches to dementia, and counseling older adults and their families. Information on legal issues and ways to plan for potential problems is provided. Participants are introduced to community resources for older adults with mental disorders and their families. Training methods include presentations by experts in the content areas, discussion, videotapes, and skills practice. In addition, the training familiarizes participants with sources of additional information and assistance through a comprehensive resource notebook.

Audience

Social workers, nurses, psychologists, allied health professionals, and others who work with older adults with mental disorders.

Sponsors

The Adult Services Branch of the North Carolina Division of Social Services and the Center for Aging Re-

search and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this event.

The University of North Carolina at Chapel Hill and the NC Division of Social Services are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

Registration and Tuition

Enrollment is limited to **45** people. The fee for employees of Departments of Social Services is **\$50.00**. Registration is through the Area Health Education Centers; please consult their registration materials for deadlines and methods of payment.

Participants who attend all days of training will receive a certificate, signed by the Director of the Division of Social Services, listing their name and the number of contact hours earned.

Further Information

For information about the content of the workshop, contact Jane Armstrong at CARES, Jordan Institute for Families, School of Social Work, CB# 3550, The University of North Carolina, Chapel Hill, NC 27599-3550; e-mail, jaarmstr@email.unc.edu; or telephone (919) 962-6419.