

CARES

at the

*Jordan
Institute
for
Families*

presents

**Ongoing
Professional
Training**

In collaboration with
Adult Social Services
Section,
NC Division of Aging

CARES, the Center for
Aging Research and
Educational Services
School of Social Work
CB# 3550

University of North Carolina
Chapel Hill, NC 27599-3550
(919) 962-0650

Mark your calendar now

(and register)
for exciting training opportunities in
2003–2004!

October	14–15 17 21–22 23–24 28–30	Serious Mental Illness, Fayetteville Termination, Charlotte Geriatric Mental Health, Fayetteville (and November 5–6) Supervisors' Module 1, Raleigh Effective Social Work Practice, Robbinsville (and November 12–14)
January	6–7 15–16	Introduction to Aging, Lexington Counseling, Raleigh
February	9 17–18 24 25–26	Ethics, Raleigh Geriatric Mental Health, Greenville (and March 15–16) Applications in Family-Centered Practice, Monroe Supervisors' Module 4, Raleigh
March	3 10–12 17–18 30–31	Termination, Winston-Salem Effective Social Work Practice, Charlotte (and March 24–26) Introduction to Aging, Raleigh Serious Mental Illness, Winston-Salem
April	14–15 22 27–29	Supervisors' Module 2, Charlotte Applications in Family-Centered Practice, New Bern Effective Social Work Practice, Raleigh (and May 11–13)
May	5 13–14	Applications in Family-Centered Practice, Boone Counseling, Boone
June	2–3	Supervisors' Module 5, Charlotte

Dates and locations to be announced: Substance Abuse, 2 events; Clients with Cognitive Disabilities, 2 events; Ethics, 1 event. See the next pages for descriptions of all these events and the CARES website, <http://ssw.unc.edu/cares/trnall>, for calendar updates.

Ongoing Professional Training from CARES for 2003–2004

Applications in Family-Centered Practice with Adults: Next Steps

This one-day workshop, for DSS personnel who work with older and disabled adults and their families examines the practical applications of the Principles for Family-Centered Practice through case scenarios, discussion, and group exercises. 40 participants; \$20

Monroe, February 24

New Bern, April 22

Boone, May 5

Effective Counseling in Adult Services

This is an opportunity for adult services social workers to enhance counseling skills in a highly participatory two-day workshop. Participants practice relationship-building skills, empathic listening, redirection, and various counseling approaches that can be used immediately with adults and their families. 20 participants; \$35

Raleigh, January 15–16

Boone, May 13–14

Effective Social Work Practice in Adult Services: A Core Curriculum

This six-day event is designed to help DSS adult services social workers integrate the concepts of A Model for Excellence in Adult Services Administration and Social Work Practice into their practice—family-centered social work, empowerment of adults and their families, and the importance of cultural differences. Participants practice basic skills in counseling, functional assessment, helping adults and families set goals, emergency and crisis intervention, and service planning and monitoring. Participants also practice using a set of tools for case record-keeping to document their practice. 40 participants; \$50

Robbinsville, October 28–30 and November 12–14

Charlotte, March 10–12 and 24–26

Raleigh, April 27–29 and May 11–13

Effective Supervision and Management in Adult Services

This six-module curriculum provides knowledge and skills essential for the administrative, supportive, and educational functions of adult services managers. Each two-day module provides the opportunity to examine current professional concepts, practice their application, and share ideas and experiences. (Module 3: The Supervisor's Role in Developing a Supportive Community Environment and Module 6: The Supervisor's Role in Managing Program Performance will not be offered in 2003-2004.) 20 participants; \$25 per module

Module 1: The Supervisor's Role in Supporting Excellent Adult Services Social Work Practice

Raleigh, October 23–24

Module 2: The Supervisor's Role in Strategic Planning
Charlotte, April 14–15

Module 4: The Supervisor's Role in Directing Daily Social Work Activities

Raleigh, February 25–26

Module 5: The Supervisor's Role in Teaching and Motivation

Charlotte, June 2–3

An Introduction to Aging: Knowledge and Skills for Working with Older Adults and Their Families

This two-day foundation course in aging for health and human services professionals from diverse settings is designed to provide basic information and skills needed to work effectively with older adults and their families. Its four modules cover aging processes, group and individual differences, changes and losses, and practice challenges. 40 participants; \$40

Lexington, January 6–7

Raleigh, March 17–18

Geriatric Mental Health

This four-day event provides knowledge and skills for work with older adults with mental disorders and with their families. It contains modules on normal aging; an overview of mental disorders in older adults; specialized assessment techniques; review of biopsychosocial treatments such as psychotropic medications, behavioral approaches to dementia, and counseling; and information on legal issues and community resources. 45 participants; \$50 for DSS employees; you must register for these events through the AHEC.

Fayetteville Area Health Education Center, October 21–22 and November 5–6 (Call Vivian Welker, 910-678-7226, to register.)

Eastern AHEC, Greenville, February 17–18 and March 15–16 (Call Mary Merner, 252-744-5228, to register.)

Working with Clients with Serious Mental Illness: The DSS Perspective

This two-day workshop enhances social workers' knowledge and skills in providing services to adults with serious mental illness. It covers symptoms and functional problems associated with severe and persistent mental illness; medications and side effects; emotional effects of these illnesses on adults and their families; access to mental health services; and management of difficult behaviors. 35 participants; \$35

Fayetteville, October 14–15

Winston-Salem, March 30–31

New This Year!

Advanced Topics in Social Work Practice

Beginning with the End in Mind: Refining Your Skills in Termination

Termination is an integral part of family-centered social work practice. This workshop helps social workers and supervisors refine their skills in ending work with clients and families in a way that acknowledges successes, supports clients and families' change, and "says a good good-bye." Because not all endings are planned or positive, this event also covers strategies social workers can use to work with less than ideal outcomes. 30 participants; \$20

Charlotte, October 17

Winston-Salem, March 3

Ethics and Everyday Judgments

Adult services workers are faced with ethical dilemmas involving confidentiality, privacy, self-determination, boundaries, telecommunications, and dual roles, to name just a few. Effective ethical decision making requires self-reflection, knowledge of social work standards, use of resources, and supervisory support. This one-day workshop reviews ways to identify and make ethical decisions and gives participants practice in resolving everyday dilemmas. 30 participants; \$20

Raleigh, February 9

Another location/date TBA

Undiagnosed: Substance Abuse and Older Adults

Alcohol and prescription drug misuse/abuse affects as many as 17 percent of older adults. This silent epidemic can mimic other behavioral or medical disorders during the assessment, screening, and treatment process. This workshop helps adult services workers recognize symptoms of substance abuse, practice screening questions, and identify treatment options in the community. 30 participants; \$20

2 events; Locations and dates, TBA

Working with Clients with Cognitive Disabilities: It's Not Just Alzheimer's

This workshop reviews cognitive disabilities and their causes, teaches strategies for assessment, and provides opportunities to practice communication skills with clients. 30 participants; \$20

2 events; Locations and dates, TBA

Audience for These Events

Adult services social workers, supervisors, program managers, and other personnel who provide services to older and disabled adults and their families.

Sponsors

The Adult Social Services Section of the North Carolina Division of Aging and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC-Chapel Hill School of Social Work, sponsor this workshop. The University of North Carolina at Chapel Hill and the NC Division of Aging are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

Registration

You may register online or by fax or mail. However you decide to register, **please note** that your registration is not complete until we receive your registration fee (a check made out to UNC School of Social Work; cash payments cannot be accepted) or your agency's authorization of payment.

Register online at <http://www.ncswtrain.org>.

Register by fax or mail: Print the registration form, complete it, and fax it to us at (919) 962-3653 or mail it to:

CARES, Jordan Institute for Families

School of Social Work, CB# 3550

University of North Carolina, Chapel Hill, NC 27599-3550

Please send one registration form per participant. Each participant may register for more than one event using this form.

Because events are offered in several locations and on different dates, please be sure to mark the dates for which you wish to register.

Directions to the sites will be included with the registration confirmation, and they are available through the CARES website: <http://ssw.unc.edu/cares/trnall.htm>

Refunds and Cancellation

We will make full refunds for cancellation before the registration deadline, which is 10 working days before each event. No refund can be made for cancellations after that date, but you may send a substitute. Please call Libby Phillips at CARES, (919) 962-0650, to register a substitute.

American with Disabilities Act

If you need the aids or services provided under the **Americans with Disabilities Act** to enable you to attend these events, please contact us at least one month before the event.

Daily Schedule

Training events begin at 8:30 for registration on the first day, with instruction starting at 9:00 and ending at 4:00 on that and subsequent days.

Further Information

For information about registration issues, please contact Libby Phillips at CARES, Jordan Institute for Families, School of Social Work, UNC-Chapel Hill, 27599-3550 or telephone (919) 962-0650. For information about the content of the workshops, contact Jane Armstrong, (919) 962-6419, or Robin Gault-Winton (919) 843-7582, or write to them at CARES.

Registration Form

CARES Training Events for Adult Social Services

First Name: _____ MI: _____ Last Name: _____

If you have ever registered for a training under a different name, what is that name?

"Goes By" Name: _____ Social Security Number: _____ Gender: Female Male
 _____ (SSN requested for internal record keeping purposes only)

Race/Ethnicity (Optional):
 African American Asian/Pacific Islander Caucasian Latino/Hispanic Mixed Race Native American/Eskimo

Home Phone (please include area code): _____ Work Phone & Extension (please include area code): _____
 () _____ () _____
 Home phone requested in event of last minute postponement due to severe weather.

Your Work E-mail Address: _____ Fax #: () _____

Agency Name: _____

Mailing Address (PO Box, Drawer #, or Street Name and Suite #): _____

City: _____ State: _____ Zip Code: _____

State Courier #: _____ County: _____

Supervisor's Full Name: _____ Supervisor's Phone (please include area code): () _____

Employment Type:
<input type="checkbox"/> Not applicable
<input type="checkbox"/> County DSS - Permanent
<input type="checkbox"/> County DSS - Temporary
<input type="checkbox"/> County Non-DSS
<input type="checkbox"/> Federal Agencies
<input type="checkbox"/> State Agency/Public University
<input type="checkbox"/> Private University/College
<input type="checkbox"/> Private Agency/Business

Work Type:
<input type="checkbox"/> Direct Client Service
<input type="checkbox"/> Line Supervisor
<input type="checkbox"/> Trainer/Staff Development
<input type="checkbox"/> Program Manager
<input type="checkbox"/> Program/Admin. Support
<input type="checkbox"/> Director
<input type="checkbox"/> Other
<input type="checkbox"/> Not Applicable

Program Responsibilities:
If you are NOT a county DSS worker, please skip to the next box (Check all that apply)
<input type="checkbox"/> Adult Care Home CMS
<input type="checkbox"/> Adult Day Care
<input type="checkbox"/> Adult Home Specialist
<input type="checkbox"/> Adult Protective Services
<input type="checkbox"/> Adult Services Intake
<input type="checkbox"/> At-Risk Case Management
<input type="checkbox"/> Attorney
<input type="checkbox"/> Guardianship
<input type="checkbox"/> In-Home Aide Services
<input type="checkbox"/> Special Assistance
<input type="checkbox"/> Trainer
<input type="checkbox"/> Other

Other Roles:
Complete this box if you are NOT a county DSS worker
<input type="checkbox"/> Aging Services
<input type="checkbox"/> Attorney/Judicial
<input type="checkbox"/> Developmental Disabilities
<input type="checkbox"/> Health/Medical
<input type="checkbox"/> Law Enforcement
<input type="checkbox"/> Long Term Care
<input type="checkbox"/> Mental Health
<input type="checkbox"/> Student/Student Intern
<input type="checkbox"/> Substance Abuse
<input type="checkbox"/> Vocational Rehabilitation
<input type="checkbox"/> Other

Highest Degree	Highest Social Work Degree
<input type="checkbox"/> HS <input type="checkbox"/> Masters	<input type="checkbox"/> BSW/BSSW
<input type="checkbox"/> Associate <input type="checkbox"/> Doctorate	<input type="checkbox"/> MSW/MSSW
<input type="checkbox"/> Bachelor	<input type="checkbox"/> PhD/DSW

Please mail or fax this form to Libby Phillips, CARES, School of Social Work, CB# 3550, UNC-Chapel Hill, 27599-3550; (919) 962-3653.

	Event Name	Dates	Location
Training Event(s) for which you are registering: _____			

If you are replacing a registered co-worker, what is his/her name: _____

Payment Options

- Check enclosed
 Agency authorization of payment enclosed (check pending)

Please note: Registration forms must be accompanied by a check or an authorization to be accepted.