

# CARES

at the

*Jordan  
Institute  
for  
Families*

presents

## **Ongoing Professional Training**

In collaboration with  
The Adult Services  
Branch,  
North Carolina Division of  
Social Services

CARES, the Center for  
Aging Research and  
Educational Services  
School of Social Work  
CB# 3550

University of North Carolina  
Chapel Hill, NC 27599-3550  
(919) 962-0650

# Effective Counseling In Adult Services

## **Four Dates and Four Locations**

October 25–26, 2001

New Hanover County DSS, Wilmington

Feb. 25–26, 2002

Greensboro AHEC

Mar. 7–8, 2002

Haywood Community College, Waynesville

May 2–3, 2002

School of Social Work, UNC-Chapel Hill

## **Objectives**

At the conclusion of this training, participants will be able to:

1. express the importance of the right to privacy, confidentiality, and self-determination in counseling;
2. recognize the importance of nonverbal communication;
3. express the value of supporting, enabling, and empowering adults and their families in the Family Assessment and Change Process;
4. explain and demonstrate basic relationship-building processes;
5. demonstrate empathic listening techniques; and
6. demonstrate counseling approaches to help adults increase coping skills and bring about change.

Visit the CARES web site for updates on the training calendar,  
<http://ssw.unc.edu/cares/cares.htm>.

# Effective Counseling in Adult Services

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## Description

This workshop is an opportunity for adult services social workers to learn and enhance counseling skills in a highly participatory two-day curriculum. This training is intended to teach participants the skills of relationship-building, empathic listening, redirection and various counseling approaches, which can be used immediately with adults and their families. Training methods include lecturettes, discussion, and demonstrations. Trainees also participate in pairs in extensive skills practice, with individualized feedback from instructors.

## Audience

Adult services social workers who provide direct services. Previous completion of Effective Social Work Practice in Adult Services: A Core Curriculum is helpful, but not required, for participation in this training.

## Sponsors

The Adult Services Branch of the North Carolina Division of Social Services and the Center for Aging Research and Educational Services (CARES), part of the Jordan Institute for Families at UNC–Chapel Hill School of Social Work, sponsor this event.

The University of North Carolina at Chapel Hill and the NC Division of Social Services are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees based on race, color, national origin, religion, sex, age, veteran status, or disability.

## Dates, Locations, Registration Deadlines, and Directions to Sites

October 25–26, 2001, New Hanover County DSS, Wilmington (Oct. 11)

Feb. 25–26, 2002, Greensboro AHEC (Feb. 11)

Mar. 7–8, 2002, Haywood Community College, Waynesville (Feb. 21)

May 2–3, 2002, School of Social Work, UNC-Chapel Hill (Apr. 18)

Directions to the site will be included with the confirmation of registration, and they are available through the CARES website, <http://ssw.unc.edu/cares/trnall.htm>.

## Registration and Tuition

Enrollment is limited to **20** people. The deadlines for registration for each event are shown above. The fee is

**\$35.00**, which includes the cost of instruction, program materials, and two breaks each day. Check-in for the workshop is from 8:30 to 9:00 on the first day. Instruction begins at 9:00 and ends at 4:00 each day. Participants are responsible for their own lunches.

Registration forms must be accompanied by a check or an agency payment approval form to be accepted. Please make checks payable to UNC-Chapel Hill School of Social Work. We cannot accept cash payments. If your agency is paying, you may register by fax, (919) 962-3653, if you include a copy of the agency payment approval form. Registrants will receive a confirmation letter. *For agencies paying for several participants with one check, please indicate the participants' names and events for which they have registered.*

Full refunds will be made for cancellations on or before the registration deadline. No refund will be made after that date, but you may send a substitute or transfer your registration to a future offering of this curriculum. Substitutes must fill out a registration form. *Please note:* If you register using an agency approval form, do not attend, and do not cancel, you or your agency will be billed for the full amount of the registration fee.

Participants who attend all days of training will receive a certificate, signed by the Director of the Division of Social Services, listing their name and the number of contact hours earned.

## Further Information

For information about registration issues—to cancel, register a substitute, or inquire about cancellation owing to inclement weather—please contact Libby Phillips at CARES, Jordan Institute for Families, School of Social Work, UNC–Chapel Hill, 27599-3550 or telephone (919) 962-0650. If you need any of the auxiliary aids or services identified in the **Americans with Disabilities Act** in order to attend this program, please contact Ms. Phillips as early as possible and at least 3 weeks before the program. Every effort will be made to accommodate your needs.

For information about the content of the workshop, contact Linda Rahija at the CARES address or telephone (919) 962-5163.

# Ongoing Professional Training from CARES, 2001–2002

Please send one registration form per participant. Each participant may register for more than one event using this form. Be sure to mark the dates for which you wish to register. The last day to cancel registration for any event and receive a refund of the fee is the registration deadline date for that event (shown in parentheses). If your agency is paying the registration fee, you may fax this form with a copy of the agency authorization of payment to CARES at (919) 962-3653. Otherwise, please mail this form to us with your check made out to **UNC School of Social Work** or a copy of your agency authorization. Cash payments cannot be accepted. The address is: Center for Aging Research and Educational Services, Jordan Institute for Families, **State Social Work CB#3550**, University of North Carolina, Chapel Hill, NC 27599-3550.

Dr.  Mr.  Mrs.  Ms. Name \_\_\_\_\_

First MI Last

Place of Employment \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Home Phone ( ) \_\_\_\_\_ \*\*SSN \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_ E-mail \_\_\_\_\_

*\*we ask for your home phone in case the training session must be postponed on account of inclement weather*

*\*\*used for internal record-keeping and required for those programs that issue CEUs*

Education:	
<b>Highest Degree</b>	<b>Highest Social Work Degree</b>
<input type="checkbox"/> HS	<input type="checkbox"/> BSW
<input type="checkbox"/> Associate	<input type="checkbox"/> MSW
<input type="checkbox"/> Bachelor	<input type="checkbox"/> PhD/DSW
<input type="checkbox"/> Masters	
<input type="checkbox"/> Doctorate	

Work Type:
<input type="checkbox"/> Direct Client Service
<input type="checkbox"/> Line Supervisor
<input type="checkbox"/> Staff Development
<input type="checkbox"/> Program Manager
<input type="checkbox"/> Program/Admin. Support
<input type="checkbox"/> Director

Employment Type:
<input type="checkbox"/> Federal
<input type="checkbox"/> State
<input type="checkbox"/> County DSS
<input type="checkbox"/> County Non-DSS
<input type="checkbox"/> Public Univ/College Faculty
<input type="checkbox"/> Private Univ/College Faculty
<input type="checkbox"/> Private Agency
<input type="checkbox"/> Volunteer

## Applications in Family Centered Practice with Adults:

### Next Steps (\$20)

- April 9, 2002, Winston-Salem (Mar. 26)
- April 30, 2002, Wilmington (Apr. 16)
- May 14, 2002, Raleigh (Apr. 30)
- May 17, 2002, Lenoir (May 3)

### Effective Counseling in Adult Services (\$35)

- October 25–26, 2001, Wilmington (Oct. 11)
- Feb. 25–26, 2002, Greensboro (Feb. 11)
- Mar. 7–8, 2002, Waynesville (Feb. 21)
- May 2–3, 2002, Chapel Hill (Apr. 18)

### Effective Social Work Practice in Adult Services:

#### A Core Curriculum (\$50)

- November 19–21 and December 4–6, 2001 Greensboro (Nov. 5) (The session on Nov. 21 will end at noon.)
- February 19–21 and March 12–14, 2002, Wilmington (Feb. 5)
- April 2–4 and 16–18, 2002, Asheville (Mar. 19)

### Effective Supervision and Management in Adult Services (\$25 per module)

- Module 1, April 29–30, 2002, Hickory (Apr. 15)
- Module 4, May 9–10, 2002, Raleigh (Apr. 25)
- Module 5, January 30–31, 2002, Wilson (Jan. 16)
- Module 6, May 29–30, 2002, Winston-Salem (May 15)

## Geriatric Mental Health

- October 30–31 and November 6–7, 2002, Gastonia (Oct. 16) *Through Charlotte AHEC; call Barbara Hess, (704) 355-5039, for a registration form.*
- February 26–27 and March 5–6, 2002, Fayetteville (Feb. 22) \$50. *Through SRAHEC; call Joyce Loughlin, (910) 678-7207, for a registration form.*

### An Introduction to Aging (\$40)

- October 25–26, 2001, Charlotte (Oct. 22)
- December 10–11, 2001, Raleigh (Oct. 26)
- February 5–6, 2002, Wilmington (Jan. 22)
- April 22–23, 2002, Asheville (Apr. 8)

### Working with Clients Who Have Serious Mental Illness: The DSS Perspective (\$35)

- November 1–2, 2001, Waynesville (Oct. 18)
- March 18–19, 2002, Raleigh (Mar. 4)

\_\_\_\_ Number of Events for Which You Are Registering

Total amount of fees \$ \_\_\_\_\_

#### Payment Options:

- Check Enclosed
- Agency Authorization of Payment (check pending)

*Please note: Registration forms must be accompanied by a check or an authorization to be accepted.*