

## **NOTICE TO FOOD AND NUTRITION SERVICES RECIPIENTS**

The 2009 Social Security (SSA) and Supplemental Security Income (SSI) payments increased 5.8%. The Medicare Part B premium remained \$96.40. **This may affect your Food and Nutrition Services benefits effective FEBRUARY 2009.**

### **YOU DO NOT HAVE TO REPORT THESE CHANGES TO YOUR CASEWORKER.**

This change may cause a change in the amount of your Food and Nutrition Services benefits. We will not know if, or how much this change will affect your benefits until February. **To find out what your FEBRUARY balance is, call Customer Service at 1-888-622-7328 on the day you normally receive benefits.** If you have any other questions about these changes, contact your local Food and Nutrition Services office at the local Department of Social Services.

You have the right to request a fair hearing if you do not believe your benefits were determined correctly when these changes were made.

### **HOW TO GET A HEARING**

You have the right to a fair hearing of your case if you do not agree with our decision. You can request a fair hearing by letting your local Food and Nutrition Services office or county department of social services know of your request. You may request the hearing in person, by telephone, or in writing. The hearing may be requested by any member of your Food and Nutrition Services unit or by your representative, including an attorney obtained at your own expense. Free legal advice may be available. Contact your nearest Legal Services Office. For more information, you may also call the CareLine at 1-800-662-7030.

You have 90 calendar days from the date this notice was mailed to ask for a hearing. Unless you ask for a hearing by this date, you cannot have one.